



Village Life

January/February 2018
Volume 25 Number 1

A NEWSPAPER FOR ASBURY METHODIST VILLAGE

Residents, Associates, Families & Friends
www.asburymethodistvillage.org



Martin Luther King, Jr.

Remembering Dr. Martin Luther King, Jr.

By Sarah Corbett

In the fall of 1948, Martin Luther King, Jr. was among the 32 students entering Crozer Theological Seminary. He was fresh out of college, son of a prominent Baptist minister in Atlanta. Crozer was a small, liberal Baptist graduate school in Chester, PA, affiliated with the mostly Northern American Baptist Convention.

Most of Crozer's upperclassmen had served in World War II, either in the military or like my husband, Jack, a conscientious objector, in the Civilian Public Service.

Young King soon became known as a rousing preacher, through his student sermons in speech class and at chapel services.

He was also a prankster. Once he and another student played a trick on their classmate, Jim, who stayed out late Saturday night, then used a sermon from a library book when he preached next morning at a local church. One Saturday night, King and his friend got into Jim's room while he was out, stacked furniture against the inside of the door to his room, and scattered his books.

Continued on page 4

A Few Questions for... The Washington Post's national political correspondent Karen Tumulty

Karen Tumulty is an award-winning, national political correspondent for *The Washington Post*. Prior to joining the newspaper in 2010, she wrote for *TIME* and the *Los Angeles Times*. On Feb. 5, she'll be here at Asbury presenting at the Keese School. The topic: "The Trump Presidency: One Year and Counting."

While she's sure to be bombarded with political and policy questions following her presentation, we thought it would be fun to learn a little more about her interests when she's not on the clock.



Karen Tumulty

Q: You've spent most of your career marinating in politics and the kerfuffles on Capitol Hill. What's your favorite way to unwind and get your focus on something else?

A: Reading, especially good fiction. I belong to two book clubs.

Q: In addition to your work in print journalism, you're often a guest panelist on the weekly TV news shows. Do you prefer one format over the other?

Continued on page 19



A Chinese Fairy Tale



By Phyllis W. Zeno

This is the story of a very small princess in China who kissed a group of frogs in Asbury and turned them into princes and princesses. That's how the fairy tale goes.

Now let me tell you what really happened.

During the four months that I worked on the Asbury musical, "Once Upon a Village," and while searching for frog costumes, I developed a remarkable relationship with a young Chinese man that has involved many



Stefanie Shi, the princess of this fairy tale, photographed in Chengdu, China.

Asbury residents.

While I was negotiating an incredible bargain price for the dozen green velour frog costumes for the show, I also established an endearing friendship with Steven Shi, customer relationship manager at Milanoo.com in Chengdu, China, that has grown to include a number of Asbury residents.

Skeptics warned that sending money to an unfamiliar Chinese company that kept reducing its prices to unheard of lows might

Continued on page 9

Keese School Spring 2018

By Susan Ward

For nearly three years, George Stosur has provided Asbury residents with high quality, interesting and varied programs as dean of the Keese School. Each semester he schedules 30 lectures and resident panels and 10 classes and seminars. He balances the offerings within eight categories: history, science/medicine, arts/literature, social, politics/international, music, nature and miscellaneous. Many fall into multiple categories.

To find the highest quality programs, George has tapped into a wide range of resources. He even joined special groups that locate and exchange information about potential speakers and performers. Cost to residents is only \$1.00 in advance (\$2.00 at the door) for programs that would be difficult to duplicate for many times that amount. It bears mentioning that Keese School, thanks to George, has made signifi-

Continued on page 2

The Art of Writing

by Susan Grotenbuis

Last month, AMV kicked off a new pen pal program with the Bar T after-school program at Germantown's Sally Ride Elementary School.

It all began when Tom Harkins, of the Bar T after-school program, came to a meeting at my office with 10 letters in hand. On the front of each, in bold purple marker were the words, "Hi, I'm..." These were introductory letters from youngsters eager to experience the art of writing and receiving letters through a

“ I am old like a grandmother, and I live with other old people in a big apartment building near your school. **”**

— One resident's explanation of a senior living community in words her young pen pal can understand

pen-pal program.

Tom's vision is an intergenerational project where kids can learn an alternate form of communicat-

ing other than texting. Residents and children will get to know one another by exchanging letters back and forth.

Asbury residents have embraced this notion of exchanging letters and are looking forward to an upcoming meet-and-greet visit. With long experience comes richness in wisdom which is gladly shared with young people. To learn more, call Susan at #4955.



KEESE SCHOOL

Continued from page 1

cant financial contributions to college scholarships for student dining room servers. After about 240 programs, this semester will be George Stosur's last at Keese School.

This spring brings some exceptional and timely programs. Just a few of the highlights from Monday and Thursday lectures, resident panels and daytime classes are listed below. Other wonderful programs, including several performances, can be found in the Keese School catalog.

- Resident panels this semester include former Peace Corps volunteers, daughters of WWII, and the Beloved Community Initiative. The Beloved Community Initiative was started by Hal and Jan Garman (Diamond) in 2011, after reaching out to the Gaithersburg community to see what our neighbors identified as helpful. The mentoring program was first. It started six years ago and other outreach programs have followed. BCI now involves numerous residents and has a full-time staff member.

- An 18-week Wednesday seminar starts on January 17. It covers the period from 200 to 750, which has become known as "Late Antiquities." Many aspects of life during a time often thought of as the Dark Ages will be included. The lecturer is Thomas F. X. Noble, chairman of the history department at Notre Dame.

John Locke of Trott will facilitate.

- On Feb. 5, Karen Tumulty will present a talk entitled *The Trump Presidency: One Year and Counting*. Tumulty is a national political correspondent for *The Washington Post*, where she received the 2013 Toner Prize for Excellence in Political Reporting. Prior to joining the *Post*, she wrote for *Time* and the *Los Angeles Times*. (See her Q&A on page one.)

- Allison Michael will present "The Reformation and its Legacy at 500," on Feb. 12. Not just religious but also social consequences of the Reformation continue to this day. Ms. Michael is a doctoral student in Historical Theology and pastor of the Evangelical Lutheran Church in America. She has a reputation as an exceptional speaker.

- "Ten Thousand Four Hundred Forty-Three Rejections and Counting..." offers a bit of levity. Phyllis Naylor's talk on February 22 addresses what drives, inspires and torments her as a writer. Despite the title, her credits include 145 books for all ages. She is the author of the Newbery Award-winning *Shiloh* for children, the *Alice Series* for teens and *Crazy Love: An Autobiographical Account of Marriage and Madness*. She lives in Trott.

- On March 1, Bill Plante, a CBS News correspondent for 52 years, will address the impact of the increasing torrent of criticism directed at reporters and news media. He will look at presidential

discomfort with press coverage and how current attacks endanger the free press. Plante has covered every presidential campaign since 1968 and served as White House correspondent under Ronald Reagan, Bill Clinton, George W. Bush and Barack Obama.

- "Richard Nixon: The Life," is presented in interview form. Author John Farrell will be interviewed by Spence Limbacher (Park View). Farrell is an award-winning author of biographies of American political figures including Tip O'Neill and Clarence Darrow. As a journalist, he has written for *The Denver Post* and was White House correspondent for the *The Boston Globe*.

- On March 29, "Venezuela's Never-Ending Crisis: Is There Any Hope?" will be presented by Eric L. Olson. Mr. Olson is Deputy Director of the Latin American Program and Senior Advisor to the Mexico Institute at the Woodrow Wilson International Center for Scholars. He will address how the international community has dealt with the crisis in Venezuela.

- Another timely topic is North Korea. On April 2, John Merrill will discuss the North Korean nuclear crisis. Mr. Merrill is a visiting scholar at the US-Korea Institute of Johns Hopkins University. He is retired from the State Department's Bureau of Intelligence and Research.

VILLAGE LIFE

Asbury Methodist Village
201 Russell Avenue
Gaithersburg, MD 20877

General information: 301-330-3000
Website: www.asburymethodistvillage.org

Village Life brought to you in part by



Editor-in-Chief
Pam Brown

Neighborhood Coordinating Editors

Anne Kuester, Mund

Marilyn Gaut, Trott

Jan Garman, Diamond

TBD, Wallace

Joan Dunlop, Edwards-Fisher

TBD, Park View

Maria E. Roberts, Courtyard Homes

Marolyn Hatch, Villas

Resident Staff

Courtyard Homes: Peter Cascio

Diamond: Jan Garman,
Barbara and Tony Barnard

Edwards-Fisher: Joan Dunlop,
Dorothy Harris, Luella LeVee, Phil Sze

Mund: Anne Kuester
and Bob Tedesco

Park View: Duane McKenna

Trott: Bettie Donley, Copy Editor;
Jeanne North, Hal Gaut, and
Becky Ratliff

Villas: Marolyn Hatch, Jean Hubbell,
Margaret Sugg, and Luann Mostello

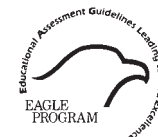
Wallace: Patty King, Arthur Forrest,
Kathy Hirata and Phyllis W. Zeno

Design/Layout:

Mina Rempe @ Electronic Ink

Printing:

Chesapeake Publishing Corp..



"The mission of *Village Life* is to provide timely, interesting and entertaining news about the lives, concerns and activities of the people who reside, work and volunteer at Asbury Methodist Village."

A History of Giving Back: Asbury's Meals on Wheels Program

By Virginia Rabenhorst

While doing some research on another topic, the following sentences on a May 1977 document caught my attention: "Meals on Wheels is organized and carried out by the Asbury Volunteer Corp. This provides one hot and one cold meal five days a week at a cost of \$11.25."

Seeing the Meals on Wheels sign on the door in the hallway between Arcadia Place and the Russell Avenue Café suggested that Asbury was still active in this program, 40 years later. Now I was curious. When did the Meals on Wheels (MOW) program actually begin in Gaithersburg? How has Asbury been involved in the program? What involvement has there been by Asbury residents over the years?

As to the founding date of MOW in Gaithersburg, Hal Gaut found this reference in the February 1972 edition of *Chit Chat* (the predecessor of *Village Life*): "...A similar project (MOW) has been initiated by Grace Methodist Church, Gaithersburg, through Mr. Harold E. Wells, our Asst. Administrator." I learned from Tom Gill, who is currently in charge of Gaithersburg MOW volunteers, that Asbury residents, Gene and Marg-

aret Johnson, helped to establish the Gaithersburg MOW organization. Gene was a driver and Margaret a dispatcher. And they continued this service as long as they were able. Margaret, who lived at Kindley until she passed away in December at the age of 103, verified their participation. Tom Gill also volunteered that two current Asbury residents serve as a team to deliver meals to home-bound residents under this program. Joan Dunlop (Edwards Fisher) serves on the Gaithersburg MOW Board and delivers meals on Monday. Her partner is Alice Smith (Mund).

Now I was keenly interested in understanding Asbury's current role in the local MOW program and also

in learning more about the recipients of these meals. Since I know both Joan and Alice, it was easy to get an invitation for me and my husband Art to go along on their Monday delivery to clients. Joan and Alice carried two insulated containers in the trunk of the car: one with hot meals and the other with the cold meals. Along the way, we observed the delivery of meals to nine clients. Joan explained that eligibility for delivery of these meals is determined

Left: AMV dining associates work in an assembly line to pack cold meals for delivery. Below: Meals on Wheels volunteer and board member Joan Dunlop, left, and partner Alice Smith, prepare to head off for a day of meal delivery to home-bound residents.



through a lengthy interview in a client's home and that only clients who are unable to shop or prepare their own meals are eligible. A total of 65 clients received meals that morning from seven delivery teams.

