



# SCENIC HILLS

Christian Community Homes and Services Newsletter  
*Serving Hudson & Osceola*



[www.cchudson.org](http://www.cchudson.org) • [www.cchosceola.org](http://www.cchosceola.org)

Volume 1 - 2016

## Christian Community Home Celebrates! Caring for our community since 1981!

This year is the 35th anniversary for CCH-Hudson and the 30th anniversary for WinterGreen. For more than three decades, CCH has been providing quality care to our senior community!

We would first like to thank the community, staff, volunteers and countless donors for all of your support, along with the residents and their families. Without all of you, we would not be where we are today.

Our story began back in 1979. The nursing home in Hudson was a part of the Hudson Memorial Hospital for twenty years when it was announced that the hospital needed more space for their patients and would no longer have room for the residents of the nursing home. The community realized the need for quality care for their elder residents and so began the battle for a new location for the nursing home. The United Methodist Church, with local pastor Rev. Arland Averill, offered to build a new 100-bed structure.

When the state Health Systems Agency turned down the request in 1979, stating that the facility wasn't needed, the local lobbying efforts began. A call for funds to show community support netted \$900,000 in pledges from corporations, foundations and individuals. In addition to financial support, the Hudson community waged a lobbying campaign of postcards, petitions and letters protesting the state health authorities' claim that there was not a need for a nursing home in Hudson.

More than a hundred letters and two-thousand signatures on a petition were used in the support effort. The postcard campaign at Erickson's grocery store had ten thousand postcards at their Hudson store urging Hudson residents to write brief

messages to the Governor stressing the need for this nursing home. The process of getting state approval involved a lot of time, effort and also the dedication of everyone involved.

In June 1981, Christian Community Home opened its doors. Fifty-four residents from the old Convalescent Care Unit were transported down to their new home. By the end of August, the facility was full. The resident council at the time had been instrumental in planning the color schemes and other aspects of the home. We were a small-knit "family" determined to make it on our own.

Over the years we started to grow in numbers of residents and staff. The success of that first building led Rev. Averill and the home's board, in 1983, to another goal - more beds for the home and the construction of a new high-rise apartment building for our senior population. On June 21, 1986 WinterGreen opened and over the years, with the addition of Pine Ridge Assisted Living, Pine Ridge Garden Memory Care, and our Red Oak Center for rehabilitation and fitness, the CCHS campus has taken shape. Surrounded by nature, rolling hills and beautiful landscaped grounds, the CCHS campus reflects the strong support it receives from the community. In 2011 CCHS expanded north to Osceola, WI where a very similar situation presented itself. This year we will also be celebrating our five-year anniversary at that campus. Stay tuned!

In recognition of the 35th & 30th anniversaries we will be celebrating on the CCHS campus this year, we will be having an open house on Tuesday, June 8<sup>th</sup>, with incredible food, entertainment, and guided campus tours. Keep your eyes open for more information on our website: [cchudson.org](http://cchudson.org).

# STAFF ANNIVERSARIES RECOGNIZED

We wish to congratulate and thank the following staff members who have or will celebrate an anniversary from March through June.

## MARCH

### 1 YEAR

Erin Linn Hudson  
Kelly Larson Hudson  
Crystal Thompson Hudson  
Jenna Mewes Osceola

### 2 YEAR

Isaac Dzubay Hudson  
Kelsey Pierce Hudson  
Katrina Willey Osceola

### 3 YEARS

Karlye Peterson Hudson  
Kristy Hatzenbeller Hudson  
Patti Sattler Osceola

### 4 YEARS

Alexis Hemauer Hudson  
Jennifer Bjerke Osceola  
Lisa Okerson Osceola

### 5 YEARS

Rael Sikulu Hudson  
Christina Davis Hudson

### 6 YEARS

Sandra McBride Hudson  
Danielle Otto Hudson

### 7 YEARS

Susan Richie Osceola

### 15 YEARS

Tina Ormston Hudson

### 40 YEARS

Kathy O'Connell

## APRIL

### 1 YEAR

Kelly Waid Hudson

### 2 YEAR

Annika McGill Hudson

### 4 YEARS

Melissa Stundahl Osceola

### 5 YEARS

Kirstin Strom Hudson

### 7 YEARS

Sheryl Rust Hudson  
Rebecca Hakes Hudson

### 16 YEARS

Barbara Luckow Hudson



## MAY

### 1 YEAR

Marissa Harden Hudson  
Nicole Paul Hudson  
Leisa Harris Hudson  
Kimberly Santiago Hudson  
Heidi Sherwood Osceola  
Majorie Rosty Osceola

### 2 YEAR

Christianna Gratz Hudson  
Kristal Moen Hudson  
Trisha Steiner Hudson  
Amberly White Hudson  
Eric Wunrow Hudson  
Naomi Appel Osceola  
Michelle Claypool Osceola  
Jenna Van Soelen Osceola

