

Bingo at the Tusc. Senior Center

New Dawn Retirement Community will be sponsoring bingo again at the Tuscarawas County Senior Center, the first Monday of every month, at 10am. Each player pays \$2.00 to play. To Purchase your Tickets to play please go to the Tuscarawas County Senior Center front desk. Dates to play:

March 4, 2019
April 1, 2019

If you have any other questions or concerns please contact Samantha White, Community Outreach Director, at 330.343.5521

Polish Me Pretty



Samantha White, from New Dawn Retirement Community, comes to the Tuscarawas County Senior Center the second Friday of every month

to paint nails for **FREE**. She does everything from solids and stripes to french manicures and special stamp art. She has gloss and matte. Get a design for the Holidays! To sign up to see Samantha White, please contact the Tuscarawas County Senior Center front desk at 330.364.6611

Communication Tips With Dementia

- 1) Keep it simple. Use short sentences and plain words, asking only one question at a time. Yes-no questions may work best.
- 2) Be patient and allow plenty of time for what you have said to be understood.
- 3) It may take longer for your loved one to process and respond. Don't interrupt or finish their sentences. Just listen and avoid rushing and correcting.
- 4) Remain calm and talk in a gentle, straightforward manner. The tone of your voice can send a clearer message than what you actually say.
- 5) Don't argue. Be aware that one's reasoning and judgment will decline over time. If necessary, leave the room to avoid confrontation.

Dover Library – Passport to...

As we continue through the year, New Dawn and the Dover Library are inviting you to go on this amazing new travel presentation. Dover Library's, Linda Toohey, will take you across the ocean to different countries without even leaving Dover. What about your passport? Don't fret. New Dawn has designed a passport book just for this program. Each time you attend a program you will receive a stamp in your book to document where you have been. New Dawn will also take your passport picture to place in your book so you can make it through customs. There is also space in the books to keep notes about your adventure. Dover Library is also giving out one free lunch ticket to the Senior Center, each trip.

March 14 at 12:15pm we are flying to New Zealand
April 11 at 12:15pm Dance your way through Chili



Rabbit: The Birds & Bees

The baby rabbit asked, "Where did I come from?" The mother rabbit replied, "I'll tell you when you're older." A few years later, the baby rabbit asked, "Mommy, please tell me now where I came from." Mother rabbit said, "If you must know, you were pulled from a magician's hat."



New Dawn Newsletter

New Dawn Retirement Community * 865 East Iron Ave, Dover OH * 330.343.5521 * www.new-dawn.net



Celebrating March & April Community Event

BINGO

@ Tuscarawas Senior Center
Mar. 4 10am – 11am

Polish Me Pretty

@ Tuscarawas Senior Center
Mar. 8 9am – 12pm

Dover Library – Passport to New Zealand

@ Tuscarawas Senior Center
Mar. 14 12:15pm

BINGO

@ Tuscarawas Senior Center
April 1 10am – 11am

Brain Bender

@ Dover Public Library
April 6 2pm – 3pm

Brain Bender

@ Dover Public Library
April 8 6:30pm

Polish Me Pretty

@ Tuscarawas Senior Center
April 12 9am – 12pm

Volunteers!

Volunteers are the backbone of all great things. New Dawn is no exception. Our Volunteers make so many things run smoothly, bringing smiles to resident's faces, and brighten the days of the families and staff.

As April is national Volunteer Month, we want to take a moment to thank our party throwers, trip takers, bingo callers, Music & Memory warriors, our craft creators, bible teachers, our music makers, and bingo givers. You are our blessing here at New Dawn.

Dedicated Hearts

Dedicated hearts like yours
Are not so easy to find.
It takes a special person to be
So generous and kind.

To care so much for your fellow man
Is a quality all too rare.
Yet you give of your time and talents,
For all in need to share.

So thank you for being a volunteer,
We're privileged to work with you.
We want you to know how appreciated you are,
Not just today, but the whole year through.



Walk to End Alzheimer's



Here at New Dawn we are excited to announce that we will again have a team walking in the, Walk to END Alzheimer's. The walk will be on September 21, 2019 at the Dover Middle School. Last year our team beat our goal twice! And won top rookie team and 2nd place for top corporate teams. This year we are starting our goal at \$2,000. You can join our team in one of two ways. 1) You can go to https://act.alz.org/site/SPageServer?pagename=walk_homepage the Alzheimer's Association walk page. In the search teams section – search New Dawn. The team captain is Samantha White. 2) You can contact Samantha White at 330.343.5521 or email at swhite@new-dawn.net and she will get you signed up.

