

# CLEMENT MANOR CENTER FOR ENRICHMENT LIFELONG LEARNING

## Classes for Lifelong Personal Growth

Term 5 September 11 ~ October 18, 2017

Term 6 October 30 ~ December 13, 2017

### Registration Options

#### 1. Mail

Fill out registration form on pages 18-19  
& send with payment to the address below.

#### 2. In-person

*Wednesday, August 30*

**Clement  
Manor**  
CENTER FOR ENRICHMENT

9405 WEST HOWARD AVENUE  
GREENFIELD, WI 53228  
(414) 546-7990 OR (414) 546-7394  
HOURS: MONDAY, TUESDAY AND WEDNESDAY  
8:30 AM ~ 3:00 PM  
WWW.CLEMENTMANOR.COM

### *Upcoming Terms*

Term 1 January 15-February 21, 2018

Term 2 March 5-April 11, 2018

Term 3 April 23-May 30, 2018

SPONSORED BY SCHOOL SISTERS OF ST. FRANCIS

## **CLEMENT MANOR CENTER FOR ENRICHMENT**

### **MEMBERSHIP PROGRAM**

Resolve to Live Well — Every Day. Learn, Live and Stay Healthy!

**Membership is required in order to take Lifelong Learning classes.** Sign up for your Membership today. Membership is good for a full year. Use form on pages 18 & 19. Membership fee is non-refundable.

Becoming a member of the *Clement Manor Center for Enrichment* entitles you to: take courses through Lifelong Learning, enjoy reduced fees for Outreach Programs, attend health, financial and legal seminars and many other member-only events.

Just a few of the Special Benefits for Members:

- ✓ Discount coupons good towards Lifelong Learning Classes, Keynote Speaker Series and a meal in the Rainbow Room
- ✓ Reduced fee or no cost special events and programs including: health, financial and legal seminars, and AARP Smart Driver Classes
- ✓ Members only events including an Annual Gala & Trips
- ✓ Free informational & referral services; notary service
- ✓ Discount in the Clement Manor Gift Shop
- ✓ Membership Newsletter

### **REGISTRATION INFORMATION**

**MAIL** — Registrations can be mailed immediately and will be processed randomly giving equal access to all open programs. Please mark your calendars when registering and plan on attending the first day of class. **You will be notified VIA PHONE or EMAIL ONLY if your class is CANCELLED.**

**CLEMENT MANOR RESIDENTS** — Clement Manor residents can begin to drop off registrations at the Center for Enrichment Offices -Room 103 or 104 immediately.

**IN-PERSON-Wednesday, August 30.** Please bring *completed registration* form and check made payable to CFE. In-person registrations will be accepted on a first-come first-serve basis. If paying by cash, please have exact change.

### **REGISTRATION DEADLINES**

To avoid disappointment, make certain that your registration and fees are received by the Lifelong Learning staff within **7 working days prior to the start of the first class meeting.** Lifelong Learning will cancel classes with insufficient registration after this deadline. All registered participants in cancelled classes will be notified of changes by phone or email. Class rosters are prepared and given to instructors. Registrations on the first day of class will be accepted only if openings exist.

### **REFUND POLICY FOR WITHDRAWALS**

For requests made before the first week of class, full refunds will be made. During the first week of class, a course refund, minus \$10.00 processing fee, will be made. After the first week, NO refunds will be made. Credits will be issued for cancelled mini sessions. Any issued credits must be used within the year of issuance. Membership fee is non-refundable.

**\*\*\*PAYMENT BY CHECK payable to CFE, CASH or VISA/MASTERCARD-a \$2.00 processing fee will be applied to all charges\*\*\***

### **DIRECTIONS**

Clement Manor Center for Enrichment is located on the Clement Manor Retirement Community grounds at **9405 W. Howard Avenue, Greenfield, WI.** Use the second driveway west of 92nd St. Off street parking is available.

### **LUNCH**

Available from 11:30 am to 1:00 pm in the **Rainbow Room** at a nominal fee. For groups of four or more, reservations requested. Please call (414) 546-7389.

### **SEVERE WEATHER WATCH/SCHOOL CANCELLATION**

Closings are noted on TV4 and WISN-12 both on air between 6:00-9:00 am and online. When the Greenfield Public Schools are closed because of weather, Lifelong Learning will also be closed. Lifelong Learning, however, reserves the right to cancel classes when weather/emergency conditions warrants.

Questions? Call (414) 546-7394 between 8:30 am-3:00 pm, Monday through Wednesday.



Clement Manor Center for Enrichment is a membership organization whose mission is to meet the educational, physical, emotional and spiritual interests of the area's growing number of men and women age 50 plus. Throughout the year people gather each week to expand their knowledge and to remain physically and socially active.

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## Course Offerings

All classes are six weeks unless otherwise noted in course description.

Numbers in parentheses indicate term.

### ART, MUSIC, THEATRE

Instructional Art (5) (6)  
 Jazz History and Appreciation (5)  
 Open Studio for Experienced Art Students (5) (6)  
 Adventures in Art (5) (6)  
 Musicals - Well Known and Lesser Known (5)  
 Basic Piano, Part 1 (6)  
 Basic Piano, Part 2 (6)

### COMPUTER

iPad Support Sessions  
 Android Tablet & Phone Users

### HEALTH, FITNESS, WELLNESS

ZUMBA Gold (5) (6)  
 A Breath of Energy: Beginning (5) (6)  
 A Breath of Energy: Intermediate (5) (6)  
 A Breath of Energy: Advanced (5) (6)  
 Chair Flex & Stretch (5) (6)  
 Walking in the Woods (5) (6)  
 Intermediate Yoga (5) (6)  
 Beginning Yoga (5) (6)  
 Using the Enneagram for Spiritual Growth (5)  
 The Perfect You: A Blueprint for Identity (5)  
 The Uncertainty Advantage (6)

### SOCIAL STUDIES

500 Years Since Martin Luther Nailed 95 Theses to a Church Door Northern European Renaissance and Reformation (5)  
 The Ancient Near East (5)  
 We Think We Know the Story: The Founding Fathers (5)  
 Golden Age of Piracy, 1700-1725 (5)  
 Beer & Brewing History (5)

### SOCIAL STUDIES, continued

Einstein's Biggest Mistake? (5)  
 Stars & Stripes (5)  
 The Young Hitler (6)  
 Juche Paradise: Life in North Korea (6)  
 The Death and Life of the Great Lakes (6)  
 History of Modern Europe (6)  
 Immigration (6)  
 Iraq Update (6)

### SCIENCE

Polar Explorations –A Great Course DVD (5) (6)

### WATER FITNESS

Aquatic Plus (5) (6)  
 Wet & Sweat (5) (6)  
 Water Fitness (5) (6)

### WRITING, ENGLISH, LITERATURE

Memoirs of the Soul (5) (6)  
 Return of the Native (6)

### OTHER

Who Are You? A Genealogy Workshop (5) (6)  
 ABLE (5)  
 Medicaid -What? and Why? (5)  
 Police and the Use of Deadly Force (6)  
 Mahjong (5)

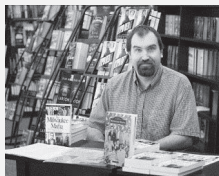
### GROUPS

Book Club-First Tuesday of Every Month at Noon  
 Before the Body is Buried Monthly Mystery Book Group 3rd Monday of Every Month at 1:00 pm  
 Club Loomineers-First Wednesday  
 Tuesdays Bridge Club Meets at 9:00 am  
 Write-On Writers Group Wednesdays at 1:00pm

## COMMUNITY EVENTS

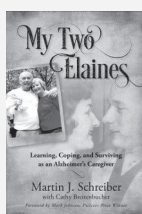
### KEYNOTE SERIES

#### **The Milwaukee Mafia** Presented by Gavin Schmitt Thursday, September 28 1:30-3:00 pm



In this interactive presentation, author Gavin Schmitt presents the history of organized crime in southeast Wisconsin as revealed in previously secret FBI files. From Prohibition to Las Vegas casinos and beyond, learn how Milwaukee gangsters impacted the world around them. Bringing questions is strongly encouraged.

