





## A MESSAGE FROM OUR CEO

Stephanie Chedid President & CEO Luther Manor



Welcome to Abundant Living, the publication you've previously known as The Luther Manor Messenger. In addition to a name change, we will focus on the countless stories of life at Luther Manor. These are stories of abundant life.

Luther Manor has a new vision: "Leading the way in abundant living for all who trust us to care." This vision will help carry us into the future while we remain grounded in our mission to "Share God's love by enriching the lives of older adults."

In this issue, you'll see many examples of how we come together as a community of caring individuals to emphasize abundant living for our residents and employees, our donors and volunteers, our friends and neighbors. Ultimately, a reflection of how we share God's love.

Luther Manor is more than just a place to live and work, it is truly a community. As the world changes around us and as the needs and wants of those we serve evolve, we are hard at work to advance our community by innovating and being leaders in our industry. Luther Manor has earned a strong reputation of care and caring over our more than 55 year history. Our new vision will help take us into the next 55 years.

Stephane Chedial

These are stories of abundant life...





LEADING THE
WAY WITH OUR
STRATEGIC PLAN

STUDENT VOLUNTEERS OR EVERYDAY SUPERHEROES?





RESIDENT WINS AWARD

VETS' MEMORIAL UNVEILED





FEATURING OUR CENTENARIANS

BREAKS RECORDS





RESIDENTS GIVE BACK

THANK YOU FOR YOUR GENEROUS DONATIONS





# **LEADING THE WAY**

The first of Luther Manor's new semi-annual all-employee and resident meetings kicked off the week of February 6. The meetings are held in a Town Hall fashion and are meant to keep employees and residents informed of the business of Luther Manor and our progress toward the future.

A lot is in store for Luther Manor! Our new vision, "Leading the way in abundant living for all who trust us to care," positions us to continue to improve and advance in order to meet and exceed resident and industry expectations—today and in the future. We reaffirmed our commitment to our mission and made a slight revision to allow our vision to guide how we deliver on this mission. We remain grounded in our vow to "Share God's love by enriching the lives of older adults."

Our strategic plan is intended to

last the next three years. Included in the plan are eight goals:



### **EXCEL AS A QUALITY PROVIDER**

By optimizing current services, exploring

high-potential new services and implementing key operating factors for success, we strive to exceed expectations in delivering the right services at the right time.



We will delight residents in a way that enriches our community by working to understand and attract new neighbors, offering well-rounded life enrichment activities, encouraging wellness with a holistic approach (physical, social, intellectual and spiritual),

and ensuring seamless transitions through our care continuum, all while measuring and continually improving resident satisfaction.



### **BECOME A BEST PLACE TO WORK**

In order to engage exceptional people in providing exceptional care, we will work to attract the best talent and help all employees continue to develop necessary skills, we will retain and award people, and modernize



### OFFER AN IDEAL SETTING

By providing cost-effective capital improvements, maximizing use of our properties and making certain everyone is safe and secure, we will provide a safe, comfortable and inviting environment to work and live.

our Human Resources practices.

### **LEADING THE WAY** continued from page 3



### ENSURE FINANCIAL HEALTH

So we can meet our commitments and

achieve our vision, we will obtain revenues for all services performed, spend our money wisely and fund our future.



To do this, we will develop unified data platforms to maximize productivity and explore enhanced services to residents.



We will engage employees in continuous improvement and innovation, advocate for Luther Manor, attract ideal board members, inspire donors and leverage our reputation, in order to inspire, engage, and influence for the benefit of those we serve.



### SECURE MUTUALLY BENEFICIAL PARTNERSHIPS

To strengthen relationships that enhance our leadership position we will pursue strategic business relationships with hospitals, educational institutions, community, government, etc., strengthen relationships with congregations and define a model for successful partnerships.

In 2017 we are focused on strengthening our foundation, so we can propel into the future including, apartment renovations, dining and technology enhancements, resident satisfaction surveys, a new resident bus, congregation and hospital partnerships, safety and security, transitioning our pharmacy services, and new marketing and sales strategies—including a completely revamped website (visit luthermanor.org).

We are off to a great start! Residents, staff, volunteers, donors and friends, you are an essential piece of Luther Manor's community and vital in delivering our mission. Are you in?













# A LEGACY OF **SERVICE TO OUR COUNTRY**

Luther Manor is home to more than 120 veterans. These are not only men and women who served our country ensuring the freedoms we enjoy today, they are our neighbors and friends.

Luther Manor resident, Dave Myers, leads a monthly Veterans' Club, faithfully attended by each military branch who served in both times of peace and times of war. Stories are shared, movies are shown and special guests are honored. "The Vets' Club isn't a club so much

as it is a gathering," Myers shared. "I think it's important to give vets an opportunity to share their war stories. Most of them have struggled to share these stories with anyone else-even their spouses. I

think without exception, these men and women see their service to our country as the most significant thing they've ever done. The level of detail they are all able to share regarding the who, what, when and where of that period of their lives is truly amazing."



Bob served alongside Senator John McCain's father, Jack, on the USS Gunnel



Bob Otzelberger is one of the many World War II veterans at Luther Manor. He recently got a surprise phone call from a very special guest. "I'll never forget picking up the phone and hearing 'Is this Robert

'He said, 'It's Senator John Mc Cain,' to which I replied

And I'm Napoleon."

Otzelberger?' I chuckled, 'It depends on who's asking." 'He said, 'It's Senator John McCain, to which I replied 'And I'm Napoleon.' He lauahed and said, 'No, really. You served with my Dad in a

submarine in World War II.' At that point, I knew it really was him."

Bob's skipper on the submarine he served on as torpedo man was John "Jack" McCain, the Senator's father. "He was a great captain. He'd let you have it if you weren't doing your job, but otherwise he was so easy going." The senator asked Bob for stories and pictures of his Dad. He then asked for a picture of Bob. "I told him I'd send him pictures if he sent me one of himself. I'm still waiting for it to show up in the mail!" Bob laughed.

