

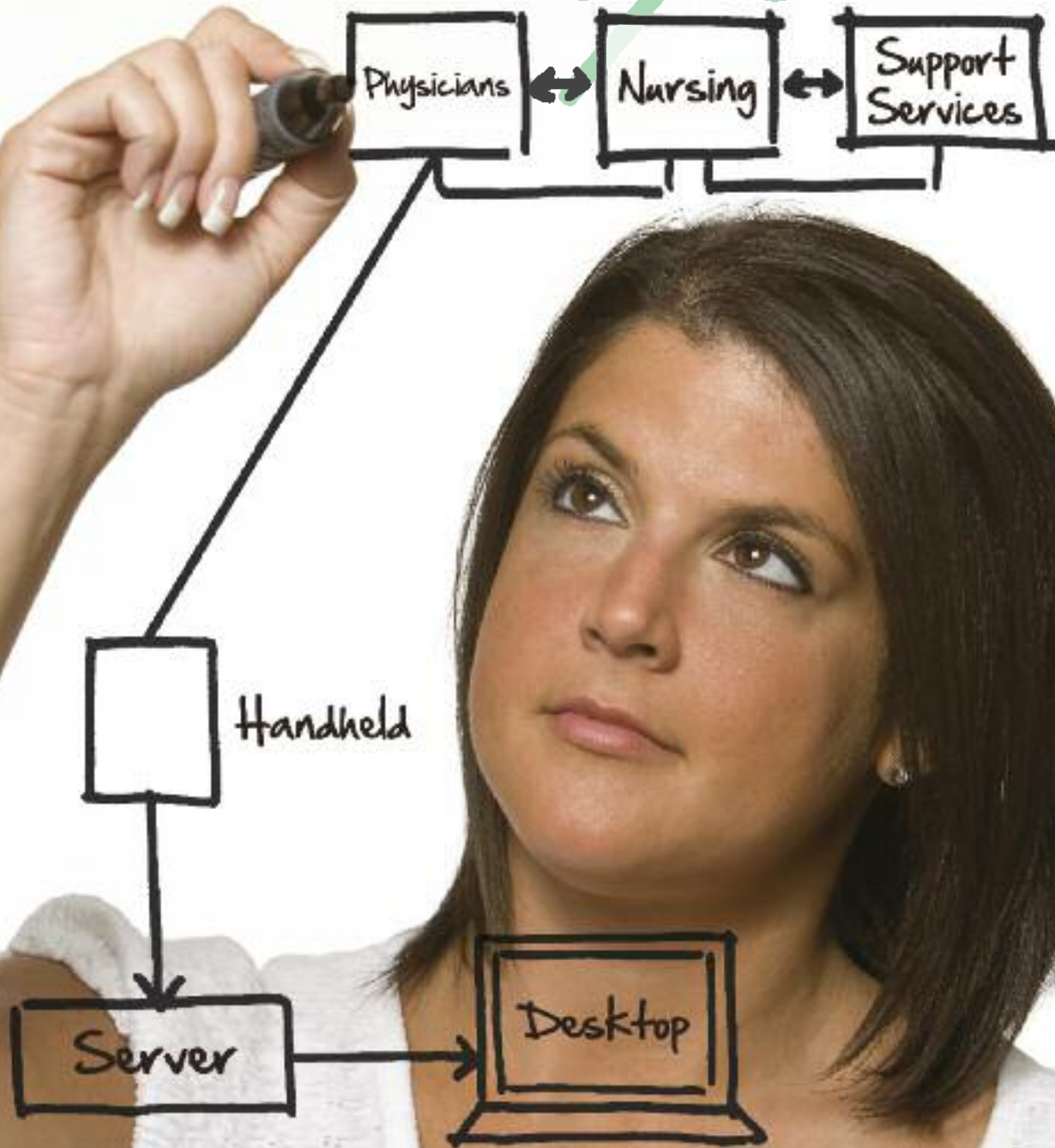
Center

WINTER 2008



Christian
Health Care
Center

Life



INNOVATION

MESSAGE TO THE COMMUNITY

Since Christian Health Care Center was founded in 1911, the community has relied on us to fulfill the needs of the elderly and mentally ill through the delivery of high-quality care. Successfully achieving this goal requires guidance and inspiration from God, dedication to the Center's mission, a talented and skilled team of employees and volunteers, and a healthy dose of innovation.

Innovation is a powerful driving force at the Center. God has blessed us throughout our nearly 100-year history with innovative abilities to discover and identify new means and methods to serve those entrusted to our care. Innovation enabled the 14 founding fathers to envision that a renovated farmhouse would one day become New Jersey's first private psychiatric hospital. Innovation helped guide the Center when it segued into elder-care in 1957. And innovation has remained instrumental in the continued expansion of our programs and services throughout the decades.