### 3 YEARS

Colleen Wendt Hudson  
Debi Mager Hudson

### 4 YEARS

Saralyn Lewis Hudson  
Debbie Heidel Osceola

### 5 YEARS

Toria Ferrell Hudson

### 6 YEARS

Jennifer Johnson Hudson  
John Bjornstad Hudson

### 8 YEARS

Megan Nelson - Osceola

### 11 YEARS

Portia Maves Hudson

### 18 YEARS

Michelle Serkowski Hudson

## JUNE

### 1 YEAR

Kelsey Miller Hudson  
Kelsey Kuesel Hudson  
Kristina Frey Osceola  
Cynthia Wheeler Osceola  
Jessica Bjerke Osceola  
Emily Raffesberger Osceola

### 2 YEAR

Kari Jansen Hudson  
Kari Anderson Osceola  
Carleen Troff Osceola  
Kelly Larsin Osceola  
Rebekah Knutson Osceola  
Matthew Gjovig Osceola  
Teddy Gildersleeve Osceola  
Brittany Wester Osceola  
Jared Moberg Osceola

### 3 YEARS

Lori Gerhardt Hudson  
Page Peterson Osceola

### 5 YEARS

Randi Hussey Hudson  
Jeff Doonan Hudson  
Brad Anfinson Osceola

### 11 YEARS

Hannah Johnson Hudson

### 16 YEARS

Mary Eells Hudson

Executive Director / Dan Goodier

## CCHS in Hudson

### DIRECTORS:

Operations / Mary Eells

Finance / Janelle Johnson

Finance Services / Debi Mager

Nursing / Jennie Orman

Human Resources / Tina Burton

Red Oak Center / Travis Sanders

Wintergreen / Kathy O'Connell

Pine Ridge / Brenda Magadanz

Executive Chef / Jim Wood

## CCHS in Osceola

Administrator / Natalie Rivard

### DIRECTORS:

Nursing / Deb Bartz

Finance / Janelle Johnson

Financial Services / Debi Mager

Human Resources / Tina Burton

Editor / Shelly DeStasio

Scenic Hills is published every four months for the residents, families, employees, and friends of Christian Community Homes and Services.

*Building on the Future Vision of Senior Living.*

## THANK YOU FRIENDS OF CCHS FOR YOUR SUPPORT!

### Memorials

Edith Sultze  
Susan Doriette  
Barbara Zeuli & Family  
John & Jeanette Radick  
S.M. & Betty Creek  
Kevin Suzukida  
Phillip & Elaine Heffley  
Verna Abe  
Alicia Suzukida  
Paul & Jan Asai  
John & Bobbie Peduzzi  
Delia Ozete  
Michael & Pamela Bregenzer  
Chiyo Suzukida

Michael & Coreen Suzukida  
Margaret Suzukida  
Margaret Weller  
John & Lori Suzukida  
Joan Pierce  
Donald & Carol Rasmussen  
John Schreiber  
Sam & Betty Casali  
Kathryn Brown  
James & Anne Afdahl  
Jane & Peter Field  
Glenn Suzukida  
Kathy Anderson  
Morgan Simmons  
Roger & Pat Evenson

Hannah Takahashi  
Synnove Williamson  
Patricia Parent  
West Immanuel Welca  
Fern Brunclik  
Zion Lutheran Church  
Zion Lutheran Ladies' Aid  
Denny & Gretchen Sampson  
United Methodist Church

### Gifts

John Van Allen  
Cindy Smith  
Jim Sharer

# CHAPLAIN'S CHAT by Rev. Beth Faeth



I recently had an epiphany while standing in front of my kitchen sink. One of the reasons I don't mind doing dishes is that standing in front of my kitchen window is one of my favorite thinking spots and places to pray. This particular day I was completely lost in thought, my mind dancing around various people and possibilities in my life. During my abstract prayerful meditation, I suddenly realized that the window blinds were lowered half way, completely obstructing my view of the backyard. I love natural light, and I am not a fan of window coverings. Other members of my family prefer diluted light, and we seem to wrangle constantly about keeping blinds open or shut. As I pulled up the blind to be fully raised, there in my sightline was a gorgeous male cardinal, his coat of red strong and vibrant against the green of a bush and the white of the snow-covered ground. What a blessing! The shock of gorgeous color shook me from my distracted state, and as I regained

*"If you change the way you look at things, the things you look at change." - Wayne Dyer*

focus on the present, I gave thanks for the gift of that gorgeous bird. I would have missed this sight if I had not raised the blind, increasing not only my awareness but also widening my perspective.