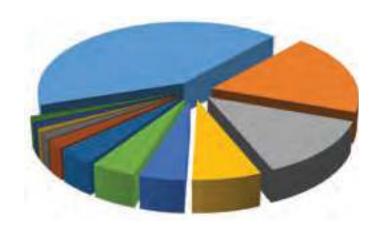
Most recently, Bob, along with other Luther Manor veterans past, present and future, were honored for their service to our country. On November 9, 2016, a longawaited Veterans' Memorial was unveiled in the Luther Manor Welcome Center in front of 150 guests. Each of the five military branches were represented and saluted. Full color guard and a band honored the national flag with a reception that followed. "It was a great day," said Bob. "I have no idea where all those people came from. but I sure was grateful." Thank you, veterans!

# sustained

Beginning as a dream of 34 Milwaukee area congregations of the Lutheran Church in America and an anonymous donor, through the leadership of Rev. William B. Downey, pastor of Fox Point Lutheran Church Luther Manor opened its doors in 1961, welcoming 12 residents.

We remain committed to our mission of sharing God's love by enriching the lives of older adults, and do so by welcoming residents from all faith backgrounds. Strengthening relationships with our founding congregations in the ELCA and establishing partnerships with neighboring churches creates the fabric of Luther Manor today.

People are often surprised to learn Luther Manor's residents represent 15 different religious affiliations from hundreds of churches.



- Lutheran ELCA
- Lutheran Missouri
- Catholic
- Presbyterian
- Baptist
- Methodist
- Non-Denominational
- Lutheran WFLS
- United Church of Christ
- Greek Orthodox
- Episcopal
- Other

### YOU AND YOUR CONGREGATION CAN PARTNER WITH US

### Refer a resident

Who do you know might be ready to call a community like Luther Manor home?

### Make a gift

Is there room to add Luther Manor to your giving budget this year or next?

### Volunteer with us

Are there ministries, programs or groups looking for places to serve in the community?

### WE'D LOVE TO BE A RESOURCE FOR YOU

Here are some programs we offer:

- · How to Begin Difficult Conversations with Aging Parents
- What Should One Consider When Selecting a Life Plan Community?
- Caring for the Caregiver
- Intergenerational Experiences for Church Youth (see page 21)

Let us know if you'd like us to come and offer one of these programs or specifically tailor one for you and your congregation's needs. Contact Cherie Swenson at 414.831.8950

or give@luthermanor.org.

STUDENTS OR **EVERYDAY SUPERHEROES?** 

Since Luther Manor welcomed our first resident, volunteers have been vital to our ministry and longevity. Thousands of volunteers have spent hundreds of thousands of hours transporting, serving, and caring for our residents. We simply could not do all we do without them!

Just over a decade ago, Luther Manor began to see more students volunteering during their summer vacations and, in some cases, year round. "We started out with 37 students. Today, we have approximately 120 kids from 20 neighborhood schools and congregations volunteering at Luther Manor," said Lori Schultz, Youth and Family Volunteer Specialist at Luther Manor. "There are some kids who started volunteering with us at 12 years old and have come back every year since. A few of them now work for Luther Manor as certified nursing assistants or as part of our dietary staff. It's awesome to see."

Two of our student volunteers, Jacinda and Justin Brown, are part of a family connection to Luther Manor. "Our aunt works here, our mom worked here and our grandmother worked here," said Justin. "I guess I expected more of a working environment—a lot less smiling and joking around. I didn't expect it to be so fun."

Both Justin and Jacinda need 180 hours of community service to graduate, but Jacinda's not stopping there. "I've already reached the requirement, but I look forward to coming, so why stop?" Community service isn't the only reason that students volunteer. "Some kids volunteer with us because they have an interest in a career in health care and others come because their parents want them out of the house and doing something useful with their time off," Lori laughed.

What kinds of things are students doing as volunteers? "The most popular things to do are probably serving at the ice cream parlor and escorting people to their therapy appointments," answered Schultz. "I get to help with the



"I expected more of a working environment. I didn't expect it to be so fun. "

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# You're invited! EXCITING EVENTS





### **BUSTING THE MYTHS OF HOSPICE CARE**

April 18 | 5:30 pm | Linden Room

Hospice is one of the most misunderstood stages of health care. Join hospice professionals for some much needed truth regarding the myths surrounding hospice care. RSVP to 414.847.5091



### TREE PLANTING & ECUMENICAL PRAYER SERVICE

April 21 | 11 am | Faith & Education Center

Commemorating the 500 years of the Reformation.

Deacon Kornburger from St. Catherine Catholic Church & Pastor Patterson, Director of Pastoral Care, to co-officiate.



### MARTIN LUTHER & THE REFORMATION

April 24 | 5:30 pm | Faith & Education Center

In celebration of the 500th anniversary, Dr. John Mackett will give an educational presentation about the reformation & life of Martin Luther. Social hour begins at 5:30 pm with appetizers, & beverages available for purchase. Presentation begins at 6:30 pm. **RSVP to 414.847.5091** 



### **HEALTH & WELLNESS FAIR**

May 18 | 10 am | Faith & Education Center

It's Older Americans Month. Age Out Loud at our Health & Wellness Fair. Multiple vendors will be on hand to offer their tips, resources & services for health, wellness & abundant senior living. Plus, TOUR our Independent Living apartments!



### **SUMMER NIGHTS CONCERTS**

Red Hot Dixie Jazz Band | June 14 Jeff La Barge's Swing Explosion | July 19 German Folk & Polka Night | August 16

All concerts will be held in the Faith & Education Center parking lot. Picnic food & beverages will be available for purchase starting at 5 p.m.

STAY UPDATED ON ALL LUTHER MANOR EVENTS!

LUTHERMANOR.ORG/EVENTS
FACEBOOK.COM/LUTHERMANORWI



Throughout 2017 we are commemorating the 500<sup>th</sup>
Anniversary of the Lutheran
Reformation which began on
October 31, 1517, when Martin Luther, who was then serving as a Roman
Catholic monk, nailed the "95 Theses" on the door of his congregation in
Wittenberg, Germany. The events that followed resulted in the creation of the Protestant Church and brought about needed reforms within the
Roman Catholic Church.

We are also commemorating the 50<sup>th</sup> Anniversary of the Roman Catholic-Lutheran Dialogues, which began in 1967 to foster discussion on the basic issues which separate and unite the two churches. The dialogues have shown 32 important theological and pastoral points where the two churches agree and stand united in mission and ministry.

