### SENIOR LIVING

Meet with new friends to play billiards, exercise in the fitness center, swim in a large heated pool, relax with a drink at happy hour, play cards, or other games.

# Wellington at Hershey's Mill Provides Four-Corner Comfort

"A huge thank you for the outstanding job that Wellington does. My mom has been there for just over three years. I'm sad each and every time I leave her, but there has never been a drive home when I am not filled with such gratitude for the wonderful care and the so many acts of kindness given to her."

#### BY SUSAN I. SHIBER

This is one of numerous notes of appreciation Anda Durso receives from family members of Wellington at Hershey's Mill residents. As Executive Director of the senior living community, she delights in being part of a *big happy family*. "I just love seeing visitors' faces when they learn all we have to offer. They are impressed with our appearance, the numerous activities, indoor parking (a huge plus), cozy bistro, bar, and delicious food. So much in life revolves around good food and Wellington has it. Just last week I joined the residents for a dinner of salmon with Boursin, fingerling potatoes, and green beans."

Chef-inspired cuisine is merely one of an array of pleasures punctuating Wellington at Hershey's Mill. There is a monthly calendar packed full of fascinating and fun-filled programs and events. Join a garden club, dabble in art, or settle in for a good read in the library. Meet with new friends to exercise in the fitness center, swim in a large heated pool, relax with a drink at happy hour, or play cards, billiards, or other games. "Each Thursday, there's an all-day bridge tournament," reports Durso. "In the summer, a farmers' market sets up shop in our lobby, which is a big hit. We frequently share trips to museums or Phillies games with nearby Hershey's Mill. There's always something popping up for residents to explore."

Wellington at Hershey's Mill is one of 51 Benchmark Senior Living communities. The community provides Independent Living, Personal Care, Skilled Nursing, and Rehabilitation services in a verdant Chester County setting. Presently, residents range in age from 65 to 103. An abundance of ancillary services are available, including dental, podiatry, dermatology, audiology, and pharmaceutical. Beauty salons and a barber shop are onsite. Medical suites are spacious and wellequipped. The community is Medicarecertified and consistently 5-Star rated.

Independent Living apartments number 193 and are sized from 798 to 1,641 square feet. Residents may choose from 35 floor plans. Apartments feature a patio or balcony, and each one features a washer and dryer. Restaurant-style dining, indoor parking, biweekly house-





## SENIOR LIVING

# Save the Dates

There is a flurry of activity coming up at Wellington. This month opens with a Widener University OLLI (Osher Lifelong Learning Institute) five-part series on President Lincoln, which costs \$40 and will be held in the community's auditorium. April is for antique lovers or anyone who wishes to have heirlooms appraised. Mark the dates and visit **WellingtonRetirement.com** for more details.

#### OLLI Lunch & Learn Featuring a Course on Abraham Lincoln

March 4, 11, and 18 and April 1 and 8

Wellington Antiques Roadshow! Tuesday, April 12 from 2 to 4PM



Pets are welcome, a must for many.



"I just love seeing visitors' faces when they learn all we have to offer. They are impressed with our appearance, the numerous activities, indoor parking (a huge plus), cozy bistro, bar, and delicious food. So much in life revolves around good food and Wellington has it."

ANDA DURSO, EXECUTIVE DIRECTOR, WELLINGTON AT HERSHEY'S MILL

keeping, transportation, optional linen service, computer lab, unlimited use of the fitness center, and pool access are all included. "If a resident wants to spend the winter in Florida, they have no worries," remarks Durso. "Their apartment will be maintained while they bask in the sun."

There are 64 Personal Care one- and two-room apartments comprised of a bedroom, living area, private bathroom, and kitchenette. Residents are as independent as their overall health allows, yet support and assistance are always available. "It's helpful for couples when a spouse is experiencing medical or cognitive decline to have no concerns about cooking or maintenance, and to know they can stay together even if their care requirements differ," notes Durso. "Support and quality health care services are individually tailored to particular needs."

Wellington Terrace's Skilled Nursing and Rehabilitation unit promotes both physical well-being and emotional security. A complete continuum of state-ofthe-art long-term care is available 24/7. Rehabilitation therapies are physical, occupational, speech, and recreational.

One of the most praised attributes of a Wellington lifestyle is financial security. There is no entrance fee, and rent is month to month. "Residents do not have to part with the nest egg they worked so hard to accumulate," stresses Durso. "They control their assets, and this is very important to the folks who live here, as well as it is to their families. What is really wonderful is the fact that we give Wellington residents comparable or even superior services and amenities to those found at entrance fee communities."

What took center stage for this writer as she toured Wellington was its comfortable character. There is an understated class, which is both inviting and restful. Pets are welcome, a must for many. Residents stopped to chat and share happy moments. It is genuinely a place that promises to be home. This is what we honestly hope to have and keep forever. After all, home is where the heart is, and Wellington at Hershey's Mill is all about heart. "To us, it's personal," concludes Durso. **CCL** 

Wellington at Hershey's Mill 1361 Boot Rd. West Chester, PA 19380 484.653.1200 WellingtonRetirement.com