

WINTER 2018



LOURDES
SENIOR COMMUNITY

Vol. 12 - Issue 1

the continuum...

www.lourdesseniorcommunity.org



Lourdes Senior Community is sponsored by the Dominican Sisters of Peace



Dear Friends,

As the face of long term care changes so do the expectations of the residents and their families. This includes the model of care practiced by the team. Join us for a brief introduction to person-centered care, the model of care Lourdes Senior Community has adopted. While important for all residents this is especially poignant when caring for those with memory loss.

There are many activities enriching the lives of our seniors. This issue features activities that promote communication and outreach. You will find stories about Fox Manor's recent charity work, pet therapy visits around Lourdes Senior Community, sign language classes at Lourdes Rehabilitation and Healthcare Center, and the observance of Compliment Day at Clausen Manor.

Lourdes is a holy place, sustained by your prayers and support. Your commitment to our mission supports Lourdes as we strive to be the best senior living experience anywhere. Please know of my gratitude. May God continue to grace you for your kindness.

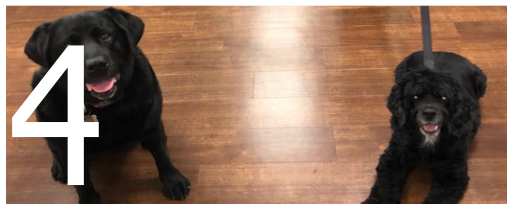
Blessings,

Sister Maureen Comer, OP

Sister Maureen Comer, OP
Chief Executive Officer

INSIDE THIS ISSUE

2 ADMIRATION FOR LOURDES



5 PATIENT CENTERED MEMORY CARE

7 THE POWER OF COMPLIMENTS

11 COMING UP

PRAYER FOR THE QUARTER



Lord our God,

Thank you,
for bringing us into a glorious day.
Let the rays of your grace,
the grace of Jesus Christ,
shine into our hearts so that we are
truly born of the Spirit,
and serve you as your children.

Through your might,
and your revelation
pry us loose from all earthly things.
Pry us loose from worries
and from pleasures.
We are your children, O Lord God.

We come before you,
our Father in heaven,
and you will accept us so that we
may be a people who prepare the
way for you.

May all the words you speak,
be a blessing to us and make us
joyful in expectation
for the day of Jesus Christ.

O God, your children entreat you,
"Accept us. Hear us. Set the light
afame in our hearts
for the coming of your great day.

Amen.

LOURDES SENIOR COMMUNITY SENIOR LEADERSHIP GROUP

Sister Maureen Comer, OP
Chief Executive Officer

Robert Pickup
Director, Plant Operations

Robin McClintock, CTRS
Director, Fox Manor

Deborah Edmonds, RN, BSN
Administrator, Lourdes Rehabilitation and
Healthcare Center

Colleen Burke
Director, Development

Rebecca Latta
Director, Human Resources

Cori Sharrard, RN, BSN
Director, Mendelson Home and
Clausen Manor

Richard Acho
Chief Financial Officer

Admirations for Lourdes



"Words can not fully express my gratitude and the heart felt appreciation I have for all of you.! You were and continue to be "angels" to the residents in your care. Your care and patience will always be remembered. You are always in my prayers."

"Your understanding and compassion mean more than you can ever know! It was such a blessing to have all of you care for our mom. We were comforted in knowing the exceptional care you all provided."



"Thank you for the love and care that everyone gave my dad at Lourdes. You truly are family."

"Your staff was so kind and helpful. We are so appreciative of all you have done. You made my recovery so much easier and truly made me feel at home during my stay. I feel very blessed for the care I received and for the wonderful new friends it brought to my life. Thank you, again!"



LET'S COMMUNICATE

LOURDES LEARNS SIGN LANGUAGE



Lourdes Rehabilitation and Healthcare Residents Larry Gipe (left) Frank Dewdney and Nancy Keith learn sign language.

Every two weeks, Lourdes Rehabilitation and Healthcare Center holds an introduction to sign language course. The lessons come from an American Sign Language book and are led by Lourdes' resident, Nancy Keith. For Nancy, sign language has been an integral part of her life and a skill that she enjoys sharing with others.