Sometimes our view becomes too narrow. We ignore the bigger picture. My experience at the kitchen window reminded me that I cannot go out into the world with the blinds half drawn. I need to be careful not to judge too quickly and not to draw conclusions before knowing the full story. I must be willing to widen my perspective lest I miss something beautiful and transforming in my sight line. Being lost in prayerful thought is often important for our spirit, but we also must travel the world with eyes wide open so as not to miss the blessings God places directly in our path.

Where might you need to draw open the curtains in your life? Let God's light shine brightly in your lives, my friends!

**Blessings, Pastor Beth**

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## Kathy O'Connell Celebrates 40 years with CCH



Kathy O'Connell

When I tell people that I have been working here for 40 years (March 8th), they look at me in disbelief. I explain that yes, it is true, that I have been here since dirt! I had the opportunity to start my career at the Hudson Hospital, where I had five years of service in before I joined Christian Community Home (CCH) in 1981. Those of us who made the change, were able to keep our seniority from our

hospital employment. That's why there is a five-year difference between my years of service and the 35-year anniversary that is quickly approaching for CCH.

In 1981 -with a sense of adventure in our hearts, we set out to serve people who had advanced beyond the middle of their lives. Through my experience with persons in the second half of their lives, I have learned the true meaning of courage, beauty and wonder and the limitless power of love, forgiveness, faith and gratitude.

We had so much more to learn from our seasoned citizens. In 1986, we opened WinterGreen, our retirement living community. I often explain to people that WinterGreen is a community within a

community. We created a living environment that was comfortable and had a sense of safety and security. It gives our seasoned citizens a sense of control; the feeling that they're capable of doing what they need to do in their environment - whether it's being able to take a shower or move easily from room to room in their apartments or navigate throughout our building and come together, sit down and talk or just be together.

In 2009 we added assisted living services at WinterGreen. We are able to assist our residents to live in their own place as long as possible. Sometimes, along the way, a person just needs a little assistance at this stage of life and we focused on what we could do to help. We have a great staff that is committed to assisting with our resident's health and activity.

As we look to the future, I am reminded of a quote by Norman Vincent Peale, "Live your life and forget your age." We are here to help you live your life. Our company motto is: Your Life, Your Style! We will continue to learn everything that we can from you to help us accomplish this.

Join us in celebrating CCH's 35th and WinterGreen's 30th anniversaries on June 8th. It'll be fun to remember where we have come from and share where we're going in the future. See you there!

**Kathy O'Connell**  
**Housing Director of WinterGreen**



# HUDSON CAMPUS NEWS Foundation Update

by Judy Freund, Foundation Chair

Greetings and a reminder that as we begin to see an end to those long days of winter, planning continues on behalf of the CCC Foundation to raise funds – as well as awareness – for important initiatives for the CCHS community.

Christian Community Homes and the CCC Foundation were very instrumental in the “Remember” project that occurred throughout the St. Croix Valley this past fall.

The CCC Foundation made funds available both to fund the program in other communities – there were up to 15 different sites – as well as partnering with the Hudson Hospital Foundation and Osceola Medical Center to be sponsors in our local communities. Three different, short plays were performed, followed by a facilitated conversation here in Hudson, Osceola and in thirteen other communities. CCHS was acknowledged for their leadership on this project, and plans continue for the next phase. The St. Croix Valley Foundation was the coordinating organization for the project. We should all be very proud of our involvement in this very important community education initiative.

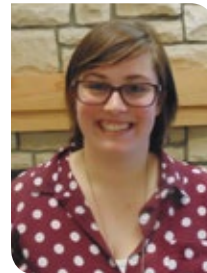
At year’s end we sent out a fund-raising appeal, with funds dedicated to the purchase of a courtesy van for our campus. We project needing \$40,000, and the appeal brought in over \$8000 to date! That is great start! But, we are still quite short. If you would like to help us reach our goal you can donate online at [cchudson.org](http://cchudson.org) or mail us a check. We are already thinking about the Annual Sunset & Starlight river cruise, which we are targeting as our MAJOR fund-raiser. We are so appreciative for all of our community friends who generously donated silent auction and raffle items in the past. And we are very grateful for our major sponsors Reinhart, Boerner, Van Deuren, S.C., Attorneys at Law, Community Living Solutions, Osceola Medical Center and Omnicare this event would not happen without them. We are working hard to make this an important fund-raiser while keeping the event fun, festive and just an event people will look forward to attending. If anyone has creative thoughts for raffle items, silent auction items or just fun ideas, DO let us know. You can contact Shelly DeStasio @ 715-381-4203 or [shelly.destasio@cchudson.org](mailto:shelly.destasio@cchudson.org).

So we look forward to a productive 2016, focusing on those efforts that will enhance the Christian Community Homes experience for all.



## The CCH Therapeutic Recreation Department would like to welcome two new members to our staff.

They are: Elaina Johnson and Kelsey Pierce. They are both fulltime employees sharing their time between CCH and Pine Ridge.



