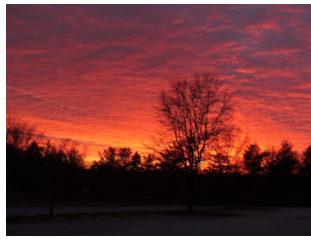


Winter 2019

Volume XXVI, Issue 1



# Tidings

## AUXILIARY

NORMANDIE RIDGE

### INSIDE THIS ISSUE

- PRESIDENT'S MESSAGE 1
- GENERAL MEETING 1
- MEMBERSHIP 2
- MEMBERSHIP CHAIR THANK YOU 3
- PHYSICAL THERAPY SUPPORT 3
- TREASURER'S REPORT 4
- GENERAL MEETING MINUTES 5
- WEIS & GIANT GIFT CARDS 6
- SPECIAL RECOGNITION & 2018 CELEBRATION 6
- UPCOMING EVENTS 7
- ANNIVERSARY BOOK NEW PRICE 7
- EXECUTIVE BOARD 8

### President's Message

Greetings and Best Wishes for the New Year to members and friends of the Normandie Ridge Auxiliary and to the staff of Normandie Ridge and Albright Care Services.

As I am working on this Tidings and also working on storing away Christmas decorations for another year, I'm thinking about this past year and what we have done as an Auxiliary. With your support we have again provided help and assistance to the residents of Normandie Ridge through the purchase of equipment for the Physical Therapy Department, supplies for Nursing, Memory Care and Personal Care and contributions to benefit the Benevolent Care Fund.

Also I'm reminded of two special Auxiliary Board Members we lost during 2018. We will miss Dwayne Carter and Carolyn Sterner as they were both dedicated Auxiliary Members and friends.

With our loss there are now vacancies on the Board and I invite any interested members to call me at 717-792-1713 if you have an interest in helping to plan the activities for the Auxiliary.

I'm looking forward to working with you again this year for the benefit of our dear friends and family living at the Normandie Ridge Senior Living Community.

Renee Montag  
President

The *Tidings* may be viewed online at [normandieridge.org/auxiliary](http://normandieridge.org/auxiliary)

2019  
GENERAL MEMBERSHIP MEETINGS  
February 18—12:00 Noon  
May 13—6:00 PM  
September 16— 12:00 Noon

### MAKE RESERVATIONS NOW TO ATTEND OUR FEBRUARY 18, 2019—12:00 NOON GENERAL MEMBERSHIP MEETING

On February 18, 2019 at 12:00 Noon, we will hold our first membership meeting for this year. Please make your reservations by February 11, by calling 717 718-3281. Please be sure to sign up by the deadline as there is a meal provided by Normandie Ridge for Auxiliary members and we want to be sure to give the dining service an accurate number to prepare for the lunch.

Hillbilly Heaven will perform gospel and country music. The group is led by Mr. Kenneth Runkle who had an interest in traditional country and Gospel music while growing up in southern York county. He built his first handmade guitar and began attending jams. From these jams he formed Hillbilly Heaven. Other members of the group are: Phyllis Oberlander, Rita Persing, Lloyd Bishop, Delmar Olewiler and Dennis Seitz. We will hear vocal as well as music from accordion, autoharp, guitar and bass.

## Normandie Ridge Auxiliary Membership Report

Susan Martin, Membership Chair

We welcome 2019 and embark on a year of exciting events and meetings for the Normandie Ridge Auxiliary. The Membership Drive kicked off with the 26<sup>th</sup> Anniversary Celebration which was held in October 2018. Many members have already renewed their memberships. Take a moment to look at the mailing label on your TIDINGS. The year printed in red should read 2019 if you are current with your dues. If the 2019 does not appear next to your name on the mailing label, it is time for you to renew. A membership form appears below for your convenience. Your dues, contributions and honor and memorial gifts allow the Auxiliary to support its mission in serving the Normandie Ridge Community. Other opportunities for members to support the mission are through participating in the various fundraising options. The Anniversary Celebration each year is the largest source of income for the Auxiliary. The Craft Group holds sales at the primary and the November elections. Items are always available to purchase in the Craft Room. The Auxiliary sells gift cards for Giant and Weis throughout the year. This year on April 13, the fifth annual fashion show and basket silent auction will be held. The monies generated from these fundraising events also enable the Auxiliary to fulfill its mission. In 2018 the Auxiliary purchased items to enhance the services in the Out-Patient Physical Therapy and activity supplies for Personal and Memory Care. The Auxiliary Board extends its appreciation to the members for their support in fulfilling the Auxiliary’s mission of service. The membership is currently 428 members strong and is looking to grow even stronger with your support. Invite your friends and other church members to join the Auxiliary.