To commemorate these two important anniversaries, Luther Manor is making available profiles of people who played important roles in the Reformation; Luther's Small Catechism will be the focus of the 40-day Lenten calendar and Lenten midweek worship services; a tree planting; and we are planning musical events, drama presentations, hands on activities and educational lectures to inform and celebrate, including designing our own beer labels which will be packaged on Sprecher beer and root beer.

## ABUNDANCE IS AGELESS

### THE STORY OF WOLF DIETRICH KNAPPE

If you were to explore the archives of the Lutheran church in Hilpoltstein, Germany you would find a Pastor Knappe had served there for 51 consecutive years. The great grandson of the first Pastor Knappe in Hipoltstein, Rev. Dr. Wolf Dietrich Knappe, has called Luther Manor home for nearly a decade and has an incredible story to tell in his own right.

Like his great grandfather, grandfather and father before him, Wolf became a pastor. His mother grew up in a castle in Thuengen and can trace family roots back to 780 A.D. As a child, Wolf spent many summers playing in that same castle with his relatives.

During World War II, two of Wolf's uncles and one aunt were members of the German underground, which attempted to kill Hitler. When they were caught, they were hanged.

Some of Wolf's family studied with J. K. Wilhelm Loehe who had a school in Neuendettelsau

for training pastors and deaconesses. Many of the pastors (200+) trained by Loehe came to the USA and eventually formed the Missouri Synod of the Lutheran Church. Wolf's great uncle was one of these pastors. After first studying in Erlangen, Wolf came to America where he received a Master of Sacred Theology from the Theological Seminary of the Evangelical Lutheran Church and a Doctor of Sacred Theology from the Lutheran School of Theology at Chicago.

In addition to the congregations he has pastored, Wolf has contributed to translating five published books. Late last year, he traveled to St. Louis with his son and daughter-in-law to receive a 2016 Award of Commendation from the Concordia Historical Institute. The award was in recognition of his significant contribution to literature and research in the field



of Lutheran archives and history in North America for his partial German-English translation of *The Exodus* of Eight Hundred: An Adventure of a Congregation. This was Wolf's second award from the same organization.

# At nearly 91 years old, Wolf is living proof abundant life is ageless.

Wolf is just as active in the Luther Manor community. He currently leads Bible studies for Terrace

residents and volunteers twice a week by transporting residents and rehabilitation guests to their campus appointments. In addition to playing guitar, he owns eight wooden recorders of various shapes and sizes and still plays them with ease. Wolf woudn't call himself a baker, but he recently surprised his Bible study group with his wife's favorite recipe for homemade nut bread.

At nearly 91 years old, Wolf is living proof abundant life is ageless.



# In honor of OUR VETERANS

Made of steel and wood reflective of their strength and stature, the Luther Manor Veterans' Memorial includes flags and emblems from the five branches of the armed services, and stands in the Welcome Center in front of an American flag that flew over the United States Capitol in honor of their service.

Generous gifts in honor and memory of our veterans made this memorial possible. We acknowledge them here:



Harvin Abrahamson Mary Ann Abrahamson

Sgt. Terry Abrahamson-

Harvin & Mary Ann Abrahamson

Bill Bagemihl Nancy Bagemihl

All Veterans

Carlton & Elaine Burgess, Bert Hartinger William Schulz Joseph & Rose Yaksh

Frank Coogan

James & Jane Fischer Robert & Audrey Richter

James & Jane Fischer Frank Coogan

Owen Grisham

Gertrude Grisham Wendy Smith

Stephanie Kendall Alice Wagner

George Y Kiyomoto Tamio & Machiko Suyama

Luther Manor Veterans Harding Bond

Cherie & John Swenson

Luther Manor Veterans Club Roger & Tiguita Tuomi

Fred Muente James & Jane Fischer Dave Myers

Marilyn Bub Lucille Farwig Richard & Karen Merklein

Steven & Zack Pratt Orville Treptow

George Saidler Ray & Mary Jane Wagner Sandra Wolf

Tamio Suyama Machiko Suyama

### IN MEMORY OF...

Capt. Lennert Abrahamson, US Army Air Corp. Harvin & Mary Ann Abrahamson

LeRoy Davis Irene Davis

General Robert Erffmeyer Erffmeyer & Son, Co. Inc

Donald Heinrich Joyce Heinrich

Harold K. Garcia Irene Davis

Haruo Ishida Tamio & Machiko Suyama

Robert Korff Ruel Fessenbecker

Yoneo "Leo" Mori Tamio & Machiko Suyama

William Peter Carol Prange

Wally Peters Rose West

My Relatives Who Served in the Military Joseph & Carolyn Sanders

Jerry Redding Scott Clope & Becker Machine Dave Myers

Sgt. Tinsley Sanders Joseph & Carolyn Sanders

Otto Stibbe Joyce Stibbe

Dale Stanton Vida Stanton

**Jens Thunes** James Thunes

Arthur Warmie Marjorie Jothen

Don West Rose West

Paul Winkelman John & Doris Keller

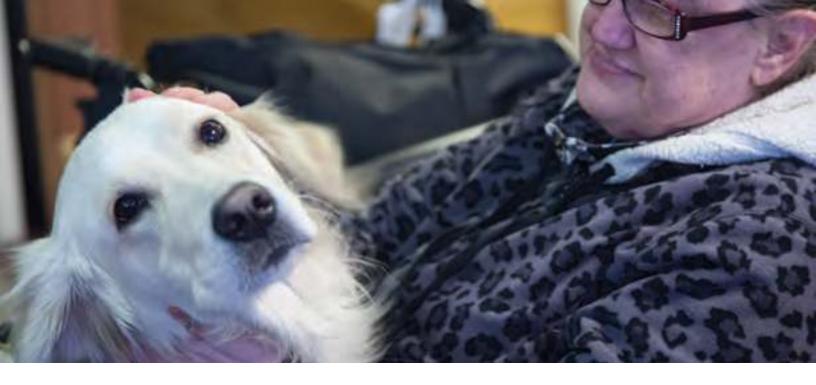
Louis Zywicki Linda Zywicki

### OTHER DONORS...

Robert & Marjorie Abresch, Lawrence & Eleanor Beckman, Ed Hida, Raymond & Sue Kocol, Don & Eunice Koehler, Mildred Seefeld, Jack Trethewey, Dr. & Mrs. Ron Wells







# **BRINGING COM-FURR-T** & COMPANIONSHIP

What is the number one rule for most of us when we see a service dog? Do not pet. Well, Rhoda is no ordinary service dog. Actually, Rhoda is a K-9 Comfort Dog trained by Lutheran Church Charities (LCC), a nonprofit ministry that works throughout the United States. While she does wear a vest when she's working, her job is to be petted! Rhoda's main purpose is to give comfort to individuals and families who are suffering pain or loss.