#### **My Two Elaines** Presented by Martin J. Schreiber Thursday, October 26 1:30-3:00 pm



Join former Wisconsin Gov. Martin J. Schreiber as he shares lessons from his more-than 10-year journey as a caregiver for his wife, Elaine, who lives with Alzheimer's disease. Governor Schreiber will candidly describe his challenges and missteps, and highlight how compassion and humor provide comfort to both caregiver and the person with dementia. *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver* will be available for purchase. Net proceeds from book sale will be used to promote Alzheimer's caregiver support programs.

#### **The Confederacy's Boldest Spy Is Buried In Wisconsin** Presented by Susan Giese Thursday, November 16 1:30-3:00 pm



Susan Giese with Historical Timekeepers discusses the life and times of *Cleopatra of the Secession*, a Confederate spy in The American Civil War.

**Call (414) 546-7302 to register for KEYNOTES**  
Member \$3.00 / Guest \$5.00

Please note at time of registration if you will be dining in the Rainbow Room before the Keynote Presentation along with the number of guests attending.



#### **Food Tasting & Educational Presentation** 2:00-3:00 pm

**Wednesday, September 6**  
*Cooking with Farmers  
Market Produce*

**Wednesday, November 29**  
*Easy Holiday Hors d'oeuvre*

By Rainbow Room Chef Jeff

\$12 CFE Members  
\$14 Guests

Reservations required.  
Call 414-546-7302 to register.

## COMMUNITY EVENTS



### LIFELONG LEARNING BOOK CLUB

FIRST Tuesday of Every Month

Noon-1:00 pm

Have an hour of fun discussing the latest hits or the classics. Each month's book selection is based on the interest of the group. **Registration Appreciated; call (414) 546-7302.** No Charge.

#### Upcoming Book Club Selections:

**September 12 (2nd Tuesday)** *All the Light We Cannot See* by Anthony Doerr

**October 3** *The Husband's Secret* by Liane Moriarty

**November 7** *Fool Me Once* by Harlan Coben

**December 5** *A Walk Across the Sun* by Corban Addison



### TUESDAYS BRIDGE GROUP

Group meets to play every Tuesday at 9:00 am

### CLUB LOOMINEERS - A NO-NEEDLE KNITTING GROUP

FIRST Wednesday of Every Month

Noon to 1:00 pm

#### • Social Networking • Supportive Help • Sharing Ideas

Having trouble with a project? Looking for new ideas? Need a little assistance? Then this is the group for you. Please bring Loom Knitting Projects only. **Registration Appreciated; call (414) 546-7302.** No charge.

### WRITE-ON: A Weekly Writer's Group

EVERY Wednesday

1:00-2:00 pm

What we will do: Any type of writing you want: poetry, memoir, fiction, etc.

Purpose:

\*To bring writers together

\*To share your creative writing abilities

\*To leave memories for your family and friends

\*To put into words your stories, insights & wisdoms

\*To continue developing your writing talent

**Registration Appreciated; call (414) 546-7302.** No charge.

### Early Stage Support Group

FIRST Monday

2:30-4:00 pm

For those in the early stages of Alzheimer's disease or related dementia and their care partners. Please call Laurie Nowak at 414-546-7367 to register. No charge.

### Alzheimer's Association -Family/Caregiver Support Group

THIRD Wednesday

2:00-3:00 pm

Dealing with the changing needs of your loved one who has Alzheimer's is challenging. You are not alone. Sharing information with other caregivers can be a great source of information and support. Call Alice Haltzenbeller for more information or to register (414) 546-7980. No charge.

Membership in the Center for Enrichment is not necessary to attend these programs! All programs are held at Clement Manor Center for Enrichment, 9405 W. Howard Avenue, Greenfield



# TERM 5 SEPTEMBER 11 - OCTOBER 18, 2017

## MONDAY

### **A Breath of Energy: T'ai Chi Ch'uan-**

**Intermediate** This class expands on lessons taught in the basic course with quiet, supple movements involving the entire body performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Qigong exercises and part of the new Chen form will be taught. *Open to those who have had a minimum of 12 weeks of basic level instruction.* **Mondays, 9:00-9:50 am**

**Instructor:** Deb Solis

**Course Fee:** \$30.00

**Walking in the Woods** Rediscover one of the pleasures of youth. Explore on foot and find features hidden in our urban woods and beyond. We car pool, then hike, walk and rest a bit, and usually get back before Noon. Week 6 will be our celebratory adventure/picnic walk. No special abilities or experience needed; just wear comfortable shoes and clothing. Course fee in part covers park fees and auto expenses. This is a unique experience opportunity. Don't let it pass you by. **Mondays, 9:15-11:50 am**

**Guide:** Dave O'Brien

**Course Fee:** \$25.00

### **A Breath of Energy: T'ai Chi Ch'uan-**

**Advanced** This class expands on lessons taught in the intermediate course with quiet, supple movements involving the entire body performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Qigong exercises and part of the new Chen form will be taught. *Open to those who have had a minimum of twelve weeks of intermediate level instruction.* **Mondays, 10:00-10:50 am**

**Instructor:** Deb Solis

**Course Fee:** \$30.00

### **NEW 500 Years Since Martin Luther Nailed 95 Theses to a Church Door**

A major cultural explosion in Europe took place in the 16th century. We will sharply connect the Classical Greeks and the Gothic Age to the 16th century. Then we will study Martin Luther's "new" thinking. But the century was more than a rise of Protestantism. It was a time of discovery about human nature and the world...a shift to the

## TERM 5

individual...a new humanism. We will consider these issues as found in the masterful art of Albrecht Durer, Lucas Cranach, Hans Holbein, Matthias Grunewald and several others. Much of what we will discuss comes from the 2017 catalog for an exhibit at the Los Angeles County Museum of Art titled "Renaissance & Reformation".

**Monday, October 9**

**Time:** 10:00-11:30 am

**Instructor:** Jerome Trewyn, retired MPS teacher and Docent at the Milwaukee Art Museum

**Course Fee:** \$9.00

### **Audio & Braille Literacy Enhancement**

Are you good with language and word games? Do you like to learn? Do you have a good voice? If any of the above are true, you could make an excellent volunteer for helping people with print disabilities have equal access to the world of print media. **Monday, September 18**

**Time:** 10:30-11:30 am

**Course Free:** No Charge

### **A Breath of Energy: T'ai Chi Ch'uan-**

**Short Form-Beginning** Quiet, supple movements involving the entire body are performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Qigong exercises and part of the new Chen form will be taught. Max. 18. **Mondays, 11:00-11:50 am**

**Instructor:** Deb Solis

**Course Fee:** \$30.00

### **Chair Flex & Stretch**

Suitable for those who prefer a more gentle approach to exercise and want to improve mobility, strength and balance to the entire body. Great for those with arthritis\*, providing participants with a fun and beneficial exercise experience that can supplement, but does not replace, exercises prescribed by a doctor or therapist.

