



Volume 1 Issue 2  
September 2014

# Caring Hands Caring Hearts

## John XXIII Home



### 12th ANNUAL GOLF SCRAMBLE

Our Good Lord was truly with us, as ALWAYS, when we kicked off the 12th Annual John XXIII Home Charity Golf Scramble on July 18th at Oak Tree Country Club in West Middlesex. The temperature was fantastic for the outing as this year's teams tee'd it up to compete for 1st place. It was Team Cindric (Blaise Cindric, Scott Russell, Dante Vetrica and Ryan Prokay), that walked away with the 1ST Place honors. 2ND Place honors went to Team Matune (Joe Telega, Marc Paoletta, Brian Zachetti and Jim Hanahan); 3RD Place went to Team Physician Mobile X-Ray (Tim Aquino, Alex Aquino, Bobby Marshall and Todd Gel-

baugh). MOST HONEST Team was Team Gilbert's (Nick Maiorano, Jr., David McJunkin, John B. Rossi and Aaron Schreiber). We finished up the day with a delicious steak dinner prepared by the staff at Oak Tree Country Club. Every golfer in the field helped to make this outing a success with their entry fees and many side-games and raffles that went on throughout the day. This year, we had 3 MASTER SPONSORS, 3 BIRDIE SPONSORS, 3 FRIEND SPONSORS and 28 HOLE SPONSORS. Through the generosity of all of the golfers, sponsors, donors, and staff at Oak Tree



Country Club, this year's annual golf scramble was a huge success. We would also like to send out a GIANT thank you to the J23 "crew" of staff who helped to plan and coordinate the event and made the outing a HOLE IN ONE! We hope to see everyone back next year! Please mark your calendars for Friday, July 24, 2015, the scheduled date for the 13th annual John

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## MCKESSON

Empowering Healthcare



## SYSCO

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**John XXIII Home**

**Annual Events**

**Resident/  
Family/Staff Picnic**

**9/19/2014**

**Employee  
Recognition**

**Dinner**

**10/16/2014**

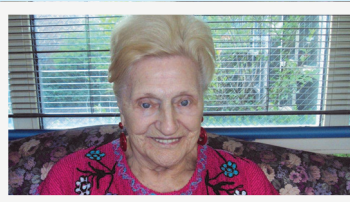
## JUST THE FACTS—PLEASE

**A small but growing fraction of the U.S. population lives past age 100. Let's look at the states where people are most likely to celebrate their 100th Birthday:**

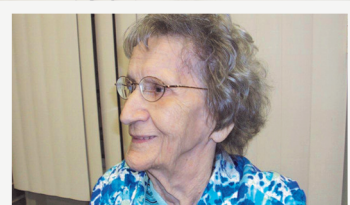
1. North Dakota—221 centenarians
2. South Dakota—240 centenarians
3. Iowa—846 centenarians
4. Nebraska—501 centenarians
5. Connecticut—930 centenarians
6. New York—4,605 centenarians
7. Rhode Island—247 centenarians
8. Massachusetts—1,520 centenarians
9. Minnesota—1,211 centenarians
10. Hawaii—306 centenarians

According to the Gerontology Research Group (GRG), there have been over 700 verified American supercentenarians (people from the United States who have attained the age of at least 110 years). As of August 6, 2014, the GRG lists 21 verified living supercentenarians. The GRG lists people as living supercentenarians if their age has been "validated" and they have been confirmed to be alive within the past year. In addition, 20 Americans listed are considered "pending" and 25 "unverified." The oldest living verified supercentenarian from the United States is Gertrude Weaver, aged 116 years, 33 days. The oldest person ever from the United States was Sarah Knauus, who died on December 30, 1999, at age 119 years 97 days.

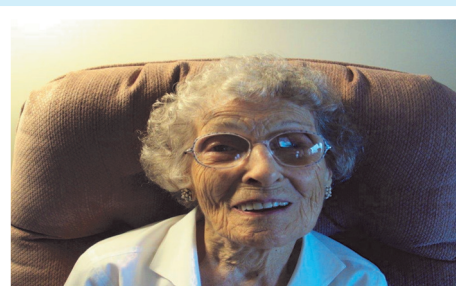
## OUR JOHN XXIII HOME CENTENARIANS WHO ADDED ANOTHER YEAR



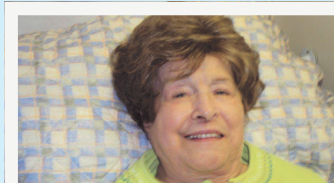
Francis Nespor 102



Anna Lesko 102



Jenny McCleary 105



Johanna Vernille 101



Freda Myers 100

### Secrets Revealed by the 100@100 Survey

One hundred years ago, the average American's life expectancy was between 50 and 60 years, and so the estimated 53,000 centenarians in the United States today have lived much longer than most of their contemporaries. Perhaps that is why a new survey shows that these 100-year

**SECRET 1: Keep up with exercise.**

**SECRET 2: Get preventive care to stay healthy.**

**SECRET 3: Maintain a positive attitude.**

-olds feel 'blessed' (36 percent), 'happy' (31 percent) and 'surprised' (12 percent) to have lived so long.