Rhoda is owned by Prince of Peace ELCA (located at Pilarim and Good Hope in Menomonee Falls) and lives with one of the families in their congregation. This couple-known as the "Top Dog"would have a tough time keeping up with Rhoda's busy seven-day work weeks, so she has additional

"handlers" who volunteer with her. To become a Comfort Dog, Rhoda underwent a base training period of 2,000 hours, started at eight weeks of age, and has on-going training. All of her handlers had formal training too. Rhoda knows a total of 25 commands—a lot to remember for both her and her handlers!

Mary Koch and Nancy Brandon are two of Rhoda's handlers who come to Luther Manor with Rhoda as a part of our Pet Partner program. Together, they help calm, facilitate conversations and bring smiles to, staff and residents of Luther Manor.

In fact, Nancy played an instrumental part in Prince of Peace's decision to purchase Rhoda. When attending a LCC presentation, she and the Top



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### BRINGING COM-FURR-T & COMPANIONSHIP continued from page 11

Dog, Peggy, realized what a great outreach program a Comfort Dog would be. "We turned to each other in the middle of the presentation, made eye contact, and both knew our church needed a comfort dog," says Nancy.

Mary is the reason Rhoda visits Luther Manor. "My mother-inlaw lived in the Terrace and belonged to Prince of Peace," Mary explains, "When she was hospitalized, I spent a lot of time with her and got to know the church; they asked me to be one of the handlers. When my motherin-law passed away, I had time to volunteer and wanted to give back to Luther Manor so I arranged to have Rhoda visit."

Rhoda is trained to be a disaster doa, meanina she visits where emergencies and tragedies have occurred and comforts those affected. She has attended

"It makes me joyful to see how much hope Rhoda brings to those she visits."

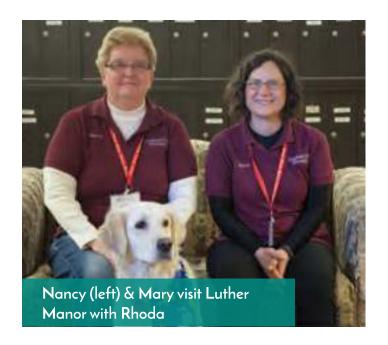
funerals, schools, and, since she is dual-vested, military memorials and functions. When she interacts with the people there, "You can feel the change of the room's atmosphere," reports Nancy, "from very tense, to slightly more relieved and relaxed." Rhoda's impact is not only on the

people she visits, she has impacted Nancy and Mary's lives as well. "She's special. It makes me joyful to see how much hope Rhoda brings to those she visits. It opens the

> door for us to reach people spiritually," says Mary.

Mary continues, "I'm very grateful to Luther Manor for allowing us to come. It's a privilege and joy. Its fantastic places are recognizing this

opportunity to give hope and witness to God." As Rhoda is only one of four Comfort Dogs in Wisconsin, Luther Manor is very arateful to have her visit us! We are very thankful to have Mary and Nancy, too.





Luther Manor has several other Pet Partner teams, including: Ron Albers & Woody, Darleen Pichura & Sadie & Maddie, Dave & Mary Reeves & Flaming Star, Arlene Schultz, Michaelle Schall & Pixie. Thank you all for helping make life more abundant at Luther Manor!

# Celebrating 20 YEARS OF CARE



More than 20 years ago, Bill Schultz, Ken Kapke, and Joyce Christie compromised a three-church advisory board that studied the feasibility of partnering with an Ozaukee County congregation to offer adult day services.

Luther Manor was approached to offer the services and Ken's church, St. Johns Lutheran Church in Grafton was the chosen location. Being the first of its kind in Ozaukee County, it was originally only open one day a week. "We originally opened as a medical model with a Licensed Practical Nurse and Parish Nurse on staff." Christie recalled. "As demand and opportunity grew,

one day became five days." Barbara Lindholm's husband

was a participant at Lakefield. She now works part-time and serves as a volunteer. Barbara remembers being impressed with the staff and the activities provided for the participants. "The nurse who showed us around was compassionate, friendly, caring. She made everyone feel at ease, I also remember being struck

at how

alert, content and happy the participants were during the daily activities. From the time my husband was here until today, Lakefield's staff has engaged our participants mentally, physically and spiritually."

"The time participants spend here while the caregivers spend time away means the time they spend together is that much better."

> Through both nationally recognized programs and individual free time, participants are encouraged in personal health and growth, independent living, and social confidence. "I often encourage people to visit and see it for themselves.

> > Everyone needs stimulation and companionship, and TV isn't enough," Christie said. "Our staff have a special calling to do the work they do, and they know how to get participants involved and connected. The time participants spend here while the caregivers spend time away means the time they spend together is that much better."

> > > Continued on page 20



Centenarians are an elite group and its members have no idea how they got there! According to the U.S. Census Bureau. only 0.02 percent of the US population is 100 years old or more. That's approximately 55,000 people—about the population of Wauwatosa. Luther Manor is blessed to have 12 of the 55,000 centenarians living here!

According to Prevention magazine, there are several factors that can contribute to living such a long life. Were you were a healthy weight teen? Do you like raspberries in your oatmeal? Do you enjoy a cup of tea, but aren't a big fan of hamburgers? Are you the life of the party? Answering "yes" to those questions, amongst other things, may mean you're on the road to 100!

Alva Heup, one of Luther Manor's most famous residents and centenarians, never imagined she'd see 102 years of age. Her mother died when she was just two years

# "Im so glad to have friends & neighbors to share life with."

old. Her sister died in her mid-80s. "Once my sister died, I just assumed that I only had a few more years left, but here I am 20 years later!"

Alva and her sister were raised, in part, by their grandparents who had 10 children of their own. Much has changed, according to Alva, since her earliest days in Dodgeville, WI. "My sister and I walked a couple of miles to school through creeks and under fences, regardless of the season. One winter day we got a sleigh ride which was great fun!" High school wasn't available in Dodgeville when Alva would have otherwise attended, and the grade school she went to had just one room. As a result, her circle of friends and acquaintances were relatively small. "When I was a kid, we never got company. When we did, it was so unusual that my sister and I would

hide. We knew only a few people." That's quite a change from where Alva finds herself today.

