

the continuum...

www.lourdesseniorcommunity.org



Lourdes Senior Community is sponsored by the Dominican Sisters of Peace



Dear Friends,

This is an exciting time at Lourdes Senior Community as we continue to fulfill our vision to ensure our Legacy for Future Generations.

In September we celebrated Lourdes' 4th Annual Legacy Event where we honored Adam Cardinal Maida, Archbishop Emeritus of Detroit and Mrs. Nancy Vlasic. Both of these individuals have donated their time, talents and treasures to improve the life of residents at Lourdes.

We are grateful for their faithful dedication.

There are always plenty of activities happening at Lourdes, no matter the season. Make sure to read about the fall festivities happening throughout the community on page three. Please note that Mendelson Home (assisted living) celebrated National Assisted Living week including activities to coordinate with the theme "Family is Forever."

Lourdes is a holy place that experiences God's blessings every day. Your prayers and support are signs of God's goodness. May you continue to know that goodness every day.

Blessings,

Sister Maureen Comer, OP
Chief Executive Officer

On the Cover: Adam Cardinal Maida and Mr. Robert Vlasic, husband of Nancy Vlasic. Both Cardinal Maida and Nancy Vlasic were honored at the 2017 Legacy Event.

PRAYER FOR THE QUARTER



Lord,

Whatever you ask of me this day,
and you will ask-
help me to do it...

Whenever you speak to me this day,
and you will speak-
help me to hear your word...

However you reveal yourself
to me this day,
and you will make your presence
known-
help me to see you...

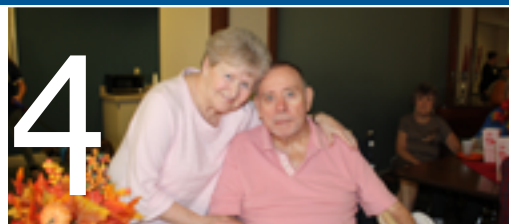
Whenever you lead me this day,
and you will nudge and guide me-
help me to follow...

And whenever I forget you today,
and I will, Lord
forgive me and run my heart
again to yours...

Amen

INSIDE THIS ISSUE

2 ADMIRATION FOR LOURDES



4 LOURDES WELCOMES NEW TEAM MEMBERS

6 2018 GOLF FOR LOURDES

11 COMING UP

LOURDES SENIOR COMMUNITY SENIOR LEADERSHIP GROUP

Sister Maureen Comer, OP
Chief Executive Officer

Robert Pickup
Director, Plant Operations

Robin McClintock, CTRS
Director, Fox Manor

Deborah Edmonds, RN, BSN
Administrator, Lourdes Rehabilitation and
Healthcare Center

Colleen Burke
Director, Development

Rebecca Latta
Director, Human Resources

Cori Sharrard, RN, BSN
Director, Mendelson Home and
Clausen Manor

Richard Acho
Chief Financial Officer

Admirations for Lourdes



"Thank you to all of the staff at Lourdes. I can't remember all of your names, but you know who you are. The great nursing staff, nurse aides, laundry, dietary, physical therapy, the chaplains, receptionists, housekeeping and maintenance, and everyone who helped make my dad's last years more pleasant."



"We wanted to take this opportunity to say thank you for the excellent, compassionate care that you gave to our loved one. Your hard work is greatly appreciated."

"Thank you so much for caring so well for my mother for five years."

"Thank you, thank you, thank you to every one who helped me recover from my knee replacement. The food was great, the room was wonderful, private shower-private room!! A special thank you to the nursing staff and therapy. You got me ready to go home safely and I would recommend you to everyone."



WHAT'S NEW...

LOURDES' 2017 LEGACY EVENT

Lourdes Senior Community celebrated its past, present and future at our Legacy Event, Saturday, September 23rd at the Detroit Marriott in Troy, Michigan.

The event began with Mass celebrated by Monsignor Ricardo Bass of the Archdiocese of Detroit. A reception and dinner presentation followed, honoring two individuals who have embodied the mission of Lourdes through their time, talent, and treasures.

Adam Cardinal Maida, Archbishop Emeritus of the Archdiocese of Detroit was awarded the St. Dominic Leadership Award for his guidance and support, benefiting the lives of today's residents and families, as well as those in the future.