Members are encouraged to attend the three general meetings which are held in February, May and September, as well as the Anniversary Celebration held the second Saturday of October. The February and September meetings are luncheon meetings. The May meeting is a dinner meeting. The information for the February 18, 2019 luncheon meeting is available in this issue. Mark your calendar, make your reservation, and attend the February meeting.

### MEMBERSHIP APPLICATION

Please Print

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Church \_\_\_\_\_

#### Membership Options

Annual Membership (January 1 to December 31) \_\_\_ \$5.00

Contributing Member \_\_\_ \$10 \_\_\_ \$25 \_\_\_ \$50 \_\_\_ \$100 \_\_\_ Other \$ \_\_\_

Memorial/Honor Gift (\$20 PLUS \$5 per person for membership) \$ \_\_\_

Name of the Memorial/Honoree \_\_\_\_\_

Name of each membership \_\_\_\_\_

Make checks payable to **Normandie Ridge Auxiliary**

Mail to **Susan Martin, Membership, PO Box 7455, York, PA 17404**

## THANK YOU

A special thank you to the individuals who support the Auxiliary within their churches each year during the membership drive. It is the dedication of these women who creatively develop ways to communicate the importance of supporting the Auxiliary's mission to enhance the lives of the residents of the Normandie Ridge Senior Living Community.

At the same time, a gracious thank you is also extended to the Auxiliary members who demonstrated their belief and support in the expertise that Normandie Ridge Staff and Albright Care Services provide for the continuous care of the residents. It is through the dedication of the members, like yourself, through the membership dues and contributions that the Auxiliary Board is able to assist and accommodate the requests of the various departments serving the Normandie Ridge residents.

Susan Martin  
Membership Chairperson

## SUPPORT FOR NORMANDIE RIDGE PHYSICAL THERAPY DEPARTMENT

We are pleased to fulfil our purpose to “enhance the comfort and enjoyment” of Normandie Ridge residents and in our Normandie Ridge Prayer, we ask God at each meeting to bless “our various endeavors for Normandie Ridge as we strive to bring comfort and hope to all our residents who are in pain or distress of body, mind or spirit.” The Auxiliary supports all residents of Normandie Ridge through its continuum of care. Shown here are some of the items recently purchased by the Normandie Ridge Auxiliary for the Out-Patient Physical Therapy Department. Samantha Welsh of the department is demonstrating the cervical traction unit while laying on the therapy table purchased.



Pictured below is therapy patient Michele Markle, with direction from Therapist Alexa Smith, demonstrating the lift box used for strength therapy as weights are added. Pictured below right, Michele is sitting on the Hi-Lo adjustable table as Alexa prepares to use the hawk grips tools for a soft tissue message on Michele's knee surgery scar tissue. Use of

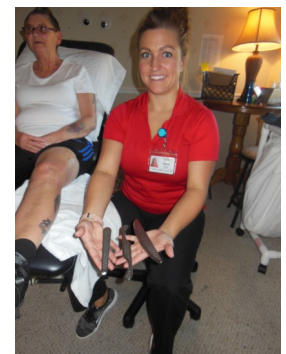


for therapy treatment

these tools reduces the appearance of the scar tissue and keeps the scar tissue from adhering to the muscles below the scar. The tools are also used wherever a patient experiences tight muscles.

