

Happy Birthday to...

Helen Ruggeri-June 2

Sally Jacks-June 2

Florence Bertrando-June 9

Carol Melchoir-June 19

Bessie Parrish-June 25

Ella Sestrich-June 26

Dotty Copper-June 28



You share a birthday with...

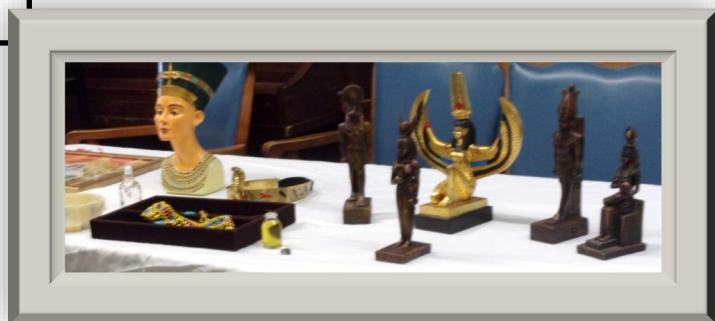
Marilyn Monroe-June 1, 1926

Gene Wilder-June 11, 1935

Lionel Ritchie-June 20, 1950



Residents enjoyed songs by the Sunshine Chorus of West Chester Senior Center. Rosalie McHoul (second row above in the orange blouse) is a long time member of the Sunshine Chorus and is a resident of Friends Home. The concert was held at the Kennett Square Senior Center.



In May, The Queen's of Egypt exhibitor offered residents the opportunity to model jewelry. Ella Leach (top left) and Nancy Bugosh and wore it well!

Do what we can, summer will have its flies.

-Ralph Waldo Emerson



June is...

Boat Month

Butterfly Month

Comping Month

Fishing Month

Dairy Month

Ice Tea Month

Members of St. Michaels Church hosted their annual Mother's Day Tea for our residents. As always, it was enjoyed by all!



The Friendly Times June 2019

147 W. State Street, Kennett Square, PA 19348

610-444-2577 Friends Home

610-444-0741 Linden Hall

National Nursing Home week was celebrated the week of May 12-18. Friends staff and residents enjoyed a Disney theme week with bingo, crafts, and socials. Thanks to all our nurses, CNAs and other staff who work diligently to care for residents!



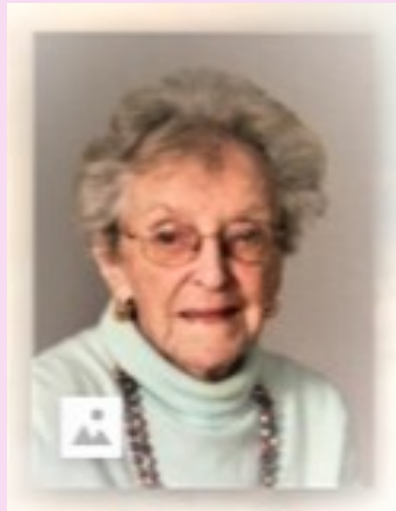
Top L to R: Carolyn Sheehan, Madeline Melendez Gomez, and Danielle Hellmig.

Bottom L to R: Danielle and Madeline with Linden Hall resident, Lois Hanna, wearing the their Disney Mouseketeer ears!



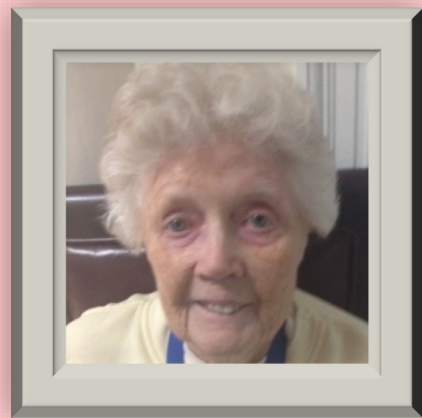
In Memory of Jean Friebe

Jean was a tenant of Friends Home for nearly 13 years. She was 97 years old and stayed independent up until the day of her passing. An inspiration to many who knew her, Jean and will be missed!



In Memory of Ramona (Monie) Waltz

Ramona ("Monie") Waltz passed away on May 13th. She was a resident of Friends Home for over 4 years. Monie loved to travel, sing in the church choir, and play Bridge. She is survived by three children, five grandchildren and one great grandson.



June is National Dairy Month!

Dairy products contain thiamin, riboflavin, Vitamins B12, A, D, E and K. These all help your body do amazing things like help your body get energized, break down proteins and fat, absorb calcium and even your eyesight! How can you add all these to your diet? Some simple steps to help get more dairy are...

-add cheese to your hot vegetables, like cheddar with your broccoli, a 1/3 cup of cheese adds about 200 milligrams to your diet

-add cheese to your favorite sandwich or salad!

-eat yogurt! Having fresh fruit, add some yogurt! Granola, add yogurt! You get the idea!

-eat cottage cheese! Add fruit, apple butter or even toast or crackers!

-an all-time favorite-ice cream!
It's easier than you think!

Enjoy!



June Highlights

Saturday, June 1-Trip to Senior Center Indoor yard Sale-10:30

Sunday, June 2-Rendever Training-2:00

Tuesday, June 4-Memorial Service at Linden Hall-10:00

Wednesday, June 5-Photography club-10:30

Thursday, June 6-Trip to Library-10:30

Thursday, June 6-Country Ride-LH-1:30

Friday, June 7-Trip to Walmart-10:30; Mobile Museum-Andrew Wyeth-2:00-LH

Saturday, June 8-Music with Don and Diane-2:00-LH

Tuesday, June 11-Pedicures at Kim's-9:45; Tea Party at the Senior Center-1:30

Friday, June 14-Flag Day; Trip to Dollar General & Ollies-10:30; Music with Cindy McGrath-3:00

Sunday, June 16-Happy Father's Day! Father's Day Luncheon-12:00 & 12:30; Music with Anthony Saddic-5:15 at LH and 6:30 on the Porch

Monday, June 17-Down the Yellow Brick Road-Songs of the Legend Judy Garland-2:00-LH

Tuesday, June 18-Trip to Peebles-10:00; Gardening with Kendal-Worth-2:00; Rendever Training-6:30

Wednesday, June 19-Mass with Father Rogers-2:30-LH; Supper from Hank's-LH-5:00

Thursday, June 20-Trip to the Library-10:30; Prom with Tom Tolany-FP-6:30

Friday, June 21-1st Day of Summer! Trip to Giant-10:30

Saturday, June 22-Residents perform Broadway with Philly Stage

Sunday, June 23-Wilmington Blue Rocks game-12:30

Wednesday, June 26-Lunch Bunch-12:30

Thursday, June 27-Country Ride for Ice Cream-LH-1:30

Friday, June 28-Trip to the Amish Market and CVS; Music with David Zipse-FP

Saturday, June 29-Rendever Training-10:30

Sunday, June 30-Afternoon Movies-TBD