

LITTLE SISTERS OF THE POOR

Visit us at www.littlesistersofthepoorsanpedro.org

A Simple Note

By: Mother Superior



Dear Friends,

THANK YOU for all your support and generosity throughout 2015. It is because of all of you and your various acts of kindness that we are able to care for our elderly Residents and their needs.

We are celebrating 2016 as the Jubilee of Mercy. In announcing this special year Pope Francis asked the Lord to make the Jubilee of Mercy a year of grace so that the Church, "with renewed enthusiasm, may bring good news to the poor, proclaim liberty to captives and the oppressed, and restore sight to the blind."

As we embark on our Lenten Journey let us reflect on this statement from Pope Francis: "Mercy is the best thing we can feel; it brings change to the world. A little mercy makes the world less cold and more just."

We warmly assure you and your loved ones of a special remembrance in our daily prayers before the Most Blessed Sacrament.

Together, let us celebrate this Jubilee of Mercy with much enthusiasm!

May God bless each and every one of you during this Jubilee Year of Mercy,

Mother Margaret LSP



Our Needs

The Little Sisters could use donated items in good condition such as 1) Fine or Good Costume Jewelry: earrings, necklaces, bracelets, pins, beaded purses, 2) Collectibles Items. All will go on sale at our Holiday Boutique in November. Items can be dropped off anytime with the lobby receptionist, or you may call Bing at (310) 548-0625. We also need the following household items (see list at right) to enhance Resident care and to support our ministry to the elderly. Your help is greatly appreciated.

Did you know... That Medicaid covers only half of our cost to care for our Residents at Little Sisters of the Poor? Administration costs at LSP are less than 10% of the expense budget. Can the Little Sisters count on you in 2016 to sponsor a resident?

Upcoming Events

Memory Boost Speaker Series Dr. David Hart

April 7, April 14, April 21, and April 28
9:30am to 11:00am
LSP Auditorium
2100 S. Western Ave, San Pedro
Seating is limited;
Register early by calling (310) 548-0625

Sr. Paul's 50th Jubilee Celebration

Wednesday April 20, 2016

2nd Annual Little Sisters 5K Run/ Walk

Saturday, May 21, 2016
22nd Street Park
Registration starts at 7:30am
Start time at 8:00am
Visit our website to register

19th Annual Auxiliary Gala Event

Saturday, September 24, 2016
Palos Verdes Country Club

Annual Holiday Boutique

Saturday, November 12, 2016

Needs For Our Home

- Body Lotions/ Body Wash
- Mouth Wash/ tooth brushes
- Deodorant
- Adult Disposable Briefs Pull-Ups (L and XL)
- Boost Drinks (dietary supplements)
- Lysol disinfectant wipes
- Liquid laundry detergent
- Paper Goods: Paper plates, Cups, Napkins, Paper Towels, Kleenex
- Soft Drinks
- Liquors for Residents Social/ Happy Hour
- Gift Cards for shopping, restaurants, or events
- Bleach
- Used Pick-up truck

Join Us

by saving a stamp and donating online!!

Visit our website:
www.littlesistersofthepoorsanpedro.org
Share your email with us
By clicking on "Register Here"
Make a quick donation
By visiting our WeShare page
Donate Used Vehicles or Electronics
By visiting our iDonate page

Development Update

Your privacy is important to us, and that information you share with us remains in our office. The Little Sisters of the Poor have a policy never to sell, rent or give your private information to anyone. Thank you for sharing your lives with us as we count on your generosity. Without your collaboration, we could never continue our mission to the needy elderly.

In addition to regular mail, you can always help us by visiting our website to donate online, to give a gift in remembrance of a deceased loved one, or to honor someone on a special occasion. Matching gifts by employers, United Way certainly extend your help and remembering the needs of the Home when planning your annual gift giving and estate planning enables us to do more of what we are here to do.

Serving the elderly poor in Los Angeles since 1905.

Winter, 2016
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JEANNE JUGAN RESIDENCE

2100 S. Western Ave.
San Pedro, CA 90732
310-548-0625



AN ENCHANTED EVENING Our Gala Fund Raising Event

The Auxiliary of the Little Sisters of the Poor, held their Annual Gala event on Saturday, October 3, 2015, at the Palos Verdes Golf Club. Our evening began with a cocktail hour with guests mingling with each other while listening to the pianist, Christie Gill, play in the background. Our guests were also bidding on their favorite items while enjoying their cocktails and hors d'oeuvres. The decorations were full of vibrant colors with beautiful flower arrangements on the tables making the event so elegant. Dinner was a delicious combo of Filet Mignon and Salmon cooked by Chef Milan Pawar.

We were privileged to have Bishop Joseph M. Sartoris begin the evening with our invocation. Thanks to our host and auctioneer of the evening Tony Magnemi, and many generous donors and supporters

"We are humbled by the generosity of so many and by the hard work of all who made it possible."

of the Little Sisters. Auction items donated by many local restaurants, retailers and individuals ensured bidding opportunities for both the seasoned and new bidders.

We are grateful to the Auxiliary and all those who made the final gift of \$230,000 to the Little Sisters possible through donations to the Choir of Angels appeal, the auction

and the Raise the Paddle.

Save the date for our 2016 Gala Event Saturday, September 24, 2016, at the Palos Verdes Golf Club.

SAVE THE DATE

Spring Boutique
March 12th

Memory Boost
April 14th, 21st, & 28th

Sr. Paul's Jubilee
April 20th

5K Walk / Run
May 21st

Gala Event
Sept 24th



Longtime friends and supporters of Little Sisters enjoying the evening. Jan & Leif Werneid with Alanna Kennedy.