"My son, Nick, was born deaf," said Nancy. "I learned sign language with him."

Nick was seventeen months old when Nancy learned he was deaf and began learning to sign. She attended school workshops, made friends who were deaf and worked at the school with others who were deaf. She also used a lot of flash cards.

Her studying paid off. She was able to learn at a steady pace with her son. However, as he got older, the signs he used became more difficult. Soon he was teaching her.

Learning a new language wasn't their only struggle. They faced other hardships including prejudices.

"Our philosophy was 'the world isn't going to change,'" said Nancy.

One of the biggest challenges Nick faced was being let go from the Oakland County Wave Pool in Waterford, MI. After accepting the position, he was sent for a physical examination. The doctor who performed the exam didn't believe Nick should be a

lifeguard and made that known to his employers.

"The doctor didn't think a deaf person could be a life guard. He put that on Nick's physical card," said Nancy. "They fired him."

It was a devastating loss for Nick who had worked for the opportunity.

Unfortunately, audism –the belief that the ability to hear grants superiority over those who are deaf – places a negative stigma on deaf individuals, often spreading false information such as the notion that deaf people are less capable than those who are hearing.

"Deaf people are limited only by their own limitations," said Nancy.

Deaf awareness has contributed to deaf gain as well as the understanding of deaf culture, stereotypes about deafness and common misconceptions. A lack of awareness can even occur from a place of innocence, despite knowing or loving a deaf person.

"My granddaughter, Jessica, used to ask how come I didn't yell at Nick," said Nancy. "I told her, 'I do! Can't you see my hands moving fast?'"

At Lourdes, Nancy finds joy in educating residents and staff about deaf cultures and teaching American Sign Language. So far the residents have learned to sign the alphabet, signs for holidays, illnesses, and family members.

"It's nice to be able to teach anyone something new. Plus the residents have a good time. There's lots of laughter," said Nancy.

Besides learning a new language and deaf culture, residents and staff have found other benefits to Nancy's class.

"What's really cool is that we have a residents here that can't hear or speak but he does know a little sign language," said Christine Moore, Activities Assistant at Lourdes Rehabilitation and Healthcare Center. "Now, because of Nancy's classes, I am better able to communicate with him."

Introduction to Sign Language takes place every other Wednesday. Lessons are chosen based on relevance and what Nancy feels would be helpful to residents.



Nancy Keith teaches sign language at Lourdes Rehabilitation and Healthcare Center

FOUR FOOTED FRIENDS



Clausen Manor resident, Joseph (Donald) Clemence visits with oet therapy dog, Sophie.

All four residences at Lourdes Senior Community receive regular visits from some very special guests. Dogs from Mid-Michigan Therapy Dogs and Therapy Dog International visit Lourdes' seniors, offering encouragement, comfort and playful encounters to each resident they meet. The dogs, while gentle, are full of excitement, wagging their tails as they greet their senior friends and make new ones.

"All of our residents respond positively," said Deana Weigand, Activity Director at Mendelson Home assisted living. "But our seniors with anxiety or memory loss probably benefit the most."

There are many benefits to pet therapy. From a physical standpoint, pet therapy has been shown to reduce blood pressure and improve cardiovascular health. However, there are many benefits received from bonding with an animal that aren't as tangible, including an animal's ability

to aide emotional healing and communication.

A common trait for those suffering with memory loss or other emotional health issues is language or communication difficulties. Finding the right word or phrase to express emotion can be difficult, but for those with memory loss every day communication may be a struggle as well. Pet therapy crosses that barrier.

"Dogs don't need language," said Deana. "They communicate through sense of touch and connection. A lot of times, that helps put the residents at ease and brings them comfort."

The feel of fur against skin is soothing, but also has medical benefits. Those who spend time bonding with a furry friend have lowered levels of cortisol which reduces stress, tension and confusion. Contact may also trigger increased levels of oxytocin in the brain, increasing feelings of trust and relaxation.

"There is definitely a calming effect on the residents," said Meghan Singleton, Clausen Manor Activity Director. In addition, Meghan noted that the dogs work as a pleasant distraction, diverting a resident's attention from the problems of the day. "They remind our residents of pets they've had in their lives and help fend off boredom and loneliness."

