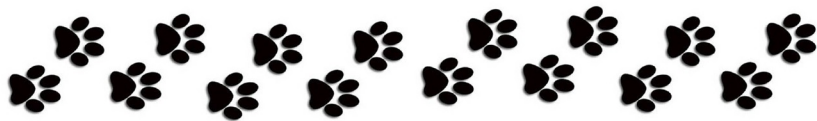




Sunset News

May - August 2018

Official Publication of  Lutheran Sunset Ministries



Sunset Home Therapy Dogs

Meet the two newest staff members of Sunset Home!
This brother/sister duo known as Fowler and Juliet
will be providing comfort and smiles to our residents
during the week.

Therapy animals have been known to lower blood
pressure, release calming endorphines, combat depres-
sion, and much more.

Stop by Sunset Home during the week to say hello!



Sunset Home • College Hill Assisted Living • Rainbow Retirement Community
Hospice Sunset • Sunset Companion Services

Message from the President

A lot has happened since the last Sunset News was published, so I thought I would give you a state of LSM article this time.

Beginning in October of 2017, we have had census challenges in Sunset Home. It is not unusual for our census to fluctuate but for it to go down and stay low for months is unusual. During this same time, our census was also low in Hospice and it had already been low for a while. Because census does fluctuate, panic is not the first response and stay the course is. Of course we look for areas to tighten our belt and reduce spending (although we really watch that normally) where we can in all operations without compromising services. That is just good business. And with all this going on, we were trying to get the Windmill Café up and running.

For Sunset Home we have reduced overtime and done some additional marketing. Our census there has spiked up in August, September and October so we will see where it goes from here. For our Hospice Sunset program, an opportunity arose to partner with the Goodall-Witcher Home Health Agency. That partnership began August 6. Our Hospice administrator now oversees both programs saving both entities salary expense. We can share other staff when needed so it makes both programs more efficient in the use of our staff time. Hospice Sunset moved and is now located in the Clifton Medical Clinic. We do save some additional funds on rent and utilities. And our census has increased to a profitable level.

In evaluating other operations and options to cut losses, it became apparent that Windmill Cafe was not working out as planned and needed to be closed. Although the food was good and we had a loyal customer base, we did not have enough customers and we had been unable to open for the evening meal. So the tough decision to close it was made.

On the horizon, we will be adding a larger rehab space to Sunset Home. We received a very generous gift from the J.B. Darden Estate dedicated to rehab due to his positive rehab experience with us. This gift will cover most of the cost of construction. The larger rehab area will allow us to have more equipment and offer the local community overnight accommodations dedicated only to short-term rehab patients. Construction should begin in the next few weeks.

That is the update for now. Please continue to keep LSM in your thoughts and prayers as we seek to serve those who need our services.

Rodney Rueter, CEO/president



*O*ur very own Hazel Adams, Rainbow Retirement Community resident, turned 100 years young this June!



Blankets for Hospice Sunset



In June, Hospice Sunset team members stopped by Rainbow Retirement to accept a donation of hand-tied throws. With funds from a Thrivent Action Team, the residents were able to purchase materials and make these throws for Hospice Sunset to give to patients. Then, LSM Campus Pastor Dave Anfenson helped bless the blankets.



(Back, left to right: Rainbow residents Alice Pederson, Stella Nazimek, Ann Erickson, Martha Swenson, Ann Thomas, Rayola Stanford and Pernie Stanford) (Front row: Hospice Sunset team members).

LSM Community Pet Show



In June, Lutheran Sunset Ministries hosted a Community Pet Show in the Health Center. Staff and members of the community brought their furry friends in to show off their talents, including categories such as best trick, cutest dog and most unique animal, just to name a few. A fun time was had by all! And we had some of the best judges around ... our residents!

CNA Graduating Class

*L*utheran Sunset Ministries CONGRATULATES our newest Certified Nurse Aide Trainees! (L to R) Hannah Gardea, Estrella Garcia, Selena Perez, Instructor/Nurse Amanda Harborth, Charity Poole, Meghan Watson, Aubrey Williams.



Once a quarter, Lutheran Sunset Ministries sponsors a Nurse Aide Training Course. LSM incurs the cost of the instructor, course materials, facilities, and provides on the job training while each trainee is employed through the Ministry. The course is two weeks of classroom followed by two weeks of clinical evaluations culminating in a State exam that must be taken/passed within 120 days. For questions on how to apply, please contact Michael Marascia, Director of Human Resources, at 254-675-8637.

Grandparents' Weekend



*I*n September, Lutheran Sunset Ministries celebrated Grandparents' Weekend in a big way! Residents, residents' families, staff and their families came together for food, fellowship, games, and some catch and release in the fish tank set up in our parking lot. Musical entertainment was provided by Michael Cote. Residents and some of our younger guests

were awarded with trophies for their amazing catches! This annual event has always been a success, thanks to our amazing staff and loving families who join us each year.