Asbury prepares the hot and cold meals for the seven delivery routes in Gaithersburg. This takes place in the huge kitchen for Kindley and Wilson located behind the Russell Avenue Café. Aaron Tucker, Operations Manager/Dining Services, and Suzette Smellie invited us to observe the packing, sealing and storage of 65 hot meals in the portable oven. Then, when the drivers start arriving at 10:30 am, the portable oven is brought out into the hallway where the dispatcher takes control.

In the afternoon, Brandon Taylor, Executive Chef, facilitated our observation of the cold meals being packed for the following day. Each sack contained two milks, a container of fruit, a salad container, a dinner roll, two slices of wheat bread, two butters, and a container of egg salad to make a sandwich. The opened coolers are stored in a walk-in refrigerator until the drivers arrive the next day.

The two meals per day now cost \$30.00 per week. Asbury has supported Gaithersburg Meals on Wheels for 45 years. Residents can be proud of the fact that Asbury believes in community service.

Dear Pebbles...

I recently had the experience of being a witness to some reckless behavior by my dog walker when he failed to pick up my leavings. What's a considerate animal to do?

— Anonymous Dog

Anonymous Dog: I am pleased you are interested in improving. You need to plan ahead. When you first go outside, stop at the plastic dog waste-bag dispenser. Sit there and look at the bags until your walker takes one out. In the event it is a grandchild, you may have to get his attention by jumping on him and barking. If that doesn't work, try running around him a few times so the leash wraps around his legs. This should keep him in place while you point your nose and look. The person will get the idea eventually, especially if it is cold or rainy. After you have finished your business, sit. Do not move until he has used the little black bag. If your walker is a particularly slow learner or easily distracted, you may have to repeat the sit-look-bark-jump-wrap procedure noted above. You may want to be a bit careful about the jump and

wrap steps if your walker is older and infirm. It would be very inconvenient to have him lying on the sidewalk pressing his SARA button just when you are ready for a nice walk. I hope that answered your question.



Now on to a more interesting topic, me... As you may already be aware, we cats like to know everything. And, I have made a discovery when my Person was at my computer typing and a strange thing happened. The black machine near the computer made a peculiar noise and a sheet of paper started sneaking out. That was very strange. Why would paper sneak out of the black machine? How had it gotten in there? I hopped on and examined every crevice. Another sheet of paper sneaked out. This time I captured it and sank my teeth and claws into it so it could not get away. Unfortunately, my Person chose that moment to grab the paper and chase me into another room. She can be so inconsiderate. I don't have a definitive answer about the escaping paper but I will keep an eye on that machine. Who knows what will escape next? Hopefully, it will be something tastier than paper.

Pebbles, who currently lives in the Diamond building with a human roommate, will share periodic observations and sage advice for and about Asbury's four-legged residents.



Check out the new Asbury Farm Blog (<https://www.theasburyfarm.org/>) to learn more about no-till farming, fungal root relationships and other innovations in growing being put into practice by AMV's farmer-in-residence, Gigi Goin.

MLK

Continued from page 1

When Jim returned early Sunday, it took a long time to get into his room and to locate a book for his Sunday sermon.

An outstanding student, King also became the campus barber. To earn spending money, he would cut students' hair for 25 cents.

When my husband went for a haircut, he and King had lengthy discussions. On learning that Jack had worked for several years with violent mental patients at notorious Philadelphia State Hospital, King asked how he dealt with mental patients without using physical force. They talked about the theory and practice of nonviolence, as exemplified in the life of Mahatma Gandhi, and in books like Richard Gregg's *The Power of Non-Violence*.

When my husband graduated from Crozer in 1950, we moved to Northern Illinois where he served as pastor of Methodist churches for 11 years. When King graduated, he entered Boston University to earn a Ph.D. in the philosophy of religion.

When King returned to the South and became involved in the civil rights movement, we followed his efforts in the newspapers and on television.

While on a book tour in New York, King was stabbed in the chest by a mentally ill woman. Jack wrote a note to wish him a speedy recovery and to assure him of our moral support. Jack received a thank-you note from King, which has become a family treasure. In later year, our children would take it to school during Black History Month for "show and tell."



We moved to Washington, DC, in 1961, where Jack joined the staff of the Methodist Board of Church and Society. His responsibilities included staying informed on issues such as race relations and international relations, to interpret developments to Methodists around the USA, and to lobby the government on their behalf.

In 1963 civil rights leaders planned a March on Washington, to press for civil rights legislation and jobs. On August 28, a crowd of 200,000 demonstrators filled the mall. Jack marched with other clergy from Capitol Hill to the Lincoln Memorial. Martin Luther King, Jr. gave his "I Have a Dream" speech, which still reverberates today.

On that day, in white residential neighborhoods of Washington, there was uneasy quiet. Many stores and offices were closed. The DC government feared there might be unruly crowds and that children might get separated from parents. All of us social workers in the Child Welfare Division were ordered to report for work. We might be needed to care for lost children. All day we sat quietly in our office, without a single

phone call for help. The March had been orderly, dignified, uplifting — a day of hope and promise.

That November, John F. Kennedy was assassinated. After Lyndon B. Johnson was sworn in as president, he jawboned Congress into passing civil rights legislation in honor of Kennedy. But in Southern states it was still difficult for blacks to vote.

In 1965, leaders planned a march from Selma, AL, to the state capital in Montgomery to demand the right to vote. On that Sunday afternoon as the marchers crossed Pettis Bridge, they were brutally attacked by state troopers. The following Sunday as they started to cross the bridge, they were again confronted by troopers. Led by King, the marchers knelt in prayer and retreated back across the bridge.

By the following Sunday, thousands of supporters — priests, nuns, rabbis, lay men and women — from across the country had come to join the protestors. Jack and other ministers from Washington, DC, were among them. This time, they reached Montgomery.

On the first Sunday of April 1968, King was scheduled to preach at

the morning service at the Washington National Cathedral. Jack and I took our three children, ages 16, 14 and 11, to this service. (They still remember King processing down the left aisle, near where we were sitting.) We heard the modern-day prophet of justice and peace preach from that illustrious pulpit.

Afterwards, King returned to Memphis, TN, where he was supporting the garbage workers strike. One garbage truck driver had been crushed to death in a garbage compactor. His co-workers were fighting for safer working conditions and better pay. We saw them marching on television, wearing T shirts with the logo "I Am a Man." That Thursday night, shocking news blared from the radio. King had been killed by a sniper, while standing with his friends on the balcony of a motel.

How an apostle of non-violence could be struck down by an act of violence was too much to bear.

Riots broke out in Washington, DC, and across the country. Thousands of national guardsmen came to the Nation's Capital to restore order here.

Our family was stunned by this terrible event. Yet, in ensuing years we have seen fruitful results of King's ministry. Gradually African-Americans and other minorities have acquired more rights embedded in our Constitution.

(Jack felt moved in the early 70's to start an organization to stop gun violence — a movement that has won some small victories, but still has much to achieve.)

Now a national holiday reminds us of Dr. King and the movement to establish equal justice under law, and to build a beloved community.

News You Can Use

Overheard in the Russell Avenue Café...

By Medie Snape

Maude and Ethel are having coffee and a Danish on a recent morning.

"Let me tell you the distressing news I have," says Ethel. "Listen to this..."

"What?" asks Maude.

Says Ethel: "The Clothes Closet may need to shut down!"

"Oh, my! Oh, no! Why?" replies Maude.

"We just can't get enough volunteers to staff it," Ethel replies.

"Oh, dear, that's awful!" says Maude.

Ethel continues: "It is only open two days a week, Tuesday and Wednesday. The shifts are 10:00 am to 12:30 pm and 12:30 pm to 3:00 pm. We only ask the volunteers to work as little as 2.5 hours per week (to fit the volunteers' schedules). That isn't too much to ask, is it?"

"Oh, no indeed," says Maude.

Oh, dear! I'm so sad about this," says Ethel. "The clothing is beautiful, some casual and some dressy. And there is this little closet-sized room called The Boutique. Beautiful,

expensive-looking items that you might wear to a party or fancy reception, like a wedding or something up on "the hill" (both laugh!).

"Remember that cute blazer that I bought last summer for my cruise? Bought it at the Clothes Closet... It was so nice and it will blend with a few of my other clothes. And, my cute Christmas sweater this year... I bought it at the Clothes Closet! And, there's a slacks room. What could be better than a nice pair of tailored black slacks? How about two pair? Or maybe some jeans."

"You always look so nice, Ethel," says Maude. "I always thought that you shopped at Macy's or maybe even Lord & Taylor."

"I even bought this warm Pendleton jacket there for a song! It had been worn so little or not at all," says Ethel.

"How do I find it?" asks Maude.

"We're on the back side of the Administration Building

Continued on page 9

February is Asbury Guild Awareness Month

By Jean Hubbell

Whether you're new to the Asbury family or have been here for years, it seems fitting that once a year we remind you of the existence of the Guild and the good work it has done for many decades here at AMV. The name of the Guild representative for your building should be on the envelope you will find in your campus mailbox during the month of February. While contributions in support of the work of the Guild are welcome any time of year, February is the month we do our annual fundraising.

The following is a summary of the major gifts that the Guild has provided over the years and some of its ongoing activities. Until the mid-1980's, the Guild was the only volunteer organization on campus providing support. It is now given through the Benevolent Care Foundation Fund within the Asbury Foundation.

Over the years the Guild has provided:

- Williamsburg Lane, transforming the basement of Administration into a beautiful walkway

with shops, a post office, ice cream parlor and more.

Some things have since been relocated, but the Clothes Closet remains and its profits go directly to the Foundation.

- The Guild Memorial Chapel, located in the Park View apartment building.
- The very first Asbury bus in 1988 providing for outings far and near.
- The Sensory Garden outside the lower level at Wilson Health Care Center.
- Special Balcony off the WHCC first floor dining room.
- Rocking chairs for Kindley Assisted Living deck.
- Two laundry rooms in WHCC for use by residents and/or visiting families.
- Three bistros in Wilson HCC providing snacks, games and a large TV any hour of day or night.
- Large screen TV for Kindley residents in first floor living room
- \$500,000 pledge to start the Benevolent Care Endowment Fund paid in ten years.

Continued on page 9

Asbury Campus Happenings

January 15: Special showing of the movie *Let Freedom Sing: How Music Inspired the Civil Rights Movement*, Rosborough Theater, 1:00pm. This event is being held in honor of the Martin Luther King, Jr Day. Hosted by the Pastoral Care & Counseling department and the Spiritual Life PAC, a discussion will follow after the movie.

January 19: Strathmore at Asbury kicks off the spring season with a performance by Uasuf Gueye playing the instruments of West Africa, 7:30 pm, Rosborough Theater. Questions: Call ext. 6444

Feb. 9: Asbury's annual snow tubing event at Whitetail Ski Resort in Mercersburg, PA, 10am-5pm. Travel by Eyre bus shuttle. Questions: Call 6444

Feb. 11: Bel Cantanti Opera presents a Val-

entine's Concert, *What Is This Thing Called Love?* at the Rosborough Theater, 3PM. Questions: Call ext. 4955.

February 16: A Night on the Town, 5:30pm-9:00pm, Rosborough Community Rooms, \$62 per person. Enjoy a sit-down, four-course meal, plus beer, wine and sparkling cider. A live band, mini dance lesson and red carpet photo ops (pictures will be available immediately to take home).

Feb. 17: Bethesda's Round House Theatre presents *Handbagged!* a funny new comedy about a conversation between Queen Elizabeth and Margaret Thatcher. Organized by the Asbury Travel and Theater Committee, tickets are \$50 and include bus transportation. Questions: Call Kris Martin, ext. 5078.