This issue of *Center Life* illustrates some of our more recent innovative efforts to further improve our care. We work diligently to unite advances in medical science and technology with our core Christian values to deliver unfaltering, high-quality health care and services.



While the depth and breadth of how we fulfill our mission has changed immensely since 1911, the Center remains faithful to its Christian heritage. We are not seeking to be the biggest at what we do. We are seeking to remain the best. We have a responsibility to use the talents, abilities, and resources that the Lord has given us to care for our community. We give thanks to God for his continued blessings in all we do. As Gerrit Egedy, the Center's board of trustees Chair, wrote so eloquently in 1936, "If man deserves recognition for what he has done, how much the more does God deserve praise and adoration for this work which is really His."

A handwritten signature in blue ink that reads "Douglas A. Struyk".

DOUGLAS A. STRUYK, CPA, LNHA
President and CEO

A handwritten signature in blue ink that reads "Sandra De Young".

SANDRA DE YOUNG, EdD
Chair, Board of Trustees

ACCOLADES AND ANNOTATIONS

"Thank you very much for presenting the New Jersey Association of Homes and Services for the Aging 2008 Junior Volunteer of the Year Award to me at Mahwah High School. Additionally, I greatly appreciated that you hosted a reception for me. My family and friends enjoyed my travelogue that I presented to the residents, as well as their time at Christian Health Care Center. I am privileged to volunteer for your organization."

Steven Kanczewski, Junior Volunteer

The logo for "Center Life" features the word "Center" in a bold, sans-serif font above the word "Life" in a larger, elegant script font.

is published by the
Marketing Department of
Christian Health Care Center.

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Information Technology

Transforms Care

The Information Technology staff includes, from left, Gerry Flanagan, Director Scott Velez, Steven Aguilar, and Ramon Wilson.

P

Perhaps no other department at Christian Health Care Center experiences such rapid day-to-day changes as Information Technology (IT). It's not only due to the fact that the four-person department is responsible for ensuring the smooth operation of 300 personal computers, 40 computer tablets and 60 handheld devices for electronic medical records,

1,000 telephones, and dozens of Blackberrys and cell phones. The constant modifications are mainly due to ever-changing technology.

"IT is responsible for moving information and data with speed, reliability, security, and quality," says Scott Velez, IT Director. "This duty is vital to the delivery of care at the Center, which is why we need to ensure that we're one step ahead of technology. Our systems need to run efficiently and smoothly."

At the top of IT's extensive roster of responsibilities is making sure that employees have the necessary IT hardware, software, and networking capabilities to perform their jobs effectively, proficiently, and resourcefully. This involves everything from making additions and changes to the telephone and voicemail systems to evaluating, purchasing, and installing high-speed, highly secure servers to move data. On average, the department responds to 450 IT work orders every month.

At the core of the entire IT system at the Center is 25 servers. All software applications on each computer are connected to a server.

"When an employee logs into the system, his or her computer authenticates to a server, or what we call a domain controller. All work performed on an individual computer gets saved to a server. It's better for the user and it's better for the IT department. When a computer crashes, we just bring in a new hard drive and it automatically connects to the server with all the user's files," Mr. Velez says.

Ironically, as technology has become more innovative, the size of the IT staff has decreased. Just a decade ago, the IT staff numbered 10.

"We have fewer staff members now because a lot of tasks that in the past had to be performed by a human are now automated, and a lot of software programs are web-based," Mr. Velez says. "For example, we have a system that monitors the network and switches. All personal computers connect to a switch, which connects to a central location, which goes out to the network. It's the heart of our infrastructure."

Guarding information and protecting the network from computer hackers and viruses is another top priority. Firewalls and filtering devices help ensure smooth operation.

"The IT department is committed to bringing the most precise, safe, and cost-effective solutions regarding computers, networking, and telecommunications systems to the Center," Mr. Velez says. "The faster and more reliable our IT services are, the better the care that is delivered to our residents, patients, and clients."