Perhaps the most important benefit from these canine friends, however, is their unconditional acceptance.

"Dogs don't have any prejudices," said Meghan. "They love each resident. They truly leave the residents feeling happy and relaxed after their visit."



Former Mendelson Home resident, Barbara Haggerty



Clausen Manor resident, Patty Johnston



Fox Manor resident, Roger Rice



PATIENT CENTERED CARE

WHAT DOES IT MEAN TO BE REAL

“Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don’t matter at all, because once you are Real you can’t be ugly, except to people who don’t understand.”

-Margery Williams Bianco,
The Velveteen Rabbit

At Lourdes we are blessed to care for people who are *Real*. Some have had their hair “loved off” and others are living “loose in the joints.” But they are understood so they are *Real* and can never be ugly.

In our eyes each is a wonderfully unique individual. They have a life of joy, wisdom, sorrow and memories who come to us in both physical and emotional pain. They have fears, with uncertainty and we want to make their lives whole again.

People come to Lourdes for care and healing. After learning and experiencing other models of care we have turned our healing model from the traditional medical model to person-centered care.

Person-centered care focuses on the whole person; on an individual’s strengths and abilities. Treatment and care is designed with the person in mind and not the frailty or diagnosis. Goals are discussed with the resident and our

interdisciplinary team and a plan of care is established and carried out. Over time adjustments are made to this plan as needed. Throughout the entire process the resident is involved to the extent of their ability with family as involved as possible.

Steven R. Covey writes “We are not human beings on a spiritual journey we are spiritual beings on a human journey.” When caring about people we need to focus less on what they do and more on who they are. Person-centered care does that.

Everyone who works at Lourdes strives daily to understand each individual through this person-centered focus. Our residents are seen as whole persons and not associated with their frailty or diagnosis. With this understanding comes a fuller appreciation of feelings and their importance well beyond that time in life when tasks controlled the pace of someone’s day.

With aging often comes letting go of responsibilities, of putting away concerns for getting things accomplished. What stays important and fills this space are emotions and feelings and purpose. People look for acceptance throughout

life and this does not change with age. We all need love, we need our spirituality, we need to express ourselves and we need understanding.

“Real isn’t how you are made,” said the Skin Horse. “It’s a thing that happens to you. When [someone] loves you for a long, long time, not just to play with, but REALLY loves you, then you become Real.”

Person-centered care is especially important for those who live with memory loss. This form of care values “being” not doing to or for someone. This focus on where the resident is in their journey helps the team be in that same place and communication is improved. Each resident is enabled to do more for themselves as strengths are identified and purpose defined.



Mary Nassar displays OMA art with University Prep School volunteer.

In each home at Lourdes it matters that we know everyone's name, their history and their heart. We walk the journey with the resident. Regardless of the stage of life everyone needs hope and dreams. We need to feed the spirit. We feed the spirit with experiences, with joy, with moments.

This focus on where the resident is in their journey helps the team be in that same place so communication is improved. Each resident is enabled to do more for themselves as strengths are identified. Stories of their lives are shared between family and staff so conversations are more easily understood and frustrations can be alleviated.

"Does it happen all at once, like being wound up," the Rabbit asked, "or bit by bit?"

"It doesn't happen all at once," said the Skin Horse. "You become. It takes a long time. That's why it doesn't happen often to people who break easily, or have sharp edges, or who have to be carefully kept."



THE POWER OF COMPLIMENTS

Communication can take many forms. While verbal is the most common, other forms include hand gestures, facial expressions and body language. All communication has a direct relationship with emotion, effecting both person conveying and intercepting the message.

On January 23, 2018, Clausen Manor celebrated National Compliment Day. In observance, they discussed the power of positive communication, reflecting on the power of compliments to transform feelings and create a positive atmosphere.

"Compliments are little gifts of love," said Clausen Manor Activity Director, Meghan Singleton. "They tell a person they are worthy of notice. They are powerful gifts."

In addition to compliments, they also considered the power of hugs.