Feb. 20: Chinese New Year Celebration: Wilson Health Care Center and Kindley Assisted Living welcome the Year of the Dog at Rosborough, 10:00 am-12:00 noon. Dancers, music, food vendors and a tea ceremony will be part of the festivities.

Feb 22: Actress and historian Leslie Goddard brings history to life as she portrays Titanic stewardess Violet Jessop, who survived the sinkings of both the Titanic in 1912 and the Britannic in 1916. Rosborough Theater, 1:00 pm.

Feb. 24: Leslie Goddard returns to Asbury for another performance. This time, it's *Hamilton's Women*, Goddard's interpretations of the sisters who charmed Alexander Hamilton. Rosborough Theater, 1:00 pm.

— Compiled by Pam Brown

By Phyllis W. Zeno

A New Year's Resolution, by definition, is "giving up something you enjoy." If you were to give up Biotene mouthwash, that would not count because it is not something you enjoy. It is for dry mouth. To count, it should be for something you truly, truly enjoy... like eating!

If you're like me, you always want to start the New Year with some meaningful resolution — like weight loss. I can tell you, you can really start the New Year off right by stopping eating. But that can only last a day or two, and then you die. So here are some masterful tips to achieve the same results.

First, get a haircut. You have no idea how much long hair weighs compared to a butch cut.

Then, of course, the French Silk Pie and corn bread have to go. But from that point on, there are some helpful tricks that can do the job.

The placement of your Weight Watcher's scale on the bathroom tile is an important element. There is one exact location where it registers the lowest weight, and it should be exactly two inches from the wall and towel bar in case you start to lose your balance. Then you should maintain that location for the rest of the year in spite of the cleaning lady's manipulations.

You are honor bound to weigh in at the same time every morning —

Z-Notes



By Phyllis W. Zeno, Wallace

Weigh to Go



the longer the number of hours after dinner the better. And of course, you should be stark naked before climbing on the scale. "Stark" means watch-less and ring-less.

The difference between a Movado watch and a Timex is tremendous, not only in price but in weight. But of course you should always remove your watch before climbing on the scale.

You may have resented the tiny diamonds in your engagement ring versus the giant rock on your best friend's finger, but at least you don't have to remove your rings for your weigh-in.

Psychologically, I remember the comforting distance between Lake Forest Mall and Potomac when I moved to Asbury four years ago and discovered that a size 20 dress at Macy's was a size 3 at Chico's. 17 dress sizes right off the bat.

I have seriously considered having my ears pierced when I gauged the loss of those two little bits of skin, but fear has prevented me.

A quick glance at the calendar shows me I have until Easter on April 1 to cope with the next large banquet. Fortunately the chef is working with me. He's taken the meat sauce out of the spaghetti and the beans out of the hot dog dish. So those two old favorites are gone. As long as he keeps bok choy on the menu until then, I know I am safe.

By Dan Muller

Recently Ruth and I decided to enjoy a nice lunch at a restaurant in the Downtown Crown shopping center in Gaithersburg. When we arrived, we asked for a table for two. The hostess said, "follow me guys," and led us to our table.

When our waitress arrived, she handed each of us a menu and asked: "Would you guys like something to drink?" Being early in the day, we opted for water. When she returned with our water and some bread, she asked: "Have you guys decided on your lunch order?" We placed our order and began sipping our water.

I looked closely at Ruth. She was wearing a pale pink sweater, earrings and a necklace. She had on a bit of lipstick and pink nail polish. I said, "Ruth, you sure don't look like a guy to me." We both laughed and began discussing the expression "you guys."

My thoughts went this way. What would I have thought, if instead of referring to us as "you guys," the waitress had called us "you gals." I can't imagine what I would have said. Ruth listened to my ranting, nodded her head and admitted that she really wasn't offended at being



called a "guy," since she has done the same herself when addressing a group of women. We both agreed, however, that since we were old enough to be the waitress' grandparents, that perhaps we should have been addressed more formally.

Later that evening, Ruth looked up the word "guy" in both a 1980's dictionary, and in an updated digital edition on the computer. Sure enough, its meaning had changed from "fellow," to now include women. I guess I need to update my vocabulary.

A few days later, Ruth and I were walking around the ponds when she spotted a "guy" wearing shorts in 40 degree weather. I immediately remarked, "That is a manly guy." As the walker approached us, (you guessed it) instead of being a manly guy, she was a womanly guy. And I

am clearly a dinosaur guy.

I confess that over my many years of writing *Guy Thing* articles, I never thought of the word "guy"

as anything but referring to us males and our points of view. So as not to be a chauvinist, I now offer you ladies an opportunity to prepare a "Guy Thing" article reflecting, of course, the female point of view. Any takers?



Robotic Surgery Offers Precision and Flexibility to Benefit Patients

Advanced robotic technology has helped revolutionize surgery. Today many complex procedures that once required large incisions and long and difficult recoveries, can be performed using surgical robots — allowing for smaller incisions, less pain and faster recovery for patients.

Now the latest in robotic surgery technology is available nearby at Holy Cross Germantown Hospital — the first community hospital in Montgomery County to acquire the *da Vinci® Xi* Surgical System.

“Holy Cross Hospital was the first hospital in Montgomery County to offer robotic surgery in 2008, and today Holy Cross Health is continuing to pioneer minimally invasive surgery advancements as part of our ongoing commitment to innovation and high-quality care,” says Doug Ryder, president, Holy Cross Germantown Hospital. “We are proud to offer this latest minimally invasive surgery option to patients at Holy Cross Germantown Hospital.”

Holy Cross Health surgeons are doing more complex and intricate robotic surgeries in the areas of gynecology, urology, thoracic, cardiac and general surgery.

The addition of the *da Vinci Xi®* is part of Holy Cross Health’s continuing commitment to maintaining excellence and keeping abreast of advancing technology. As with all *da Vinci* systems,



Albert Steren, MD, gynecologic oncologist and co-director, Center of Excellence in Minimally Invasive Gynecology (COEMIG), Holy Cross Health (pictured second from the right) and his surgical team prepare to perform the first procedure using the *da Vinci Xi* Surgical System at Holy Cross Germantown Hospital on June 1, 2017.

the surgeon is 100 percent in control of the robotic-assisted system, which translates his or her hand movements into smaller, more precise movements of tiny instruments inside the patient’s body. The *da Vinci Xi* system provides surgeons a highly magni-

fied view, virtually extending their eyes and hands into the patient.

In addition to the *da Vinci Xi®* Surgical System at Holy Cross Germantown Hospital, Holy Cross Hospital is equipped with two *da Vinci Si* Surgical Systems.

For more information about Holy Cross Germantown Hospital or the on-campus primary care practice, Holy Cross Health Partners at Asbury Methodist Village, visit HolyCrossHealth.org.

By Hal Gaut

If you read last month’s column you may recall a teaser that spoke to areas of the old Home where most of us will never even think about visiting.

One day I was helping the ladies from the Williamsburg Clothes Closet (*blatant plug*) do a seasonal exchange of stock stored on the third floor. If you’ve not had the pleasure, you should know that the third floor is sort of like “grandma’s attic” on steroids. Dark, cluttered, creaky, etc...As the story goes, even though the home has not housed residents since 1984, the third floor apparently still has one occupant. They tell me it’s an apparition by the name of Mr. Weber. Having no real desire to meet him, I try to confine my travels to the second floor and below.



However, while we’re discussing the upper reaches of the Home I would like to relate an anecdote Dr. Bob Wilson, Jr. (grandson of Dr. Herman Wilson) shared with me during a recent interview. This supposedly occurred while Bob’s Uncle Ron-

ald was administrator. Clearly the building was in active use, but nothing was known about the cupola that stands atop the roof. So in the spirit of due diligence, Bob’s uncle along with Bob’s dad decided to remedy the situation. After an

extensive search, a hatch leading to the cupola was found in the ceiling of one of the ladies’ bathrooms. After making sure the facility was not occupied, they proceeded to access the cupola, which incidentally is a lot larger than it looks. As the story goes they were both most impressed with the view, but when it came time to retrace their steps . . . (*Don’t get ahead of me here!*) Well, the story doesn’t say who came down first, but just as they remerged from access hatch one of the residents was entering by the bathroom door. History doesn’t say who was the most surprised, but I’m sure it was the talk of the Home for quite a while.

Maybe next month we’ll deal with a bit more serious material, or not. But regardless, this month the magic number is now about 101.

ESPN Interviews Asbury's Edith Isacke

by Jan Garman

Those of us who know Edith Isacke are well aware of her Asbury activism. She has chaired the Diamond Resident Council, served on numerous PACs, acted as the resident liaison for the renovations of both Diamond and Hefner, and has just been appointed a member of Asbury Methodist Village's Advisory Committee, to name only a few of her activities. But there's another side of Edith's activism. She is a Penn State "superfan," and was recently interviewed by ESPN, along with four male "superfans" from other universities.

How does one become a "superfan"? In Edith's case, her activism began as an undergraduate when she and her twin sister became two of the first women to play in the Penn State Blue Band during the Second World War. Her fervor has continued ever since except for a break when she was raising her family in New Jersey. However, the minute she and her husband moved to Altoona, PA, in 1956, she became a season ticket holder and has been one ever since.

There's very little that will keep Edith from missing a Penn State game. She told her ESPN interview-



Photo: Rob Walker

Penn State "Superfan" Edith Isacke and the Nittany Lion share a hug on the field. Edith's been supporting the Penn State team since she was an undergraduate during the Second World War.

er that when her son scheduled his wedding on the day of a Penn State/Alabama game, she watched the game right up until it was time to go to the church. For one home game, it snowed two feet and she and her fellow fans had to park at a Walmart and make their way to

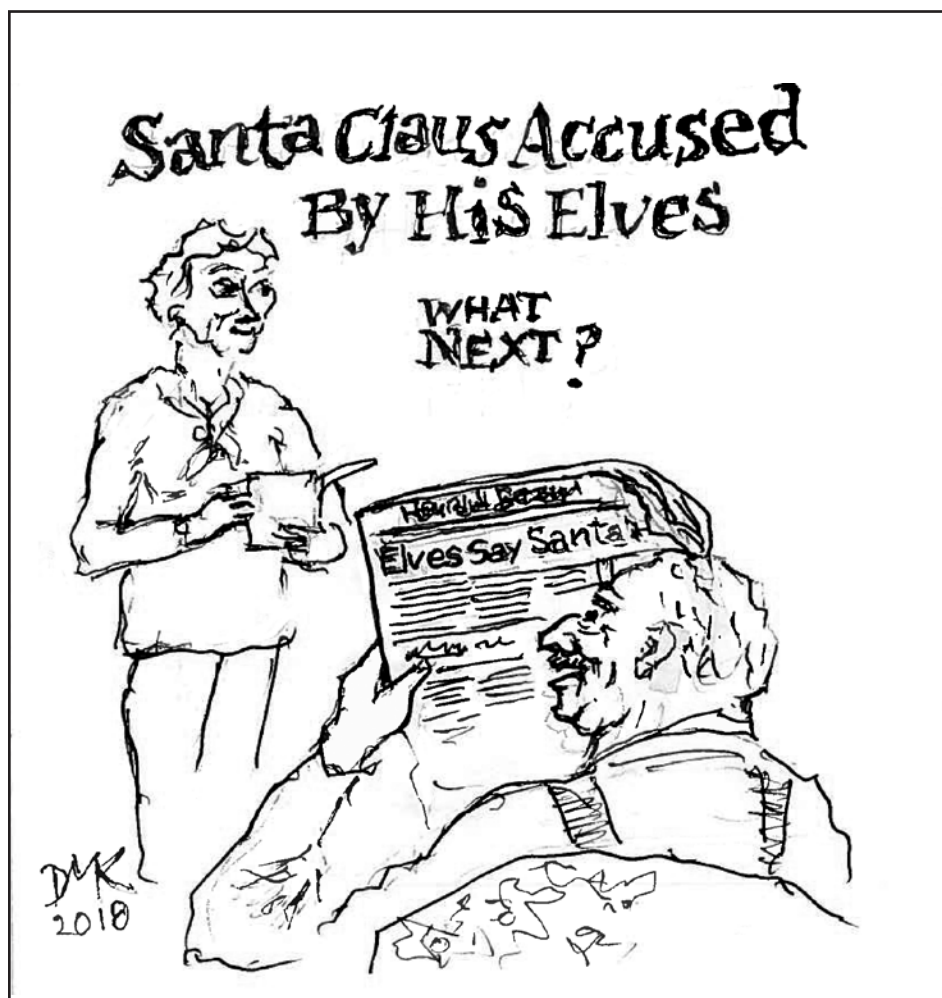
the stadium, where they shoveled off their seats. A less adventurous soul might have stayed home that day, but not Edith, she just dressed extra warmly!