Continued on page 21

### We're blessed to have so many centenarians living here!

- Alva Heup
- Dorothy Brosin
- Eleanor Headlee
- Eleanor Wozniak
- Fred Amerell
- Gertrude Grisham
- Grace Krueger
- Katie Virgil
- Lu Techel
- Marie Albrecht
- Ruth Tamms
- Wynola Collins

# COFFEE, COOKIES & CONVERSATION

Contact Volunteer Services for more information about volunteering to host the Coffee Carts or donating cookies: 414.831.8964 volunteer@luthermanor.org



### THE SWEETEST TREAT:



We need cookies! Please consider donating packaged store-bought or homemade cookies for the Coffee Cart program. Soft cookies without nuts or seeds help comply with the dietary needs of many of our residents. We appreciate any size donation at

The Health Care Center (HCC) coffee cart is a long-standing tradition at Luther Manor. Volunteers serve as hosts and hostesses on the weekday Coffee Carts, offering coffee, cookies and conversation to residents residing in the HCC and Transitional Care Rehabilitation Center (TCRC) auests. Several of the Friends of Luther Manor Key Persons and Co-Workers host a "Sharing a little kindness with cookies" drive at their affiliate congregations.

Congregational members and youth groups donate homemade or purchased cookies throughout the year to be served on the HCC Coffee Carts.

There are two Coffee Cart routes each weekday. Our volunteers enjoy partnering together with another volunteer, so we currently have several opportunities for additional Coffee Cart volunteers. According to the Coffee Cart hosts/hostesses they enjoy meeting the residents, creating conversations, developing friendships, learning about the residents' life experiences and hearing many amazing stories! If you enjoy meeting interesting people, and want to get involved in volunteer service, this may be a good match to consider.

## THE RIGHT SUPPORT



"The certified nursing assistants are mature, responsible

and good communicators. They report even slight

changes with residents, so issues may be addressed

before further deterioration occurs," extols Kim. Mike

adds, "Our team works side by side, not above and

below. Every job of our program is important and has

There are many reasons residents are appreciative of our Supportive Living (RCAC) services provided in the Terrace, from small-like having dinner brought to their apartment when needed—to large—such as providing medical treatments on-site, saving residents a trip to the doctor's office and money! It all starts (and ends!) with attitude. "Our nurses, certified nursing assistants and supportive personnel exhibit a caring professionalism,"

reports Mike Fortin, RN and Nurse Manager of Supportive Living Services, "They go above and beyond for the residents they care for."

& supportive personnel exhibit a caring professionalism. They go above & beyond for the residents they care for."

"Our nurses, certified nursing assistants

equal weight."

The entire Supportive Living staff truly works as a team, earning praise from those they serve. "My most memorable moments at Luther Manor are when

family members call

to say 'thanks' and to let me know how appreciative they are of our services and what we've done for their parents or loved ones," Mike adds.

Because of the Supportive Living team, residents are able to enjoy an easier, better and more fulfilling lifestyle. We thank them for the wonderful work they do.

The outstanding team is led by Mike Fortin and Kim Olsen, RN and Wellness Nurse. Mike started at Luther Manor in 2007. He studied at MATC to achieve his licensed practical nurse (LPN) and registered nurse (RN) licenses. Kim began here in 2011 after graduating from University of Wisconsin-Milwaukee with a Bachelor's of Science in Nursing.

Caring treatment of residents is something the entire Supportive Living team believes in, especially Kim. "Having a father with early-onset dementia, a mother who went through cancer treatment, and being raised in part by my paternal grandmother all gave me great insight into how to be there for the patients I now work with as a nurse," says Kim.

For more information about using Supportive Living in the Terrace (RCAC) to make life easier, better and more fulfilling, contact Kathi Brueggeman, Terrace Resource Manager at ext. 55088 or Mike Fortin, RN, Supportive Living Manager at ext. 55068.

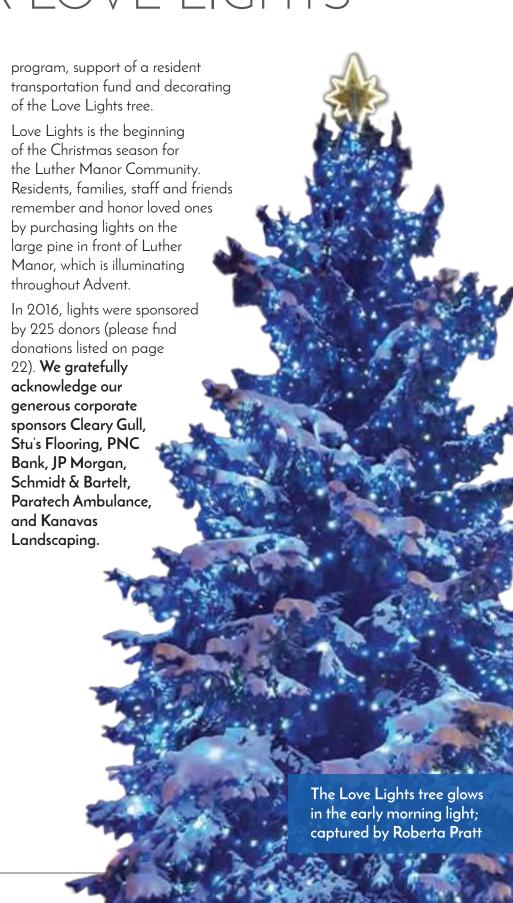
# RECORD-BREAKING YEAR FOR LOVE LIGHTS

The seventh annual Love Lights tree lighting ceremony was held Thursday, December 8. The brisk air kept no one away, and the outdoor ceremony, led by Pastor Dave Patterson, was well attended.

Inside, Health Care Center residents warmed up with Christmas carols led by resident Pastor Wolf Knappe, accompanied by fellow resident Marge Jothen on the keyboard. More than 200 people attended the programs held simultaneously in the Health Care Center lobby, Welcome Center and Courtyards Dining Room. Fox 6 News also attended, providing coverage in an interview with Luther Manor President and CEO, Stephanie Chedid that evening.