Adam Cardinal Maida was appointed Archbishop of Detroit in 1990 and was later elevated to the Sacred College of Cardinals as Cardinal-Priest of Ss. Vitale, Valeria, Gervasio e Protasio in November of 1994. Throughout his ministry, Adam Cardinal Maida has served as Vice Chancellor and General Counsel of

the Diocese of Pittsburgh, President of the Canon Law Society of America, and was a member of the Diocesan Tribunal and Chaplain of the St. Thomas More Society. His devotion and faith have touched the lives of many. However it is his affability, sincerity and compassion that endear him to those he has served.

Cardinal Maida advised the Dominican Health Care Board, serving as the Board Chair. His vision provided Lourdes with leadership through many projects, including the construction of Clausen Manor and Joseph T. Mendelson Home. His commitment enhanced quality senior living and transitioned Lourdes from a skilled nursing facility to a continuing care community.

Adam Cardinal Maida dedicated and blessed both Clausen Manor and Mendelson Home stating, "to undertake a project such as this is truly an act of faith." Cardinal Maida's leadership and vision aided Lourdes Senior Community in their quest to provide individualized care to over 250 residents who call Lourdes home.

Mrs. Nancy Vlasic was also honored with the St. Bernadette Spiritual Award. This award is presented to individuals who inspire others to give, enriching the lives of residents at Lourdes.

Nancy became involved with Lourdes when her mother, Irene Reuter, became a resident in 1984. Both Nancy and her sister, Ione, visited daily, bringing their mother a bowl of home-made soup. From the love

time she spent at Lourdes, Nancy experienced how a small act of kindness could enhance the lives of seniors in long-term care. When the Lourdes' Guild was re-established in 1985, Nancy became a founding member.

The primary goal of the Lourdes' Guild was to "promote morale within the nursing home and aid the staff in caring for residents." The Guild planned activities such as movie nights, family picnics, and holiday parties. They also organized fund raisers. They held card parties, sponsored bake sales, sold wrapping paper for the holidays and planned talent and fashion shows.

Over the twenty years the Lourdes' Guild was active, the group purchased items of comfort as well as equipment, including warming lamps, massage tables, patient lifts and recliner chairs. They were also responsible for numerous entertainment purchases.

Through the years, Nancy's involvement with Lourdes led to the Vlasic family's support of major projects, community outreach and education, such programs include Opening Minds through Art (OMA).

Both Adam Cardinal Maida and Mrs. Nancy Vlasic were honored with a Waterford Crystal cross from Waterford, Ireland. We thank them for all of their service, support, kindness and generosity. Their contributions to the resident's lives is an immeasurable part of the *Legacy of Lourdes*.



Adam Cardinal Maida, Archbishop Emeritus of Detroit (left) and Robert Vlasic at Lourdes' 4th annual Legacy Event.



she had for her mother and the



Brian Condit, Dominican Health Care Board Chair Person, presents Adam Cardinal Maida, Archbishop Emeritus of Detroit with the St. Dominic Leadership Award at the 2017 Legacy Event.

AUTUMN AT LOURDES

There is no place quite like Lourdes Senior Community in the fall. Each autumn brings an assortment of colors, painting the grounds in crisp reds, oranges and yellows. The trails are perfect for walking and reflecting, or just enjoying the fresh air and some of Lourdes' resident wild life. There are many fall festivities to partake in, and at Lourdes Senior Community, residents couldn't wait to begin.

Fox Manor on the Lake didn't waste any time beginning preparations for their scarecrow. Each year, the residents come together to participate in Springfield Township Parks and Recreation's Annual Scarecrow Contest. All designs are engineered and built by Fox Manor's residents. They have created a pirate scarecrow known as Captain Slyfox and a prom queen known as the Foxy Lady.

Last year, their Fox widow spider took first place, making Fox Manor the winner for the third year in a row.

"We have a good group of residents who help with all the planning," said Tammy Keeley, Fox Manor Activity Director.

After brainstorming, the residents voted to build Holly Daze the Christmas Scarecrow this year. The scarecrow consisted of a Christmas print dress and holly branches for arms. Holly Daze is displayed in downtown Davisburg. The public votes on a winner in Mid-October. Good Luck Fox Manor!