She has seen five coaches come and go and has attended about ten bowl games throughout the years.

She used to make the 185-mile drive between Gaithersburg and State College herself, but now at, 92, she allows her son to drive her. She buys not one, but two season tickets, one of which she gives to either of her two sons or to her daughter. On nice days she and her family have tailgate parties prior to the game. At one game last year, her family met up with the family of one of Edith's Diamond friends and they had about fifty fans tailgating together.

Edith is a member of the Nittany Lion Club, which supports Penn State athletics. Her support for Penn State has obviously been infectious. Not only are she and her sister enthusiastic Penn State graduates, but her son is as well and her granddaughter now plays ice hockey at Penn State. An article in *ROAR*, a Penn State publication, reports that Edith was recognized for her support at Beaver Stadium in 2016 and readers of *Village Life* may remember that she and her sister were honored in 2011. Edith has already signed up for the 2018 season and says that she "will keep going as long as I can get up to the 47th tier," where her seats are located.

Mac and Zil



A Record Year for the Christmas Gift Fund

By Bing Garthright

For the 45th straight year, the Asbury Methodist Village family celebrated the conclusion of our annual Christmas Gift drive. This celebration, once again, demonstrated the generosity of our residents and their families, and how much they appreciate the thoughtful, friendly service from our associate family members.

This year, the fund received 671 gifts from residents and families of residents. The fund was able to pay \$235,000 in gifts. The full time associates each received \$434. In all, gifts went to 737 associates, each receiving 21 cents for every hour they worked in the past 12 months. This is the highest gift per hour in the history of the Christmas Gift Fund.

Great work was done by our neighborhood coordinators: Peter Cascio, Mary Jean Davidge, Ralph & Bettie

Holford, Hank Beisner, Maureen Baltay, Susanna Maddox, Bill Brown, Gail Flanagan, Denise Hall and Molly McFarland.

A fine AVTV feature was produced by Mary Waldron and Joon Kim. Art Rabenhorst, as CCAV treasurer, made all the many bank deposits and gave solid management of the fund.

Contributions to the success of the drive were given by Stephanie Sabine, the organizer of the celebration and producer of all the brochures and reminders, and by Meredith Deutsch, who coordinated the production and distribution of the gift checks.

The success of this year's drive reflects the kindness and excellent service of the associates who inspired such gratitude. It's the quality and kindness of the associates that makes Asbury Methodist Village such a happy place to live.

FAIRY TALE

Continued from page 1

turn out to be a scam. From the beginning, I threw myself on Steven's mercy, assuring him I trusted him. My trust was rewarded by "ship free" samples three times and "on time" delivery of frog suits, plus an incredible friendship with Steven and his family.

When he took off a week from business at the beginning of the Year of the Rooster in January, he made me privy to his personal Facebook page, so that he could stay in touch with me from his home. On his personal account, I found the photograph of an adorable youngster, and when I asked who she was, he wrote:

"This is my first time writing e-mail to my customer as I regard you my best friend. That's my little girl Stefanie, and she's been recently diagnosed with Duchenne Muscular Dystrophy. It seems I got a jackpot of my life. There's no cure at the moment. It's a huge tragedy to the family because I don't have a second child, then I have to keep up a good work so that I can raise and keep her walking in the future."

I was shocked to hear Steven's tragic news, and not knowing what his religion might be... Buddhist... Muslim... Christian... I wrote cautiously.

"I don't want to intrude in your life, but I just want to tell you that I firmly believe that Stefanie is a reflection of God, and she is God's perfect child. He is taking care of her every minute, and I'll ask my family and friends at Asbury to pray for her.

I forwarded his message to my two daughters, and they answered right away.

"How very sad," wrote Linda in Ashburn, VA. "I know you will comfort him with your prayers, and I will pray for Stefanie in mine."

And my youngest daughter, Leslie, in Lakeville, MA, wrote, "That is so sad. I will bring the family up in Bible Study tomorrow and get my group praying for them as well. Let him know that he has a bunch of people in America

praying for Stefanie."

His response was immediate:

"I will never lose hope because I have faith of God and a miracle come to her one day. Every morning before go to work, I kneel down and pray for God to give her strength. She can walk at this age (3 years old) and with your love of praying, I strongly believe she'll walk even further."

As I told Steven's story at the dinner table each night, my table companions added words of comfort.

"At 3 a.m. when you are visiting with your 'best China friend' tell him we will ask the three church communities we are associated with to pray for healing and the ability to walk for his precious little girl. Thanks for sharing," said Gordon and Jan Forbes.

And a night later, Mary Waldron offered, "I will certainly add Stefanie to my Prayer List at the Episcopal Church."

And Mary and Carmine Castellano added Stefanie to their Prayer List at their Catholic Church.

Steven was quick to respond.

"Thank you for sharing me more about Asbury. I am so glad and honored to hear I got 1400 friends abroad. Please do send my best regard to them. Thank you for your kindness, and I do believe the power of God may bestow to Stefanie through your praying. Our family appreciating all congregational effort for taking time to pray for my daughter's healing and she'll get recovered very soon with all your praying."

Throughout the year, Steven has sent reports of Stefanie's progress.

"As always, I thank you for all prayers made for my daughter, and we feel tons of happiness. She is now entered in pre-kindergarten day school, and keeping up with her class. Her future is bright."

Once again Steven will be providing costumes for our next production, and it's safe to say that our Chinese Fairy Tale is on the way to coming true.

And from Steven, *"Happy New Year, and may God bless you all!"*

Steven and Stefanie Chi share a precious father-daughter moment. Stefanie, recently diagnosed with Duchenne Muscular Dystrophy, was mentioned in hundreds of prayers from AMV residents and their friends and families.

CAFÉ

Continued from page 5

around the corner from the clinic and the pharmacy," says Ethel.

"Jewelry and a pretty hat — we have a nice selection — along with gloves would complete your Easter outfit. Remember the Easter Parade? We have some cute bathing suits too. The pool here is great or your place at the lake. Ah, summer!

"I found a lovely robe and slippers for my sister who is in the Wilson Health Care Center. There are

heavy robes and slippers as well as cotton ones. Oh, if only we could get more volunteers, we could be open more days.

"When we recruit, we like to say, 'work with a friend or if you are a new resident, come and meet other people. If you need to sit down during the 2.5-hour shift, be our cashier. If you would rather be up and around, you may help the customers or make sure the racks look neat.' The Clothes Closet also donates some of its inventory to charity. Off campus, we help the Fred-

erick Rescue Mission and the Interfaith Group. On campus, our funds go to the Benevolent Care Fund. We can help so many people even in other areas.

"Why? To help others! That's why!"

"I'm ready to sign up, Ethel!" cries Maude. "Who do I contact?"

All kidding aside, the Clothes Closet is in critical need of volunteers. You're urged to reach out to Joanna Lewis, ext. 5790, for further information about how you might help.

GUILD

Continued from page 5

Current continuing Guild activities:

- Birthday gifts for Kindley and Wilson residents.
- Elves' Day when workers pack thousands of decorative tote bags with gifts for Kindley and WHCC residents.
- Sewing room with workers providing alterations for all, but especially for Kindley and WHCC.
- The Bargain Mart, on the lower level of Mund,

which sells used furniture and other home goods.

- Financial support for activities, entertainment and special purchases for Kindley and WHCC.
- Annual contribution to the Benevolent Care Fund.

The Guild continues to enhance the life of all who live at Kindley and the Wilson Health Care Center. Your financial gifts help to keep the work going. The Guild sincerely thanks all who have helped through the years in every way.

ASBURY FOUNDATION TRIBUTE GIFTS

Asbury Foundation is grateful for Tribute Gifts made here at Asbury Methodist Village. These gifts are a meaningful way to recognize a person or an event, while also supporting our vital work. Honor gifts include donations made to celebrate a special event or to express gratitude. Memorial gifts are made in remembrance of someone who has passed away.

Listed below are AMV tribute gifts received **September 1 through December 31, 2017**. The bolded name indicates in whose name or memory the gift was given. There may also be 2017 Tribute Gifts that were not, but should have been included, in previous listings. All Tribute Gifts during the year will be a part of our Annual Recognition List as well.

IN HONOR OF

Jim Allison

Mrs. Mary C. Luff

Fran & Marty

Blendermann

Mrs. Sarah Blendermann

Carol and Scott Brewer

Ms. Doris B. Pree

Kimberly Brooks

Mr. & Mrs. Richard M. Hirata

Dr. Crawford S. Brown

Mr. & Mrs. Glen Buco

Mary Church

Mr. & Mrs. Richard M. Church

Wayne Cleaver

Mr. & Mrs. John P. Bankson Jr.
Mr. & Mrs. Joseph G. Feinberg

Computer Helper

Ms. Donna Schramm

Sylvia Hughes

Her Family

Jacob & Sarah Fajer

Mrs. Renate Fajer

Carol Farrell

Mr. Kevin Farrell

Gordon & Janet Forbes

Mr. Jeffrey A. Forbes

Bill & Pat Fox

Dr. Leona L. Bachrach

Harold Garman's work with the Beloved Community

Mr. & Mrs. James Doyle

Eleanor Halstead

Ms. Elaine R. Mata

Norman & Catherine Heim

Mr. & Mrs. Jim Voldal

Alice & Pete Johnson

Dr. & Mrs. Jan V. Sengers

Kobe

Helen Mahylis

Lois Lord

Ms. Helen L. Wirsch

Erma I. Lordeman

Ms. Jane Lordeman

Lawrence A. Machlan

Mr. & Mrs. Ronald E. Colbert

Patricia Marks

Mrs. Mary Pat P. Martin

Sylvia McCulloh

Mr. David Crum

Betty Jean Morgan

Mr. David Morganwalp

Dorothy Murphree

Ms. Margaret Mark

Ila Dean Olson

Mr. Douglas R. Ross &
Dr. Jerilynn Radcliffe
Mr. Glen M. Ross and
Ms. Patricia M. Shea

Noemi Parrilla-Mena

Ms. Carolyn A. Ikari

Patrick O'Toole

Dr. James & Dr. Ann
Utterback

Margaret Pyles

Mr. & Mrs. Matthew J.
Bussan
Ms. Elaine R. Mata

David Reiser

Mrs. Katherine M. Albertson
Robert and Judy Thomas

Frieda & Julian Reitman

Mr. & Mrs. Richard S.
Rudman

Bob & Julia Sessions

Mrs. Laura Sessions Stepp

Sew What (AMV Sewing Group)

Mrs. Marolyn D. Hatch
Mrs. Margaret C. Unsworth

Bob Seymour

Mr. & Mrs. James Axeen
Mr. Donald E. Gray
Mr. & Mrs. Richard M. Hirata
Mr. Paul Odarchenko
Ms. Frankie Santini
Mr. & Mrs. Haruhiko Taima
Mr. Michael L. Weiser Sr.

