

# THE ORCHARDS

MONTHLY NEWSLETTER OF THE ORCHARDS COMMUNITY



## SWEET SUMMER HEAT

Wednesday, June 21st is the first day of summer! Along with s'mores, flip flops and popsicles comes the summer heat. The changing of the seasons affects every age group differently. Seniors have particular health risks that should be understood and monitored.

Dress appropriately in loose fitting clothing in natural fabrics like cotton. Light colors will reflect the sun and heat whereas darker colors will attract them. When outdoors, protect your skin from damage by wearing hats, sunglasses and a sunscreen of SPF 30 or higher.

Everyone should take care to drink plenty of liquids and stay hydrated. Eight or more 8 ounce glasses of water or fruit juices are recommended per day. Try to reduce the amount of caffeinated and alcoholic beverages because they can dehydrate you quickly.

Know the signs of heat stroke such as flushed face, high body temperature, headache, nausea, rapid pulse, dizziness and confusion. Take immediate action if you feel them coming on.

For more information, visit: <http://associatedhomecare.com/resources/10-summer-health-tips-for-seniors-to-beat-the-heat>

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# Pepperberry Suites

## JUNE ACTIVITIES

June brings us warmer weather, Father's Day and the first day of summer. We also have Marilyn Monroe's birthday, Doughnut Day, "Up, Up, and Away" day, Chocolate Ice Cream Day, West Virginia Day and many more days to recognize. Meet Our Heroes is also in June. We will definitely be busy this month! Please check your monthly activities calendar for scheduled activities.



## WHAT'S LUCKY IN JUNE

Lucky Color: Ivory  
 Lucky Day: Friday  
 Lucky Number :10  
 Lucky Letter: J  
 Lucky Bird: Robin

## LOOKING AHEAD

We will be having several theme days or weeks coming up. Such as Italian Night, Family Game Night, Luau Week, etc. Watch the calendars for details.

## HAPPY BIRTHDAY

Naoma Drum	6/11
Bobby Lohr	6/11
Eleanor Krafft	6/28



*WVU Percussion Ensemble at OGHS*

## MAY'S HIGHLIGHTS



*Left: Cinco De Mayo snacks*



*Right: Julie, Crystal and Flo*

*Below and Right: Several of the residents, family and friends enjoyed a beautiful ladies luncheon!*



## COMMUNITY ACTIVITIES. GET INVOLVED IN THESE UPCOMING EVENTS.

### *Morning exercises*

Mon, Tues, Wed, and Fri.  
 10:15 A.M. to 10:30 A.M.  
 Come wake up and stretch to a fifteen minute morning exercise routine.

### *Bible Study*

Thursdays 10:30 A.M. to 11:30 A.M.

### *Bingo*

Mondays, Wednesdays, and Friday 2:00 P.M. to 3:00 P.M. and Thursdays 5:30 P.M. to 6:30 P.M.

### *Coffee Chat*

Saturdays 7:00 A.M. to 10:30 A.M.



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# The Treehouse

## I Have A Little Frog



I have a little frog  
His name is Tiny Tim,  
I put him in the bathtub,  
To see if he could swim,  
He drank up all the water,  
And gobbled up the soap!  
And when he tried to talk  
He had a bubble in his throat!

## 2017 ST. JUDE'S TRIKE-A-THON

Many of The Treehouse children participated in The St. Jude's Trike-A-Thon. The kids and their families raised \$665.00 for St. Jude's research hospital!



*Above: Miss Hailee and Ms. Rachel helping the kids at The Trike-A-Thon.*

## UPCOMING ACTIVITIES...

- Bi-Weekly visits to Grandfriends.

## HAPPY BIRTHDAY

Caleb Burcham	6/1
Brilee Williams	6/2
Braxton Lancaster	6/8
Liam Wheat	6/24

“Teachers who love teaching, teach children to love learning.”

-Robert John Meehan

## ST. JUDE TRIKE-A-THON

The Treehouse is very excited to be continuing the tradition of The St. Jude Trike-A-Thon. All the money goes to support the work of St. Jude's Children's Research Hospital.



*Above: The Treehouse kids participating in The St. Jude's Trike-A-Thon.*



# East Liverpool



*Above: Residents, staff and family all joined the fun of having a photo booth as part of the National Nursing Home Week celebrations!*

*Pictured front row: Pearl Briceland, Mary Watson, Charleen Rodgers  
Back Row: Nikki Burke, Melody Green, and Theresa Gough*

## NATIONAL NURSING HOME WEEK

National Nursing Home Week 2017 was an amazing week for all our residents, staff and families. Here are a few of our favorite memories.



### HAPPY BIRTHDAY

Charlene Rodgers	6/6
Barb Henderson	6/8
Gene Hambleton	6/10

### WELCOME NEW GUESTS

Rena Pease  
Gerry Shields



### PICNIC AT THE PARK

The residents council decided, during the May council meeting, to hold a picnic at the park. We will be renting pavilion #3 to use for the day.

Hot dogs, baked beans, potato salad and watermelon will be served. Games like corn hole and other outdoor games will be available.

Families are invited and encouraged to attend. Please call Laura at ext. 478 by June 26th to RSVP.

We are looking forward to seeing you all there!

### JUNE ACTIVITIES

As the month of June begins so do many favorite summer activities. Many activities have been planned to keep us cool and have some fun. National Drive-In Movie Day is June 6th, and, at 6:00 PM, we will have a movie on the big screen available. Popcorn, candy bars and drinks are included.

June 19th at 6:00 PM we will enjoy S'mores around the Fire Pit.

June 21st, we will have a water-fun afternoon. Water balloons, water guns and water games will be enjoyed.

There are many more fun and exciting activities to be enjoyed, see the monthly calendar for all dates and times.