This group exercise program has been specially designed and modified to incorporate a series of movements and proper exercise techniques to help increase overall stamina.

Set to music to rejuvenate you, this class is done while sitting on a chair so the pelvis and hips are

## MONDAY

### *Chair Flex & Stretch, continued*

stabilized, enabling easier movement of the torso and arms without fear of injury or strain. Optional standing posture alternatives will be introduced as well, with the use of a chair for balance and support. No mat exercises or lying on the floor. Canes, walkers and fitness poles welcome. *CFE coupon cannot be applied. Must be a member of CFE or Greenfield Parks and Recreation Dept.*

**Monday, Aug. 28, Sept. 25, Oct. 16, 23**

**Time: 12:00-1:00 pm**

**Instructor:** Vickie Strachota

**Course Fee:** \$13.35

\*Adults with any type of arthritis or fibromyalgia are eligible. Participants must be able to walk independently or, if in a wheelchair, not necessary to transfer to a straight backed chair. Before you start any exercise program, you should consult with your physician.

**NEW** **Memoirs of the Soul** Are you ready to take the journey into your own life? Nan Merrick Phifer's book *Memories of the Soul* is a guide that offers a structured well-organized process that enables us to burrow deeper into our own hearts and minds and take another step inward. The exercises we use from Phifer's book will challenge you to write with more depth, more sense of place, and will give your writing an emotional impact it lacked before. This course encourages you, the writer, to follow threads of passion, awe, love and grief which are the factors that make up our spiritual lives. This is a course for those wishing to see and appreciate their unique and divine contribution. It encourages you to write about the times of wonder in your life: your strength, creativity, resilience and moments of transformation. **Mondays, 1:30-2:20 pm**

**Instructor:** Mary Johnson

**Course Fee:** \$30.00



### **Zumba Gold**

Zumba fuses hypnotic musical rhythms and movements to create a dynamic workout system designed to be FUN! Enjoy salsa, meringue, belly dance, flamenco and MORE! This class is designed for the mature adult of all ages and anyone who needs to move at a modified pace. Enjoy all the music, movements and fun with modifications made to suit you. Wear comfortable and supportive shoes and bring water.

**Mondays, 1:15-1:55 pm**

**Mondays, 2:05-2:50 pm**

**Instructor:** Barb Labisch

**Course Fee:** \$22.50



## TUESDAY

**Instructional Art** Using the natural world as a beginning, this class will cover watercolor painting for the individual's creative expression. We will discuss styles, techniques, color palettes and more to help students discover their own path and their creative meaning. All levels welcome.

**Tuesdays, 9:30-11:30 am**

**Instructor:** Nancy Lohmiller

**Course Fee:** \$30.00

**NEW** **The Ancient Near East** Dive into the ancient Near East as it is considered one of the cradles of civilization. It was here that intensive year-round agriculture was first practiced. This led to the rise of the first dense urban settlements and the development of many familiar institutions of civilization such as social stratification, centralized government and empires, organized religion and organized warfare. The ancient Near East was the home of early civilizations within a region roughly corresponding to the modern Middle East: Mesopotamia, ancient Egypt, ancient Iran, Anatolia/Asia Minor and Armenian Highlands, Cyprus and the Arabian Peninsula.

**Tuesdays, 10:00-10:50 am**

**Instructor:** Dr. Jennifer Finn, Assistant Professor of History, Marquette University

**Course Fee:** \$30.00

## TUESDAY

### **NEW** We Think We Know the Story: The Founding Fathers

George Washington, Thomas Jefferson, John Adams and James Madison – fought a revolutionary war against a tyrannical British Empire and afterwards wrote the Constitution that laid the foundations for the United States. But what if there is more to that story? What if the architects of America included Native Americans like Dragging Canoe, African freedmen and slaves like Boston King, and American women such as Esther Reed? What if I told you the origins of the United States was a brutal and violent process, forged in the fires of slavery and rebellion, hierarchy and insurrection, cross-cultural collaboration and conflict, and more? What if the "American Revolution" started decades before 1776 and continued long after the war had been won? **Tuesdays, 11:00-11:50 am**  
**Instructor:** Dr. Bryan Rindfleisch, Assistant Professor of History, Marquette University  
**Course Fee:** \$30.00

### **NEW** Who Are You? A Genealogy Workshop

Do you know the names and birthplaces for your grandparents on both sides of your family? If not, this is the workshop for you. You will be given handouts to get you started on your journey of Genealogy! Great information on where to get Free valuable in-person help on the latest and best Genealogy software available. **Tuesday, September 26**  
**Time: 10:00-11:30 am**  
**Facilitator:** Darlene Carlson  
**Course Fee:** \$9.00

### **NEW** Golden Age of Piracy, 1700-1725

Americans, both young and old, have a fascination with pirates. Numerous books, movies and artwork have dealt with these adventurous rogues. But what do we really know about them? What is fact and what is myth? Who were the pirates? What was pirate life like? What can we learn about some of the famous pirates like Blackbeard, Charles Vane, Calico Jack Rackham and the most successful pirate of them all, Black Bart Roberts? Come learn more about the Golden Age of Pirates. **Tuesdays, October 3, 10, 17**  
**Time: 10:00-10:50 am**  
**Instructor:** Dr. Paul Beck, Professor of History, Wisconsin Lutheran College  
**Course Fee:** CFE Member \$15.00 Guest: \$20.00

### **NEW** Using the Enneagram for Spiritual Growth

Many have taken the Enneagram or another class from me. This class will focus especially on how to use it for personal Spiritual Growth. If, however, you are not acquainted with the Enneagram, I will spend the first class or two reviewing and/or teaching the basics. In order to make it better "come alive", it is important that each registrant obtain the book, *The Wisdom of the Enneagram*, by Don Riso and Russ Hudson. This book is not new and very understandable and clear. I believe there would be copies in used book stores or through Amazon as second hand books. It would also be helpful to read the preface and the first 20-30 pages to get a feel for the book. **Tuesdays, 10:30-11:50 am**  
**Instructor:** Sr. Arlene Einwalter  
**Course Fee:** \$35.00

### **NEW** C.L.E.F.S. Musicals - Well Known and Lesser Known

This class will discuss the evolution of some of your favorite musicals covering the background of each as well as the composers and writers. We will enjoy some excerpts from the musicals which taught us about "might and right," "hate and fear" and that "life is not black and white but quite complex". **Tuesdays, 1:00-1:50 pm**  
**Instructors:** Martha Stoner & Suzanne Freshley, Sigma Alpha Iota members  
**Course Fee:** \$30.00

### **NEW** Polar Explorations –A Great Course DVD Selection

Delve into the fascinating history, science, culture and wildlife of Antarctica and the Arctic in this educational adventure from National Geographic and the Great Courses. Over the next three terms the class will watch 20 lectures by experts in their fields offering an unprecedented look at the remarkable lands at the ends of the Earth. Handpicked by National Geographic and The Great Courses, these experts, Sylvia A. Earle, Ralph Lee Hopkins, Fen Montaigne, Edward M. Murphy and Michael E. Wysession will show you how the polar regions formed, what unique forms of life inhabit them and how humankind has lived in and explored these regions. **Tuesday, Sept. 19, 26, Oct. 3, 10**  
**Time: 1:00-2:30 pm**  
**Facilitator:** Bill Stevens  
**Course Fee:** \$20.00