Don & Rita Swartz with Mike & Mickey Zimmer.

LITTLE SISTERS OF THE POOR



Mother Margaret with President Ida Mavar and Co-Chairs Carol Rugnetta and Dolores Kollmer.

JEANNE JUGAN RESIDENCE



Sister Isabel admires freshly polished nails.

The Little Sisters of the Poor

A Reflection of Our Home

HEATHER KING

December 4, 2015 (Tidings publication)

In 1839, Jeanne Jugan opened her home to an elderly blind woman in France. The order known as the Little Sisters of the Poor was born.

In 1905, the Little Sisters opened a home in L.A.: St. Ann's in Boyle Heights. When St. Ann's was threatened with closure due to expanded fire safety requirements, the Sisters began praying to St. Joseph for a new place.

After consideration of several sites the Archdiocese Cardinal Manning offered the then-closed Fermin Lausen High School site to the Little Sisters. The new Jeanne Jugan Residence was built on the campus and opened in 1979. The high school building was converted for administration, activities, a chapel and a convent.

Currently, the home boasts nine Sisters, 100 Residents and three levels of care: independent living, assisted care and skilled nursing. The requirements are simple: you have to be 65 or older, and with few financial resources.

Following a recent 11 a.m. weekday Mass in

their chapel, three of the Sisters shared what the work means to them.

Mother Margaret made her final profession 55 years ago in Ireland, and Sister Isabel, from Colombia, has also been a Sister for over 55 years. Sister Paul, from Detroit, will celebrate her golden jubilee in 2016. Sister Paul also has two siblings who are Little Sisters serving in the United States.

Unlike, teachers for example, the Sisters are with their Residents at the end of their life. They get to see them right before they enter

eternity. They escort them.

The Sisters stay with each Resident through the dying process, as they go to heaven. Night and day, a Sister is praying by the Resident's bedside.

A big consolation is that the Residents tend to have such beautiful, peaceful deaths.

When they know the end is near, all the Sisters are called. They all come for the last half hour: to sing, to pray. That's a special privilege of their charism.

The Sisters' faces are sometimes the last faces the Resident sees on earth. He or she knows someone is watching with them as they go to heaven.

They often find that the Residents who initially fear death come to assist the ones who are dying. They'll sit and pray with them and, little by little, those who were once afraid become more comfortable with the idea of dying themselves. They know that when their turn comes, they won't be alone.

That last breath is God's design, the Sisters observe. Every death is different.

Sometimes a Resident having a tough time letting go will wait for one certain family member to arrive. One Resident with 10 children held on and on, waiting for the one son who was from out of town. It was the one

(continued on next page)

Fire Alarm / Nurses Call System

Slater Builders Inc., along with Tri-Signal Integration Inc., and Responder Systems Corporation are making progress toward the completion of our new fire alarm/nurses call system. They have recently completed the first floor and are now moving onto the second floor. They have been working around our Residents, trying to keep the status quo of their day to day routines, as they work to complete the project. We thank all of you for your contributions and support which enabled us to raise the funds to start this project.



The Little Sisters of the Poor

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she'd had trouble with, who'd wandered away from the family. He was no sooner in the room than she closed her eyes and went peacefully.

They tell the story of another Resident who was dying, a man with two feuding daughters. They wouldn't come in the room at the same time. Finally, one of the Sisters gently told them, "You know, he's waiting for you two to come in together and talk to each other."

They finally did. And sure enough, the father saw that and then he died. He wouldn't go until his two daughters came in together and talked.

Sometimes the family members are the ones who can't let go. They have to get to the point where they can say, "It's OK, Mom, I'll be OK without you."

We're afraid of that last moment, the Sisters observe. We're afraid to suffer. We've forgotten the redemptive value of suffering. In our culture, we want to eliminate all pain.

But suffering is part of living, of our humanity. There's just as much value in suffering, they emphasize,

as in the productive working part of our day, or lives. The smallest ache is never useless.

The Sisters beg. That, too, is part of their charism. St. Jeanne Jugan, their recently-canonized mother foundress, went out collecting every day for "our poor." They used to go door-to-door, but "people aren't home anymore."

So every day a pair of Sisters goes to grocery stores, restaurants, bakeries. They ask for food, money, whatever they can use for the Residents.

The Sisters work 16-hour days. They are headed into an afternoon of more pastoral care, of work, of time before the Blessed Sacrament.

As I leave, the paramedics are pulling up: a Resident has a medical emergency.

Mother Margaret and Sister Paul charge outside and stride purposefully down the walk, white veils streaming. The last thing I see as I drive off is their two heads, bowed over their charge.

"Take good care of the elderly," said St. Jeanne Jugan, "for it is Jesus himself you are caring for in them."

"That last breath is God's design, the sisters observe. Every death is different."



SISTER FRANCIS JOHN

We welcome Sister Francis John to our home. Sister Francis is a native of Northern California and is no stranger to our home here in San Pedro. She was here for the dedication of the home just before entering and she was here for two and a half years from 1989 to 1992. Sister Francis comes from the home in Gallup, New Mexico and can now be found on the Residents' 3rd floor.

Sister Francis enjoys being with the Residents, and the Residents enjoy her down to earth presence.



Welcome to our Newest Staff Members



Gail Brierly
Business Office Manager



Arnold Agraviador
Development Secretary



David Magana
Facilities and Property Manager



Tara Escandon
Part Time LVN 1st Floor Day