Hugging and other forms of touch have been found to boost physical, emotional and overall health. Receiving or offering a hug to another lowers stress, anxiety and helps combat depression and loneliness. There is also a relationship between physical healing and nurturing touch. Those who are hugged daily recover more quickly from physical ailments such as illness or injury.

"We try to incorporate touch into as many weekly activities as possible," said Meghan. Those activities include manicures, hand massages, make-up and facials.

On National Compliment Day, Meghan offered each resident a compliment and a hug, explaining the importance of both.

"They were very receptive to it. Some were able to return

a compliment to me," said Meghan.

Exchanging compliments and hugs changed the environment, spreading joy and encouragement.

"Positive communication is an important part of helping residents feel safe and cared for," said Meghan. "We work hard to incorporate as many forms into daily life here as possible."



A WONDERFUL GIFT



Lourdes Senior Community is located on 35 acres of lakefront property surrounded by lush woodland plants and trees. These gorgeous maple, oak, pine and magnolia trees provide beautiful pathways for walking and shelter for the numerous animals who call Lourdes home.

However, as with any form of life, occasionally these trees become ill or die. Such was the case with a white oak tree positioned outside Clausen Manor. Upon learning the tree would be cut down, Lourdes was blessed with a generous gift that provided a wonderful solution. The tree would become a carving of the Immaculate Conception and Mary would stand where the oak once gave shade and comfort.

Steph Collin was hired to oversee the project. As a profession, Steph works for Chrysler but has a talent for chain saw wood carving. While working on the oak tree, Steph took his time giving thoughtful prayer and consideration to each step of the process. Overall, the carving took a month to complete but the outcome was beautiful.

“This stately oak, which has graced the ground of Lourdes for decades, has been a welcoming and beautiful presence,” said Sister Maureen Comer, Chief Executive Officer at Lourdes Senior Community. “The transformation of that blessed tree has brought forth the inner beauty in an image of Mary, our mother, whose outstretched arms now reach out in welcome to all.”

Thank you to Steph Collin and to the anonymous donor who made this wonderful addition to Lourdes Senior Community possible.

HOW DOES YOUR CARFIT

Lourdes Senior Community is hosting **CarFit**, an educational program offering older adults the opportunity to check how well their personal vehicles “fit” them.

Older drivers are often the safest drivers in that they are more likely to wear their seatbelts, and less likely to speed or drink and drive. However, older drivers are more likely to be killed or seriously injured when a crash does occur due to the greater fragility of their aging bodies.

Driver safety programs improve adult driver safety by addressing cognitive abilities and skills, however, older drivers can also improve their safety by ensuring their cars are properly adjusted for them. A proper fit in one’s car can greatly increase not only the driver’s safety but also the safety of others.

How is a **CarFit** check completed?

At this **CarFit** event, a team of people from St Joseph Mercy Oakland and AAA, along with our therapy team will work with each participant to ensure they “fit” their vehicle properly for maximum comfort and safety. A **CarFit** check takes approximately 20 minutes to complete.

Please call Regina at 248-886-5670 to register or to ask questions.



wish list

TO CONTINUE OFFERING THE BEST SERVICE TO OUR RESIDENTS WE WOULD LIKE TO PURCHASE THESE PIECES OF EQUIPMENT. IF YOU CAN HELP PLEASE CALL COLLEEN AT 248-886-5674.

Joseph T. Mendelson Assisted Living Home - Bingo Prizes - Bingo prizes are great fun for the residents to look through and choose from. At Mendelson Home, donations of Kleenex, jewelry, individually wrapped candies or candy bars, bags of chips or crackers, lotion, perfume and puzzle books are needed.

Clausen Manor - Smart TV - Residents at Clausen Manor would like a new 70" Smart Television for their living room. The television is used daily for activities and recreation.

Fox Manor - Residents at Fox Manor need supplies for activities and would like to shop themselves. Gift certificate donations from Meijer, the dollar store, and Home Goods would be appreciated. These cards help with supplies such as canvas, brushes, paints, seed for bird feeders, and knick knock prizes for bingo.