Lourdes Rehabilitation and Healthcare Center kicked off autumn with a fall festival. Families were invited to join residents for tasty treats, such as popcorn, cider and donuts, and entertainment. Joel Palmer, played resident favorites, encouraging duets and dancing.

At Clausen Manor, the residents took a traditional approach to their start of autumn festivities and visited Ashton Orchards in Ortonville, Michigan for some cider and donuts.

They also had fun making apple crisp bars, apple cake, carmel apple bars and cinnamon apples for snack throughout September.

Mendelson Home followed Clausen's example, having autumn tea and baking apple pie. They also had a cider and donut social, which brought back many fond memories for the residents.

"I always enjoyed taking the kids to the orchards in Milford and watching them pick apples from the trees," said Nancy Flynn, Mendelson resident. The cider and donuts come to her now, but she still loves getting outdoors and seeing all the beautiful colors.

With October here make sure to visit for Halloween parties and resident trick-or-treating:

- **Clausen Manor Trick-or-Treat Night:** October 26, 2017 at 6:30 pm
- **Mendelson Home Halloween Masquerade:** October 25, 2017 at 1:30 pm
- **Fox Manor Lunch and Costume Party with the Church Street Singers:** October 31, 2017 at 12:00 pm
- **Lourdes Rehabilitation and Healthcare Center Halloween Party:** October 31, 2017 at 2:30 pm





MENDELSON CELEBRATES ASSISTED LIVING WEEK

National Assisted Living week was observed September 10th through the 16th this year. At Mendelson Home, residents celebrated with other senior living communities across the country. The theme was “Family is Forever” and was inspired by a quote from Maya Angelou, an American poet and civil rights activist. Her inspirational words define family as chosen relationships. She states:

Family isn't always about blood, it's the people in your life who want you in theirs: the ones who accept you for who you are, and the ones who would do anything to see you smile and love you no matter what.

For those living in an assisted living community, there are perhaps no better words to describe the connections formed between residents, family and staff. At Mendelson home, and across all of Lourdes Senior Community, the bonds formed have a meaningful impact on both seniors and those who care for them.

“Everyone here feels like family,” said Deana Wiegand, Activity Director at Mendelson Home. “There is a great dynamic here and it makes a difference in our experience as caregivers. We're here for the residents. That's

our priority. But we're also forming relationships and friendships that are very rewarding.”

Many of the residents feel the same way.

“They take such great care of us here,” said Patti Bean, Mendelson resident. “I feel very spoiled being here. I consider this my home. I don't feel away from home.”

The relationships between residents and staff create a comfortable, homelike atmosphere that encourages residents to get involved, and builds confidence. But perhaps even more important is the bond formed between the residents.

“What I've noticed is that the residents here make lasting friendships and connections,” said Deana. “They look out for each other. They sign each other up for outings and save seats. When new residents arrive, our seniors make sure to introduce themselves and invite the new residents into group activities. Everyone is so friendly and welcoming.”

To show their support for Assisted Living Week, Mendelson residents participated in a series

of activities centered around family, including crafts, games and family focused skits at Senior theater.

“We did two skits,” said Lexi Boyd, Activity Assistant at Mendelson Home. “For the first we focused on family values. The second was a family vacation drama and is about overcoming trials as a family.”

The skit was set in Florida during a storm they named “Hurricane Deana” after their Activity Director. Throughout the show, the cast experience trials, setbacks and many disagreements, but still find a way to come together in the end.

“The idea was that even in hard times family can still overcome the storm by working together,” said Lexi.

For their weekly crafts, residents created a fall family wreath. Leaves were cut from autumn colored paper, on which residents wrote the names of those they considered family.

They also designed scrapbooks with family photos. While some residents brought pictures from personal albums, many also used photos of their friends at Mendelson Home, as well as staff.

“It was a great week of reflection and inspiring to think about,” said Deana. “Not every one here has family who are able to visit often. Their friends here, and those of us who care for them, we become their family. And they're ours.”



Pattie Bean, Mendelson Home resident, displays fall family wreath.

LOURDES WELCOMES NEW TEAM MEMBERS

Lourdes has always strived to provide seniors with quality care and services. In an effort to continue this legacy, we are pleased to announce new additions to our team.