Elaina Johnson

**Elaina Johnson** is a Winona State University graduate. She received her Bachelor's Degree in Therapeutic Recreation and did her internship at the VA Medical Center in Minneapolis. Elaina has worked as a Youth Director at Central Lutheran Church and worked in the recreation department at Winona Park. She says that she enjoys volunteering at her church, kayaking, hiking, camping, skiing, knitting, and snowshoeing. Elaina says that she wants to help our residents live lives filled with recreation of their choice and to fulfill their leisure capabilities. Her comment about CCH: "Love it!"

One fun fact about Elaina – She visited Guatemala for 2 weeks working with Mayan women.

We are so glad that you are here Elaina!



Kelsey Pierce

**Kelsey Pierce** is no stranger to our CCH campus. She worked as a CNA here for over a year. She says that CCH helped her discover her passion for working with older adults through her time as a nursing assistant. Kelsey graduated from UW-Lacrosse receiving her degree in Therapeutic Recreation. Her internship was at Courage Kenny Rehabilitation Institute – St. Croix. Kelsey also did school-age care for the YMCA for two years. Kelsey was born and raised in Hudson, WI. She enjoys outdoor activities such as hiking, camping, and canoeing. She also loves to read and knit. Kelsey states that she is at CCH to provide engaging activity programming for CCH residents and to help create a high quality of life - bringing happiness and entertainment to resident's daily lives.

One fun fact about Kelsey: She loves unusual pets and hopes to someday have a duck and pig at home as pets.

We continue to enjoy having you here Kelsey!

## Wheels for Wellness Campaign

Christian Community Campus Foundation is in full swing with their Wheels for Wellness campaign. You may recall getting a letter at the end of last year asking for your help regarding our need for a newer courtesy van for our long and short-term residents. Our current van is nearing the end of its useful life and it has become clear we need to replace it. This van is used to transfer our residents to and from their "wellness" appointments whether it is a doctor's appointment, dentist or other local appointment. Our goal is to raise \$40,000, to date we have raised over \$8000 which is a great start! If you are interested in making a donation please contact Shelly DeStasio at 715-381-4203 or go online for more information! [www.cchudson.org](http://www.cchudson.org)

# OSCEOLA CAMPUS NEWS

The youth from our community have joined us at CCHO in an intergenerational project focusing on artistic expression with quilting patterns and painting. CCHO residents feel so very blessed to be able to interact and share their traditions with younger generations!!

In December and early January, 4-H members gathered to tell stories, stitch and paint with about 20 CCHO residents. Different activities accommodated different abilities. For those with advanced dementia, for instance, the group had lacing cards, games of concentration that used pictures of quilts and items with fabric in different textures.



*John Jenkins painting with Olivia.*

On the final day of Paint 'n Stitch, the Soaring Eagles presented each resident with a booklet the group had made for them featuring photographs of their efforts and the resulting artwork. The book helped

resident, Bonnie, 76, convey the month's activities to a family member. As she flipped through the pages she saw pictures of herself painting and coloring along with photographs of the artwork she created

John Jenkins, a former Osceola teacher, enjoyed showing one of the certified nursing assistants (CNAs) the booklet

filled with photos of him painting alongside of 4-H'ers and other seniors, helping to sew a Christmas stocking. The CNA had many nice things to say about the projects that John did, and commented that it was clear that "hearing these positive comments made him so happy,"



*Hayette and Sophia with quilting patterns.*

Supplies for the visits were purchased with grants from Youth Service America (YSA), ABC Television and Disney Friends for Change. Olivia Nienaber, a 13-year-old Soaring Eagles 4-H Club member, used a \$500 grant to buy canvases, fabric and fiberfill for Paint 'n Stitch. "I liked doing the crafts - like painting - with the seniors," said Olivia Nienaber of the program. "I enjoyed spending time with them and helping them." Her sister, Sophia Nienaber, 15, enjoyed "hearing the interesting things that residents remembered while we did the projects. I also enjoyed painting with them. It was great to see how each of them had their own painting style and use of colors."

Their mother and organizer of the Soaring Eagles, Ann Rinkenberber, reinforced the rewards of the program for her family. "It has been so meaningful for our family to volunteer at CCHO," she said. "The seniors have all enriched our lives; and, we are so grateful for the opportunity to be able to spend time with them."

## Helping Hands Scholarship Fund



An additional employee education scholarship has been started by the family of Kayo Suzukida, a former CCH-Hudson resident, out of gratitude for the exceptional and compassionate caregiving experience at CCH. The excellent environment created by the caring and highly skilled CCH staff results in a very good quality of life for residents. The caring environment also helps the residents and their outside families make friendships, and support each other.