Lourdes Rehabilitation and Healthcare Center - Residents at LRHC are in need of new 70" Smart Television. Each week, the activity staff hosts a dinner and a movies night in the Mendelson Hall Solarium. The new television would provide residents with a more realistic experience. They are also looking for donations to purchase a Netflix suscription. LRHC also is need of purses/wallets of all shapes and sizes for the residents to carry their Bingo Bucks in.

Other needs include:

1. A bariatric air mattress and a regular size air mattress - Utilizing an air mattress can increase healing and reduce pain for seniors coming to Lourdes Rehab and Healthcare with significant wounds.
2. Two Chair Scales - With the prevalence of heart disease today, monitoring a weight is key to managing heart health and reducing hospitalization. The chair scale allows nursing staff to weigh residents daily without the stress of standing.

“To care for those who once cared for us is one of the highest honors.”
 -Tia Walker, author



thank you

THANK YOU TO THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS THAT GENEROUSLY SUPPORTED THE HOLY WORK OF LOURDES SENIOR COMMUNITY BETWEEN OCTOBER 2017 AND DECEMBER 2017.

Honorarium and Memorials

In Memory of Amelia Aquilina
Mr. and Mrs. John Aquilina

In Memory of Stanette Booza
Mr. Ed Fath and Mrs. Fran Fath
Mr. and Mrs. Jim Blank
Mr. Curtis Booza

In Memory of Frank Ciloski
Kathy and Joe Caroselli

In Memory of Marion Fellrath
Carolyn Lindeman Price
Mr. and Mrs. Alfred Price

In Memory of Albert and Marie Fleming
Anonymous

In Memory of Harriet R. Hagan
Mr. and Mrs. Gary Eichbrecht
Ms. Sandra K. Farrell
Mr. George R. Alaska

In Memory of Ann Harrity
Mrs. Fern Walch

In Memory of Lorraine M. Hermes
Mr. Herbert Broz

In Honor of William H. Keller
Sister Frances Mary Kernasovich, OP
Ms. Alena Subova

In Memory of Christopher Kerr
Ms. Cindy Tilden

In Memory of Phillip H. Kneen
Mrs. S. Ann Kneen

In Memory of Bette and Jerry Kowalski
The Kowalski Family

In Memory of Thomas P. Lawler
Ms. Theresia Nowak

In Memory of Irene MacKinnon
Dr. George Magulak
and Mrs. Julie A. Magulak

In Memory of Grace Neumaier
Michael and Maryanne Hickey

In Memory of Sephanie Jane Nichols
Mrs. Fern Walch

In Memory of Dorothy A. Norton
The Norton Family

In Memory of Steven Nowak
Ms. Theresia Nowak

In Memory of Kevin J. Ritter
Mr. and Mrs. Charles Compagnoni

In Memory of Helen Rudolph
Paul and Cathy Schaltz

In Memory of Gerald J. Savoie
Mr. and Mrs. J. Radenbaugh
Mr. and Mrs. Anthony R. Merlo
Andy and Julie Woida
Mrs. Bernice Soave
Mrs. Donna Angeli
Mr. Duke Norton

Mr. and Mrs. Harig
Ms. Debra Savoie
Mr. and Mrs. Raymond F. Boyle
Mrs. Elizabeth Kish
Don and Gerry Seeterlin
Cythia Kravetz
Anne Hoffman
Jeff Savoie
Mrs. Fern Walch