Pot O' Gold Gives Back



Each year, Pot O' Gold volunteers choose two charities in our community to donate to. This year, they chose the

Ministerial Alliance and Bags of Blessings. In June the Pot O' Gold brought in enough to give each charity \$1,788.04! We are so thankful for our Pot O' Gold volunteers and the service they provide to Lutheran Sunset Ministries and the Clifton community.



Did You Know?

Did you know Sunset Home accepts Medicaid?? Millions of Americans, including children, adults, and seniors, need long-term care services because of disabling conditions and chronic illnesses.

Medicaid is the primary payer across the nation for long-term care services. Medicaid allows for the coverage of these services through several vehicles and over a continuum of settings, ranging from institutional care to community-based long-term services and supports (LTSS). For more information, call Sunset Home at 254-675-8637.



LSM Leadership



From left to right: Andrea Hampe, LSM marketing director and Rainbow Retirement manager; Lance Allen, Sunset Home administrator; Rodney Rueter, LSM president and CEO; Suzi Bottlinger, Sunset Home social worker; Sandra Van Zandt, Sunset Home director of nursing.



In May, Lutheran Sunset Ministries' CEO Rodney Rueter was awarded the LeadingAge Texas 2018 Excellence in Leadership Award at the LeadingAge Annual Conference and Solutions Expo in San Antonio. The Excellence in Leadership Award recognizes those individuals, regardless of their role within the organization, who demonstrate leadership within their team that is impactful, effective, motivational, and consistent. This individual has a history of exceptional leadership that has facilitated, encouraged, or motivated other employees. On that same night, Sunset Home Director of Nursing Sandra Van Zandt graduated from the LeadingAge Leadership Institute. The LeadingAge Texas Leadership Institute encourages critical thought and analysis and creates an engaging learning environment that enhances the capacities of leaders at all levels of an aging

services organization. LeadingAge Texas (formerly the Texas Association of Homes and Services for the Aging - TAHSAs) was established in 1959 as a Texas not-for-profit corporation. Its purpose is to provide leadership, advocacy, and education for not-for-profit retirement housing and nursing home communities that serve the needs of Texas retirees.



Join
Our Team

Visit www.lutheransunset.org/contact/careers
for our current employment opportunities!

Around Campus



Around Campus



MEMORIAL GIFTS

The services provided by LSM are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between May 1 and August 31, 2018.

WILLIAM ALLEN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

THE MEMBERS OF THE ARMED FORCES WHO GAVE THEIR LIVES IN OUR DEFENSE

Donald & Maxine Smith, Dallas.

ROLLAND (RW) BAKER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Mike & Sandra Windsor, Clifton; Aubrey & Virginia Richards, Clifton; Howard & Linda Oller, Tampa FL; Eva & Gerold Gotz, Fernandina Beach FL

OLEE & MAXINE BAKKE

Charlene Johnson, San Antonio.

VERN BERGMAN

Joyce Bergman, Clifton.

LEONARD BLAKELY

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

NEVA BLAKELY

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

CHARLOTTE BRUINGTON

Drew Lambright, Fredericksburg; Bill & Linda Kobs, Meade KS; Robert & Marsha Smith, Cost; Emil & Judy Gall, Dodge City KS; Lynda & Larry Plunk, Magnolia Springs; Fred Stone, Mickey Berggren, Waco; Paula Barton, Clifton; Steven & Nancy Bruington, Seguin; Brian & Amy Brookshire, Crawford; Joyce Symank, Valley Mills; Frank & Sharon Riggs, Seguin; John Bruington, Valley Mills.

HOMER BRUTON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MAY COSPER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

DANNY DIETIKER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Albrecht's Pharmacy, Clifton; Charles & Helen Conrad, Mansfield.

VONCILE DOUGLAS

Johhny & Donna Norman, Robinson.

BERT DOWNING SR.

Contran Corporation, Dallas; Sharon & Hugh Downing, The Villages FL; Shelby Goodwin & Docia Larson, Fort Worth; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Kelly Luttmmer, Coppell; Albrecht's Pharmacy, Clifton; 199 Recycling Inc., Fort Worth.

DOROTHY DOWNING

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Teddy & Kitty Ware, Valley Mills.

MILTON GRIMLAND

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Albrecht's Pharmacy.

PAUL DENNIS HARMON

Joyce Symank, Valley Mills; Residents of Rainbow Retirement Community— Hazel Adams, Dorothy Ann Brown, Fred & Dorothy Dahmann, Weldon & Betty Smith, Karen Harrison, Gerri Winkler, Zelma Bollier, Rudy Kittlitz, & Mary Seward; Mike & Sandra Windsor, Clifton; Texas Lime Company, Cleburne; Verna Pavelka, Clifton; BJ Stephenson, Clifton; Patricia Gorton, Waco; Bob & Glenda Phillips, Clifton; Greg & Kathy Sales, Austin; Charley & Lauri Aars, Clifton; Linda & Latham Burk, Clifton; Barry & Jamie Pitts, Clifton; Rainbow Retirement Community Building B Residents— Alice Pederson, Rayola & Pernie Stanford, Ernest & Ann Erickson, Stella Nazimek, Martha Swenson, Ann Thomas, & Charles & Janie Raines; Lucille Gary, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

FRANCES HAYNES

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

VIRGINIA SUE HEMBREE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

JONELL LATHAM

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

FRANK MARTIN

Joyce Bergman, Clifton.