It was a record year for Love Lights, which grossed more than \$19,000 in contributions for the Friends of Luther Manor funding priorities. These included the purchase of three broda chairs, storage for iPods for the Music and Memory

Sandy Wals presents check to Stephanie Chedid





# COMMUNITY IS MORE THAN FOUR WALLS

Giving back for the residents isn't something they do only at big events, it's part of their daily life.

Luther Manor is a Life Plan Community, and that means staying part of the larger community, too.

Many of our residents were active in their previous communities by donating and volunteering in their

churches and other local organizations, so it is only natural they keep giving back to the community even after their move to Luther Manor. In addition, since so many of our residents have experienced loss, community outreach gives them the

ability to help and connect with those in need or are experiencing loss themselves.

Our Health Care Center residents are a great example of some of the outreach Luther Manor provides. Internally, residents show care for one another with room-to-room Guardian Angels prayers and cards, providing song/prayer ministry to those on Hospice, and by sharing joy and laughter through the Senior Chuckles clown ministry. A long-standing tradition, residents bake fruit breads to comfort family members

when their loved one who was living at Luther Manor passes away.

Their giving doesn't stop within these four walls! The residents hold several annual events to raise funds to

> support local charities, too. The Sharing & Giving bake sale and toy drive provides Christmas gifts to underprivileged area children. The Pie Tasting & Auction raises funds to support a food pantry. Pies are donated by residents, staff and volunteers.

> Giving back for the residents isn't

something they do only at big events, it's part of their daily life. Smaller actions are just as important, like making soup and baked goods for the homeless adults served by Repairers of the Breach, and baking cookies for both Luther Manor and Our Lady of Lourdes Catholic Church.

The shared experiences and activities bring residents together, and brings Luther Manor closer to our surrounding community at the same time. A community is more than four walls.



# CONVENIENT & FULFILLING



Bill Schier in the Manor Mart



The Manor Mart's ribbon cutting on November 2, 1998.

Open since 1998, the Manor Mart, along with it's counterpart the Little Shoppe, offers residents a convenient way to stock up on groceries and other necessary items. Customers are always quaranteed a smile as both on-site convenience stores are staffed by volunteers.

These volunteers are extremely dedicated and enthusiastic. "When I was a kid I always liked playina store and this was my opportunity," laughs Arline Thoss. Arline has lived in the Terrace for over 13 years and has volunteered at the Manor Mart as long as she's lived here, "I enjoy it, otherwise I wouldn't be doing it!"

Another of the regular volunteers, Bill Schier, appreciates both volunteering and shopping at the Manor Mart. "The Manor Mart is such a great asset. They have so many things stocked, plus you don't have to go out or take a car ride. You can ao shoppina riaht here. It's one of the best services for residents," he explains, "Volunteering there is fun because you get to know so many residents."

Residents aren't the only ones who staff the shops, Barbara Jordan volunteers regularly at the Manor Mart and encourages others who do not live at Luther Manor to do the same, "I leave here and I feel very fulfilled. It's a warm feeling inside when you see how much the ladies and gentlemen appreciate you. They're so thankful to be able to shop right here at Luther Manor."

The Manor Mart not only offers a fulfilling volunteer experience, it is very convenient as a place to both serve and shop. Luther Manor's Life Plan Community truly allows residents, family members, staff and volunteers to lead an abundant life.

### STUDENTS OR EVERYDAY SUPERHEROES? continued from page 7

Wii game system and arts and crafts," said Justin, "I also help out in the resale shop, the Den of Antiquity, and with resident activities."

Lori made it clear that it isn't just the volunteers who are impacted, "Our residents really rise to the challenge of being an example to the students. It motivates them to attend activities, go to appointments and have meaningful conversations. Seeing the students and residents learn from each other and challenge each other is one of the best parts of my job."

Jacinda added, "There are all kinds of interesting people with all kinds of interesting stories. The whole experience is something I really love."



### **CELEBRATING 20 YEARS OF CARE** continued from page 13

Celebrating its 20th anniversary this October, Lakefield also realizes the blessing it is to caregivers. "The day center is important because many people want to stay in their own homes for as long as they can, but caregiving is both exhausting and challenging," shared Christie. Kip Ertel, Program Coordinator for Lakefield added, "Caregivers need time for themselves to go to appointments, relax or spend time with their friends. It's important they know their loved one has a safe and cheerful place to be while they're away."

In June of 2016, Lakefield shifted from a medical program to a social model, but the changes didn't end there. "We've done some remodeling to Fellowship Hall and the kitchen. The kitchen is a big part of our day, of course," Barbara chuckled. "We want to make sure we're serving healthy and appetizing meals each day. Most recently, we added a fenced in flower garden, which is a favorite spot for participants. It gives them a chance to get outside, as weather allows, and take in all the colors and smells."

Ertel concluded, "With the continued support of Luther Manor, the consortium of ELCA churches in the area and the Ozaukee ADRC. Lakefield will continue to be a place that offers compassionate, friendly care for the participants and their caregivers."

### WHAT HAPPENS WHEN GENERATIONS MEET?

Recently a youth group from Unity Lutheran Church, Brookfield gathered with a group of older adults from Luther Manor, Joyce Heinrich, a Luther Manor resident, gave us an inside look into the gathering.

"It was a auiet Sunday afternoon. There was a circle of chairs, and throughout the building there were invitations to join in storytelling with a youth group from Unity Lutheran Church. The young people from Unity were very guiet and respectful. The people from Luther Manor were full of fun and looking forward to greeting our young guests.

After introducing ourselves, the leader of the group asked if we would share a story of something naughty we had done. So we jumped right in and divulged some of our youthful indiscretions! That broke the ice and

soon our new young friends were relating a few of their own bad moments. Soon we were all laughing.

It became apparent, aside from the age difference, we had much in common. While we at Luther Manor gained a fresh understanding of today's youth, we believe they took away a new appreciation that growing old can be an adventure."



"Growing old can be an adventure."