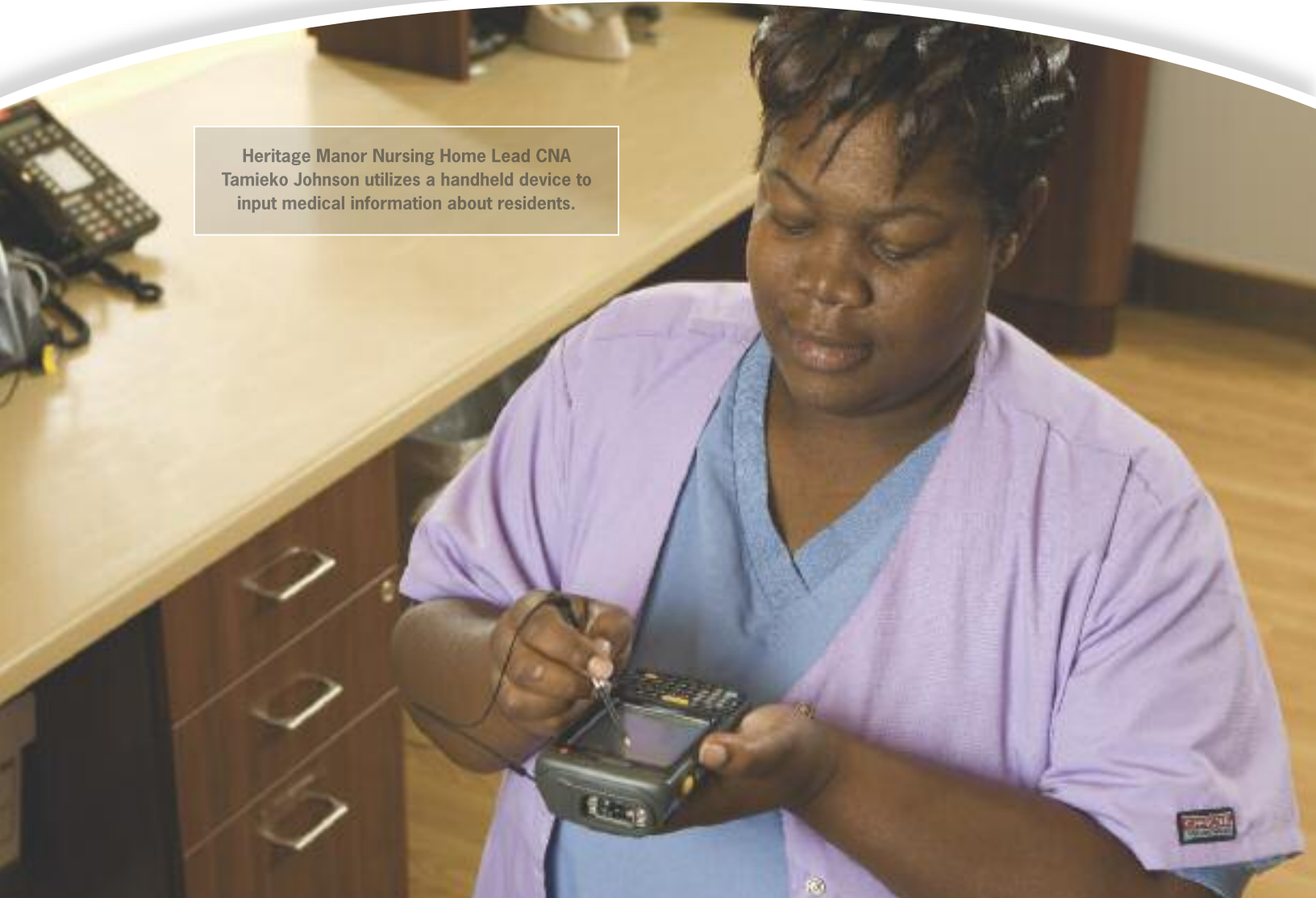
TECHNOLOGY ENHANCES

the Human Touch



Innovative technology has translated into enhanced personalized direct care for residents at Christian Health Care Center (CHCC). With the implementation of electronic medical records (EMRs) this fall, physicians, nurses, dietitians, social workers, and activities staff have been able to improve efficiency in documentation and reduce paperwork, which, to date, has resulted in more time devoted to one-to-one care at Heritage Manor Nursing Home and Southgate behavior-management unit.

Heritage Manor Nursing Home Lead CNA Tamieko Johnson utilizes a handheld device to input medical information about residents.



“The shift to EMRs has been a tremendous benefit to our residents because the process allows for more time dedicated to direct patient care and improves resident safety because medical information is current, accurate, and easily accessible,” says Jennifer Vitrano, Software Implementation Director at CHCC who spearheaded a multidisciplinary team charged with selecting an appropriate EMR system. “In turn, improved efficiency and accuracy result in cost savings and increased reimbursement. We’ll also realize cost savings by implementing EMRs now rather than when mandated by law in a few years.”

The EMR process, which utilizes a system developed by SigmaCare, provides up-to-date clinical information at the point of care. Currently, the full system is in place at Heritage Manor and Southgate. Components of the system are also in use at Ramapo Ridge Psychiatric Hospital. Eventually, the full system will be utilized in The Longview Assisted Living Residence, Hillcrest Residence, and Christian Health Care Adult Day Services of Wayne and Wyckoff.

“CHCC will be the model for the assisted-living module of SigmaCare. We will be a beta site,” Ms. Vitrano says.