MARSHA MCCLELLAN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

GARY MCDOWELL

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

JOE MEDLEY

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

WINONA "NONIE" MYERS

Mildred Van Winkle, Dallas.

CHARLES NEIMEIER

Rev. & Mrs. J. Weldon Smith, Clifton.

PAT NELSON

Joyce Heckmann, Waco.

ELAINE NOACK

Bill J. Johnson, Waco; Carol Kolb, Waco; Alan & Beatrice Allison, Keller; Jim & Hertha Jenkins, Boyd; Edna Dietrich, Waco.

DOROTHY PRUETT

Mary Ellen Ludwig, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

EDITH REESE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

GERTRUDE RIFFE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

DOUGLAS ROGERS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

GLENN VON ROSENBERG

Edna Dietrich, Waco.

JERRY SCHMIDT

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

WILLIAM SCOTT

Aubrey & Virginia Richards, Clifton; Rebecca Pederson, Cedar Lake IN.

EDNA SHAHAN

Sherry & Robert Kimbrow, Burnet; Joyce Bergman, Clifton; Carolyn Hobbs, De Soto; Mike & Sharon Conrad, Cleburne; Mary K. Grum, Lufkin; Ronald & Sally Bates, San Antonio; Donna & Victor Barranco, Liberty; Gary & Marian Fraser, Waco.

CONNIE O. SMITH

Gerald & Cindy Thies, Clifton.

RONNIE SMITH

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

SANDRA SMITH

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

DOROTHY TOWNSEND

Mr. John Griffiths & Ms. Marlene King Griffiths, Waco; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

LILA TUCKER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

FRANKLIN T. TYLER

Christabel Jorgenson, San Marcos.

BOB WALLACE

Diana & Clarence Hodde, Brenham.

Memorial Gifts Continued ~

FLORENE WESTERFELD

Rodney & Melanie Rueter, Clifton; Lance
Allen, Clifton.

ELEANORA ZUEHLKE

Rodney & Melanie Rueter, Clifton; Lance
Allen, Clifton; Albrecht's Pharmacy,
Clifton.

Honor Gifts

These gifts are given to honor & appreciate special people, events, celebrations and/or achievements. All gifts help provide care to those served by LSM. The following gifts were given between May 1 through August 31, 2018.

MARTIN DEL BOSQUE

By: Anonymous.

CLARA DEE BRONSTAD

By: Niels & Karen Bentsen, Meridian.

REV. PAUL KRUPICKA— ON HIS
RETIREMENT FROM ST. MATTHEW
LUTHERAN CHURCH WACO

By: Joyce Symank, Valley Mills.

LSM MAINTENANCE
DEPARTMENT—MIKE PAGE, BARRY
STRICKLAND, CHARLES DOWDY, &
JOSH SIKES

By: Judith Baker, Clifton.

REV. DR. CHRISTOPHER RICHMANN
AT ST. JOHN LUTHERAN, CORYELL
CITY

By: Joyce Symank, Valley Mills.

BETTYE SPEAR ON HER BIRTHDAY

By: Jan Stone, Woodway.

RODNEY RUETER & SANDRA VAN
ZANDT FOR THE EXCELLENCE IN
LEADERSHIP AWARD

By: Anonymous.

GENERAL GIFTS

All gifts help LSM in its work and mission. The following gifts were given between May 1 through August 31, 2018.

Mr. Jack Allday, Dallas

Dr. & Mrs. James Bowden, Cranfills Gap

Mrs. Nancy Bratcher, Meridian

Nancy & William Burnett, Newport WA
Calvary Lutheran Church, Richland Hills

Central Lutheran Church, Dallas

Christ Lutheran Church, Dallas

Christ Lutheran Church, Odessa

First Lutheran Church, Temple

First Presbyterian Church, Clifton

Rev. & Mrs. Calvin Goerdel, Clifton

Mr. John Grimland, Dublin

Ms. Vaida Jordan, Canyon Lake

Pastor & Mrs. Paul Krupicka, Waco

NTNL Mission Area, Argyle

Mr. Chester Posey, Clifton

St. John Lutheran Church – Coryell, Gatesville

St. Matthew Lutheran Church, Waco

St. Olaf Lutheran Church, Cranfills Gap

Mrs. Joyce Symank, Valley Mills

Thrivent Financial for Lutherans, Appleton WI



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Assisted Living!



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Assisted living - Hospice - Long-Term Care



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254-675-8637

LSM is an equal opportunity provider & employer



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254.675.8637

www.LutheranSunset.org

**RETURN SERVICE
REQUESTED**

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

Non-Profit Organization
U.S. Postage

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Clifton, Texas 76634
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Blast from the Past

Sunset Home, 1970