John Anthony Salon is owned by John Anthony and Carol McCurry who together have over 40 years of professional experience, serving clients as well as retirement communities throughout southeast Michigan.

John Anthony Salon provides hair care services to the residents at Lourdes Rehabilitation and Healthcare Center and Mendelson Home assisted living. They have hired Kimberly Simmons who has worked with Lourdes for three years as their beautician at Lourdes Rehabilitation and Healthcare Center.

At Mendelson Home, Diane Bordeaux, who has served residents since the doors opened in 2001, will also continue to work with residents under John Anthony Salons.

“I enjoy working here so much. Being at Lourdes is like having another family,” said Diane. “You get to know people. I feel like I have dozens of grandparents.”

The residents are also glad to have her.

“She does so well. You can always count on her,” said Terri Donati, Mendelson resident. “She does a wonderful job.”

The beauty salon is open Wednesdays at Lourdes Rehabilitation and Healthcare Center at 9:00 am, and at Mendelson Home on Mondays and Tuesdays from noon to 6:00 pm. To find out how to make an appointment, please speak to Tammy Horne or Annie York at the receptionist desk for more information.

Agility Health also joined our team as the new physical therapy group at Lourdes Rehabilitation and Healthcare Center.

Established in 1968, Agility Health delivers personalized care at more than 155 service sites in twenty states nationwide. Through innovative clinical services and flexible partnerships, they help achieve optimal performance in a variety of settings, including outpatient clinics, hospitals, long-term care facilities and employer work sites.

“Our team is dedicated to providing exceptional value to residents, clients, and the partners we serve,” said Lisa Owiesny, Director of Rehab Services.

Agility Health is one of the top ten rehabilitation service companies in the United States, with a strategic vision to become a leading national source for rehabilitation.

The Lourdes Rehab team consists of twelve highly trained and dedicated therapy professionals.

“We strive to create a positive and fun experience for our patients during their time with us,” said Lisa. “We love working with everyone at Lourdes because they share our core values of dignity, service, spirituality and compassion. We feel that we are a part of a family of people caring for individuals and making a difference.”

Both John Anthony Salon and Agility Health are great additions to the Lourdes’ team and help provide quality senior care, honoring the uniqueness of each individual at Lourdes Senior Community.



thank you

THANK YOU TO THE FOLLOWING INDIVIDUALS AND ORGANIZATIONS THAT GENEROUSLY SUPPORTED THE HOLY WORK OF LOURDES SENIOR COMMUNITY BETWEEN JUNE 2017 AND SEPTEMBER 2017.

Honorarium and Memorials

In Honor of Monsignor Ricardo Bass
Paul and Jane Broughton

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Mr. and Mrs.

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Ms. Nancy J. Grimaldi
Mrs. Sandy Sommerfield
Ms. Susan Giroux

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Ms. Susan Weedall

In Memory of
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In Memory of Joseph Tolari
Mrs. Fern Walch

In Memory of Theresa L. Wangler
Mrs. Fern Walch

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In-Kind Gifts

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Ms. Joyce Bush
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Mr. and Mrs. Brian Condit
Mr. and Mrs. Donnell Connors
Ms. Daja Dowell
Mr. and Mrs. Stephen A. Fogle

Mr. and Mrs. Richard Frazer
Great Lakes Heritage Quilters
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and Mr. A. William Golling III Ms.
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Ms. Ginny Wisely
Ms. Mary-Ellen Yokie

A GIFT TO LOURDES THAT PAYS YOU

A Lourdes gift annuity involves making a gift of cash or assets to Lourdes Senior Community. In return, Lourdes will make lifetime payments to you or a loved one. Each payment is fixed with the amount depending on your age or the age of whoever receives the payments.