The Wellness Team's Dedication & Incredible Enthusiasm

Mr. & Mrs. David Reiser

Luther Gilbert Thompson

Mr. & Mrs. Mark E.
Thompson
Mr. & Mrs. L. Gilbert
Thompson

Virginia Thorndike

Robert and Judy Thomas

Jim Utterback

Mrs. Katherine M. Albertson
Mr. & Mrs. David Reiser

IN MEMORY OF

Peggy T. Barrow

Mr. Samuel W. Barrow
Ms. Elizabeth B. Jewell

Marie Stella Battista

Mr. & Mrs. Carmine
Castellano
Mr. & Mrs. Norman B.
Kuehnle
Mrs. Mary H. Waldron

John Barone

Mrs. Marie Barone

Alice Baum

Dr. Howard Baum

Melvin T. Benjamin Sr.

Dr. & Mrs. Stanley B.
Benjamin

Harold & Lois Boesch

Mr. & Mrs. Frederick J.
Brown

Cynthia Lynn Bowen

Rev. & Mrs. Bruce M.
Bowen

Janet A. Braddock

Mr. Shannon J. Braddock

Joan Brosnan

Miss Rose A. Koerber
Mund Resident Council

Tracey K. Bruce, Jr.

Mrs. Sandra L. Bruce

Nancy Burkhardt

Mrs. Mary Bradford

F. Lucille Cady

Villas Resident Council

Ed & Peggy Caffery

Mrs. Evelyn M. Peterson

Arlean Campbell

Villas Resident Council

Joyce Chapin

Mrs. Marolyn D. Hatch

Wilson L. & Laura H. Clagett

Mr. & Mrs. Paul W. Dhyse

Allen Coale

Mrs. Helen W. Coale

Dorothy Connolly

Ms. Anne P. Gibbs
Ms. Katherine Kilduff
Washington Episcopal
School
Washington Research
Library Consortium

Phyllis Cooley

Mund Resident Council

Herbert S. Corn

Mrs. Geraldine Corn

Dr. Charles Coulter

Ms. Marjorie Fuller
Ruth G. Simpson

Merlin & Evelyn Crabtree

Mr. Randall P. Crabtree

Phyllis Crafton

Mr. & Mrs. William A. Stief

Beatrice Lee Craze

Mr. Robert Craze

Edward Crockett

Mr. & Mrs. Steve Welstand

Rev. Calvin P. Crosson

Ms. Delores C. Jones

Rev. Raymond M. Crowe

Mrs. Elaine W. Crowe

Kay Crum

Mr. William P. Corbett
Mr. David Crum
Mr. Steven Feldmaier
Mrs. Mildred J. Greece
James and Vera Green
Mr. Mark Lynch
Ms. Naomi McGee
Mr. & Mrs. Richard Ris
Mrs. Jean Stewart
Mr. Philip T. Sweeney
Mrs. Margaret C. Unsworth

Mary Anna Culklin

Mrs. Norma M. Barr
Mr. & Mrs. Frank Boynton
Mrs. Shirley Clapham
Rev. & Mrs. Gordon Forbes
Mrs. Edith W. Isacke
Ms. Jane Johnston
Peggy Payne & her son,
Thomas Payne
Ms. Jerre Sadler
Mrs. Jean Stewart
Ms. Mary Wiehl

Patricia Ann Norris Fowle

Ms. Mya Henry

Mary Theresa Garcia

Ms. Martha Foltyn

George L. Gleason

Mrs. Diane Gleason

Nan & Wade Gindlesperger

Mr. & Mrs. Robert L. Graves

John D. Godsey

Ms. Emalee Murphy

Dr. Gary Gordon

Mr. & Mrs. Richard B.
Lambert

Agnes G. Gourlay

Dr. & Mrs. Frederick
Hambrecht

Louise Greenleaf

Miss Rose A. Koerber

Erna Inwood

Edwards-Fisher Resident
Council

Mrs. Betty Hopkins

Ms. Julia E. Huey
Mr. & Mrs. Art Hughes
Mr. & Mrs. Frank A. Hughes
Ms. Jane Johnston
Marty, Melissa, Valerie &
Doris Jones
Mrs. LaVerne W. Kershner
Mr. & Mrs. Richard B.
Lambert
Mr. & Mrs. Lee Landesberg
Mrs. Sylvia H. McCulloh
Mr. & Mrs. Carlton R.
Richardson
Mrs. Marjorie Rynas
Mrs. Almedia B. Snape
Mrs. Jean Stewart
The Asbury Clowns
Ms. Louise Thomas
Ms. Marjorie Fuller

Rev. Dr. Warren R. Ebinger

Ms. Lee R. Ebinger
Mr. & Mrs. Gregory W. Lear

Bernice B. Egbert

Mr. Alvin Briggs

Amory & Amy Ericson

Mrs. Donna Strauss

Elinor B. Etienne

Miss Rose A. Koerber

Helene T. Farrell

Mr. & Mrs. Denis Dionne
Mr. & Mrs. Duane A.
McKenna
Mrs. Blanche P. Messerly
Mr. & Mrs. Michael J. Skiba

William 'Bill' Flanagan

Mrs. Ruth Simpson
Mr. & Mrs. Robert D. Tanner

Mary L. Fong

Mrs. Madeleine Bryant
Mrs. Blanche P. Messerly
Mrs. Ila D. Olson
Mr. & Mrs. Michael J. Skiba
Mrs. Ruth Simpson
Mrs. Mary H. Waldron
Wallace Resident Council

Patricia Ann Norris Fowle

Ms. Mya Henry

Mary Theresa Garcia

Ms. Martha Foltyn

George L. Gleason

Mrs. Diane Gleason

Nan & Wade Gindlesperger

Mr. & Mrs. Robert L. Graves

John D. Godsey

Ms. Emalee Murphy

Dr. Gary Gordon

Mr. & Mrs. Richard B.
Lambert

Agnes G. Gourlay

Dr. & Mrs. Frederick
Hambrecht

Louise Greenleaf

Miss Rose A. Koerber

Erna Inwood

Edwards-Fisher Resident
Council

Ben & Rev. Jessie Griffith

Lt. Col. & Mrs. Daniel J.
Griffith

Ben H. Griffith, Jr.

Mrs. Ila D. Olson

Mary & Mike Grimm

Mrs. Eunice A. Weixel

Marshall Grotenhuis

Mr. Brian Grotenhuis

Margaret E. Hargett

Ms. Janet L. Hargett

Helen W. Hatton

Mr. Ricardo Wooten

Loretta Haught

Wallace Resident Council

C. Jean Hefner

Mr. & Mrs. James M.
McCormick III

Betty R. Herfurth

Villas Resident Council

Mary G. Herndon

Mr. Peter B. Cascio &
Ms. Barbara Ellis
Mr. Terry Herndon

Mary Hicks

Mr. & Mrs. David W. Dexter
Mr. Ronald D. Gumbert
Ms. Kathryn McKinley
Mund Resident Council
Mike & Barbara Schoener &
Friends at MAS Consultants
Mrs. Alice D. Smith
Mr. & Mrs. Robert Tedesco

Alan Hildred

Mund Resident Council

Bette M. Hill

Mr. George Hill

James Robert Hopkins

Mrs. Betty Hopkins

Keith W. Howe

Mrs. Dorothy E. Howe

Charlotte R. Hoyle

Reverend Harry & Barbara
Deffley
Mrs. Betty T. Herndon
Miss Martha B. Hunt

Yung Yu Hsia

Yung Yu Hsia Estate

John H. Hubbell

Mrs. Jean N. Hubbell

Dr. John J. Hutchings

Dr. Leona L. Bachrach
Ms. Sandra M. Clunies
Ms. Donna Schramm
Ms. Margaret Topping

Kyoko Ikari

Mund Resident Council
Mr. Terry T. Shima

Erna Inwood

Edwards-Fisher Resident
Council

Rita Jalette

Mrs. Mary H. Waldron

Huinan Yang & Liqing Jiang

Ms. Yandan Yang

Ann M. Johnson

Mr. & Mrs. Gordon Henley

Arthur E. Johnson

Mrs. Alice K. Johnson

Robert W. Johnston

Mrs. Catherine P. Johnston

Rev. Kenneth S. Jones

Dr. William Dillon
Dr. & Mrs. Joseph D.
Lafleur, Jr.
Segal Group

Bertha Lee Jones

Ms. Susie O. Jones

My Mother - Kathryn Kerr

Mrs. Elizabeth K.
Rosenbaum

David E. Kershner

Mrs. LaVerne W. Kershner

Grace K. Kikuchi

Kikue Rich

Mary Kimmel

Mrs. Jean N. Hubbell

David Kosow

Mrs. Jean H. Emery
James and Vera Green
Mr. John D. Hatch
Mr. John D. Hatch
Mr. & Mrs. John B. Mann
Dr. Mildred M. Reynolds
Dr. James & Dr. Ann
Utterback
Mrs. Mary H. Waldron
Mrs. Jean S. Young

Thomas C. Kozar

Mrs. Sandra L. Bruce

Evelyn Lawrence

Mr. & Mrs. P. Lance Graef

Frances M. Lawrence

Ms. Marilee F. Lawrence

Florence J. Lee

Ms. Marjorie Fuller

Clara Lerner

Mr. Harvey A. Lerner

Tom & Elizabeth Lewis

Mr. Kenneth A. Lewis

Dr. & Mrs. Conrad Link

Mrs. Carolyn B. Davis

Bill Mahylis

Mrs. Helen Mahylis

Evelyn Maksim

Mrs. Margery Josephson

A TRIP INTO SPACE AND BACK

By Jan Garman

Thanks to the kindness and generosity of a couple of Asbury residents, 20 third, fourth and fifth graders from Gaithersburg and South Lake Elementary Schools and their Asbury mentors headed to the Steven F. Udvar-Hazy Center in Chantilly, VA, last Dec. 1. Riding on a large Eyre bus was a new experience for many of the students. But further new adventures were to follow.

The Center is the companion to the Smithsonian Air and Space Museum in DC. In two huge hangars, it houses thousands of aviation and space artifacts including the Space Shuttle Discovery, the Concorde and the Enola Gay, too many to take in on one trip. But, our knowledgeable tour guides pointed out some of the things that they thought would most interest our students. The guides were also happy to answer the students' and mentors' questions.

After our tour, we reassembled to eat our box lunches in the sunshine outside the museum, with some of us opting to finish on the



Photo: Jan Garman

Students and their AMV mentors look up in wonder at the collection of planes hanging in the Smithsonian National Air and Space Museum.

bus when the December temperatures got to us. My informal survey at lunchtime discovered that it was the huge variety of planes on the floor and hanging from the ceiling that captured the most interest, with the Concorde, the long sleek spy plane and the Blackbird most cited. All that was about to change, however...

We had purchased tickets for *This Beautiful Planet*, screening in the IMAX Theater and we soon found ourselves zooming through space until we landed at the space station. The flight was so realistic that I found myself clutching the hand of Elijah, who was sitting on my left. He obligingly held on for about ten minutes! We watched as Astronaut Scott Kelly arrived for his year-long sojourn amid other astronauts from all over the world who lived and worked together, compil-

ing research and stunning photographs. Particularly moving to me were the photographs of nighttime all over Planet Earth. The contrast between the bright lights of South Korea and the darkness of North Korea told a story that mere words could not.