The Helping Hands scholarship fund will be administered by the Christian Community Campus Foundation. The first scholarship of \$500.00 will be awarded during 2016. This will be in addition to the two \$500.00 scholarships that are awarded through the Loren & Edie Sultze scholarship fund.

A warm invitation is extended to CCH residents, and their families or estates, to contribute to this Helping Hands Scholarship Fund. Tax-deductible contributions may be made to: CCH Campus Foundation. Designate Helping Hands Scholarship, by writing in the "Memo" section of the check. Mail to: CCH Foundation, 1320 Wisconsin St., Hudson, WI 54016

give **BIG** April 26  
St. Croix Valley  
giveSCV.org  
Supporting nonprofits in the St. Croix Valley  
Amery Osceola St. Croix Falls

### Written by: Natalie Rivard, Administrator

For the fourth year in a row, CCH of Osceola will be participating in giveBIG St. Croix Valley! GiveBIG SCV is a one-day online event on April 26, 2016 that encourages our communities to log on to giveSCV.org, connect with causes they care about and contribute. GiveBIG SCV includes nonprofit organizations that serve Amery, Osceola and St. Croix Falls. Last year giveBIG SCV raised a total of \$227,251 and CCH of Osceola received \$1,700 of that. Our goal last year was to raise funds for our Music and Memory Program and this year we are focusing on the need to purchase retractable awnings for our four courtyards. We want residents and visitors to enjoy the beautiful outdoors but also have the option to be sheltered from the sun. Please help us reach our goal by logging on to giveSCV.org today to learn more!



# ACTIVITY ALLEY – HUDSON

by Deb Tonsager, Therapeutic Recreation Manager/Music Therapist

CCH – Hudson has been a very busy place since our last Scenic Hills publication. We have had much to celebrate. In addition to our Veteran's Day "Quilts of Valor" presentation. Santa Claus and his wife came to visit us once again this year. They brought smiles and laughter to each of our residents. They also brought presents for each of the residents. Many of the presents were purchased by the Hudson High School National Honor Society. The students did a fantastic job of finding just that "right gift" for the residents.

We thank the students and teachers of Hudson High School for helping to support our residents with their generosity. They truly made our celebration merry and bright!

Many of the area schools have brightened our days as well. We have had many wonderful opportunities to meet



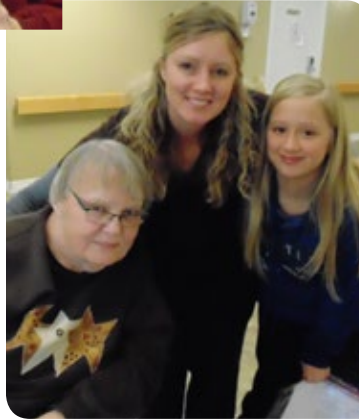
*Jeff Root with RFHS friends at the Snowman Extravaganza.*



*Sister Jane shows a gift that Santa brought for her. Nothing beats Double Stuffed Oreos!*

the children and listen to them read, sing, and perform. One of our visits was from some of the River

Falls High School students for our first ever Snowman Extravaganza! Our initial dream was to have the students make real snowmen outdoors but the weather outside was "frightful" (below 0°) and so the plans changed to creating stocking snowmen indoors. We all enjoyed hot chocolate with fixings to help keep us warm.



*Jill Jutilla with Erin and her daughter, Callie.*

Our New Year's Eve celebration was filled with music, laughter and fun. We were blessed with special musical entertainment led by Hudson's very own Bobbi Pominville. Our residents enjoyed singing lots of the good oldies with the group as they helped us to ring in the New Year!

Thank you Bobbi and Gang!



*Our 2016 King & Queen of Hearts-Bill Martin & Marie King*

We would like to thank everyone who helped us with the tremendous success of the 2015 CCH Annual Craft and Bake Sale. We are pleased to announce that we set a new record of sales once again! It's all made possible due to the support of our residents and staff on the CCH – Hudson Campus as well as the incredible outpouring of donations from our loving community!

**THANK YOU!**

# Campus Auxiliary News

It snowed and snowed, the wind blew, and then it snowed some more. So we packed our grass skirts, our sandals, and pina colodas, and escaped to Hawaii for a Luau Party on January 16<sup>th</sup>. We invited the residents of CCH and Pine Ridge to join in our fantasy. With colorful leis around their necks and flowers in their hair, the guests enjoyed some Hawaiian treats and good company. The music of The Islands, along with the decorations completed the scene. It was complete with "real sunshine" and happy faces.

The next event on our calendar will be our annual Garden Jubilee fundraiser on Tuesday, April 26<sup>th</sup>. Planning is underway for this evening. The Grace Notes will be performing and Chef Jim will be preparing an excellent meal once again. This year's funds will be used to purchase a pergola for the memorial garden in hopes that our guests will be able to gather outdoors in the shade with friends and family. The invitations for this event should be arriving in your mailbox in early April.