In Memory of Judith Schmidt
Mr. Philip Schmidt

In Memory of Stanley Slabinski
Mike and Teri Donaldson

In Memory of Dorothy K. Spiece
Mr. and Mrs. Donald W. Carter
Mr. Dennis Tamer

In Memory of Stella J. Stevens
Arlene Stone

In Memory of Paul Sturm
St. Anne Parish - Ortonville
Susan Becker

In Memory of Helen T. Suchara
Jo A. Heitmeyer

In Honor of John Walter
Claudia and Patrick Duerr

In Memory of Donald W. Walton
Ms. Elizabeth Nicholas

*In Honor of the
Yarber and Ritter Families*
David and Cecilia Yarber

Individuals and Organizations

AmazonSmile
Mrs. Donna Angeli
Anonymous Donor
Mr. and Mrs. Roland Arseneault
Mr. and Mrs. James Austin
Mr. and Mrs. Kenneth Barks
Shirl Batche
Rick and Debi Batchelder
Mr. and Mrs. Michael Batchik
Gary and Sheryle Benning
Mr. and Mrs. Joseph Berak
Ms. Edna Bex
Mr. David Blower
Paul and Lynn Blower
Roberto and Regina Boffi
Kathryn Borkowski
Mr. and Mrs. George R. Boyle
Ann Bradshaw
Ms. Dottie Brantley
Mr. and Mrs. James A. Brien
Mr. Joseph Brincat
Lucille L. Brown
Mr. and Mrs. John Cafaro
Ms. Patricia Carlson
Reverend Paul Chateau
Mrs. Roberta Chrysler
Diane Claeys
Mrs. Christine Clark
Mary M. Clement
Mr. and Mrs. Brian Condit
Donald and Suzanne Condit
Mr. and Mrs. Donald P. Condit
Mr. and Mrs. Ralf Crookston
Ed and Suzanne Crowder

Mr. and Mrs. Isidoro Culos
Mrs. Arrol Cuthrell
Mr. Joseph Danyko
John and Mary Ann Dauble
Mr. and Mrs. Michael DeLap
Mr. and Mrs. Ron Delasko
Mr. and Mrs. Walter DeNio
William Desmond, Jr.
Mr. Ronald Deweese
Mr. Lawrence Dorr
Mr. Donald G. Ducey
Ms. Angela D. Dudek
Mr. Richard J. Dunn
Nancy and Pete Ebbing
Mrs. Betty J. Esnault
Arthur D. Even, Jr.
Ms. Michele Fecteau
Mr. and Mrs. Stephen A. Fogle
Mr. and Mrs. Charles E. Forberg
Mr. and Mrs. George W. Ford
Mr. and Mrs. Robert Forrest
Frank and Gertrude Dunlap Fund
Mr. and Mrs. Basil F. Gaffney
The Garin Family
Mrs. Rita Gaudin
Mr. and Mrs. Daniel J. Gebauer
George & Many Gerber
Sal and Rosemary Giacomazza
Daron and Linda Gifford
Mrs. Lynne A. Lepisto-Golling
and Mr. A. William Golling III
Carol Greene
Herman J. Greif
Warren and Marlene Gunther
Charles and Mary Halpin
Kathleen Hammer
Lucille Hance
Most Reverend Donald F. Hanchon
Mr. and Mrs. J. Edward Hannan
Ms. Patricia Hannum
Most Reverend Bernard J. Harrington
Mr. Arthur Hart
Sister Miriam Hazy, OP
Jo A. Heitmeyer
Patricia Henry
Ms. Shelley Henshaw
Peggy Holden
Mr. Michael Horwitz
Mr. and Mrs. Thomas Huber
Mr. Daniel J. Hulgrave
Alan and Rochelle Huly
Reverend Robert S. Humitz
Gary W. Hummel
Mr. Dave Jaworski
Patricia Johnson
Mr. and Mrs. John Keating
Bill and Joanne Keimig
Mrs. Kathie Kerr
Ms. Constance Kinsey
Marguerite Kolb
Mr. and Mrs. James Kornas
Stan and Dottie Kowalski
Cheryl A. Kozell
Paul Kramer
Kroger
Mr. Richard P. Kroninger II
Mr. and Mrs. Tim Kroninger
Mr. and Mrs. Joseph N. Kubani
Vic and Sally Kubani
Mr. and Mrs. Clarence Kufel
Joseph and Judith Ann LaFata
Larry and Mary LaForest
Michele LaForest
Mr. Gilles Lagace
Louis H. Lindeman, Jr.