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# Stone Pear



Above: Linda Turner celebrating the Memorial Day holiday!

## SPIRIT OF AMERICA



Above: Charlotte Sheraw and Selina Schell revealing their artistic talents during an afternoon paint and sip.

Stone Pear celebrated National Nursing home Week last month with week-long festivities for residents and staff harmonious with the national theme, "Spirit of

America". Our activities were inspired by the many regions and culture that have shaped our great country, including the American West, coastal regions, our farmlands, and wine country, to our backyards and local neighborhood.



Above: Dressed for the occasion in their cowboy hats and bandanas, Stone Pear residents sing along to the country and western tunes of Bob Polish.

## WELCOME NEW GUESTS

Carson Hancock  
Eleanor Krafft  
Irene Lemasters  
Richard Martin  
Mary Nelson  
Pearl Stamateris  
Saundra Swearingen  
Melvin Swift  
Charles Thomas III

## WINNER'S CIRCLE



These ladies are winners in their own right as part of the outstanding nursing assistant staff at the Stone Pear! They also each took home a \$50 gift card in Jim Fox's daily drawing during National Nursing Home Week. Pictured from top, Cassidy Sloss, Katelind Wilson, Jen Cehrs, Mallory Billingsley and Chris Farnsworth.

## MAKE SOMEONE SMILE

Oak Glen Middle School Student Council Representatives, with our residents at the Stone Pear, sent out several cards and notes to our local veterans, police, and fire personnel in appreciation and the Kindness is Contagious initiative.



Above: (Clockwise) Joseph Hughes with Oak Glen Middle School student council representatives, Andrew and Rudy.

## HAPPY BIRTHDAY

Dolores Humme 6/6  
Blondena Pugh 6/11  
Catherine Kidder 6/15  
Judy Anderson 6/17  
Robert Godwin 6/24  
June Mooney 6/25  
Eleanor Krafft 6/28



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# Father's Day



## ACROSS

- 3 Month of Father's Day
- 4 Day celebrated on
- 6 Credited with founding Father's Day
- 7 City founded in
- 8 "Father" of our country
- 9 Official Father's Day flower
- 10 President signed into law permanent recognition of Father's Day
- 11 Widower who raised 6 children named for Father's Day

## DOWN

- 1 Your father's father
- 2 Most popular gift
- 3 President signed proclamation for Father's Day to be celebrated on third Sunday in June
- 5 Fathers that signed the Declaration of Independence
- 6 Fathers are lovingly called this

# Peachtree Inn

## HAPPY BIRTHDAY

Petey Lowers 6/2

Wray Brodmerkel 6/16

## TEA PARTY

The Girl Scouts meet in the Peachtree Activity Room twice a month. They wanted to thank us for donating our facility for their meetings. So, the Girl Scouts threw a tea party in the Peachtree dining room. The girls made hats and centerpieces. They served finger sandwiches, tea, and of course, Girl Scout cookies. Fun and fellowship was enjoyed by all.



Above: Treehouse Daycare joined the ladies for the Annual Ladies Luncheon in the Peachtree Inn Activity Room. Landon is adjusting Jane's hat, and Dean is smiling for the camera with Gloria and Nadine.



Top Left: Girl Scouts serving Susan, Penny and Maxine. Top Right: Bob McMahan being served by his granddaughter, Leah.



## FIELD TRIP

Some of our residents enjoyed the sounds of the WVU Percussion Ensemble. They performed at Oak Glen High School. Matt Cashdollar was kind enough to invite us. The students helped the residents into the building and into their seats. The WVU students were amazing. They had drums from different countries, like Japan and West Africa.



## COMMUNITY ACTIVITIES. GET INVOLVED IN THESE UPCOMING EVENTS

*Meet our Heroes*  
Saturday, June 3rd, at 11:00 A.M. Our annual event will be held to celebrate the Veterans in our community.

*Men's Luncheon*  
June 15th, in the Pub. The men at Peachtree will join together for food and fellowship.

*Prayer Luncheon*  
Monday, June 26th at 12:00 P.M. The monthly prayer luncheon will be held in the Peachtree dining room. All are welcome.



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**Meet our Heroes**  
Our annual Meet Our Heroes event will be held on Saturday, June 3rd. Join us at 11:00 A.M. as we honor the service men and women in our community. The Key Note speaker will be Peter Fraser, author of *Vietnam and other Heartaches*. The entertainment will include the Official U.S.O. Troupe from New York City as well as the 87th Cleveland Pipe Band. If you have any questions, please call Marketing at (304) 387-0101 Ext. 458



## CALENDAR OF EVENTS. SO MANY WAYS TO HAVE FUN IN OUR COMMUNITY.

*Meet Our Heroes*  
*Saturday, June 3rd*  
Join us at 11:00 A.M. to honor our Military service men and women

*Men's Luncheon*  
*Thursday, June 15th*  
The men of the Peachtree Inn will join together for food and fellowship in the Pub.

*S'mores*  
*Monday, June 19th*  
The Orchards of East Liverpool will enjoy s'mores around the fire pit.

*Prayer Luncheon*  
*Monday, June 26th*  
The monthly prayer luncheon will be held in the Peachtree Inn Dining Room at 12:00 P.M. All are welcome.

*Picnic*  
*Friday, June 30th*  
The Orchards of East Liverpool will be taking a trip to Thompson Park for a picnic.

*Chess Club*  
*Every Saturday*  
Each Saturday at 1:00 P.M. the Chess Club meets in the Peachtree Inn Activity Room



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125 Fox Lane • Chester, WV 26034

THE ORCHARDS OF EAST LIVERPOOL  
709 Armstrong Lane • East Liverpool, OH 43920

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