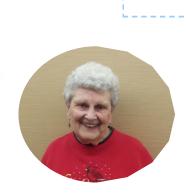
The Village at Nazareth 3 Nazareth Lane St. Louis MO 63129 Phone: 314-894-1000 Fax: 314-894-1008 E-mail: michelle.nail@bhshealth.org

We're on the Web! Please visit our website for campus news, construction updates and pictures. You can also view and print out our full activities calendar.

# NazarethLivingCenter.com

Also, don't forget to visit our Facebook page!



# **January Spotlight**

The spotlight for the month of January is June Stolinski. June was born in Lemay, Missouri. She attended St. Andrews Grade School and Hancock High School. Junes has one sister, Shirley Chambers, who also resides at The Village at Nazareth. June went to work for Southern Commercial Bank at the age of 17. She worked there for 15 years before she decided to go to work for Hampton Bank, where she was in charge of the Safe Deposit Department. June loved her career at the bank.

June met her husband Dick, at the Young's People Club and they were married in 1955. They have three children and are the proud grandparents of six grandchildren. Their son Greg, lives in Canada, their daughter Karen, lives in Nebraska and their daughter Chris, lives in St. Louis.

As a young family, they took many trips to Florida where they visited their longtime friends. Yellowstone Park, Washington DC, Cape Cod, New York and Canada for fishing were just a few of the places that they visited. Picnics in the country and attending church were among their favorite things to do as a family.

As a youngster, June had fun playing ball, taking piano lessons and most of all, going to the local dances. She loved cooking and baking as a young mother. She also loved sewing and making clothes for her daughter. She was good at knitting as well, making hats, socks and such for her family. Sadly, June's husband, Dick, passed away in 1998.

June sure did like to travel. On her trip to Europe, she saw eight countries in seventeen days! Whew! She liked Hawaii so much, she went there twice! She has cruised to the Caribbean and visited Las Vegas, but her favorite was the Canadian Rocky trip. June and her daughter Chris, vacation every year to Florida. June loved the beach and her favorite spot was Destin.

June enjoys her IPad. She likes to keep up on Facetime with her grandchildren who live in Canada. She loves playing games such as Sudoku, Candy Crush and Spider Solitaire on her IPad. Getting together once a month with her friends to play Canasta is something she looks forward to. She enjoys watching her favorite soap opera on TV, going to Bingo and the parties that are held at The Village at Nazareth.

June's daughter Chris and granddaughter Katie, live nearby so she gets to spend time with them. They have a lot of fun together going out for lunch, shopping or just hanging out at their house.

June was a member of Immaculate Heart of Mary Parish for 15 years, then moved to the South County area where she has been a member of St. Margaret Mary for the past 48 years.

We are very happy to have June as part of our community. She's quite fun to get to know and always has a great story to tell. When you see June in passing, stop to introduce yourself and say hello!



#### **Mississippi River Stories** Come Join Us.... with Dean Klinkenberg Come sit down and enjoy some coffee, donuts and conversation with your fellow neighbors at Join us on Monday, January 28th 9:00 a.m. in the dining room on: at 2:00 pm in the Private Dining Friday, January 4th Room for an interesting Friday, January 18th presentation on "James Eads: The Man and the Mississippi". Come to listen and learn about this self-taught engineer who nearly drowned in the river as a child, On Thursday, January 31st, we will have our then spent much of his adult life resident/staff meeting at 2:00 p.m. in the

working to alter the river for the

economic benefit of the country.

ZARETH AT VILLAGE

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ш I SOME JANUARY HIGHLIGHTS AT THE VILLAGE Please check your calendar for a complete listing of activities and outings!

On Wednesday, January 9th, we will be going to Helen Fitzgerald's Irish Grill and Pub for lunch. They serve a wide variety of food including wings, pizza, burgers, salads, sandwiches, pasta, corned beef and cabbage and much more! The bus will leave at 11:00 a.m.



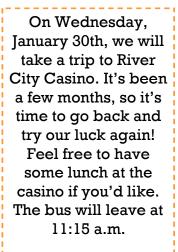
# January 2019

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dining room. Please be sure to join us.



On Thursday, January 24th, we will hold our monthly Birthday party at 2:00 in the Dining Room. John Pyatt will be here to play and sing some fun songs with us. Of course, cake and punch will be served!







#### VILLAGE VOICE

### Get your greeting cards!

Sr. Suzanne will be at The Village on Wednesday, January 9th, with her beautiful unique handmade greeting cards. She will be set up in the dining room common area from 4:00—6:00. Sr. Suzanne is sharing these cards with you for a Free Will Offering. All proceeds benefit Cardinal Glennon Children's Hospital.



### **Come As You Are Breakfast**

Wednesday, January 23rd at 9:00 a.m. Enjoy a full breakfast buffet dressed in your P.J.'s and slippers! (hair rollers are optional) Don't miss this fun breakfast with your fellow neighbors. You won't go away hungry, that's for sure!



#### **NEW YEAR'S RESOLUTION?** great way to get exercise. Stretch. relax and strength

Chair Yoga is a great way to get exercise. Stretch, relax and strengthen your body and it doesn't even feel like you're exercising! Some benefits of Chair Yoga include increased flexibility and circulation. It helps to relieve cramps, stiffness and strengthens your body for better balance. If you just want to sit and watch to see what it's about, we meet in the Activity Room every Thursday at 9:30 a.m. Hope to see you there!

Pictured to the right are a few residents having fun at the Christmas party. Dancing, singing and fun was had by all!





Pictured below is Santa getting caught checking out the Christmas buffet and pictured to the left is one of Santa's elves chumming with our CEO, Cindy Woods The food was fantastic!



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### JANUARY BIRTHDAYS

5th - Mary Hughes Jane Dunn
8th - Audrey Hoerle Sr. Rose Marie McKenna
9th - Anna Marie Heffernan
11th - Bill Dunn
15th - Jackie Prebil
19th - Norma Molner
21st - Len Alfeld
22nd - Eileen Hivner

## HAPPY ANNIVERSARY

4th—Ferdie & Mary Ann Ramos 20th—Don & Barb Clark











#### Page 2

Our WW (Weight Watchers) Workshop is doing great! The total amount of weight lost is 483 pounds since March 2018. Great job! Congratulations to everyone and keep up the good work!

### "Village Conversation Circle"

(formerly know as "Philosophical Café") This group meets the second Thursday of every month at 2:00 in the Activity Room. Come and talk with your fellow Village neighbors about all manner of interesting topics and issues, such as tolerance, trust and happiness. David Hilditch, Professor of Philosophy is the wonderful leader of this group. Come sit in on it and enjoy some coffee and cookies. You won't be sorry!

Pictured left is Meteorologist, Mike Roberts with some people that enjoyed listening to his presentation on how the weather works. The was room full of eager listeners. It was very interesting and we all learned a lot.

Thanks for coming Mike!

If you would like to help take down the Christmas decorations, we will meet by the front desk on Monday, January 7th at 10:00 a.m.

The New Year's Eve party was a great time! We enjoyed refreshments, snacks and some real fun music with a lot of dancing! Happy 2019!