As a team we help each member raise \$100 to not only earn them a walk shirt but also help our team meet their goal. Last year we had both residents and family members join us on walk day.

Every month the ALZ Association has a challenge. Join now and see what you could win as you help raise money for a cause they affects so many of us.



Our Team

Upcoming Center Events

These are some of the events Activities is putting on for the residents. We invite you to come join your loved one!

- March 5, 8am– Hotcakes Hootnanny (Retire)
- March 12, 7:30pm – Birthday Party w/Tim Weddington (HC)
- March 13, 2pm– Music w/Jill Burke (HC)
- March 15, 2pm – St. Patty's Party (Retire)
- March 23, 2:30pm – Childrens Philharmonic Choir (HC)
- April. 2, 12:30pm – Bowling Banquet (Retire)
- April. 10, 2:30pm – Dover Library -Chili (HC)
- April. 16, 7:30pm – Birthday Party w/Jim McConnell (HC)
- April. 19, 8:30am – Good Friday Breakfast (Retire)

HC- Healthcare Activity Room, BR – Blue Room, Retire – Retirement Activity Room, RD – Rehab Dining

Brain Benders

New Dawn Retirement Community has partnered up with Crossroads Hospice, Dover Library and the Alzheimer's Association to bring you this exhilarating new program, Brain Benders! This six week program will teach you how to exercise your brain, and give you the leading information on Alzheimer's from the Alzheimer's Association.

This program is completely free to the community. Workbooks have been sponsored by New Dawn Retirement Community and Crossroads Hospice.

Join us Saturday April 6th at 2pm at the Dover Library for an informational session and see examples of the activities you will be participating in. Then join us April 8th at 6:30pm at the Dover Library for our first session. The session will continue at 6:30pm on; April 22, May 6, May 20, June 3, June 17.

Color A New Dawn

Color A New Dawn was developed through the growing need and compassion of our residents wanting to do something with purpose; something for our community. Together we came up with a crayon recycling initiative, which will help our community in multiple ways. Millions of crayons are thrown away every year, and as many of you may already know, crayons are not biodegradable and therefore end up clogging our landfills. Through Color A New Dawn we collect broken and used crayons to make new crayons. We are then giving these new crayons to the local hospitals and the local schools to give to children.

So far Our Crayon Collectors are:

- *Immaculate Conception School in Dennison
- *Bob Evans in New Philadelphia and Dover
- *Tuscarawas County Senior Center in Dover
- *Dover Area Elementary Schools
- *Raya's Tanning in Uhrichsville
- *New Dawn Staff
- *New Dawn Families

Mercy Statcare in both Tuscarawas and Carrollton will be the first places to give out the new crayons to children as they are discharged.

The Residents so far have already sorted six boxes of crayons, which means we will be making our first batch of new crayons here in the next couple of weeks. Residents are requesting to work on the project all the time.

Are you wondering how you can get involved? The easiest way is to get a collection box from Samantha White at New Dawn Retirement community and take it to your church, school, or your favorite restaurant to collect crayons. For kids we also have some coloring pages as a thank you for helping our community. We want to see what they look like though. So be sure to post yours online with the #coloranewdawn or #seniorswithpurpose. Finally if we are looking for more silicone baking molds to make our new crayons in. So if you have any gently used molds you are no longer using, we would love to have them, as we can then make more crayons at a time.

Music at Kent State

Kent State of Tuscarawas has formally invited New Dawn Residents, Family and Staff to the KSU Tuscarawas Band & Choir Concert on Tuesday, April 23 at 7:00PM in the Performing Arts Center of Kent State Tuscarawas. Admission is free and open to the public. Doors will open at 6:30PM. There are over 1000 seats in the auditorium, so no reservations will be needed.

The theme for this concert is "Night at the Movies" and will feature music from films like West Side Story, Mary Poppins, Beauty and the Beast, Indiana Jones, Pirates of the Caribbean, and many more. We are looking forward to an exciting evening of music!

There is limited wheelchair seating and all seats are first come first serve bases. New Dawn Assisted Living will be taking residents over that want to attend. If you would like to meet your relative over there please let Samantha White or Rhonda Mann know by Friday April 12, 2019.

Thank You for always thinking of us, Kent State! We can't wait to enjoy another wonderful show.

If you have any questions please feel free to contact Samantha White at 330.343.5521 or email at swhite@new-dawn.net.

Thank You again to Our Wonderful Community for all of your support. This program would be nothing without you!