When I surveyed the children near me on the trip back to Gaithersburg about what they most enjoyed, I found that Allison loved "floating inside the space station." Carla enjoyed watching the astronauts exercising in space. Gabriella loved watching the maneuvering necessary to get the astronauts in and out of the space station. Aaron and Michael

loved "how they could see the world at night."

The only downside of the trip as far as the students were concerned, was that they were returning to school. "You mean that we can't go back to Asbury?" they asked. As for the mentors, we were happy to return home and put our feet up!



Photo: Jan Garman

Elijah, Thomas, Allison, Gabriella and a space-suited "friend" they met on their tour.



In the Gallery

The Rosborough Cultural Arts and Wellness Center is home to an ever-changing gallery of arts and handiwork created by our residents. Stop by and see what's new. With 12 display cases to look at, there's something for everyone to enjoy. Here's a sampling....

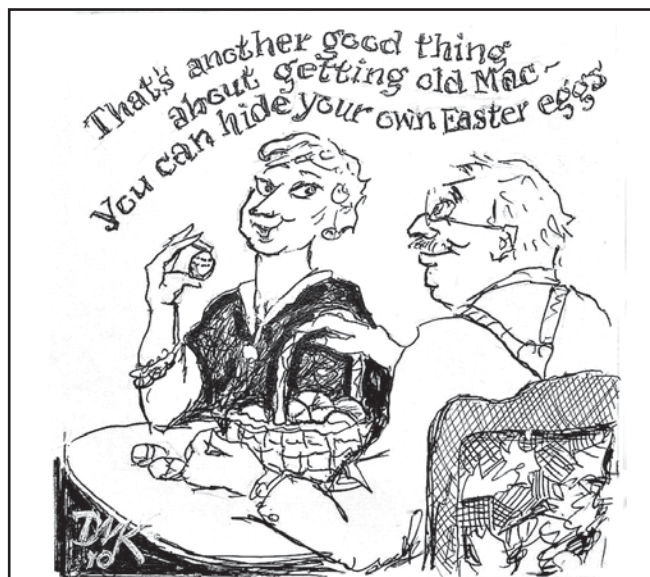


Photo: Heddy Taima

Duane McKenna, Park View
Illustration

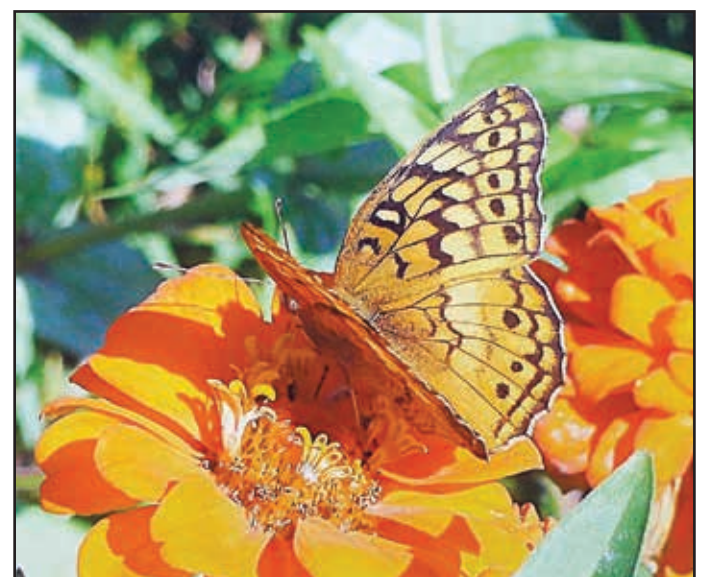


Photo: Heddy Taima

Betty Smith, Diamond
Photograph

Maykel Sanchez Brings His Talent to Asbury and to the Art World

By Jan Garman

If your Asbury apartment has been renovated in the past year, there is a good chance that some of the work was done by Maykel (pronounced Michael) Sanchez. But renovating apartments is only one of Maykel's talents. He is also a talented woodcarver, a skill that he developed in his native Cuba. At age 15, he observed a woodcarver and was fascinated by his craft. His mother talked to the carver who allowed Maykel to work with him. At first Maykel's job was to stain finished pieces, but the more he watched, the more he learned, and soon he was carving on his own.

In Cuba, serving in the military after high school is mandatory. At the age of 20, Maykel completed his military service and joined the association of artists in his city. This allowed him to sell his carvings with authorization by the government. His hometown, Varadero Beach, is a tourist resort and Cuban art is so popular that he was able to sell many pieces. He first sold his carvings out of the restaurant where



photo: Jan Garman

Asbury Renovation Team Leader
Maykel Sanchez.

he worked, but then branched out and began exhibiting his pieces in expos in other parts of his country and then in such faraway places as Brazil and Canada. It was while exhibiting in Toronto, and having become increasingly disenchanted by Cuba's Communist regime, he decided not to return to his homeland. He went to immigration court

and was granted refugee status in the United States.

He flew to Miami where he had friends and got a job cooking in a restaurant. He put in long hours, sometimes working 16-hour days. Also working in the restaurant was a young law school graduate from Maryland, Hillary Fallow, who shared Maykel's passion for cooking. (At times Maykel combines his passion for carving with his passion for food and has been known to carve pieces out of a carrot!) Maykel and Hillary soon became a couple. After their son, Max, was born, they decided to move to Maryland to be closer to her family.

They now live in Frederick where Hillary is a paralegal with a law firm and Max, who is four, attends pre-kindergarten. It is also where Maykel exhibits his carvings in a local gallery. Maykel also loves fishing and the family enjoys vacationing in Ocean City. Along the way Maykel moved from cooking to renovations. For two years, he worked with a private company and then wanting to move forward, started

working with Asbury's renovation team. He says that Asbury is a really good place to work. We, at Asbury, are glad that he feels that way, and if you are lucky enough to have him renovate your apartment, ask him to show you photos of his carvings.



photo: Maykel Sanchez

One of Maykel's wood carvings on display at a gallery in Cuba.

The Asbury Tree Project

By Anita Taylor

If you happen to notice a group of strangers examining our trees, here's why: Asbury has agreed to permit its grounds to be used as part of a test of trees and rain collection, led by University of Maryland graduate student Tuana Phillips. Working on her MS degree, Tuana is overseeing a project involving the nonprofit Center for Watershed Protection, Virginia Tech and the University of Maryland. They are measuring how urban trees affect rain retention.

Their work, which has now begun, will assess what screening and processing by trees does to affect how rainfall reaches the ground. They will compare whether rain falls and drains away or instead is sheltered and saved by the trees. This research will help to determine how urban forests can reduce rainfall drainage, comparing forests and lawns. They will look at closed canopy forest patches in Baltimore and on the Asbury campus and will look at trees patched over lawns and some single trees (i.e., not clustered together) over mowed lawn. They expect that the trees in these groups will differently



University of Maryland graduate student Tuana Phillips is overseeing the tree research project.

affect storm water runoff. They hypothesize that the urban trees in the denser, closed-canopy forest patches will behave more similarly to natural forest conditions.

Rainfall will be measured in fairly close prox-

imity to the lower pond, using equipment and sensing tools, on trees in forested or partly forested grounds and on grounds without forests. They will be able to use these measurements, looking at how much water falls and how much the tree removes.

Sap flow sensors will be placed on the trees to continuously measure tree water use. Soil moisture probes will be placed near the sensor equipped trees and also will send information to the data loggers. And some rain gauges will also quantify how much the canopy intercepts. So, the researchers will assess what happens if rain falls on forested grounds or not. A weather station in an open area on the property will also measure incoming precipitation, report temperature, humidity and wind speed.

Tuana Phillips is supervising the project installation and testing. For at least two years, our campus will have students installing the sensing and measuring equipment. They are happy to explain the work and answer questions about what is being done here, so don't hesitate to ask when you see them at work.



In Memoriam

Resident	Residence(s)	Date of Death
Jean Newman	Kindley	11/8/17
Marielaine Mowell	WHCC	11/9/17
Helen Lee	WHCC	11/12/17
Grace KiKuchi	WHCC	11/13/17
Ida Burgess	WHCC	11/13/17
Marie Luckhurst	WHCC	11/18/17
George Tippet	Mund	11/18/17
Alan Hildred	Mund	11/18/17
John "Jack" Hutchings	Trott	11/19/17
Doris Evans	WHCC	11/21/17
Florence Lee	Diamond	11/27/17
Qingmin Wei	WHCC	11/28/17
Betty Jane Myers	Kindley	11/30/17
Jeanne Snodgrass	Kindley/WHCC	12/2/17
Charles Coulter	Wallace/WHCC	12/3/17
Agatha Sigmond	Diamond /Kindley	12/4/17
Leon Satkowski	Wallace	12/5/17
Nancy Burkhart	Diamond	12/6/17
Anna Shoop	WHCC	12/6/17
Jim Schneider	Park View	12/7/17
Thomas Ray	WHCC	12/9/17
Phyllis Cooley	Mund/Kindley/WHCC	12/9/17
Mary Hicks	Mund/WHCC	12/11/17
Kyoko Ikari	Mund/Kindley/WHCC	12/11/17
Gloria Figueroa-Reyes	WHCC	12/12/17
Gordon Dibbles	Edwards-Fisher	12/12/17
Rendena Smith	WHCC	12/12/17
Doris Mackey	Kindley/WHCC	12/15/17
Richard Kmetz	WHCC	12/15/17
Margaret Johnson	Diamond/Kindley	12/16/17
Alan Blandamer	Diamond/Kindley/WHCC	12/16/17
Rebecca Goldstein	WHCC	12/22/17
Shirley Brockett	WHCC	12/24/17
Irene Schwarzkopf	Diamond	12/26/17
Lousie Densock	WHCC	12/27/17
Shelton Jackson	From community	12/27/17
Martha Jane Sorrows	Villas	12/27/17
Mark Levi	WHCC	12/28/17
Frederick Beckner	Diamond/Kindley/WHCC	12/29/17

817 Invasive Stems

By Peter Cascio

Invasive is an ugly word for an ugly subject.

Asbury has been dealing with it since at least 2008 (See *Village Life*, May 2012, p. 9 and July/August 2012, p. 15.) with our applications for wildlife habitat recognition by the national Wildlife Habitat Council headquartered here in Maryland.

Last spring Jane Carroll, Chair of the Wildlife Habitat Team, walked the 133-acre Asbury campus on a quest to determine the extent of the infiltration of invasive plants. Her intent was to reignite interest in taking steps to control the expanding invasion.

For background: Invasive plants are not native to our environment. They arrived in North America by many means, from well-meaning horticultural intro-



English Ivy

songbirds and our native invertebrates who feed only on native plants to turn chlorophyll into protein; the first step in the creation of animal life.

The Wildlife Habitat Team has known that an effort to control our invasives could not be successfully accomplished through the volunteer labor of enthusiastic residents. It would take employing contract labor that could operate down at ground level without tipping over or aggravating the arthritis.

The question was how to quantify 133-acres of invasives in order to arrive at a dollar estimate of the expense. The team decision was to start with a limited bite and just survey the AMV Arboretum initial trail around the two ponds by counting invasive stems.

The three-quarter mile trail was walked with excursions into the underbrush; lifting lower limbs to discover how many little vines were insinuating their coils into the upper branches. The Callery pears and the Norway Maples have significant caliper, but 98 percent of the invasives are vines of less than one inch diameter. About 80 percent of those are less than one-half inch in width. To destroy regrowth, each of those cuts would need to be treated with a systemic poison.