## TUESDAY MOVIES

### Senior Sage Movies at CFE

All movies shown from

1:00-3:00 pm

Course Fee: Donations Welcome

#### Tuesday, September 19-*North by Northwest*

A 1959 American thriller directed by Alfred Hitchcock and starring Cary Grant, Eva Marie Saint and James Mason. The screenplay was by Ernest Lehman, who wanted to write "the Hitchcock picture to end all Hitchcock pictures". *North by Northwest* is a tale of mistaken identity. This film is generally cited as the first to feature extended use of kinetic typography (the technical name for "moving text") in its opening credits. *North by Northwest* is now numbered among the essential Hitchcock pictures and is often listed as one of the greatest films of all time. It was selected in 1995 for preservation in the National Film Registry by the United States Library of Congress, as being "culturally, historically, or aesthetically significant". (1959) 2hrs 16min

#### Tuesday, September 26-*The Birds*

Melanie Daniels is the modern rich socialite, part of the jet-set who always gets what she wants. When lawyer Mitch Brenner sees her in a pet shop, he plays something of a practical joke on her, and she decides to return the favor. She drives about an hour north of San Francisco to Bodega Bay, where Mitch spends the weekends with his mother Lydia and younger sister Cathy. Soon after her arrival, however, the birds in the area begin to act strangely. A seagull attacks Melanie as she is crossing the bay in a small boat, and then, Lydia finds her neighbor dead, obviously the victim of a bird attack. Soon, birds in the hundreds and thousands are attacking anyone they find out of doors. There is no explanation as to why this might be happening, and as the birds continue their vicious attacks, survival becomes the priority. (1963) 1hr 59min.

#### Tuesday, October 3-*Shadow Of A Doubt*

*Shadow of a Doubt* is one of Hitchcock's very best films. Joseph Cotten plays Charlie, a crook on the run from the police. The ending of "Shadow of a Doubt" is classic Hitchcock and one of the best films he's directed. The entire film is taut and suspenseful, well-filmed and realistic. It

manages to focus on family ties and the struggles within the family itself while it also juggles the whole theme of an outcast family member. In the end, however, it's just a nail-biting thriller that - now over sixty years old - still reigns as one of the absolute best of its genre. (1943) 1hr 48min

#### Tuesday, October 10-*The Man Who Knew Too Much*

While attending a medical conference in Paris, American physician Dr. Ben McKenna (James Stewart), his wife, retired musical theater actress and singer Jo McKenna née Conway (Doris Day), and their adolescent son Hank McKenna decide to take a side trip to among other places, Marrakesh, French Morocco. With a knife plunged into his back, Frenchman Louis Bernard, who the family met earlier in their bus ride into Marrakesh and who is now masquerading as an Arab, approaches Ben, cryptically whispering into Ben's ears that there will be an attempted assassination in London of a statesman; this news whispered just before Bernard dies. (1956) 2hrs

#### Tuesday, October 17-*Vertigo*

Stars: James Stewart, Kim Novak. Police detective John 'Scottie' Ferguson is asked by an old college friend, Gavin Elster, if he would have a look into his wife Madeleine's odd behavior. He's taken to believing that she is the reincarnation of a woman who died many years ago and is concerned about her sanity. Scottie follows her and rescues her from an apparent suicide attempt when she jumps into San Francisco bay. He gets to know her and falls in love with her. They go to an old mission church and he is unable to stop her from climbing to the top of the steeple, owing to his vertigo, where she jumps to her death. Several months later, he meets Judy Barton, a woman who is the spitting image of Madeleine. He can't explain it, but she is identical to the woman who died. He tries to re-make her into Madeleine's image by getting her to dye her hair and wear the same type of clothes. He soon begins to realize, however, that he has been duped and was a pawn in a complex piece of theater that was meant to end in tragedy. (1958) 2hrs 8min

## WEDNESDAY

**NEW Mahjong** A game of skill, strategy, and calculation which is similar to a card game but played with small tiles. It is a fun and easy game to play *once you learn how to play*.

**Wednesdays, Sept. 13, 20, 27**

**Time: 9:00-11:00 am**

**Course Fee: \$20.00**

### **Beginning Yoga (Chair & Floor**

**Accommodating)** Yoga is an exercise that can help increase flexibility, balance and coordination. It also can balance body, mind and spirit. Learn yoga positions and relaxation techniques through prescribed postures and controlled breathing.

Everyone should bring a towel or floor mat to class and wear comfortable clothing. **Wednesdays,**

**10:00-10:50 am**

**Instructor: Barb Labisch**

**Course Fee: \$30.00**

**Jazz History and Appreciation** As a musical language of communication, jazz is the first indigenous American style to affect music in the rest of the world. Listen to historical and current jazz recordings. Learn to appreciate the tradition of jazz and expand one's listening experiences. Each term covers NEW material.

**Wednesdays, 10:00-10:50 am**

**Instructor: Joseph Kmet**

**Course Fee: \$30.00**

### **NEW Medicaid -What? & Why?**

Medicaid is very much in the news due to proposed changes in coverage. We will look at its history and current coverage. Presently it provides free health care to 75 million low income Americans at a cost of \$370 billion to the taxpayer (Medicare costs the taxpayer over \$670 billion). Discussion included! **Wednesday, October 11**

**Time: 10:30-11:50 am**

**Instructor: Mike Grimmer**

**Course Fee: CFE Member Free**

**NEW Stars and Stripes Continuing** There is some controversy today on how to treat our country's flag. Some say it is okay to burn it, rip it up, bury it. No one seems to know that in our Constitution there are specific rules our Founding Fathers placed into law on this subject. More important and respectful is to know its historic story; this will tell how it should be respected. Do you know the story? Following a timeline and

*Stars & Stripes, continued* using documentaries and works of fiction in movies, as well as music, our class learns more on the flag's history. I invite you to join me in the adventurous learning of the flag's historic story. **Wednesdays, 10:30-11:50 am**

**Instructor: Jeff Shabman**

**Course Fee: \$30.00**

### **NEW The Perfect You: A Blueprint for Identity**

In this course based on Dr. Leaf's new book, you will learn the (7) steps to rediscover and unlock your unique design as well as how to identity and use the (4) discomfort zones to be freed from the chains of toxicity and fear attitudes they produce. Join us and step into the perfect you.

**Wednesdays, 11:00-11:50 am**

**Facilitator: Liz Pollock, Life Coach**

**Course Fee: \$30.00**

**Intermediate Yoga** Yoga is an exercise that can help increase flexibility, balance and coordination. It also can balance body, mind and spirit.

Continuing yoga students will review basic yoga positions. New poses and breathing techniques will be introduced. Bring a towel or floor mat to class and wear comfortable clothing.