Mary E. Linseman
Mr. and Mrs. Russell Linseman
Mr. Joseph Lunghamer
Ms. Mary M. Lyneis
His Eminence Adam C. Maida
Jim and Jean Majercik
JoAnne Malito
Mrs. Virginia Marchak
Judy Martinek
Mr. Carl Mauro
John and Marianne McBrearty
Mr. and Mrs. Ronald J. McGuire
Mrs. Nancy McMahon
Mr. and Mrs. Chuck Mentzer
Mr. and Mrs. Anthony A. Merlo
Mrs. Mary L. Merlo
Milford Montessori School
Gerald and Gayle Mineweaser
Molinello Family Foundation
Reverend Norman Nawrocki
Joan M. Nedejkovic
Edward H. Niemyjski
Ms. Virginia R. Nienstedt
Mr. and Mrs. John T. Noone
Mr. Duke Norton
Susan Norton
Mr. Francis A. O'Brien
Ms. Katherine Osborn
Dr. and Mrs. Donald C. Overy
Mr. and Mrs. David H. Paruch
Stan and Ellen Pasieka
Mr. and Mrs. Thomas W. Payne
Janet Peceny
Louis Peiffer
Ms. Joanne Pelchat
Andrew and Carol Pitonyak
Shirley Preston
Thomas and Joan Prunte
Reverend Edward Prus
William and Karen Pulte
Linda L. Record
Dan and Barb Reed
Ron and Sandra Reso
Reverend Richard W. Thomas Trust
Reverend Thomas Rice
Ms. Michele Ricksgers
Nicholas Rine
Clark and Catherine Risley
Robert E. Baker Trust
Frances Rososky
Thomas and Julie Rownd
Alan and Donna Rudolph
Mrs. Susan Sajdak
Ms. Debra Savoie
Mr. and Mrs. Craig C. Scheuern
Allen and Cheryl Schmandt
David and Mary Schreiber
Mr. and Mrs. John A. Schuster
Mr. and Mrs. Mark Schwark
Don and Gerry Seeterlin
Greg and Ann Seraydarian
Marlo Shaevsky
Ms. Renee Shreves
Mr. and Mrs. Robert Sirbaugh
Mr. and Mrs. Byron L. Smith
Mr. Raymond Sommer
Dr. and Mrs. Orest Sowirka

Larry and Barbara Spiece
 Nancy St. Louis
 St. Mikes All School Reunion
 John and Julie Stouffer
 Thomas J. Stuart
 Mr. and Mrs. Robert Sturm
 Dorothy Tackaberry
 Ms. Kathleen A. Teets
 Mrs. Olga B. Todoroff
 Mr. and Mrs. Robert G. Van Acker
 Tricia and Mark Van Fausssien
 Edna B. Vasquez
 Mrs. Ardythe E. Vass
 William G. and Myrtle E.
 Hess Charitable Trust
 David and Cecilia Yarber
 V. F. Yezbick
 Mary-Ellen Yokie
 Mr. and Mrs. John Yun
 Mr. and Mrs. Louis Zednik III
 Mr. James B. Zellen
 William and Patricia Zurbriggen

Ms. Ava Hachigian
 Dr. Charles R. Hermes
 Anonymous
 Ms. Kathy James
 Ms. Toni Jenkins
 Cheryl A. Kozell
 Cheryl A. Kozell
 Mr. and Mrs. Russell Linseman
 Mary E. Linseman
 Ms. Peggy Mara
 Mr. and Mrs. David Mason
 Mrs. Cheryl McCarthy
 Mr. and Mrs. Chuck Mentzer
 Mr. and Mrs. David Poulson
 Gerald J. Savoie
 Ms. Cornelia Sini
 Mr. and Mrs. David E. Slicker
 Mrs. Judith Surhigh
 Mary-Ellen Yokie

**IF YOU WOULD LIKE
 YOUR NAME TO BE
 READ DIFFERENTLY,
 PLEASE CONTACT
 ANGELA NIEUWKOOP
 IN THE DEVELOPMENT
 DEPARTMENT AT
 (248)886-5671**

In-Kind Gifts

Ms. Jan Bargeron
 Mrs. Joyce Bush
 Mr. and Mrs. Tom Carnacchi
 Mr. and Mrs. Donnell Connors
 Donnell and Margaret Connors
 Ms. Daja Dowell
 Mrs. Pauline Drouillard
 Ms. Judith Figa
 Ms. Sally Gillies

FOX MANOR GIVES BACK

At Fox Manor, residents participated in the Oakland County Sheriff's Benefit for the Disabled Fundraiser. The purpose of the fundraiser was to help children in need have a happy holiday season by sponsoring a day of shopping.