After all payments have been made, Lourdes Senior Community receives the remaining value of the gift to support causes that matter most to you. Your payments are fixed on the date of your gift, and your payments will never change with fluctuations in interest rate or the stock market. Depending on your gift, you may also receive the benefit of primarily tax free payments. In addition, you will receive a charitable deduction the year in which you establish the gift annuity. For more information, please contact Colleen Burke at 248-886-5674 or cburke@lourdes-sc.org

**IF YOU WOULD LIKE
YOUR NAME TO
APPEAR DIFFERENTLY,
PLEASE CONTACT THE
DEVELOPMENT
DEPARTMENT AT
(248) 886-5673**

wish list

TO CONTINUE OFFERING THE BEST SERVICE TO OUR RESIDENTS WE WOULD LIKE TO PURCHASE THESE PIECES OF EQUIPMENT. IF YOU CAN HELP PLEASE CALL COLLEEN AT 248-886-5674.

Lourdes Rehabilitation and Healthcare Center - Residents living at LRHC are looking for the following items to help with daily life or activities: 60" color TV for St. Jude Hall sitting area, 65" inch TV to replace the projection TV, Wooden Cabinet to store movies.

Joseph T. Mendelson Assisted Living Home - Bingo Prizes - Bingo prizes are great fun for the residents to look through and choose from. At Mendelson Home, donations for Kleenex, jewelry, individually wrapped candies or candy bars, and puzzle books are needed.

Clausen Manor - Safety Equipment - Clausen Manor, would like to purchase new safety equipment to help keep the memory care facility a comfortable, secure place to call home.

Fox Manor - Residents at Fox Manor need supplies for activities and would like to shop themselves. Gift certificate donations from Meijer, the dollar store, and Home Goods would be appreciated. These cards help with supplies such as canvas, brushes, paints, seed for bird feeders, and knick knock prizes for bingo.



THANK YOU, DONORS!

WE ASKED AND YOU PROVIDED, AND BECAUSE OF YOUR GENEROUS SUPPORT, WE WERE ABLE TO ACCOMPLISH MANY LIFE ENRICHING PROJECTS AROUND LOURDES SENIOR COMMUNITY.

DYN-ERGO SCOOT CHAIR

Lourdes Rehabilitation and Healthcare Center purchased a Dyn-Ergo Scoot Chair! Thanks to the generosity of Ms. Janet Peceny a donation was made in memory of former resident Geraldine Granfield for the chair.

The Dyno-Ergo Scoot Chair is designed to reduce the risk of falls for individuals who use a wheelchair. By allowing users to adjust the height of their seat, the Dyn-Ergo Scoot Chair offers better comfort and pressure management while also allowing residents safer mobility. The lower seat allows residents to propel themselves safely, and the ability to tilt back reduces the risk of sliding.



Thank you, Janet Peceny. Through your support and kindness we are able to continue providing quality services and amenities.

GENEROUS GIFTS LEAVE A LEGACY

Frank Ciloski moved to Lourdes Senior Community in March of 2005 at the age of 90. While he lived mainly at Fox Manor on the Lake, he also spent time at Lourdes Rehabilitation and Healthcare Center and Mendelson Home.

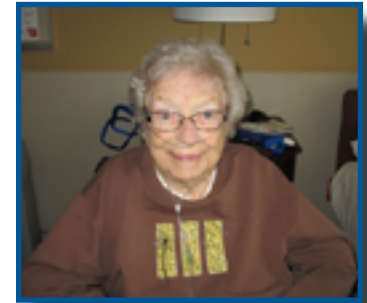
Frank became family to many at Lourdes and to his family he was a role model. Frank sat outside daily to pray and say the rosary. Frank recently passed away at 102 years of age. To honor his memory, his grandchildren, great-grandchildren and great, great-grandchildren are providing donations for a bird house, bench, and a tree to be placed around the community.

Thank you for your generous donation, Ciloski Family. And thank you Frank for your inspiring kindness and faithfulness.



Frank Ciloski celebrating his 100th birthday in 2015

MAKING A DIFFERENCE



Elizabeth Swyers former resident at Lourdes Rehabilitation and Healthcare Center.

We are always inspired by the kindness and generosity of our donors. Your willingness to make a difference in the lives of seniors helps us maintain the quality senior care expected at Lourdes Senior Community. Each gift makes a difference and has a lasting impact, no matter the size.

Elizabeth Swyers came to Mendelson Assisted Living in September 2016, and eventually moved to Lourdes Rehabilitation and Healthcare Center for rehab care. Elizabeth had a heart for people and for Lourdes, and despite needing care herself wanted to donate.