Some additional equipment purchased:

- A hydrocollator with hot packs for moist heat therapy
- Models of the hip, shoulder, knee and spine to educate patients
- Weights and a variety of other supplies necessary



**JUST A REMINDER TO YOU THAT THE NORMANDIE RIDGE AUXILIARY ACCEPTS CREDIT CARDS FOR ALL PURCHASES INCLUDING THE FOLLOWING:**

**WEIS & GIANT GIFT CARDS  
ANNIVERSARY BOOKS  
AUCTION BASKETS  
ANNUAL CELEBRATION PURCHASES**



Treasurer’s Report Normandie Ridge Auxiliary

Chuck Martin, Treasurer

The checking account balance as of December 31, 2018: **\$9,402.18**

An overview of the past year...

Income:

Membership	\$1,500
Contributions	\$1,400
Memorials	\$ 45
Honorariums	\$ 40
Grocery Gift cards	\$1,000
4 <sup>th</sup> Annual Fashion Show	\$ 948
Anniversary Celebration	\$5,748
Auxiliary Crafters	\$2,833

Major Expenses:

Items for Physical Therapy	
Department & Memory Care	\$9,000
Albright Care Partnership	\$5,000
Therapy drum instruction	\$ 900

Other expenses include: Office supplies, Piano Tuning, Postage, And Program entertainment

Of special interest:

A table was set up to sell Grocery Gift Cards to the exiting voters at the November election...We sold \$2,550 worth of gift cards...We receive 5% of the sale...AND...obtained several new memberships!

NORMANDIE RIDGE AUXILIARY  
GENERAL MEMBERSHIP MEETING  
MONDAY, SEPTEMBER 10, 2018

The regular scheduled meeting of the Normandie Ridge Auxiliary was called to order 12:00 Noon September 10, 2018, by President Renee Montag with devotions and prayer. Dinner was served, and introduction of the program was made by Vice President Ray Sistek.

Entertainment was provided by Duane Paul Hannigan with a piano repertoire of pop, sacred, show tunes, classical and original music with some sing-along pieces.

Chad Mondorff, Executive Director of Normandie Ridge then spoke to the membership present on the latest on construction news and other events happening there as follows.

1. Café construction – preparation for the construction has already begun with anticipated demolition starting soon. When completed the new café will double the seating capacity of the current café and will feature amenities like an open kitchen, counter seating and a new menu including some Starbucks options.
2. Cottage Construction: we will begin construction on a new Madison cottage (larger cottage with a garage in the footprint of a former one bedroom and two-bedroom cottage). This will be the second of this type on Normandie Ridge Campus.
3. Planning and preparation of the Apartment building addition continues. We hope to begin pre-sales of the four-story addition to the existing Manchester Apartment building soon.
4. Preliminary work continues on the potential development of the property adjacent to Normandie Ridge and the Westgate Apartments as a Senior Friendly park and walking path.
5. Normandie Ridge is working on collaboration with White Rose Hospice to potentially offer a designated place of respite for Hospice residents and their families on the Normandie Ridge campus.
6. Normandie Ridge is once again participating in an Alzheimer's Walk to support the Alzheimer's Association. In years past the walk conflicted with the Anniversary day celebration. This year we will be hosting our own walk on the Normandie Ridge Campus on September 15<sup>th</sup>.
7. We have been working on cleaning the house on 2030 Roosevelt Avenue to have office space for Albright Care staff working in the York area. Our plan is to develop a show room in part of the house for potential residents to come in and make their selections for their cottage or apartment.

8. We have been developing a resource called CareMerge. This is a web-based program that will allow residents and family members to see what is happening at Normandie Ridge along with access to other events in the surrounding area. Currently it has been introduced to the residents and there is an interactive monitor located in the main lobby.

9. Finally, I want to thank the Auxiliary for all the generous gifts and equipment provided to Normandie Ridge. We are utilizing all the outpatient therapy equipment, enrichment equipment, and Automatic External Defibrillator thanks to your contributions. Additionally, your support of our benevolent care allows us to help those that are no longer able to help themselves financially.

Following the meal and program the meeting was called to order with the Normandie Ridge Prayer. The minutes of the previous meeting were approved on a motion from Lois Baker and second from Jinny Foor.