Each child was given \$50.00 to spend and was partnered with a volunteer from the Sheriff's Office. They were treated to breakfast and visited Santa. After, they were allowed to shop for their perfect gift.

For their part, the residents at Fox Manor raise \$650.00 towards the cause. The staff participated as well, giving donations to help each child involved with the program have a great holiday.

This wasn't Fox Manor's first work with a charity. Residents are often involved with community outreach. In October, they raised funds for the Detroit Dog Rescue. Their Bake sale brought in \$800.00 to help provide the animals with food, toys, collars and other necessary supplies.

"Since I have lived at Fox, I have had the opportunity to participate in fund rasiers for the less fortunate. These activites have most rewarding," said Fern Walch

VETERAN BENEFITS WHAT YOU NEED TO KNOW

You May be Due Veterans Benefits

Aid and attendance" is a commonly used term for a little-known veterans' disability income. The official title of this benefit is "Pension."

The reason for using "aid and attendance" to refer to this pension is that many veterans or their single surviving spouses can become eligible if they have a regular need for the aid and attendance of a caregiver. This definition includes care provided in home and home can include assisted living, memory care and long term care facility.

The Department of Veterans Affairs offers two disability income benefits for veterans who served on active duty.

The purpose of this benefit is to provide supplemental income to

disabled or older veterans who have a low income. Aid and Attendance is for war veterans who have disabilities that are not connected to their active-duty service. You can apply for this benefit regardless of how long ago you left military service.

Aid and Attendance benefits can help cover home care costs paid to any person or professional provider.

To qualify for the Veteran's Aid and Attendance benefit, a veteran must have served on active duty, at least 90 days, during a period of war. There must be an honorable discharge. Single surviving spouses

of such veterans are also eligible.

For more information please contact Carolyn Johnston, Lourdes Senior Community Social Worker or Oakland County Veterans Administration at 248-858-0785.



COMING UP...

SUMMER PICNICS

Summer is around the corner, and, as always, Lourdes will be celebrating with picnics at each of our facilities. Join us for a time of family, friends, entertainment and delicious food. The dates and times are as follows:

- Lourdes Rehabilitation and Healthcare Center – June 24, 2018 (12:00 pm - 2:00 pm)
- Mendelson Home – Wednesday, June 20, 2018 (11:30 am - 12:30 pm)
- Clausen Manor – Wednesday, June 20, 2018 (11:30 am - 12:30 pm)
- Fox Manor – June 10, 2018 (4:00 - 6:00 pm)

We look forward to seeing you!

Euchre Tournament April 21, 2018!

For more information
contact Dani Conolly at
248-886-5840

2018 GOLF FOR LOURDES EVENT

Break out your clubs and get ready to try your luck on the links!

Plans are already under way for the **17th Annual Golf for Lourdes Event**, and we hope you join us at the prestigious **Indianwood Golf and Country Club** on **June 12, 2018**. Surrounded by beautiful architecture and landscape, you're sure to forget your worries as you play the challenging "New" course, and enjoy the camaraderie of new and old friends, all while supporting a worthy cause.

The theme this year is **Las Vegas!** In addition to golf, join the many great opportunities for games, raffles and prizes. Also included with your registration is a continental breakfast, lunch on the course, a delicious dinner and themed dessert served at Indianwood's world-class clubhouse.

More than \$60,000 was raised last year, helping us continue our legacy as a leader in quality senior care. We hope to meet that goal again this year. All funds will directly support the many life-enriching projects taking place at Lourdes Senior Community. In the past these projects have included programs such as massage, music and art therapy, as well as funds for a new resident bus, alzheimers education and construction of the new rehab unit at Lourdes Rehabilitation and Healthcare Center.

We hope you will join us for another great year!

To register for this event or for more information about sponsorship or donation opportunities, please contact Elisha Christopher in the Development Office at 248-886-5673 or echristopher@lourdes-sc.org



Indianwood Golf and Country Club in Lake Orion Michigan to host Golf for Lourdes 17th Annual

