

Bethesda

Community Newsletter

Winter 2018

"Exceptional People, Exceptional Care"

"Life is Great and Love is Love"

Joe Gruenstein



What a great quote to describe a marriage of a lifetime!

Joe and Clara Gruenstein are both in their 90's and celebrated their 71st Wedding Anniversary on 11-26-17. Joe and Clara met on a blind date, Joe commented, "the first thing I noticed were Clara's big ol' brown eyes!" Joe said, "I loved her from the day I met her!"

On 11-26-46 Joe and Clara got married here in Aberdeen, worked hard and raised their daughter. Joe and Clara's daughter Barb lives in Denver, CO. They have 2 grandchildren and 7 great grandchildren.

Joe cares for Clara in their home and they come to the Adult Day Health Center at Bethesda two times each week. What a wonderful couple and what a wonderful example of true love!



Our Staff

Caring for Others at Bethesda

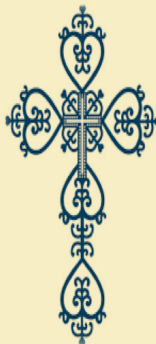


Bethesda Employees ~ Susan Hansen (left) and Ruth Ivie (right)

Employees at Bethesda care for others, including their co-workers Susan and Ruth, by having fundraisers for both of them during the past several months. Susan and Ruth have both been diagnosed with cancer and are undergoing treatment. Susan has worked at Bethesda in the Housekeeping and Dietary Departments since August of 2017. Ruth has worked at Bethesda for four years, in the Housekeeping Department and is currently working as a CNA. When asked what this support means to them, Susan stated, "I was flabbergasted, just starting here, I never expected that. I was brought to tears and I was honored that they thought of me." Ruth stated, "I highly appreciated my co-workers stepping up to help me out." Her goal is to have all of her medical bills paid off in the next four months.

THANK YOU to everyone who organized and participated in the fundraisers to support Susan and Ruth! Your generosity and kindness is greatly appreciated!

Baptism at Bethesda



Tera Richter (Bethesda Employee) and Jason Rombs have chosen to baptize both of their children here at Bethesda. Nolan was born on 4-19-17 and baptized at Bethesda on 9-27-17.

Family, friends and residents gathered together again to experience the second baptism in Bethesda history! Nolan's brother Vaughn was baptized at Bethesda on 6-22-16.

Former, Bethesda Home resident, Fern Westby was so pleased to attend Nolan's baptism. She stated,

"It gives me hope...where most of us are at the other end of our lives, those boys are just at the beginning of their lives."

"It was so neat, such a blessing!" Truly a blessing and a wonderful gift!



Tell us your story. . . Send us your heart-warming stories about Bethesda!

Send your stories to: peggyjolarson@bha.cc or 1224 S. High St. Aberdeen, SD 57401

Holiday Events at Bethesda Brighten our Spirits!



**Nolan Rombs visits Santa
at Christmas**



**Margaret Marone and
Santa at Bethesda Towne
Square**



*Thank
You*

**THANK YOU to all the donors, families, employees, board members
and friends of Bethesda that contributed to the Van Project. We
successfully met our \$45,000 goal!!! The van has arrived and is
serving clients each and every day!**

Opportunities for Giving

Wish List 2018

PRIORITY PROJECT ~ Chaplaincy Program/Comfort Cross Project and Spiritual Care at Bethesda:

PRIORITY PROJECT ~ Rural Courtyard Project: Antique Equipment Restoration; One or Two Bottom Plow; Benches; Landscaping;

PRIORITY PROJECT ~ Bethesda Therapy Center Equipment: SWD (shortwave diathermy) uses high frequency electromagnetic energy to generate deep heat. When the heat is applied to the painful area, cellular metabolism speeds up and blood flow increases. The increased metabolism and circulation accelerates tissue repair. The heat helps the tissues relax and stretch, thus alleviating stiffness. Heat also reduces nerve sensitivity, decreasing the patient's pain. SWD is commonly used for sprains, strains, bursitis, arthritis, low back pain, painful joints, and to promote wound healing.