**Wednesdays, 11:00-11:50 am**

**Instructor: Mary Hanneken**

**Course Fee: \$30.00**

**NEW Einstein's Biggest Mistake?** Einstein was relatively young when he came out with his great theory. After some criticism, he modified it only to change it back again to the original idea. This experience caused a lasting rift in the scientific community. **Wednesday, September 20 & 27**

**Time: 11:00-11:50 am**

**Instructor: Mike Grimmer**

**Course Fee: CFE Member \$10.00 Guest: \$12.00**

### **Past, Present & Future Beer and Brewing History**

Jerry Janiszewski, a Beer Ambassador, will conduct a series regarding Beer and Brewing History. Classes will feature beer samplings examining the ingredients used in brewing craft beers in present times as well as recipes dating back to the late 1800s. Discussion will cover the Craft Beer Revolution & the future of the beer industry in the Milwaukee area. **Wednesday, Oct. 4, 11, 18**

**Time: 1:30-2:45 pm**

**Course Fee: \$22.50**

## TERM 6 OCTOBER 30 - DECEMBER 13, 2017

### MONDAY

**A Breath of Energy: T'ai Chi Ch'uan-Intermediate** This class expands on lessons taught in the basic course with quiet, supple movements involving the entire body being performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Gigong exercises and part of the new Chen form will be taught. *Open to those who have had a minimum of twelve weeks of basic level instruction.* **No Class Nov. 13**  
**Mondays, 9:00-9:50 am**  
**Instructor:** Deb Solis  
**Course Fee:** \$30.00

### Walking in the Woods

Rediscover one of the pleasures of youth. Explore on foot and find features hidden in our urban woods and beyond. We car pool, then hike, walk and rest a bit, and usually get back before Noon. Week 6 will be our celebratory adventure/picnic walk. No special abilities or experience needed, just wear comfortable shoes and clothing. Course fee covers park fees and auto expenses. This is a unique experience opportunity. Don't let it pass you by. **Mondays, 9:15-11:50 am**  
**Guide:** Dave O'Brien  
**Course Fee:** \$25.00

**A Breath of Energy: T'ai Chi Ch'uan-Advanced** This class expands on lessons taught in the intermediate course with quiet, supple movements involving the entire body being performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Gigong exercises and part of the new Chen form will be taught. *Open to those who have had a minimum of twelve weeks of intermediate level instruction.* **No Class Nov. 13**  
**Mondays, 10:00-10:50 am**  
**Instructor:** Deb Solis  
**Course Fee:** \$30.00

### TERM 6

**A Breath of Energy: T'ai Chi Ch'uan-Short Form-Beginning** Quiet, supple movements involving the entire body are performed in a calm and peaceful manner, cultivating the spirit and the body. The principles of T'ai Chi movement, Qigong exercises and part of the new Chen form will be taught. Max. 18. **No Class Nov. 13**  
**Mondays, 11:00-11:50 am**  
**Instructor:** Deb Solis  
**Course Fee:** \$30.00

**Chair Flex & Stretch** Suitable for those who prefer a more gentle approach to exercise and want to improve mobility, strength, and balance to the entire body. Great for those with arthritis\*, providing participants with a fun and beneficial exercise experience that can supplement, but does not replace, exercises prescribed by a doctor or therapist.

This group exercise program has been specially designed and modified to incorporate a series of movements and proper exercise techniques to help increase overall stamina.

Set to music to rejuvenate you, this class is done while sitting on a chair so the pelvis and hips are stabilized, enabling easier movement of the torso and arms without fear of injury or strain. Optional standing posture alternatives will be introduced as well, with the use of a chair for balance and support. No mat exercises or lying on the floor. Canes, walkers and fitness poles welcome. Min. 7 Max. 25 *CFE LLL coupon cannot be applied.*

**No Class Nov. 13**  
**Mondays, 12:00-1:00 pm**  
**Instructor:** Vickie Strachota  
**Course Fee:** \$20.00

\*Adults with any type of arthritis or fibromyalgia are eligible. Participants must be able to walk independently or, if in a wheelchair transfer to a straight backed chair not necessary. Before you start any exercise program, you should consult with your physician.

# MONDAY

# TERM 6

**NEW The Young Hitler** This two-part course will examine the rise of Adolph Hitler focusing on the period from his birth through 1924. In part one, we will explore Hitler's early life-- childhood, schooling and failures as an artist-to-be. We will also see the formation of his hateful ideology begin during his listless years in Vienna before World War I. Part one concludes with Hitler's service in the German Army during World War I. Part two then takes us through Hitler's first encounters with what became the Nazi Party, how he seized leadership of that party and shaped it, and how he led it to seeming failure through 1924, learning the most important political lesson of his life in the process.

**Monday, Nov. 6 & Wednesday Nov. 8**

**Time: 9:30-10:30 am**

**Instructor:** Dr. Aaron Palmer, Associate Professor History, Wisconsin Lutheran College

**Course Fee:** CFE Member \$12.00 Guest: \$15.00

## **NEW Juche Paradise: Life in North**

**Korea** North Korea remains a mystery to us all. We are all aware of the threats posed by the DPKR, and items on North Korea appear regularly in the papers and in the media. But, despite this, North Korea remains the least known and least understood place on the planet. This talk will attempt, as far as is possible, to shed some light on North Korea. We will address topics from every day life to North Korea's nuclear development. **Monday, December 11**

**Time: 10:00 am-Noon**

**Instructor:** Dmitri Lazo, Professor Emeritus History Alverno College

**Course Fee:** \$9.00

**Zumba Gold** Zumba fuses hypnotic musical rhythms and movements to create a dynamic workout system designed to be FUN! Enjoy salsa, meringue, belly dance, flamenco and MORE! This class is designed for elders of all ages and anyone who needs to move at a modified pace. Enjoy all the music, movements and fun with modifications made to suit you. Wear comfortable and supportive shoes and bring water. Max. 18. **No Class Nov. 14**

**Mondays, 1:15-1:55 pm**

**Mondays, 2:05-2:50 pm**

**Instructor:** Barb Labisch

**Course Fee:** \$22.50



**NEW Return of the Native** Often considered Thomas Hardy's greatest work, "Return" (1878) so closely entwines the lonely heathland setting with the tragic love story as to make it seem you cannot have one without the other. The 1994 Hallmark version will be seen on the last day. Students are expected to have read the novel before class begins and to bring a copy to class. **Mondays, October 30, Nov. 6, 13, 20**  
**Time: 1:00-3:00 pm**  
**Instructor:** Ralph Bielenberg  
**Course fee:** \$35.00

**NEW Memoirs of the Soul** Are you ready to take the journey into your own life? Nan Merrick Phifer's book *Memories of the Soul* is a guide that offers a structured well-organized process that enables us to burrow deeper into our own hearts and minds and take another step inward. The exercises we use from Phifer's book will challenge you to write with more depth, more sense of place, and will give your writing an emotional impact it lacked before. This course encourages you, the writer, to follow threads of passion, awe, love and grief which are the factors that make up our spiritual lives. This is a course for those wishing to see and appreciate their unique and divine contribution. It encourages you to write about the times of wonder in your life: your strength, creativity, resilience and moments of transformation.

**Mondays, 1:30-2:20 pm**

**Instructor:** Mary Johnson

**Course Fee:** \$30.00



CFE Member Joyce Christie & Ray Weis participate in the Wednesday's Write-On Group.



## TUESDAY

**Instructional Art** Using the natural world as a beginning, this class will cover watercolor painting for the individual's creative expression. We will discuss styles, techniques, color palettes and more to help students discover their own path and their creative meaning. All levels welcome.

**Tuesdays, 9:30-11:30 am**

**Instructor:** Nancy Lohmiller

**Course Fee:** \$30.00

### **NEW** The Death and Life of the Great Lakes

In this class we will look at our Great Lakes from the unique perspective of Dan Eagan and his 2017 Pulitzer Prize Finalist Book, *"The Death and Life of The Great Lakes"*. Dan's full-time beat with the *Milwaukee Journal Sentinel* since 2003 has been the Great Lakes. Join us as we look again at the largest freshwater system in the world, its history, challenges and future.