Treasurer Chuck Martin presented his report noting as of the meeting date there was a balance of \$8,041.18. Income was from Patrons and Business Ads for the 26<sup>th</sup> Anniversary Celebration, Grocery Gift Card Sales, Craft Sales, Membership Dues, Contributions and Memorials. Expenses were additional equipment for the Therapy Department, Memory Care supplies (games and puzzles), postage and supplies. The Treasurer's report was approved on a motion from Barry Montag and second from Lorraine Shindler.

Membership Chairperson Susan Martin presented her report noting the membership drive for 2019 would begin at the upcoming 26<sup>th</sup> Anniversary Celebration to be held October 13, 2018. Currently she noted there are 420 paid members and she had already received \$90 in contributions for the 2019 membership year. Susan noted the \$5.00 dues, contributions, memorial gifts and fundraiser dollars assist the Auxiliary in providing services and equipment that enhance and improve the quality of life for the residents. Funds are also donated to the Benevolent Fund. In total to date the Normandie Ridge Auxiliary has contributed over \$154,000 to support and improve the lives of the residents there.

Respectfully submitted,  
Renee Montag for Barb Weber, Secretary

(Note: These are preliminary minutes to be approved at the February 18, 2019 General Meeting.)





**\$100**

**\$50**



Giant and Weis Gift cards are available at the Normandie Ridge Reception desk. The Auxiliary receives 5% of your purchase. Visit or call 717-718-3281. Thank you for supporting the Auxiliary. You do not have to be a resident to participate in this fundraiser. ***Credit Cards accepted.***

### 2018 ANNUAL CELEBRATION

We are pleased to report the 2018 Annual Celebration was another successful event. Thanks goes to the many persons for their dedication in our continued success year after year. We would be remiss in not expressing special gratitude to our Celebration Chairperson, Flo Waybright, for her dedication over the last 18 years. Flo has decided to step down. We sincerely thank her for her years of service in coordinating the Celebration. A special thank you is also extended to John Waybright, Flo's husband, who was at her right-hand for the Celebrations and the work of the Auxiliary.

The profit from the 2018 event was \$5,745.32. Thanks to the Celebration committee and everyone who supported the Celebration. Appreciation goes out to the patrons who contributed a total of \$1,510 and those who provided silent auction baskets which netted \$1,160.

Enjoy some scenes from the October 13, 2018 Celebration.





**UPCOMING EVENTS TO NOTE . . . . .**

**On Saturday, April 13, 2019, we will hold our 5th Annual Fashion Show, Sale and Silent Auction.**

**We also look forward to a fundraising day with Isaacs' Restaurant. Pertinent information will be provided in the next issue of Tidings.**



**SALE \$10  
MEMORIES, REFLECTIONS, AND  
DREAMS:  
An Illustrated History of  
Albright Care Services  
1916—2016**

**This excellently written and illustrated book offers a history of Albright Care Services from the time the United Evangelical Home opened its doors in 1916 to what it has grown to today, in offering a continuum of services to seniors, *including our own Normandie Ridge Senior Living Community.* The book is for sale at the reception desk at the main entrance to Normandie Ridge. Remaining books are being sold for \$10.00. All proceeds benefit Auxiliary programs.**



# AUXILIARY

NORMANDIE RIDGE

1700 Normandie Drive  
York, PA 17408

Nonprofit Organization  
U.S. Postage Paid  
York, PA 17408  
Permit No. 32

*Return Service Requested*

## *Normandie Ridge Auxiliary Board of Directors*

**President**

Renee Montag

**Vice-president**

Ray Sistek

**Secretary**

Barb Weber

**Assistant Secretary**

Trish Benton

**Treasurer**

Chuck Martin

**Assistant Treasurer**

Bob McClure

**Membership Chair**

Susan Martin

**Historian/Hospitality**

Ronnie Ehrhart

**Nominations**

Barry Montag

**Members at Large**

Lois Baker, Barb Heilman,  
Barry Montag

**Normandie Ridge  
Association President**

Fran Mount

**Albright Representatives**

Sue Jamison, Fran Ashby

**Normandie Ridge Staff**

Dave Bell