The youth involved, enjoyed the gathering too, according to participant Nicholas Blatnik:

"It was interesting to hear what adventures they had when they were young. Like when one of

the women talked about stealing their friends dad's car and went for a joy ride and never got caught. There was another woman who talked about her brother's experience in World War II and how he fought a Nazi soldier after taking over a bridge. The brother was injured, but he survived because the metal locket his mom gave him stopped the bullet that would have killed him"

### THE CENTENARIANS OF LUTHER MANOR continued from page 14

Today, Alva is surrounded by neighbors and friends, many of whom she volunteers with at Luther Manor's convenience store, the Manor Mart, and resale shop, the Den of Antiquity. "I just love being around people. I'm so glad to have friends and neighbors to share life with." She's gotten to see more of this world than just Dodgeville and Wauwatosa, WI, too. "I loved visiting New Orleans and traveling the coast of California. I won a week long trip on Amtrak and got to travel with my sister. Oh, the time we had!"

Keeping active, staying connected and finding abundant life is easy at Luther Manor. As our strategic planning establishes itself and takes its next steps, the opportunities to engage, connect and add more members to this elite club of centenarians will only increase.



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Jack Abshire Lucille Abshire

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leff Rosier lean Rosier

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Many individuals choose to remember their loved ones by making contributions to Luther Manor. We recognize and celebrate those in whose memory gifts have been given. Those who have been memorialized are listed below in boldfaced type and are followed by the names of the donor(s). The following memorial gifts were received between August 1st, 2016 and January 31, 2017.

If you would like to remember a loved one with a gift to Luther Manor, please contact Luther Manor Foundation at 414.831-8950 or give@luthermanor.org, or use the gift envelope included in this issue.

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Genevieve Aykens Chuck & Jan Hammond

Norbert Badten John & Heather Badten

Henry & Marie Baker Roger and Carol Baker

Maria M. Bauer David Bauer

Joan Baumann Kathi Brueggemann

Dorothea Benke David & Judith Benke Barry & Carol Sheingold

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Irene E. Bockhorst Peter Bockhorst

**Enola and Harold Borgh** Karl & Ellen Olinger

Hester Borkowski Barbara Hensley

Harold & Catherine Braatz Bob & Caryl Braatz

Madelyn Brissette Janet Beltman Cheryl Schmitz

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Virginia Burgess William & Jane Schulz

Almira Buscher Mary Buscher

Ralph Cairns Eileen Cairns

Bill Carv Elaine Cary

Carol Casser Ron & Dolores Blust Richard & Naomo Dassow Suzi Melau

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Marcella Cooper Dale & Carol Hoefner

Guy Corragio Cheryl Schmitz

Emeric Dakich Harvin & Mary Ann Abrahamson

Mr. & Mrs. James H. Davies Sr. Robert & Loraine Van Eerden

Michael Dillett Jim Dillett

Reging Dombeck Brenda Boff

Monetta Dorau Mary Buscher

Elsie Duemmel, My Mother Nancy Stern

Virginia Einem, Shirley's Mother

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Gert & Erv Faesi Dale & Judy Faesi

Charles & Fern Gylling Bill & Carla Knuth

Carla Ganswindt Ralph Ganswindt

Heidi Giencke Delyle & Margaret Beyer Janet Beltman Ted Giencke Alice Knickelbine Chervl Schmitz Bill & Joyce Van Valzah

Edna Gierach Jim & Mary Starzman

Darren Gilmore Nancy Becher & Miloudi Elafess

Norma Goehlen Dorothy Poenisch

Earl Goodman Mary Ann Goodman

Dorothy Graf Chris Layne

Margaret Graf Chris Layne

Robert Graf Chris Layne

Harold Guenther Lorraine Guenther

Dorothy Haas Don & Arleen Haas Eleanore Hahn Nancy Hahn

Alice Hanson Edward & Lois Kinsfoael

Barbara Hartinger Martha Andeen Pastor Ron Froehlich Inga Harwick Pastor Dave Patterson lim Thunes

Estella Harvey Barbara Carter

Warren Harwick Dave & Cheryl Walker Inga Harwick

Joann Hawley Karen Hermsen Ellen Sabady

Joan Vick Heimann Bonnie Vick

Florence Held Kathleen Held

Mary Henricks Harvin & Mary Ann Abrahamson Ken Holley Marian Thielke Bill & Joyce Van Valzah

Robert J. Herman June Herman A.J. Heule Lvnn Butenhoff

Henrietta Heumann Thomas & Jeanine Heumann

Roger & Ethel Hoffman Betty Kannal

Viola Hutts Rita Whittow

Henry & Viola Jensen Steve & Debra Jensen

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Genevieve Johnson

Dennis & Pat Lange Ginni Verthein

Oscar & Belle Jung

Joyce Heinrich

Hilda Kaiser

Dennis & Karen Justus

Robert Kendler

Pastor Ron Froehlich

Helen Kitick

Rod Kitick

Kathryn Kitick

Rod Kitick

**Lester & Eva Knaack** Wayne & Patricia Viereck

Inga & Stevie Knappe

Wolf Knappe

Alice Knickelbine

Harvin & Mary Ann

Abrahamson

Janet Beltman

Marjorie Davis

Mary Ann Goodman Gordon & Marion Hatcher

Joyce Heinrich

Patricia Honeyyager

Patrick & Elizabeth Kelnhofer

Ruth Militzer

Ms. Nashban

Jean Novotny

Carol Prange

lean Rosier

Marilyn Schrader

Mildred Seefeld

Sue Szymanski

Marian Thielke

lim Thunes

Mr. Ugent

Tom Woehrle

E.W. "Nick" Knickelbine

Kay Fenico

Alice Knickelbine

Walter & Elinore Knuth

Bill & Carla Knuth

John Koenitzer

Joyce Koenitzer

Edward Koester

Arleen Reiff

Rev. Erwin Kolb

Bernice Kolb

Alice Kosowski

Rod Kitick

Ruth E. Kronberger

Paul & Sue Kronberger Renata Laukandt Dick & Karen Merklein

Margaret Laun

Ken Laun Ingrid Finnan

Mary & Erma Legler

William and Elvira Reardon

Anna Lind

Annette Lind

Jon Lissack

Lisa Chew

Donna Loose

Harvin & Mary Ann Abrahamson

George & Dotty Roth Mark & Minna Smith

Loved Ones

Marjorie Davis

Kathryn Lucas

Dian Phillips

Alice Mathison

Karen Brown

Dick Mattson

The Mattson Family

Fred & Elinor Miller

Edward & Jeanine Maly

Raymond T. Morris

Joanne Morris

Gladys Mortag

Judith Oehler

Helen Mudra

Bob & Susie Cadwallader

Barb Mesar

Gary & Lane Mudra

John & Lynn Poelzer

Debra Slater Angele & Ron Vigder

Carol White

Lucille Mueller

Janet Engel

My Father, Dan

Diane Berry Jakubowski

My Parents

Paul Heck

My Parents, Wallace & Lillian

Tom Lavers

Arnette Nelson

Lisa Chew Erik & Kay Huth

Marge Jothen

Constance Kling

Bradford & Mavis Kraft

Gladys Larson Betty Lissack

Nancy Lissack

Erik Nelson

Shirley Nelson

Susan Nelson

Paper Machinery Corp.