**Tuesdays, 10:00-10:50 am**

**Instructor:** Barb Schacht

**Course Fee:** \$30.00

### **Who Are You? A Genealogy Workshop**

Do you know the names and birthplaces for your grandparents on both sides of your family? If not, this is the workshop for you. You will be given handouts to get you started on your journey of Genealogy! Great information on where to get Free valuable in-person help on the latest and best Genealogy software available.

**Tuesday, November 14**

**Time: 10:00-11:30 am**

**Facilitator:** Darlene Carlson

**Course Fee:** \$9.00

**NEW** **History of Modern Europe** The study of modern European history makes good sense. Regardless of our place of origin---or that of our ancestors---we are all part European in our social behavior and our thought patterns. Many of the ideals, institutions and problems that comprise our contemporary life were initially generated in Europe. Capitalism and communism, the stock market and the morning newspaper, soccer and golf, the department store and the two world wars---all were products of modern Europe. To know something of Europe's history during the last two hundred years is, therefore, to know

## TERM 6

### *History of Modern Europe, continued*

something of our world today. This course will examine some of the major topics of European history that have most shaped and influenced Europe and the world. **November Topics:** The Old Regime and the Enlightenment, The French Revolution and Napoleon 1789, The Industrial Revolution, The Age of Imperialism

**Tuesdays, November 7, 14, 21, 28**

**Time: 11:00-12:20 am**

**Instructor:** Dr. John Horgan, Assistant Professor of History, Concordia University

**Course Fee:** \$32.00

**NEW** **Immigration** One thing is certain: we are all immigrants or children of immigrants. As a result, every family has a story to tell. This course will take a fresh look at the immigrant issue and story, as told by John Schissler, Jr., a refugee who came from Europe to this country at the age of seven. Course participants will be able to share their stories as well. With immigration being a hot button issue today, this course should prove to be very eye-opening and informational. It will highlight the conclusion that we are a nation of nations. **Tuesday, October 31, Nov. 7, 14, 21**  
**Time: 1:00-2:00 pm**  
**Instructor:** John Schissler  
**Course Fee:** \$20.00

### **NEW** Polar Explorations –A Great Course DVD Selection

Delve into the fascinating history, science, culture and wildlife of Antarctica and the Arctic in this educational adventure from National Geographic and the Great Courses. Over the three terms the class will watch 20 lectures by experts in their fields offering an unprecedented look at the remarkable lands at the ends of the Earth. Handpicked by National Geographic and The Great Courses, these experts, Sylvia A. Earle, Ralph Lee Hopkins, Fen Montaigne, Edward M. Murphy and Michael E. Wysession will show you how the polar regions formed, what unique forms of life inhabit them, and how humankind has lived in and explored these regions.

**Tuesdays, October 31, Nov. 7, 14, 21**

**Time: 1:00-2:30 pm**

**Facilitator:** Bill Stevens

**Course Fee:** \$20.00

## TUESDAY

## TERM 6

**Senior Sages Movies at CFE****All Movies Shown From****1:00-3:00 pm****Course Fee:** Donations Welcome

Tuesday, October 31-*Jaws* When a young woman is killed by a shark while skinny-dipping near the New England tourist town of Amity Island, police chief Martin Brody (Roy Scheider) wants to close the beaches, but mayor Larry Vaughn (Murray Hamilton) overrules him, fearing that the loss of tourist revenue will cripple the town. Ichthyologist Matt Hooper (Richard Dreyfuss) and grizzled ship captain Quint (Robert Shaw) offer to help Brody capture the killer beast, and the trio engage in an epic battle of man vs. nature. As one of Steven Spielberg's early films, his adept building up of the tension -- heightened that much more by the almost universally known two-note "shark attack" music provided by John Williams -- shines in both the shark attack scenes and in the spaces in which the story is given time to build and the characters have room to develop. *JAWS* still delivers the suspense and the terror, and is a textbook study on how to escalate tension for maximum payoff. (1975) 2hrs 10min

Tuesday, November 7-*War Horse* Set against a sweeping canvas of rural England and Europe during the First World War, *War Horse* begins with the remarkable friendship between a horse named Joey and a young man called Albert, who tames and trains him. When they are forcefully parted, the film follows the extraordinary journey of the horse as he moves through the war, changing and inspiring the lives of all those he meets-British cavalry, German soldiers, and a French farmer and his granddaughter-before the story reaches its emotional climax in the heart of No Man's Land. The First World War is experienced through the journey of this horse-an odyssey of joy and sorrow, passionate friendship and high adventure. (2017) 2hrs 26min

Tuesday, November 14-*Bridge of Spies* Steven Spielberg's "Bridge of Spies" opens with a shot of a man looking in a mirror as he paints a nearly-complete self-portrait. The man is shot from behind. We are not really seeing "him". We are looking at two reflections, one in glass and one in watercolors. The truth is in the middle. This duality

***Bridge of Spies, continued***

of perception vs. reality and, eventually, the concept of those three triangular points of interest (reflection, man, painting)—which look similar but aren't quite—will resurface in "Bridge of Spies," a daring, studied, mannered true story that is at once remarkably genuine and deeply cinematic at the same time.

Tom Hanks stars as the American attorney tasked with negotiating the release of a U-2 spy plane pilot who was shot down over Russia at the height of the Cold War in this historical drama from DreamWorks. (2015) 2hrs 22min

Tuesday, November 21 *Close Encounters of the Third Kind* For his first venture into science fiction, Spielberg fashioned this remarkable study of human curiosity and obsession. As an Indiana husband and father who, after an encounter with a UFO, becomes increasingly gripped by visions of a towering mountain, Dreyfuss is a paternal figure who represents Spielberg's familiar hang-ups about his own MIA father, as well as a proxy for the single-minded, big-dreaming Spielberg himself.

More than almost any of Spielberg's other works, the film captures the awe-inspiring wonder, optimism and terror of discovering that there's something else — something larger, something mysterious-out there. (2010) 2hrs 15min

Tuesday, November 28-*Raiders of the Lost Ark* The first collaboration between Spielberg and friend/Star Wars mastermind Lucas was an ode to the swashbuckling serialized stories of their youth and the results were nothing short of extraordinary. *Raiders of the Lost Ark* (its title later changed to include "Indiana Jones and" for franchise-unifying purposes) is the ideal action-adventure film, full of nonstop humor, romance, suspense, and jaw-dropping set pieces, all revolving around an irresistibly charming rogue.

Indy is Spielberg's most memorable protagonist, a man compelled by both a sense of obligation to history and an arrogant refusal to let others (much less villainous Nazis) best him at his own trade. While Indy's exploits continued in a series of sturdy sequels, his maiden 1981 quest stands the test of time as a near-perfect piece of exhilarating entertainment. (1981) 1hr 55min

## WEDNESDAY

### Beginning Yoga

#### (Chair & Floor accommodating)

Yoga is an exercise that can help increase flexibility, balance and coordination. It also can balance body, mind and spirit. Learn yoga positions and relaxation techniques through prescribed postures and controlled breathing. A chair is available for those who need one—no need to get down on the floor. Everyone should bring a towel or floor mat to class and wear comfortable clothing.