Dreaming about warmer days to come, we will continue to have the three Garden Concerts this summer, this year's dates are Tuesday, June 17, July 19 and August 16. We are planning to have the concert tickets available for purchase at the Garden Jubilee as we did last year. The cost will be \$25.00 for all three concerts or \$10.00 each. The proceeds from the concerts are used to maintain the gardens and care for the fish pond. The thought of "soft breezes" will carry us into spring before we know it.

So what is the Auxiliary Committee? We are a subcommittee of the CCHS Foundation that continues to work on projects and purchases to enhance the lives of the residents across the campus. We invite you to come and bring your ideas to our monthly meeting. We meet every second Tuesday of the month at 1:30pm in the CCH conference room. If you are interested or have questions, contact Shelly DeStasio @ 715-381-4203.

## "Quilts of Valor" Program Celebration



*Quilts of Valor and the veterans who deserve this honor!*

CCH-Hudson campus held a special celebration this past Veteran's Day. There was a suggestion by one of WinterGreen's own - Roger Jewett - a WWII vet himself to host a program similar to the one that he was a part of this past summer. The program is called "Quilts of Valor". The program's mission is to "cover service members and veterans touched by war with comforting and healing Quilts of Valor". QOV is a non-profit organization that began in November 2003. The organization has hundreds of volunteers throughout the country who sew personalized quilts for veterans. The program sounded like a phenomenal event that we could not pass up. So, on Veteran's Day, we did just that. We had an amazing, personal, and emotional celebration of eight of our own veterans. CCH's Atrium was filled with residents, family, friends, staff, and visitors who were all in attendance to honor these men. There really wasn't a dry eye in the crowd. The veterans that were chosen to be honored were WWII veterans.

They were: George Badman, Robert Bellesbach, Gerald Hoel, Arden Jensen, Joe McAuliffe, Robert Mello, Lloyd Scheide, and Doug Torgerson. They received handmade quilts and certificates. We were appreciative of the QOV volunteers who worked so hard organizing, making, personalizing and presenting each of the quilts to these men. They were able to make eight in time for our celebration. We plan to hold future QOV presentations for our other campus veterans. If you would like to learn more about the "Quilts of Valor" program visit: [www.qovf.org](http://www.qovf.org).



*Thank you Family Fresh and Doug Peterson for sponsoring this beautiful cake!*





# ACTIVITY ALLEY – PINE RIDGE

by Brenda Magadan, Director of Pine Ridge

The Christmas season was enjoyed by the residents with the occurrence of many events. Residents always enjoy the annual holiday buffet put on by the dietary department. With traditional goodies like Swedish sausage, duck with wild rice, and of course, lutefisk and lefse; the residents had full bellies and shared happy memories of the traditional foods they had growing up.

They also celebrated with Santa bringing them gifts. And no matter your age, you still smile and want your picture with Santa. On Christmas morning they gathered and opened gifts.

And, of course, New Year's was brought in with a bang – that afternoon!

After the hubbub of the Christmas season, we settled in for a long Wisconsin winter. We have been doing some baking and craft projects, and enjoying some of the newer movie releases on movie night.



*Dorothy Cudd is happy to see Santa and have her picture taken.*



*Santa and Delores Orf obviously coordinated their outfits for the party.*

# PINE RIDGE GARDENS

The residents in Pine Ridge Gardens Memory Care also enjoyed the Christmas season. There was the decorating of the unit with three different trees, lots of music of the season and familiar seasonal activity like frosting cookies. Santa visited with lots of smiles from everyone. And we also opened gifts together on Christmas morning.

The New Year was rung in with an afternoon of music and singing and snacks and drinks; and then an evening of bingo.

Now through the rest of our winter months, we are enjoying the visits from the Hudson MOM group with their toddlers, the second graders from St. Patrick's school and the students from Hudson Middle School. It is always fun and refreshing to have young people interacting with the residents.

And once a month we liven up our Happy Hour with a polka party. We are so fortunate to have a great accordion player in Mike Tschida who comes to play the last Friday of every month.