“She asked me, ‘Sister, do you need anything for your chapel?’” Said Sister Teresita Lipar, OP.

Upon contemplation, Sister Teresita told Elizabeth that the chapel could use books to read to residents during church services. Without hesitation, Elizabeth offered her bingo bucks, pretend money residents can exchange for prizes.

“She looked at me seriously and said, ‘I have some bingo bucks I can donate to you for that purpose,’” said Sister Teresita. “She was so happy that she could be of service. I will never forget her determination to give back to the Lord.”

Thank you, Elizabeth. We are grateful for the generous individuals God places in our path.

LOURDES REHABILITATION AND HEALTHCARE CENTER RESIDENT BAKE SALE

Residents at Lourdes Rehabilitation and Healthcare Center hosted a bake sale to raise money for the Children's Leukemia Foundation. The idea came up at a resident council meeting. Lourdes' resident, Frank Dewdney wanted to get involved with local charities and help those whose needs were greater than his own.

"He saw a commercial on tv for kids with leukemia and it moved his heart," said Lynnette Perrymond, Activities Assistant at Lourdes Rehabilitation and Healthcare Center.

Other residents agreed and asked what they could do to help. They decided on a bake sale.

The residents advertised, making signs and banners for the event. They also helped provide treats to sell.

"We made M&M cookie jars," said Lynnette. "It was a lot of fun."

Staff and families also contributed, bringing in baked food items. The day of the event, residents joined with staff and volunteers to run the sale.

Their hard work, generosity, and determination raised \$481.00

"Frank was so happy," said Lynnette. "All the residents were really proud of what they accomplished."

Congratulations Lourdes Rehabilitation and Healthcare residents! We're proud of you too.



Lourdes' Residents Nancy Keith (left) and Frank Dewdney (Right) join Activities Assistant, Lynnette Perrymond to raise funds for the Children's Leukemia Foundation.



Sister Sue McMahon helps at resident bake sale.

2018 GOLF FOR LOURDES EVENT



Indianwood Golf and Country Club in Lake Orion Michigan to host Golf for Lourdes 17th Annual Event.

Plans are under way for the 17th Annual Golf for Lourdes on Tuesday, June 12th, at the prestigious Indianwood Golf & Country Club, 1081 Indianwood Road in Lake Orion.

The event is to be played on the beautiful and challenging "New" course at a club that includes exquisite amenities. Check-in and continental breakfast begin at 8:30 a.m., and the shotgun start is at 9:30. Lunch is served during the event, and a dinner and live auction follow golf.

More than \$60,000 was raised this year through golf and auctions, providing funds for Lourdes' music, massage and art therapy programs as well as senior theater.

To register for this event or for more information about sponsorship or donation opportunities, please contact Elisha Christopher in the Development Office at 248-886-5673 or echristopher@lourdes-sc.org.

COMING UP...

CHRISTMAS AT LOURDES

Christmas is around the corner, and, as always, Lourdes will be celebrating with a holiday party at each of our facilities. Join us for a time of family, friends, entertainment and delicious food as we celebrate the birth of our Lord and Savior. The dates and times are as follows:

- Lourdes Rehabilitation and Healthcare Center – December 10, 2017 (2:00 pm - 4:00 pm)
- Mendelson Home – December 12, 2017 (5:30 pm - 7:00 pm)
- Clausen Manor – December 13, 2017 (5:30 pm - 7:00 pm)
- Fox Manor – December 17, 2017 (2:00 - 4:00 pm)

We look forward to seeing you!

WORLD DAY OF THE SICK

On Friday, February 12, 2018, you will be remembered as we celebrate the Eucharistic liturgy in honor of the feast day of Our Lady of Lourdes.

You are welcome to join us for this liturgy at 1:30 pm at Our Lady of the Lakes Catholic Church, 5481 Dixie Highway, Waterford, MI 48329.

On this feast of Our Lady of Lourdes, we pray that Mary intercede for you, that you may be open to receive God's blessings.



Dan Doss with 8th grade students from Our Lady of the Lakes school, during World Day of the Sick 2015.



James Smith with 8th grade student from Our Lady of the Lakes school, during World Day of the Sick 2015.



Maria Mauro is annointed at World Day of the Sick 2015.