Employees

Richard & Sheila Stevens

Bernice Strzauch

Howard & June Neustedter

Bob & Caryl Braatz

Maria & Paul Oberneder, My Grandparents

Mary Rose Schroeder

Dorothy O'Brien

Ken Laun

Cora May Otzelberger, My

Wife

Bob Otzelberger

Our Parents and Sister Bill & Nancy Bagemihl

**Our Parents** 

Bob & Audrey Richter

Ron & Kathy Sonntag

Our Parents & Step-Mom

Earl Palmer

Robert Palmer

Charlotte Pecus

Kathleen Almond

Mary Ellen Kiesner Michael & Marianne Neuman David & Cheryl Oldenburg

Dennis & Marge Pecus Thomas & Julie Ann Pecus

Randal & Iulie Rottier

William Schoeller

Ervin & Lucille Platt

David & Judith Benke

Marie Pogorelc

Robert & Beverly Yelle

**Gwen Puestow** 

Anonymous Jennifer Rath

Marilyn Ramlo

Clair Ramlo

Catherine Reano

Delores Nix

Herman Reckert

Bob & Sandie Smith

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Jan Bruskewitz

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Raymond Roche

Randy & Barbara Guyer

Mary Ruehle

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Virginia Ruplinger

Mary Vettel

Lucy & Mike Russell

Susan Russell

Mr. & Mrs. Russell M. Rutter

Russ & Margaret Rutter

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Nancy Becher & Miloudi Elafess

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Mary Rose Schroeder

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Gene & Marie Semmann

Ron Semmann

Tom Layers

Harriet Shumway

Fred Shumway

Esther Simenson Bardeen

Roger & Barb Cobb

**Helen Sorensen** Mark Sorensen

David Stetter Rose West

Otto Stibbe Joyce Stibbe

Hazel S. Stoller Gordon & Roberta Fritsche

**Jean Strawbridge**Jill Strawbridge

Blanche & Thomas Terry Candy Mueller **Sgt. Matthew Thompson** Martha Andeen

**Jens Thunes, My Father** Jim Thunes

**Erna Throndson** Louise Peterson

Laurence & Wanda Tischner Hollis Tischner

Wanda Tischner, My Mother Jill Lindberg

The Treptows
Orv Treptow

Alfred Tucholke, My Father Ingrid Finnan

Mr. & Mrs. Herbert Van Eerden

Robert & Loraine Van Eerden

Harriet Walvig
Thomas & Joanne Douglas

Florence Weiermann Nancy Ganung

**Betty Weisel** Pam Weisel

Elvira Wellnitz Carol Zelt **Virginia Wilke** Janet Beltman

Margaret Wood Janet Beltman Don and Eunice Koehler

**Gladys Wright** Sandra Westbrook

**Aaron Zagorski** Roberta Pratt

Elsie & George Zahn David & Julie Meier

Edna Zelt Carol Zelt

# TRIBUTE GIFTS

The following individuals were honored by their families and friends. Tribute gifts serve to commemorate birthdays, wedding anniversaries or other special occasions or to simply show appreciation for a friendship or act of kindness. Those who have been honored with a gift to Luther Manor are listed below in bold-faced type and are followed by the names of the donor(s). The following tribute gifts were received between August 1, 2016 and January 31, 2017.

If you would like to pay tribute to a loved one, please contact Luther Manor Foundation at 414.831.8950 or give@luthemanor.org, or use the gift envelope included.

### IN HONOR OF...

Martha Andeen Kathi & Bruce Campbell

Anita Doubek's Birthday Lillian Love

Anne Erickson Ann Towell

**God** Susan Koeferl

Mary Ann Goodman, for helping us Glenn & Lois Port

Josephine Grant Sister Rose Kroeger Delores Nix Ann Towell

**Lydia Gutekunst** William & Penny Gutekunst

Molly B. Hartley Delores Nix

Raymond & Eleanor Headlee Ann Stannard Joan Horsefield's Birthday Steven & Monika Horsefield

Adrian Jacobs, Keeper of the Circle—Sandy Salteaux Spiritual Center Linda Zywicki

Marge Jothen Nancy Sack

The Jothen & Warmie Families
Carl & Fileen Lund

Alice Knickelbine Patti Franz Gordon & Marion Hatcher

**Donald Koehler's 90<sup>th</sup> Birthday** Joanne Krause

**Donald & Eunice Koehler** Richard & Geri Koehler Mark & Cheryl Schmitz

Eunice & Donald Koehler, for their many years of volunteering at Luther Manor Ruth Militzer Sister Rose Kroeger's Birthday Robert & Ellen Bladorn

Jean Moberg Chuck & Sue Ruehle Ann Towell

Luther Manor Foundation & the Work They Do
Ken Holley

Jean Moberg Sr. Rose Kroeger Dick & Karen Merklein

**My 7 Great Grandchildren** Alice Wagner

Our Parents
Nancy Becher & Miloudi Elafess

William Peter Carol Prange

Photo Pictorial Journalists of Milwaukee Richard Yehl

Dorothy Poenisch Phil Poenisch

Residents Who Need Help Bob Otzelberger Pastor Duane Sandstrom Iane Sandstrom

Cheryl Schmitz & Lori Schultz for all the great work they do with we volunteers Suzanne Lengling

**Dolores Schruba** Sandra Gutowski

Mr. & Mrs. Norman Seeger Chris & Frank Janssen

Callie Simmons Dolores Nix

Dorothy Stuhlmacher
Terry & Beth Stuhlmacher

Tom & Mary Suyama Your Friends at the JACL—WI Chapter

**Bill & Joyce Van Valzah** Debra VanValzah

**Donna Woleben** Linda Dailey



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