**No Class Nov. 22.**

**Wednesdays, 10:00-10:50 am**

**Instructor:** Barb Labisch

**Course Fee:** \$30.00

### **NEW** The Uncertainty Advantage

Learn how to benefit from and even embrace uncertainty, resulting in better health, self-confidence, creativity, peace of mind and emotional resilience.

**Wednesdays, 11:00-11:50 am**

**Facilitator:** Liz Pollock, Life Coach

**Course Fee:** \$30.00

### Intermediate Yoga

Yoga is an exercise that can help increase flexibility, balance and coordination. It also can balance body, mind and spirit. Continuing yoga students will review basic yoga positions. New poses and breathing techniques will be introduced. Bring a towel or floor mat to class and wear comfortable clothing. **No Class Nov. 22**

**Wednesdays, 11:00-11:50 am**

**Instructor:** Mary Hanneken

**Course Fee:** \$30.00

### The Basic Piano Class, Part 2

Participants will expand on lessons learned in the part one class and will continue to follow the book "Teach Yourself to Play Piano" as an instruction guide. From fingering, basic chords, to a little more theory, this class will have you playing simple piano pieces by the end of the session. Students must be willing to put twenty minutes a day into practice on their own.

**Wednesdays, 10:00-10:50 am**

**Instructor:** Joseph Kmet

**Course Fee:** \$30.00

### **NEW** Police and the Use of Deadly Force

We will look at some of the recent incidents and how deadly force was used. In most of these cases the officers were not convicted of a crime, but the city involved awarded monetary settlements to the victim's family. Are there alternatives to some of the deadly force used?? Are more female officers the answer? **Wednesday, November 1, 8, 15**

**Time:** 10:00 –10:50 am

**Instructor:** Mike Grimmer

**Course Fee:** \$15.00

### The Basic Piano Class, Part 1

Participants will learn music notation and basic music theory. The class will follow the book "Teach Yourself to Play Piano" as an instruction guide. Students should be able to play a simple song by the end of the six weeks. Any student interested in learning how to read musical notes is welcome.

**Wednesdays, 11:00-11:50 am**

**Instructor:** Joseph Kmet

**Course Fee:** \$30.00

### **NEW** Iraq Update

John Bozicevich, a State Department employee, returns to discuss the latest matters occurring in Iraq fourteen years after the war. From reconstruction of infrastructure to security and the ever growing increase in terrorism. Was the war worth it? **Wednesday, November 1**

**Time:** 1:00-2:15 pm

**Guest Speaker:** John Bozicevich

**Course Fee:** CFE Member \$6.00 Guest: \$9.00



CFE Members Mary Lynne Riley & Dorothy Murphy in *Beginning Yoga*.



***Water Exercise Classes  
for Men & Women  
September 11 - October 18, 2017  
&  
October 30 - December 13, 2017***

Water fitness classes are a fun and enjoyable way to get a great daily workout. The water is a truly unique environment, and has the potential to dramatically improve your exercise regimen. Water's natural buoyancy allows participants to exercise with very little impact on the joints and spine. It's a safe, efficient workout in a dynamic social environment. Each class is targeted for a different fitness level. Participants are encouraged to work at their own pace. No swimming skills are required for these shallow water workouts. Please bring your own towel, swimsuit and lock. **Water Shoes** are strongly recommended. Warm Water Pool-temperature varies between 88-90.

The site of all swim classes is the Clement Manor Retirement Pool, 9405 W. Howard Avenue.

All instructors are certified by the Arthritis Foundation.

To participate in Water Fitness Classes, one must be a current Clement Manor Center for Enrichment and take at least \$20.00 worth of Lifelong Learning classes along with each water class (*Chair Flex and Stretch* excluded). Center for Enrichment member coupons cannot be applied to water exercise classes.

**AQUATIC PLUS** *Low Intensity*

The benefits for water exercise are undeniable. This low level, non-aerobic workout is safe and fun without impact to the joints. These classes use resistance tools that include buoyant water weights and noodles. Even people who suffer from arthritis may want to give these classes a try.

**Mondays/6 sessions each term**

**Time: 1:00-2:00 pm**

**Wednesdays/6sessions**

**Time: Noon-1:00 pm**

**Course Fee: \$25.00**

**WATER FITNESS** *Moderate Intensity*

Make some waves and feel more invigorated than ever before. This is the perfect environment to stretch your aching muscles and flex your joints. Geared to making you more fit without stressing your body. **Mondays/6 Sessions each term**

**Time: Noon-1:00 pm**

**Course Fee: \$25.00**

**WET AND SWEAT** *Moderate-to-Active Intensity*

Designed for the active adult. A complete fitness program incorporating activities that will increase your strength, flexibility and cardiovascular endurance while toning your body.

**Wednesdays, 6 sessions each term**

**Time: 1:00-2:00 pm**

**Time: 2:00-3:00 pm**

**Course Fee: \$25.00**

All Water Fitness Classes led by Laura Haass, *A.E.A Certified.*

## CENTER FOR ENRICHMENT MEMBER TRIPS

All trips are organized and escorted by Charlene & Oswald Lettrari, Sunflower Journeys. Payment due at time of registration. Please make checks payable to "CFE". Both trips depart from CFE North parking lot.

***John Michael Kohler Arts, Waelderhaus Tour, Black Wolf Run for Lunch Sheboygan & Kohler Daytrip***  
**Choice of two dates: Thursday, October 12 or Thursday, October 19, 2017**

**Prompt Departure: 9:00 am Return: 5:00 pm**  
Center for Enrichment 94th and Howard

**Cost: \$79** per person includes private motorcoach transportation, visits to John Michael Kohler Arts Center, Waelderhaus Tour, Lunch with tax & gratuity at Black Wolf Run Kohler.

**Choose October 12 or October 19 date when you register.** Black Wolf Run has strictly limited the total number of guests for each date.

***Wisconsin Holiday Market - Kohler Daytrip***

**Friday, November 17, 2017**

**Prompt Departure: 8:30 am Return 5:00 pm**

Center for Enrichment 94th and Howard

**Cost: \$59** per person includes private deluxe motorcoach and admission to the market.

Delight in the Holiday Tradition of the 35th annual Holiday Market American Club. Browse more than 200 quality one-of-a-kind vendors from across the Midwest as they present holiday decorations, jewelry, clothing, accessories for women & children, handmade wooden furniture, food items, sweets & more. The market is held at the American Club with free shuttles to and from the shops & restaurants at Woodlake & Kohler Design Center. Lunch is available at the Horse & Plow casual historic tavern or lunch buffet in the Wisconsin Room. There is Italian fare & wood-fired pizza at Cucina or lighter fare & everything chocolate at Craverie at Woodlake.



## CENTER FOR ENRICHMENT MEMBER OPPORTUNITIES

### ***New Monthly Book Group!*** ***Monthly Mystery Books!***

#### **Before the First Body is Discovered A Look at Mystery Series Authors**

Third Monday of Every Month

Join us for a revisit to some of your favorites and an introduction to some mystery series authors you may not have met, as we read and talk about the first book in multiple books series. And the bonus is: after we've moved on to the next author, you can revisit characters and locations you enjoyed from our previous read-discussion. What makes them the same (true: there's generally a body); what are the standards and the inventiveness of these writers? Are blondes always the villains, or is it those sultry brunettes? Should we always worry when the dark alley is deserted?