PRIORITY PROJECT ~ Special Events at Bethesda:

Bethesda Home/Skilled Nursing Home Care: Hot and Cold Food Service Cart; Hoyer Mechanical Lift for Residents; Electric Beds;

Parkside Retirement Community/Independent Living: New Hallway Carpet; Cordless Vacuum; 2 Large Crock Pots; Large

Air Fryer; Outdoor Patio Set; New cushioning and upholstery for dining room chairs; Desk Top Computer for Library;

Bethesda Towne Square/Assisted Living: New Dining Room Tables and Chairs;

K.O. Lee Adult Day Health Center: Sets of Microwave Safe Dinnerware; Nu-Step Exercise Equipment; Insulated Coffee Servers; Serving Spoons;

Caregiver Support Services at Bethesda: Donations for Educational DVD's and Resource Materials;

Bethesda Sharing Center/Child Daycare and Preschool: Playground Equipment; Rocking Chairs/Glider Rockers; Rugs for Play Areas; Shelving Units; TV/DVD Player; Educational Toys; Sleeping Mats; Children's Table & Chairs; Art Supplies; Games/Puzzles;

General: CD Players; Voice Recognition-Dragon "Tell Your Story" Software; iPads; Maintenance and Grounds Equipment; Pickup; Skid Steer; John Deere Lawn Equipment; Folding Chairs; Folding Tables; Exercise Equipment; AED's; 30 Cup Coffee Makers; Serving Trays; Roasters;

Planned Giving Opportunities

Gifts to Bethesda can be given either directly or through a gift model that can provide tax benefits and even income. The information below covers a variety of individualized opportunities for giving to Bethesda. You can leave a legacy and enjoy valuable benefits such as lifetime income and tax savings. If you have questions regarding a specific plan, please check out our website at www.bha.cc and contact us at 1-605-377-2722. We look forward to helping you achieve your planned giving goals and truly making a difference in the lives of others, for years to come!

- **Bequest:** You can designate Bethesda as the beneficiary of your asset by will, trust or other instrument.
- **Beneficiary Designation Gifts:** You can designate Bethesda as a beneficiary of a retirement, investment or bank account or your life insurance policy.
- **Charitable Gift Annuity:** You can transfer your cash or appreciated property to Bethesda in exchange for our promise to pay you fixed income (with rates based on your age) for the rest of your life.
- **Charitable Unitrust:** You can transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with income for life or a term of years.

- **Charitable Annuity Trust:** You can transfer your cash or appreciated property to fund a charitable trust. The trust sells your property tax free and provides you with fixed income for life or a term of years.
- **Charitable Lead Trust:** You can transfer your cash or property to fund a lead trust that makes gifts to Bethesda for a number of years. You receive a charitable deduction for the gift. Your family receives the remainder at substantial tax savings.
- **Sale and Unitrust:** If you give a portion of your property to Bethesda to fund a charitable remainder trust, when the entire property sells, you receive cash and income for life.
- **Give it Twice Trust:** You may be looking for a way to provide your children with income while making a gift to Bethesda. The Give it Twice Trust is a popular option that allows you to transfer your IRA at death to a term of years unitrust.
- **Life Estate Reserved:** You may desire to leave your home or farm to Bethesda, at your death, but would like to receive a current charitable tax deduction. A life estate reserved might offer the solution you need!

Bethesda is a member organization of Lutheran Planned Giving of South Dakota. For additional information go to our website at www.bha.cc and click on Opportunities for Giving; scroll down and click on How to Give, which will connect you to the LPGSD website.

Bethesda Donor List ~ 2017

FRIENDS OF BETHESDA PROJECT:

Ray & Marcella Andersh
Marjorie Cash
Arlene & Wes Elliott
John & Linda Fritz
Phyllis Haselhorst
Bruce & Jan Johnson
Peggy Jo Larson
Howard Swenson

In Memory of:

Elmer & Luella Feiock
Les & Connee Feiock

BETHESDA In-Home Community Services VAN PROJECT:

Amazon Smile
Dolores Anderson
Dorothy Barringer
Jim Barringer
Bethesda Annual Community Picnic ~ Free Will Offering
Bethesda Annual Community Picnic ~ Homemade Pie Auction Proceeds
Bethesda Chili, Soup & Oyster Stew Supper
Miles & Judy Bretsch
Charlie & Ginny Clark
Diane & Doug Dangel
Marvin Dombrowe
DT Pharmacy ~ Dave & Brenda Taffe
Susan & Kent Edson
Terri & Clifford Elsen
Emmanuel Lutheran Church ~ Groton (Quarterly Giving)
John & Linda Fritz
Sue Gates
Good Shepherd Lutheran Church ~ Aberdeen
Phyllis Haselhorst
Aline Heidenreich & Janell Meyer
Bruce & Jan Johnson
Virlene Knecht
Andrea Knoll
Christopher Klein
Betsy Kosse
Monica Kuebler
Dale O. & Bonnie M. Larson