*Bob Pierce and a visiting kitten get up close and personal.*

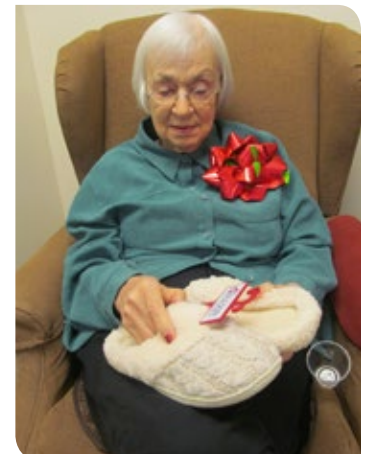


*Joyce Cassutt was ready to ring in the New Year.*



*Donna Salin was making sure Santa knew she had been a good girl.*

*Don Bartels and Dorothy Ausink enjoy a polka at our monthly Polka Happy Hour.*



*Bev Hansen loves the slippers she opened on Christmas morning.*



# ACTIVITY ALLEY – WINTERGREEN

by Jenny Brazzale, WinterGreen Assistant

WinterGreen residents are known for their generosity. Throughout 2015, residents were able to raise enough money through their own fundraisers to donate to five local charities. On Thursday, December 10th, representatives from the five social agencies were invited to WinterGreen to accept their checks and give a brief presentation on the work they do in our community. Residents heard from Operation Help, E.P. Rock Elementary School Angel Fund, Pierce-St. Croix County Free Clinic, Turning Point and The Salvation Army. Everyone was impressed with the crucial services that these agencies provide to those in need.

As part of the Remember Project in early autumn, WinterGreen was honored to have our very own showing of the short play, *Riding the Waves*. The play addressed some of the issues associated with dementia like isolation, fear and uncertainty. After the performance, the cast and director had the audience break into small groups to continue the conversation. Residents were able to ask questions and were given a better perspective on aging and dementia.

In November, as a follow-up to the Remember Project, Brenda Magadan, Director of Pine Ridge and Pine Ridge Gardens, came to WinterGreen to discuss and answer questions about dementia and Alzheimer's disease. Brenda handed out a fact sheet on the disease and discussed the types of dementia. She was also able to give tips and tools to help those who are struggling with dementia and resources for caregivers.

WinterGreen residents were busy in December putting the finishing touches on their holiday parties. As in years past, residents had the opportunity to take part in the Secret Santa gift exchange. After a week of leaving candy, small gifts and special

notes, a reveal party was held. Everyone was invited to celebrate the season and those who participated brought their Secret Santa one last gift to reveal themselves.

Even with the winter months upon us, we have been able to get out for some fun lunch outings. One of our favorite trips was to Mama Maria's in North Hudson because the food is always exceptional. We have also gone for lunch at Applebee's and Green Mill. The men's group continues to enjoy their monthly breakfast outings as well. Even though everyone loves to go out, lunch in the WinterGreen Garden Room can't be beat. Chef Jim created a wonderful menu for a special holiday luncheon. Everyone always looks forward to what will be on the menu each week.

For New Year's Eve, our resident Betty Nelson put together a fun afternoon at the Phipps and also an evening get together back at WinterGreen. Residents who went to the Phipps enjoyed performances by Colleen Raye, Debbie O'Keefe and The Brothers & Sisters Grimm. Then, in the evening, everyone was invited to come to the Garden Room for appetizers. Residents were encouraged to bring a game to play with others, and there was even a contest for best joke. It was a wonderful evening of reminiscing with neighbors, saying so long to 2015 and hello 2016.



*Landon Brazzale gives Santa high-five during CCHS's employee holiday party held at WinterGreen.*



*WinterGreen Association Board President Henry Driestadt shown with agency recipients L to R: Angela Mauton (Salvation Army), Vickie Erickson & Laura Arthur (Operation Help), Amy Reise (Turning Point), Alissa Van Boxel (E.P. Rock), Mary & Dr. Robert Johnson (Pierce & St. Croix County Free Clinic).*



*Shirley Phillips smiles as she works on crafts for CCH-Hudson's Craft & Bake Sale.*



# ACTIVITY ALLEY- OSCEOLA

Written By: Tia Erickson, Therapeutic Recreation/  
Volunteer Manager

CCHO and Hearthside Assisted Living have enjoyed the great get-togethers both indoors and on outings. We have had many family events during the holidays like musical concerts and many carolers bringing much joy and festivities to CCHO residents, families, staff, and volunteers! The bus has taken us out for many great trips in our community such as the yearly Christmas Cottage Lights. Sue DeMenge, as Mrs. Claus with Jazzy her little elf served up homemade cookies and hot cocoa!! The residents decided to request Santa and Mrs. Claus make an appearance for the CCHO staff's Christmas gathering. It was their gift for all the great care they receive at CCHO. Every year we are blessed with the Anderson family Christmas gathering from the Iowa border who share with us their kind, giving ways and spiritual gifts! CCHO Volunteer, Terry Rader, delighted us all with many musical performances including a Christmas program with his precious grandchildren singing, reading and dancing their way into our hearts. Another great addition to our CCHO musical performers is resident Nina Hoverman's family, Dale and Beth, also from the Iowa border playing the authentic western music we love on guitar and accordion!