**Monday, September 18** *Whose Body*  
by Dorothy Sayers

**Monday, October 16** *Dog On It*  
by Spencer Quinn

**Monday, November 20** *The Beekeeper's  
Apprentice* by Laurie King

**Monday, December 18** *Crocodile on the Sandbank*  
by Elizabeth Perters

#### **Open Art Studio For Beginners & Experienced Art Students**

Self-guided art adventure, participants are welcome to bring in art projects and paint, draw, sketch with their peers. Open studio time allows participants to gather and share ideas with others artists.

**Tuesdays, 1:00-2:50 am**

**Course Fee:** No Cost CFE Members

**Adventures in Art** Self-led by the participant, who will share ideas, projects and experiences while encouraging meaningful, friendly critiques. For those who are interested in exploring many different aspects of using various media from watercolor, pen and ink, Yupo paper, etc. to create works of art. Bring: sketchbook, watercolors and brushes.

**Wednesdays, 1:00-2:30 pm**

**Course Fee:** No Cost CFE Members

#### **Attention Android Tablet & Phone Users!**

Do you have questions or concerns about how to use your Android tablet? If so, bring in your device and Carl Pluckhan will work with you to become a better user of your device. Third Tuesday of Each Month. September 19, October 17, November 21

**Time: 10:00-11:30 am**

**Course Fee:** No Cost CFE Members

#### **Tablet Special Interest Group**

Come in with your questions or concerns and we will guide you on how to use your technological gadget. The group will discuss everything from the latest apps to setting up your contacts and calendar. Group size is limited. Fourth Thursday of Each Month (except Nov. & Dec.)

September 28, October 26, Nov. 30, Dec. 21

**iPad users Time: 6:30-8:30 pm**

**Android users Time: 7:00-9:00 pm**

**Course Fee:** No Cost CFE Members

**AARP Smart Driver - Course Objectives** The AARP Smart Driver Course covers defensive driving techniques and the normal changes in vision, hearing and reaction time associated with aging. The course also provides practical techniques for adjusting to these changes to ensure the driver's own safety and that of others on the road. During the course, participants learn about current rules of the road and how to operate their vehicles more safely in today's increasingly challenging driving environment.

*Class size limited to 18 participants.* **Tuesday, October 24**

**Time: 12:15 - 4:30 pm**

CFE & AARP Member \$13.00

CFE Member but NOT AARP Member \$18.00

AARP Member but NOT CFE Member \$15.00

NOT AARP or CFE Members \$20.00



Name: \_\_\_\_\_  
 First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_  
 \_\_\_\_\_ New Student \_\_\_\_\_ Returning Student \_\_\_\_\_ Clement Manor Resident  
 Address: \_\_\_\_\_  
 City State ZIP \_\_\_\_\_  
 Phone: (\_\_\_\_) \_\_\_\_\_  
 E-mail address: \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_  
 Phone (\_\_\_\_) \_\_\_\_\_

# LIFELONG LEARNING

Marital Status: \_\_\_\_\_ Education Level \_\_\_\_\_  
 Occupation (Former): \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
 Church Affiliation \_\_\_\_\_  
 How did you learn of us? \_\_\_\_\_

## PLEASE PRINT

Please mail (see page 2) your completed form to:  
 Clement Manor Center for Enrichment  
 9405 West Howard Avenue, Greenfield, WI 53228  
 Office Hours: M-W \*:30 am-3 pm

Course Title	Term	Day	Time	Course Tuition
				\$
				\$
				\$
				\$
				\$
				\$
				\$
Membership Required for most classes, are you a Member? Yes _____ No _____				\$
Membership Renewal _____ New _____ Single _____ Couple _____ \$25.00 Single Membership Fee \$35.00 Couple Membership Fee			Membership fee if due.	\$
Term _____ Date: Card Prepared _____ Card Sent _____			Sub-Total	\$
Round Up				\$
- Coupon				
Total				

Donate to CFE Round up! Every bit helps.

I the undersigned named below do hereby understand that I have registered herein to participate in the aforementioned activity and I further agree to indemnify and hold harmless the Clement Manor Retirement Community, the City of Greenfield and all employees, officers and agents from and against any and all liability. In addition, I understand that requested programs indicated above, like all activity, has some inherent risk involved. Furthermore, the individuals named herein are in good condition appropriate for the stated activity and that participants must assume full responsibility for injuries incurred while taking part in an activity. No accidental insurance is provided by Clement Manor Retirement Community. I/We have read and agree to the registration and related policies.

Payment Method: (check one)  
☐ Check (Please make check for total due, payable to CFE)  
☐ Cash ☐ Gift Certificate  
☐ Credit Card Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Card# \_\_\_\_\_  
 \$2.00 processing fee added to all charges  
 Signature of Cardholder: \_\_\_\_\_

Office Use ONLY	Balance Due _____
Date Rec'd _____	Check # _____
Amt Pd. _____	Initials _____

Name: \_\_\_\_\_  
First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_  
New Student \_\_\_\_\_ Returning Student \_\_\_\_\_ Clement Manor Resident  
Address: \_\_\_\_\_

**LIFELONG LEARNING**  
Marital Status: \_\_\_\_\_ Education Level \_\_\_\_\_

City State ZIP \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_  
E-mail address: \_\_\_\_\_

(Former) Occupation: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Church Affiliation \_\_\_\_\_  
How did you learn of us? \_\_\_\_\_

Emergency Contact \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_

**PLEASE PRINT**

Please mail or drop off (see page 4) your completed form to: Clement Manor Center for Enrichment  
9405 West Howard Avenue, Greenfield, WI 53228  
Office Hours: M-W 8:30 am-3 pm

Course Title	Term	Day	Time	Course Tuition
				\$
				\$
				\$
				\$
				\$
				\$
Membership Required for most classes, are you a Member? Yes _____ No _____				\$
Membership Renewal _____ New _____ Single _____ Couple _____ \$25.00 Single Membership Fee \$35.00 Couple Membership Fee			Membership Fee if due.	\$
Term _____ Date: Card Prepared _____ Card Sent _____			Sub-Total	\$

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Payment Method: (check one)  
☐ Check (Please make check for total due, payable to CFE)  
☐ Cash ☐ Gift Certificate  
☐ Credit Card Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Card# \_\_\_\_\_

Round Up	\$
- Coupon	
Total	

Signature of Cardholder: \_\_\_\_\_  
\$2.00 processing fee added to all charges  
Signature of Cardholder: \_\_\_\_\_

**Office Use ONLY**  
Date Rec'd \_\_\_\_\_  
Amt Pd. \_\_\_\_\_

Balance Due \_\_\_\_\_  
Check # \_\_\_\_\_  
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### Clement Manor Retirement Community Services

**Apartment tours** are given by appointment for both Independent and Assisted Living facilities. If you are interested in touring the facility or would like to receive a brochure, contact Kim Skoczynski at (414) 546-7000.

**Clement Manor's Health Center:** To receive information call Debbie Janke or Linda Revolinski (414) 546-7322.

Did you know Clement Manor has both **Adult Day Services and a Brain Stretch Club for those with early memory loss**? For more information on these services, call Laurie Novak at (414) 546-7367.

Have you shopped **Clement Manor's Gift Shop**? Located at 3939 S 92nd Street, the shop is open Monday-Friday, 9:30 am to 3:30 pm and on Saturday and Sunday 1:00-3:00 pm.

**St. Clare Terrace**-Assisted living apartments located at 43rd and Morgan Avenue, Milwaukee. For more information, contact Anne Guetersohn