Richard Maunu
Kae McNeil
Dr. Arlin & Karine Myrmoe
Our Saviors Lutheran Church ~ Redfield
Toni Ristau ~ Network for Good ~ In memory of Alice VandenAkker,
Toni Ristau, and other Friends and Family
St. James Lutheran Church ~ Leola
St. John's Lutheran Church ~ Hecla
Michael & Lynn Sandvig ~ Online Donation
Savo Lutheran Church ~ Frederick
Savo Women of the ELCA ~ Frederick
Scandinavia Lutheran Church
Ken Schuh
Bill & Penny Stolle
Louise C. Stolle ~ In Faith
Community Foundation
Trinity Lutheran Church Ladies Aide ~ Houghton
Trinity Lutheran Church ~ Houghton
Lynn & Shaun Wanner
Lovera Smith
Howard Swenson
Mike Weber
Wilma Wolff

In Honor of:

Jim Knecht
Cindy & Fran Herman

Our Mother, Monica Kuebler

Doug Grote
Les Grote
Scott Grote
Will Grote
Howard Kuebler, Jr.

Parents and Godparents
Peggy Jo Larson

Howard Swenson "for unwavering attention to the welfare of Bethesda, it's residents and staff."
Helen Yetter

In Memory of:

Eileen Bauer
Jackie Blide
Geri Sillman

Bernice Beck
Charlie & Ginny Clark

Marian Brooks
Helen Yetter

Vernon Bunsness
Sandra Brink
Brian & Julie Bunsness
Charlie & Ginny Clark
Mae Click
Howard Swenson

Phyllis Dennert
Arlene & Ramona Hanson
Bernice Disbrow
Barbara & F. Joseph Williams

Frank, Mary & George Dixon
Kay Dixon

Debbie Elsen
Allen & Karen Siefkes

Lyle Fritz
Howard Swenson

Melvin Geist
Mae Click

Gottlieb Gienger
Darvin & Patty Blumhardt
Delbert Gienger
Lavina Hopf
Carol Moen
Roger & Shirley Schuller

Marion Guhin
David & Donna Burgard
Louise Clark
Doug & Sherron Grote
Michael & Lynn Sandvig
Roger & Shirley Schuller
Mark & Ann Schulze
Ralph & June Stiles
Reed & Kathleen Swenson

Irene Herman
Cindy & Fran Herman

Francis Halvorson
Dolores & Dean Boekelheide
Howard Swenson

Elder Haugen

Allison Checco and Family
Mae Click
Keith & Kristi Hainy
Chuck & Peggy Hogg
Howard Swenson

Leonard & Edna Hottman
Robert & Deloris Fewings

Ethel Hunstad
Howard Swenson

Doyle Jensen
Dolores & Dean Boekelheide
Charlie & Ginny Clark

LaVina Keil
Lavina Hopf

Lloyd Kiesz
Charlie & Ginny Clark

Henry Leintz
Howard Swenson

Agnes Littrell
Larry Littrell

Marilyn Littrell
Larry Littrell

Milli Miller
Patricia Miller Awad

Lorraine Montgomery
Marcella Andersh
Anonymous
Martin Bettmann
Linda Blair
Leo & Doreen Green
Verla A. Herbert
Pearl Holt
Lavina Hopf
Jerry & Mary Ann Krueger
Kay M. Lapka
Jon & Dana Locken
Mary London
Lela Meirose
David & Rita Pettigrew
Sandra & James Rood
Arthur & Maggie Russo

Bernyl "Ben" Nelson
Nancy Nelson & Family

Ossie Ost
Sharon Engelhart
Robert & Nancy Janssen

"Thank you for your caring, generosity and support"

Bethesda Donor List ~ 2017 (continued)

Gerald "Mike" Osterman

Arlen & Ramona Hanson
Dennis K. and Shirley Larson
Howard Swenson

Leone Peterson

Delwin & Deanna Peterson

Elaine Roth

Family of Elaine Roth ~
Bill & Linda Roth
Bev & Terry Hammrich
David Roth
Barb & Dave Ingalsbe
Arlen & Ramona Hanson
Dale & Bonnie Larson
Dennis K. and Shirley Larson
Peggy Jo Larson
Hazel Swenson
Howard Swenson

Harold Schaunaman

Arlen & Ramona Hanson

Irene Schaunaman

Arlen & Ramona Hanson

Marie Schlosser

Arlen & Ramona Hanson
Allen & Karen Siefkes

Phyllis Schnorr

Nancy Schnorr Upton

Darlene Scott

Allen & Karen Siefkes
Linda Siefkes

Dallas Sombke

Dennis K. and Shirley Larson
Darlene Wahl

Ron Spencer

Arlen & Ramona Hanson

Anna Stern

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Shelly & Greg Nielson
LaVonne Peterson
Eldon & Donna Reich
Bertha Turnquist