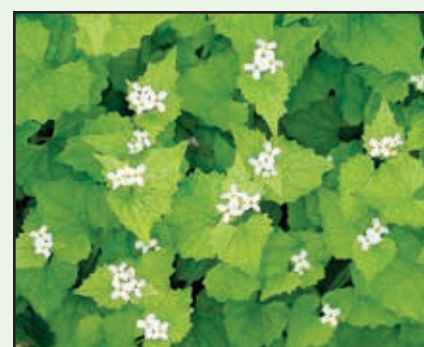
We meet soon with Brightview Branch Manager Bridget Cahill to discuss further and calculate the costs involved in this effort.



Oriental Bittersweet

duction of attractive exotic ornamentals over past centuries, to the uncontrolled seeds or soil conveyed by casual international transport. They arrive here without their native predators which keep them under control at home. Without their competition from home they run wild here, unchallenged.

There are vines that strangle, as well as vines that create an overwhelming parasitic mass whose weight can bring down our largest trees (English Ivy, Oriental Bittersweet, Japanese Honeysuckle and Porcelainberry). There are trees whose shade is so dense that no native undergrowth can survive (Norway Maple). There are shrubs whose seeds are spread by birds throughout our forests and create an undergrowth impenetrable by our native plants (Winged Euonymous). And there are ground covers that no light can get through for our natives to grow (Garlic Mustard, Mile-A-Minute). Without our native plants we lose the understory favorable to nesting



Garlic Mustard

Welcome New Residents

Water has been an important current running through Judy and Phil's life. Their very first meeting was by the sea while each was vacationing with friends on Nantucket Island. Both have been lifelong swimmers and the pool was among the features attracting them to AMV from their longtime home in Potomac. Native New Yorkers, they own a summer home on Mt. Desert Island in Maine where they enjoy the beauty of Acadia National Park and local music concerts.

Phil attended the City College of New York and Albany Medical College prior to internship at Cornell-Bellevue. He completed residency training at UCSF and the National Cancer Institute. At NIH, he became interested in links between cancer and viruses. Next, at the NY State Department of Health he helped initiate the first sickle cell testing program. For a time, he practiced medicine at Suburban Hospital, and then became a professor at Uniformed Services University of the Health Sciences. He continued to research insect-borne viruses and virus-produced substances that slow the growth of cancerous tumors.

Travel to international cancer and virology conferences took the Grimleys all over the world, including Central and Eastern Europe



Photo: Maria Roberts

Judy and Phil Grimley Courtyard 408, x5074

during the Communist era. These trips proved rife with adventures including arbitrary regulations and threatening border crossing confrontations. They attended the First International Virology Conference that was permitted to take place in Hungary and have been back a number of times since the fall of Communism.

Judy attended Penn State and graduated from Boston University. She then taught first grade as Head Start was just getting off the ground. She helped initiate that program in Boyds, MD. She took graduate courses at the University of Maryland and completed her Master's degree in hearing and speech sciences when their

youngest child was 11. Judy was employed by MCPS as a speech pathologist in high schools, including Kennedy in Silver Spring, and Gaithersburg. She worked with high school students with special needs and created original teaching materials and a screening test for that age group.

Judy and Phil's oldest son, Dan, is an IT therapist and lives in Garrett Park. Their middle son, David, works for the Prairie Institute at the University of Illinois as a geologist. Dan and David each married women from Cambodia. Their youngest, Ben, started a company that creates computer programs to teach language skills to children and adults. He lives nearby in Gaithersburg with his wife, who hails from Iowa. The Grimleys have six grandchildren, including two step-grandkids from Cambodia.

Phil and Judy have taken many classes with Osher and appreciate having that access on campus. They have enjoyed travel to China, India, Australia, Cambodia, New Zealand, Tanzania, Kenya, Canada, Japan, and the Galapagos Islands. They look forward to visiting Sicily and Israel next May.

—Maria Roberts,
Courtyard Homes

Among the furnishings Virginia (Gina) and Don Denny brought to their Edwards-Fisher home was Gina's grand piano. Born in Hartford, CT, Gina earned her BA degree in piano. Don was born in Cedar Rapids, IA, and received his PhD at New York University.

Piano is the focal point of Gina's activities both in teaching and performing. She was a frequent performer at the Friday Morning Music Club in the Washington, DC area. Don was a professor of art history at the University of Maryland and kindled a love of the arts in many of his students.

Gina and Don have two children and happily enjoy their two grandchildren. This



Photo: Dorothy Harris

Gina and Don Denny Edwards-Fisher 301, x5544

makes for a most rewarding family milieu. When she is not at the piano, the arts occupy a large part of Gina's time especially those things French. Gina has tutored and lent a hand at various church bazaars. Don is a movie buff.

The beauty of the campus attracted Gina and Don to Asbury Methodist Village. Add to that the affordability of the attractive and spacious apartment and the decision to select Asbury for their retirement choice was not hard to make. We Edwards-Fisher friends and neighbors are taking advantage of the artistic culture that the Don and Gina are willing to share.

—Joan Dunlop,
Edwards-Fisher

Welcome New Residents

John ("Jack") Galuardi Diamond 804, x5831

Jack was born near Scranton, PA, the son and grandson of coal miners. His first job, at the age of 13, was in Washington, DC delivering telegrams for Western Union. His favorite memory is the day he went to the United Mine Workers building and personally handed a telegram to President John L. Lewis. "He tipped me a dime when I told him that my father was a miner," says Jack.

Jack played football in high school, graduating in 1944 at age 16, and received a one-year athletic scholarship at Columbia University. The following year, he enlisted in the U.S. Navy and was trained in communications electronics. When the GI bill took him back to Columbia he studied electrical engineering, graduating in 1949. With his background, he was surprised that the university taught no electronics courses, only power.

But this turned out to be useful skills when he obtained a job in Wyoming with the Federal Bureau of Reclamation. He installed cross-country 110KV transmission lines to carry



Photo: Wayne Cleaver

electricity from the generators at remote dams to where power was needed. Jack walked the 180 miles from Casper to Cheyenne three times, tensioning the lines.

Back in Washington, he married in 1953. For \$1,200, the couple bought a half-acre, thickly-forested lot in the Falls Road area "way out in the country." Jack personally designed and built their house, having to cut down over 100 pine trees to make space.

A series of federal jobs followed, the principal one being at the Bureau of Public Buildings, which manages all 2,500 non-military government facilities. Jack rose to be deputy commissioner.

After 33 years of government service, he retired in 1982. He then worked another 11 years in design and construction at the University of Maryland, College Park.

Jack and his wife had three boys. The family ranks have grown to seven grandchildren, six of whom are engineers following in their grandfather's footsteps, and one great-granddaughter!

— Anthony & Barbara Barnard

Bill Mullinix Trott 805, x6727

As an only child and son of two teachers, Bill Mullinix long planned for a career in some area other than teaching. But the academic genes prevailed and he spent over three decades in a variety of educational experiences.

While Bill was actually born in Washington, DC, his parents were both Maryland natives. Receiving his undergraduate degree in English at the University of Maryland, Bill earned his Master's degree at the University of Chicago. His first job was at Iowa Wesleyan University, where he remained for two years. Seeking to live nearer to family, he then transferred to the University of Hartford for another two years.

In 1969, he made a third and final relocation, this time back to Maryland and Prince George's Community College, remaining until retirement thirty-one years later in 2000. He taught all aspects of English including grammar and British literature. He spent many memorable summers in England pursuing that subject. But changing preferences among students reduced the number of those electing British literature courses and those options declined.

In the 1980s, Bill added a new dimension to his student population by working with foreign students, many of whom were just learning English as a second language. That work was intensive but rewarding. Another additional assignment was the coordination of



Photo: Hal Gaut

the part-time English faculty at the college.

As Bill has never married, he turned to volunteering for a variety of social contacts and community service. He was one of the earliest volunteers at the Kennedy Center for six years and later returned for fifteen years as an usher, and remains active as an occasional usher for

Saturday matinees at the Opera House. He also worked for Travelers' Aid at Reagan National Airport.

Since his retirement, Bill has added volunteer hours to the ESOL (English as a Second Language) efforts at the University of Maryland, working as an editorial assistant to graduate students.

He has traveled extensively and plans more. At Asbury just a few weeks, Bill has already been on one cruise and will head for Key West before the New Year begins! When he studied Spanish, he arranged for several month-long visits to Mexico, where he benefited from the language immersion experience of living with local families. He recently studied French at the senior center in Prince George's County and hopes he can find one offering this subject in our area.

A fellow usher at the Kennedy Center, who also participated in a same Elderhostel experience, now lives here at Asbury, and Bill learned much about our community from her and by visiting our campus. Downsizing from a five-bedroom house in Bowie to an apartment in Trott was challenging but doable. He chose a few favorite pieces of furniture that he had brought back from journeys abroad and seems very comfortable with his decision to join our Asbury family. We are happy to welcome him!

— Sandy Clunies, Trott

Welcome New Residents

Ann and Doug Scott Diamond 308, x5134

Last October, Ann and Doug Scott moved into the Diamond building after residing in an Old Town Alexandria townhouse as well as a rustic family-built log home near the Dolly Sods Wilderness area of West Virginia. They laughingly declare that this remote home, was built by “child labor,” that of their own three children and various nieces and nephews. Prior to their 1996 retirement, however, their homes have been located in such far-flung areas as Entebbe, Uganda and Accra, Ghana; Jakarta, Indonesia and Beijing, China, interspersed with periods in the Washington area. Their international living started when Doug was an MIT Fellow-in-Africa, a program that preceded the Peace Corps by one year. Returning to the US, he earned a PhD in economics from Harvard and went on to 29 years as an economist with the International Monetary Fund.

Doug grew up outside of Chicago and graduated from Princeton with a degree in chemical engineering. He then served with the US Navy for three “cold” years on a destroyer on radar surveillance in the North Atlantic, after which he and Ann were married.



Photo: Jan Garman

Ann grew up outside of Syracuse, NY, graduated from Wellesley College, earning a B.A. in history and, two children later, a M.Ed. from Boston University. Throughout Doug’s career, Ann taught in their various locations, teaching history at the Potomac School and the Madeira School, both in McLean, VA, and business English in Jakarta and Beijing. In Jakarta, incidentally, she was hired by the mother of the man who became our nation’s

44th president, Barack Obama.

The couple’s children all live in this general area: Caroline, in Reston; Douglas, in Rockville; and Hugh in Camp Hill, PA. They are also the proud grandparents of four young adults. Doug has volunteered with the National Park Service, while Ann has volunteered in political campaigns. Both are recreational cyclists although Ann’s cycling is curtailed at the moment by “grumpy knees.” They share marvelous memories of cycling to their jobs in China in the early 90’s before the glut of cars and the accompanying pollution took over. “Our Beijing is gone,” Ann laments.

An Asbury Open House brought the Scotts to our campus. “Asbury makes a powerful first impression,” Ann says. They appreciated the great advice given by residents of open apartments and they already had good friends living here. Accompanying Ann and Doug to Asbury is their sheltie, Quinn, who appreciates the new PAWS facility. Like Quinn, Ann and Doug are becoming acclimated to AMV and look forward to meeting more Asbury residents. Welcome, Doug and Ann, and welcome also to Quinn.

— Jan Garman, Diamond

Jolie and Zeke, a couple of large Chow Chow rescue dogs, brought their humans, Kathy and Bruce Stephen, to live at their Courtyard home this past summer. This delightful foursome moved here from Fredericksburg, VA. They join Kathy’s mom and aunt, Kathryn Broderick and Mary Walker of the Diamond Building, as Asbury residents.