Not one reports feeling sad or burdened; only 3 percent say they feel lonely. The following are some of the secrets to healthy aging, as revealed by the 100@100 survey.



## BOCCE HAS ARRIVED AT JOHN XXIII HOME

Throwing balls toward a target is the oldest game known to mankind. As early as 5000 B.C. the Egyptians played a form of bocce with polished rocks. The early Romans were among the first to play a game resembling what we know as bocce today. They learned the game from the Greeks, then introduced it throughout the empire. The Roman influence in bocce is preserved in the game's name; bocce derives from the Vulgate Latin 'bottia', meaning boss. In early times they used coconuts brought back from Africa and later used hard olive wood to carve out bocce balls. The great game of bocce thrived in Great Britain. Such nobility as Queen Elizabeth I and Sir Francis Drake were avid fans. According to legend, Sir Frances Drake refused to set out to defend England against the Spanish Armada until he finished a game. He proclaimed, "First we finish the game, then we'll deal with the Armada!" The sport first came to America in the English version called 'bowis' from the French boule meaning ball. It has been noted that one early American playing field was Bowling Green at the southern tip of Manhattan and that George Washington built a court at Mount Vernon in the 1780's. Thanks to many Italian immigrants at the turn of the century, bocce has come to flourish in the United States. And, now, we can say BOCCE has come to John XXIII Home. Our Bocce Game provides weekly excitement for 4 Bocce Teams and a room full of spectators. The teams are ROBOTS—RANGERS—KINGS—AND ANGELS—Each team of 5 players compete weekly for the WIN. As of September 15, mono-colored Bocce Team shirts were issued to all of our 20 players in 4 team colors compliments of our Resident Bocce player, Alex Alter. Alex has been a long time participant of Bocce even prior to residing here and it was his idea to purchase "John XXIII Bocce Team" shirts.

### JOHN XXIII HOME BOCCE TEAMS 2014



L/R: Ron Prezioso, Grace Brock-Miller, Mike Masello, Mary Mirizio and Lucille McAdoo



L/R: Tom Gross, Lou Kish, Alex Alter, Suds Sadowski and Kate Tonty



L/R: Stella Paulenich, Virginia Sadowski, Tommie Russ, Bunny Vance and Chris Alter



L/R: Joan Gross, Donna Rambeck, Helen Kusnir, Bill Lombardo and Bill Marx

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### **John XXIII Home Mission Statement**

*John XXIII Home, a not-for-profit nursing home of the Roman Catholic Diocese of Erie a division of Catholic Charities, is committed to the healing mission of Jesus Christ. We provide optimum-quality personalized care at the lowest feasible cost in an environment conducive to the comfort, dignity and peace for the infirm, chronically ill and aging individuals of all faiths. We are committed to a Christian vision, which recognizes the dignity of human life and respect for the uniqueness of each person.*

### To our John XXIII Home Family:

John XXIII Home has been in existence for 40 years, providing Nursing Home, Personal Care and Independent living arrangements for the seniors of the Shenango Valley. Our Mission has always been “to provide the highest quality health care possible at the lowest feasible cost” and we remain committed to doing so.

The changes within the health-care delivery system both nationally and locally are significant examples of how health care will continue to evolve. Regardless of change, the one constant to providing quality health-care is to employ care givers that care not only about their job but

more importantly have love, respect and empathy for mankind and those within our care. After all, the “root” of health care is nothing more than people, caring for people.

As the Administrator of John XXIII Home over the past 14 years, I want to take a moment to thank the wonderful staff who have provided exceptional care for those whose well-being has been entrusted to our facility. I have seen countless acts of kindness and numerous situations where perfect strangers have become family. Of course, we are not perfect, but your kind words, compassion and willingness to care for someone in need, is

Christ like. I’m honored to work with such class acts. We are a nursing home and personal care home but more importantly we are an organization that cares about the well-being of mankind, which is precisely what must remain at the forefront of health-care regardless of systematic changes.

Kirk Hawthorne  
Administrator