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Phil & Joanne Swenson, Kristin & Katherine
Sharla & Mark & Susan & David Thompson
Howard N. Swenson
Becky & Dwight Althoff
Crystal Swenson

Ken Thompson

Laura Thompson

Dean Turnquist

Bertha Turnquist

Elizabeth Welch

Lois Ristau & Family

Bonnie Wiest

Arlen & Ramona Hanson

Caryl Wilmsen

Arlen & Ramona Hanson

Kervin Wolter

Howard Swenson

THRIVENT CHOICE DONATIONS:

Grayce Beilke
Lori Bohle
Doris A. Bradke
Judith A. Bretsch
Marjorie Cash
Diane Dangel
Theodore Deilke
CW Dennert
Patricia Dennert
Jerrol Erlenbusch
Cindy Fleckenstein
Kyle French
Judy M. Gelling
Bruce Johnson
Leone Jondahl
Rodney Jondahl
Linda Miller
Norma Moerke
Roland Moerke
Rev. Richard R. Omland
Lavonne J. Peterson
Sylvia R. Rohrbach
David E. Roth
Joyce K. Skovran
Nancy L. Smith
Gene Svihovec
Howard Swenson
Laura Thompson

THRIVENT ACTION TEAMS:

Ann Aman
Andrea Knoll
Peggy Jo Larson
Lynn Wanner

OTHER DONATIONS:

Judy & Miles Bretsch ~ Pizza for Staff
CWD ~ Aberdeen
Peggy Jo Larson
Jonathan Ristau
Savo Lutheran Church ~ Frederick
St. Paul's Lutheran Church ~ Frederick
Brian Vander Weyst

IN-KIND DONATIONS:

Aberdeen Chamber of Commerce
Cole Paper
LeRoy Adam
Marcella Bunsness
Virginia Dixon
Marion Marske
Mark Wolf

In Memory of:

Esther Anenson

Joyce Svhovec & Family

Lorraine Bertsch

Monte Bertsch & Family

Bertha Brenner

Rick Schlauch & Family

Sheryl Brown

Gary Brown & Family

Ruby Bulian

Irene & Cy Bulian

Vernon Bunsness

David Bunsness & Family

Irene Bye

Lynn Nash & Family

Lynnel "Lonnie" Daly

Melissa Makela & Family

Herman Eggena

Joel and Ray Eggena & Family

Rodney Ernst

Family

Dick Feist

Erma Feist

Mary Geidel

Kelli Meister & Family

Francis Halvorson

Phyllis Halvorson

Elder Haugen

Andrea Giedt & Family

Doris Hedges

Mark Hedges & Family

Esther Horvath

Randy Horvath

Doyme Jensen

Betty Jensen

Rosemary Jira

Family

Julius Kirschenmann

Mavis Kirschenmann

Irma Koerner

Milton Koerner & Family

Larry Mettler

Renae Mettler & Family

Alice Mohr

Milo Mohr & Family

Lorraine Montgomery

Connie Waltman & Family

Elaine Roth

Bill Roth & Family

Roger Roth

Judy Roth

Phyllis Schnorr

Nancy Upton & Family

Anna Stern

Mae Click & Family

Esther Suiter

Judy Dabney

Marjorie Tarver

Kristie Estes & Family

Susan Tonner

Tom Tonner & Family

Mary Walworth

Dennis Walworth & Family

Fern Westby

Kathy Knudsen & Family

Delores Widstrom

Jay Widstrom

ADULT DAY HEALTH CENTER AT BETHESDA

Marigene & Dennis Atkins
Janelle Brown
Mitch & Lisa Lier Brown
Buffalo Wings and Rings ~ Aberdeen

"Thank you for your caring, generosity and support"

Bethesda Donor List ~ 2017 (continued)

Richard & Shirley Cozart
CWD
Susan Gearey & Michelle Bunke
Judy Gelling
Christopher & Tamara Klein
JoAnn Klein
Mavis Kirschenmann
Karl O. Lee
Velma Piatz
Janice Rubino
Sons of Norway ~ Grieg Lodge
No. 1-578 ~ Aberdeen
James Sperry
Angeline Usselman

ADHC In-Kind Donations:

Heather D'Souza
Debbie Eisenbeisz
Sue Hanson
Alline & Janell Heidenreich
Jean Holkesvik
Karl & Betsy Kosse
Peggy Jo Larson
Karl Lee
Donna Nash
Erling & Connie Podoll
Lori Tobin
Barb Walker

BETHESDA CAREGIVER SUPPORT SERVICES:

Buffalo Wings and Rings ~
Aberdeen

TOWNE SQUARE/ ASSISTED LIVING:

Anonymous Donor
Buffalo Wings & Rings ~
Aberdeen

In Honor of:

Naomi Alexander ~ Tables
and Chairs Fund
Richard & Lawanda Larson

In-Kind Donations

Janelle Brown

In Memory of:

Bernice Beck

David & Rita Pettigrew

Vernon Bunsness

Marcella & David Bunsness

Gerald Rix

Steve & Betty Dunker

Dallas Sombke

Steve & Betty Dunker

PARKSIDE RETIREMENT COMMUNITY:

Anonymous
Buffalo Wings & Rings ~
Aberdeen
Dvonna & Warren Criddle
Vivian Locken
Leo & Cathy Schatz

In-Kind Donations:

Mary Amacher
Kathy Barr
Debra Bierman
Lucy DeClercq
Pam Flagtwet
Ken's Fairway Foods ~ Aberdeen
Rita Hofer
Jean Holkesvik
Bob Jacobs
Peggy Jo Larson
Dave Peterson
Julie Pfeifer
Erling & Connie Podoll
Deb Rice
Don Schaanaman
Mary Ann Schlosser
Barb Stutenroth
Marlene Waldner
Ruth Wegehaupt
Wilma Wolff

In Memory of:

Alice Wegehaupt

Mary Wegehaupt

BETHESDA CHAPLAINCY PROGRAM:

Vi Tetherow

In Memory of:

Vernon Bunsness

A.Blair & Linda Tremere

Gottlieb Gienger

Jeanne Dell
LaVina Meier
Eldora Morrison
Vi Tetherow

BETHESDA COMFORT CROSS PROJECT:

In Memory of:

Joy Langstraat

Lori & Stewart Bohle

Lyle Paschke

Lori & Stewart Bohle

Louise Treichel

Lori & Stewart Bohle

Darlene Scott

Becky Berreth and Family

BETHESDA SHARING CENTER:

Bethesda Fall Bake Sale
Bethesda Ice Cream Fundraisers
Buffalo Wings & Rings ~
Aberdeen
Collective Goods
Great Plains Fundraising
Kessler's Inc. Dollars for Scholars
Ken's ~ Aberdeen Ken's Karing
for Kids
Max & Erma's
Schwan's Cares

In Memory of :

Vernon Bunsness

Roger & Shirley Schuller

BETHESDA IN-HOME COMMUNITY SERVICES:

Buffalo Wings & Rings ~
Aberdeen

BETHESDA HOME OF ABERDEEN:

Buffalo Wings & Rings ~
Aberdeen

In-Kind Donations:

Vicki Breidenbach
Darlene Dosch
Jean Face
Family of Joyce Gebhardt ~
Treats for Staff
Symmone & Autumn Gauer ~
Treats for Residents
Cy & Irene Kaiser ~ Treats for Staff
Marvin Kopecky

In Memory of:

Gottlieb Gienger

Wilma Zimmerman

LaVina Keil

Rob Keil

Bradley Schoular

Jessica Figueroa & Family

BETHESDA HOME/ ACTIVITIES:

Judy Bretsch

In Memory of:

Gottlieb Gienger

Wesley & Sherry Gienger
Charles & Leila Maule

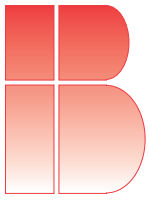
In-Kind Donations:

Muriel Mattson
Arlene Smith

At Bethesda we strive to be good stewards of the gifts and resources that we receive. You can help Bethesda save on mailing costs by receiving an electronic copy of the newsletter, along with event announcements, etc.

Send us an email at info@bha.cc

Please include your name and email address. THANK YOU!



Bethesda

Providing a Comprehensive
Continuum of Exceptional Care

"Exceptional People, Exceptional Care"

1224 South High Street
Aberdeen, SD 57401-7724
605-225-7580 www.bha.cc

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A Rural Courtyard at Bethesda

A gift of something old will become a gift of something new! This 1950 Ford Tractor was donated to Bethesda by Virginia Dixon. Our hope is to have the tractor restored. Our goal is to create a rural courtyard at Bethesda, so that residents and families can enjoy an outdoor space to reminisce about an earlier time and share memories about growing up rural.