Bruce was born in Brooklyn to Scottish émigré parents. The family spent much of Bruce’s childhood in Aberdeen, Scotland, experiencing the hardships of World War II with a sentry box right outside their house. After the war they returned to the US when Bruce’s father was part of the UK’s delegation to the UN. Bruce got his undergraduate degree at Adelphi University and went to graduate school at Hofstra University. He began his career in property-casualty insurance, then spent the last 22 years of his full-time work in the reinsurance business, dealing with contracts that insurance companies establish with other insurance companies to mitigate risk in the event of a catastrophe. At the time of his retirement in 1995, Bruce was senior vice president (claims) and a director of the Rein-



Photo: Maria Roberts

Kathy and Bruce Stephen Courtyard 431, x 6711

surance Corporation of New York (“ReCo”), based in Manhattan. Following retirement, he served for a number of years as a consultant and arbitrator in connection with complex reinsurance matters.

Kathy was born in Austin, TX, but her family soon moved to North Carolina. In 1964, the family moved to DC when her dad took

a job at the Library of Congress. After graduating from Winston Churchill High School in Potomac, Kathy obtained her undergraduate degree from Duke University and her law degree from George Washington University. She worked for the Covington and Burling law firm, then for the Washington, DC office of Preston, Gates & Ellis,

based in Seattle, where she became a partner in 1987. In 1999, she established her own firm, Broderick, Stirn & Regan.

In the early 1980s, Bruce’s company hired the Preston Gates firm with which Kathy was then associated, and that’s how they met. A seven-year, long-distance marriage ensued until Bruce retired from ReCo. Once retired, Bruce was able to join Kathy in the DC area.

Kathy specialized in insurance and reinsurance, where her work included arbitration, the method of dispute resolution used most frequently between insurance companies, as well as litigation. She is now semi-retired but continues to handle complex reinsurance cases. Bruce is glad that her very long hours at the office have decreased.

Kathy looks forward to Keese School lectures and musical programs here and at Strathmore Music Center, and to doing more cooking. Bruce is a golfer and a sports car enthusiast who enjoys the camaraderie at sports car shows. Welcome, Kathy, Bruce, Jolie and Zeke!

— Maria Roberts,
Courtyard Homes

Welcome New Residents

Susan Byrnes

Edwards-Fisher 806, X5884

Susan Byrnes began her life at Asbury in April of 2017. Born in Ontario, Canada, she did undergraduate and graduate work at the University of Michigan and received her law degree at California's Hastings College.

Susan has worked with labor unions and corporations throughout the United States in order to settle disputes and grievances. Her patience and expertise has been tested many times in her demanding career.

Reading has always been a source of both mental growth and relaxation for Susan. She



Photo: Dorothy Harris

loves to walk and was drawn to the beauty of the Asbury Campus for this pursuit. She is fond of animals and dog walking enables her to utilize this option. The pool is another source of enjoyable exercise and swimming is one of Susan's favorite pastimes.

When it became time to choose a less-hecktic lifestyle, Susan paid a visit to Asbury Methodist Village. The extensive facilities combined with a vibrant sense of community were the deciding factors in her choice. We Edwards-Fisher friends and neighbors are delighted to make her a part of our family.

— Joan Dunlop, Edwards-Fisher

David Winfield

Diamond 910, X6941

At age 17, David Winfield was forced to learn to speak Spanish: He had a summer job selling children's toys door-to-door in a Latin section of Los Angeles.

He was born in New York City in 1931. Family problems caused a move to Pasadena CA, where he completed elementary school through junior college grade 12. Moving back east, he completed a BA in biology, MA in applied physics and PhD in engineering all at Harvard. In 1963 he joined IBM at an exciting time: he computed space-capsule trajectories, including terrestrial and lunar orbits, for the Apollo Project. Later he helped develop specifications for computing orbits of GPS satellites at IBM, Loral and Lockheed Martin in Gaithersburg

His wife of 48 years, Judith Ann, died in 2017. Their son and daughter, raised in Montgomery Village, are now in New York City.



Photo: Wayne Cleaver

He confesses to being a news junkie, subscribing to the Sunday *New York Times*, *The Washington Post* and *Financial Times*. His volunteer work includes the Institute of Navigation, DC Section, and American Association for the Advancement of Science STEM Senior Scientists and Engineers, which asked him to serve as a volunteer in engineering classes at Watkins Mill High School. He also served in the language lab and the English conversation club at the Gaithersburg Library.

David is impressed by the book *Spark*, by John Ratey, which describes the benefits of physical exercise on student academic performance.

Entering his apartment, one is struck by the rugs and pictures from Mexico and the US Southwest. The couple took at least ten trips to Mexico and owned a timeshare in Puerto Vallarta. Clearly, David made good use of his Spanish-speaking skills!

— Anthony & Barbara Barnard, Diamond

Jean Hancock was born in Dublin, Ireland, and was educated at Alexandria College there before moving on to the London College of Secretaries. Born in Aylmer, Ontario, Canada, Don graduated from Queen's University receiving his M.D., C.M. and interned at Emergency Hospital (now Washington Hospital Center).

Having done research on infectious, parasitic and tropical diseases, Don has authored and co-authored 180 scientific papers and a variety of chapters for textbooks. He has served the World Health Organization as a temporary advisor (African heart disease) and as a consultant. Teaching has played a prominent role throughout his career. He has served as a visiting professor at various universities



Photo: Dorothy Harris

Jean Hancock and Don Connor
Edwards-Fisher 608, X4410

local and abroad from Georgetown to Bangkok to Kuala Lumpur.

Jean relaxes through meditation and is a nature lover discovering and enjoying the many aspects of our Asbury Methodist Village environment. Keeping fit is one of her top priorities and so she uses the pool regularly. Jean is already a volunteer at the Clothes Closet and helps staff the 403 reception desk.

We Edwards-Fisher friends and neighbors are delighted to have such an interesting couple through which to broaden our horizons. New residents offer us this unique opportunity.

— Joan Dunlop,
Edwards-Fisher

Leonard H. Teagle, Sr. Trott 815, x5734

Leonard's parents moved from Maryland to Philadelphia, PA when he was a small boy. It was in Philly that he lived a fulfilling life as a student, teacher, husband, parent, church member and sports enthusiast. His move to Asbury was encouraged by his son, who lives in nearby Virginia, and who wished his father to live closer. Asbury residents will recognize that reasoning.

In high school he played football, basketball and ran track. His older brother, both taller and bigger, had been a star on the football team. Although shorter and slighter, Leonard prevailed in spite of the coach's original doubt that he could meet the physical requirements. Leonard turned out to be one of the better players. He transferred his love of football with him when he went onto Cheyney State Teachers College, where he played quarterback for their football team.

The government caught up with Leonard at that point in his life and drafted him into the US Army. He spent the next two years, from 1953 to 1955, in the service. When he returned



Photo: Hal Gaut

to civilian life, he married Luberta Jean Davis, whom he had met during their studies at Cheyney. He and Luberta were blessed with two sons and two grandchildren. They enjoyed 53 years of married life until Luberta passed away in 2009.

For 30 years Leonard taught math, science, printing, photography and graphic arts to

7th, 8th, and 9th graders at Sayre Junior High school in Philadelphia. He was chairman of the graphic arts department. A look at his educational ingenuity: He believed a process camera in the photography department would help his students, but the school had no funds to purchase one. He was determined that his students have this equipment and enlisted the aid of students to make one. With bits and pieces from the wood and metal shops and a little cash, Leonard created in one semester his very own camera for Sayre. This was long before junior high schools could afford them. (A process camera is a piece of equipment that prepares text material and artwork for press.)

He has been a member of the Enon Tabernacle Baptist Church for 61 years. He was vice chairman of the trustee board from 1990 to 2000. He received The Man of the Year Award in 1982. Today Leonard is Trustee Emeritus. He enjoys reading biographies, science and travel books. When asked what he likes about Asbury, Leonard says it's the wonderful programs and the friendly people.

— Helen Hillstrom, Trott

TUMULTY

Continued from page 1

A: I'm a writer, first and foremost, but there are all kinds of ways these days to share information from my reporting with people. Television is one of them. I'm also active on Twitter, where I have more than 125,000 followers.

Q: Last movie you saw or one you're hoping to see soon?

A: I just saw "All the Money in the World," a riveting movie based on the kidnapping in 1973 of John Paul Getty III. There are so many great ones out. I also saw "Lady Bird" recently, and loved it.

Q: Last book you read?

A: I am currently reading "The Ninth Hour," the latest by one of my favorite authors, Alice McDermott (who happens to live in Bethesda). And I just finished "City of Thieves," a page turner set during the siege of Leningrad.

Q: Favorite interview?

A: That is such a difficult question to answer. I'm very lucky to have a job where I get to talk to lots of

fascinating people. Often, however, I learn the most by getting out of Washington and finding out what is on the minds of average Americans.

Q: Favorite pastime?

A: I don't know if this counts as a pastime, but I am currently working on my first book, a biography of Nancy Reagan for Simon and Schuster. That takes up a lot of my time outside of my day job. She is turning out to be a very fascinating subject.

Q: Both you and your husband are journalists. Do either of your two sons have an interest in following in their parents' footsteps?

A: They are both interested in politics, but not journalism. Maybe they got too much of it growing up. My older son works for Mike Busch, the speaker of the Maryland House of Delegates, though he will be heading to graduate school next fall for a public policy degree. My younger one is still in college, majoring in political science and English, and figuring out what he wants to do with it.

— Pam Brown

ASBURY
Methodist Village
Anticipate More

Join Us on Facebook

Facebook.com/AsburyMethodistVillage

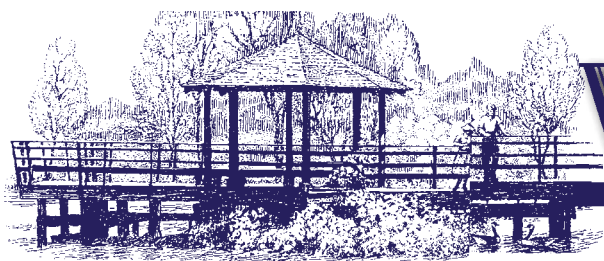
If you or your family members are on Facebook, we encourage you to 'like' our page and comment on our posts.

Why?

- Keep up on community news and events!
- The more Facebook fans we have, the more exposure Asbury will gain with people who are searching for a retirement community.

If you have questions or an idea for a post, please contact Pam Brown at ext. 4009.





Village Life

A NEWSPAPER FOR ASBURY METHODIST VILLAGE

Non-Profit
Organization
U. S. Postage
PAID
Rockville, MD
Permit No. 4297

Asbury Methodist Village
Communications Department
201 Russell Avenue
Gaithersburg, MD 20877-2801

VILLAGE LIFE: A NEWSPAPER FOR ASBURY METHODIST VILLAGE

Ode to a Moon

**Last night the moon was big
and fat,**

but not where I was at.

**The air was cold, the sky was hazy,
to take a pic' was sort of crazy.**

**Warm in bed out of the cold,
I'll let the others be that bold.**

**There'll be another moon I'm told,
my camera and I will remain
on hold.**

**The wait is over and the big moon
is near,**

**the weather's mild and the sky
is quite clear.**

**The Wolf Supermoon is
arising tonight,**

we all agree its really a sight.

**My camera is ready with lens
of long zoom,**

**that's what one needs to
picture this moon.**

**Now this may not be my best
picture I've taken,**

**but nevertheless it will leave
me unshaken.**

**At the end of the month
another Super comes by,
and there I will be for
another good try.**



Photo and Poem by Stan Silverberg