*Old Time Tunes by Nina Hoverman's Son, Dale and his wife, Beth.*



*Bonnie & Emily sipping cocoa & looking at lights.*



*Terry Rader and Grandchildren's Concert.*



*Mrs. Claus, Sue DeMenge and Jazzy her Elf on outing.*



*Anderson Family Choir*



*Santa with Staff's Children.*



# UPCOMING EVENTS

## MARCH

- 12 BINGO W/THE HUDSON LUCKY HORSESHOE 4H CLUB - HUDSON**  
1:30 PM - CCH Atrium
- 14 LUCK OF THE IRISH BINGO - HUDSON**  
2:00 PM - CCH Atrium
- 16 CCH/PR MONTHLY BIRTHDAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 16 MONTHLY BIRTHDAY PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 17 ST PATRICK'S DAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 17 LUCK OF THE IRISH BINGO PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 20 PALM SUNDAY SERVICE - OSCEOLA**  
1:30 PM - CCHO Chapel
- 21 EASTER EGG BINGO - HUDSON**  
2:00 PM - CCH Atrium
- 22 DEMENTIA SUPPORT GROUP - HUDSON**  
6:30 PM - Pine Ridge Education Room
- 25 GOOD FRIDAY SERVICE - OSCEOLA**  
1:30 PM - CCHO Chapel
- 27 EASTER SUNDAY SERVICE - OSCEOLA**  
1:30 PM - CCHO Chapel

## APRIL

- 10-16 - National Volunteer Appreciation Week**
- 12 VOLUNTEER RECOGNITION - OSCEOLA**  
2:00 PM - Formal Dining Room
- 16 VOLUNTEER APPRECIATION BRUNCH - HUDSON**  
9:00 - 11:00 AM - Marie Blakemann Center (Senior Center)
- 20 CCH/PR MONTHLY BIRTHDAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 20 MONTHLY BIRTHDAY PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 26 QUARTERLY MEMORIAL SERVICE - HUDSON**  
3:00 PM - CCH Atrium
- 26 DEMENTIA SUPPORT GROUP - HUDSON**  
6:30 PM - Pine Ridge Education Room
- 26 CCH AUXILIARY GARDEN JUBILEE FUNDRAISER - HUDSON**  
5:00 - 7:30 PM - WinterGreen Garden Room

## MAY - Older Americans' Month

- 6 MARVELOUS MOTHER'S HAPPY HOUR - HUDSON**  
2:30 PM - CCH Atrium
- 9-13 CELEBRATING NATIONAL LONG-TERM CARE WEEK**  
Watch for Special Events
- 9 LADIES' FAMILY TEA PARTY - OSCEOLA**  
2:00 PM - Formal Dining Room
- 14 BINGO W/ HUDSON LUCKY HORSESHOES 4H CLUB - HUDSON**  
2:30 PM - CCH Atrium
- 18 MONTHLY BIRTHDAY PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 18 CCH/PR MONTHLY BIRTHDAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 24 DEMENTIA SUPPORT GROUP - HUDSON**  
6:30 PM - Pine Ridge Education Room

## JUNE

- 8 CELEBRATING 35 YEARS OF COMMUNITY CARE - HUDSON**  
4:00 - 7:00 PM - WinterGreen
- 15 CCH/PR MONTHLY BIRTHDAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 15 MONTHLY BIRTHDAY PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 17 CCH FABULOUS FATHER'S DAY HAPPY HOUR - HUDSON**  
2:30 PM - CCH Atrium
- 20 FAMILY BBQ AND CAR SHOW - OSCEOLA**  
11:30 AM BBQ & 12:00 PM Car Show
- 21 CONCERT IN THE GARDEN "THE SQUIRES" - HUDSON**  
6:30 PM - CCH Courtyard Gardens

## JULY

- 4 OSCEOLA PARADE W/ CCHO BUS - OSCEOLA**
- 19 CONCERT IN THE GARDEN - HUDSON**  
6:30 PM - CCH Courtyard Gardens
- 20 CCH/PR MONTHLY BIRTHDAY PARTY - HUDSON**  
2:00 PM - CCH Atrium
- 20 MONTHLY BIRTHDAY PARTY - OSCEOLA**  
2:30 PM - Formal Dining Room
- 26 QUARTERLY MEMORIAL SERVICE - HUDSON**  
3:00 PM - CCH Atrium
- 28 FOUNDATION SUNSET & STARLIGHT DINNER CRUISE**  
6:30 PM Boarding @ St. Croix Boat & Packet Company - Register Online @ cchudson.org



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**Wintergreen**

Independent Senior Apartments with Individualized Health Services

**Christian Community Home of Osceola**

24-Hour Skilled Nursing Care & Short-Term Rehabilitation

**Hearthside**

Assisted Living in a Community Setting



**Our Mission**

We are a nonprofit, faith-based organization offering senior living communities dedicated to serving individuals in ways that reflect the importance of each unique life.

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