The EMR flow begins with resident photo-identification bracelets. Clinical professionals scan the bracelet with a handheld device in order to view the individual’s medical data and to input information about care provided. Certified nursing assistants, for instance, enter details about activities of daily living while nurses log health data and observations. Dietitians record nutritional instructions and notes, and social workers document necessary referrals to other CHCC and community services, appointments with outside physicians and surgeons, etc.

“Physicians use the EMR system on and off campus to chart medical status and prescribe medications directly to ChemRx, CHCC’s pharmacy partner,” Ms. Vitrano says. “Improved medication monitoring and administration is one of the most beneficial aspects of EMRs. Electronic prescriptions improve accuracy because they eliminate errors due to illegible handwriting. Nurses utilize touch-screen computer tablets on medication carts to review a resident’s drug regimen and document administration.”

The SigmaCare software allows clinical staff to perform resident-specific drug-interaction searches, review the resident’s medication history, and access a comprehensive drug-reference guide.

It also alerts the staff if duplicate medication therapies have been ordered. This results in fewer adverse drug reactions.

EMRs also provide the ability for all clinical professionals to simultaneously view a resident chart or input information. Previously, only one paper version of a resident’s chart existed. If one person was using the chart, no one else could access it for information or to make any documentation,” says Nancy Mericle, RN, Heritage Manor/Southgate Nursing Services Director. “Bulky resident charts created with pen and paper are a thing of the past, as is the tremendous amount of time that was necessary to manually record patient information.”

The elimination of a paper medical record also enhances resident confidentiality and ensures adherence with the Health Insurance Portability and Accountability Act. Only necessary clinical staff are authorized to access EMRs. To further enhance security, each person needs a unique user name and password.

“Staff members can quickly lock handhelds and tablets to prevent non-authorized personnel from viewing information,” Ms. Vitrano says. “Additionally, the equipment doesn’t work outside CHCC buildings. It only works inside and on the CHCC network.”

In the event of a power outage, emergency generators enable the EMR system to function as usual. If the high-speed Internet line off campus goes down, a backup offline component of SigmaCare kicks into gear so

most resident information can still be accessible. Some data may need to be documented the “old-fashion way” while the Internet service is down and entered manually once the connection is back online.

“The bottom line is resident care is never interrupted,” Ms. Vitrano says.

While the EMR system is user-friendly, putting the process in place required weeks of intensive training for 400 employees – nearly half the CHCC staff – who utilize the system. To help underwrite the cost of training, CHCC received a \$115,000 grant from the New Jersey Department of Labor and Workforce Development. The Center was the only facility in the state to receive the grant for EMR training.

“Our commitment to EMRs reflects our commitment to those entrusted to our care,” Ms. Mericle says. “The less time the staff devotes to manual data entry, the more time they can spend caring for our residents and interacting with them one-to-one.”



It all started with a plastic food container.



“A few months ago when I was in the cafeteria, I noticed that one of my colleagues was using her own food container rather than Styrofoam plates. I thought, ‘What a great idea.’ Can you imagine the beneficial effect on the environment if everyone did that?” explains Annette Vega-DeFazio, Christian Health Care Center’s (CHCC) Facilities Development Project Manager, about her inspiration to form a service-excellence Green Team.

With enthusiastic support from Administration, a team was assembled and charged with developing practical ideas to demonstrate the Center’s commitment to environmental stewardship and to educating staff, residents, patients, clients, sponsors, and the community about simple, everyday solutions for going green.

“Our message is, ‘Let’s not be wasteful with our resources,’” Mrs. DeFazio says. “Going green is just a better way of doing something. It’s not a new idea. It’s been around forever.”

Actually, the Center started environmentally conscious practices long before the formation of the Green Team. Over the past decade, Facilities Development and Maintenance replaced older lighting with energy-efficient bulbs, upgraded insulation, replaced electric hot-water systems with gas systems, replaced black roofing materials with white roofing, and installed higher efficiency windows, just to list a few projects.

When Mrs. DeFazio joined the Center six years ago, the “green” philosophy was in its infancy in the design community. At the time, the number of companies producing environmentally conscious products for health-care facilities was extremely limited.

“It used to be that only one vendor carried a specific green product, but now you can find green products across the board. Manufacturers are changing the way they do business with an eye toward environmental responsibility. Everything that the Center uses now, at least to some degree, has a minimal or reduced impact on

Environmental Stewards

the environment. It may cost more initially, but will save money in the long run," Mrs. DeFazio says. "For instance, in high-traffic areas with carpeting that tends to be replaced frequently, we don't use gigantic rolls of broadloom anymore. We use carpet tiles. This way, if only one area needs to be replaced, we remove just those tiles and send them to recycling plants where they are made into new carpet tiles. The impact on the environment is very minimal because the carpet tiles don't wind up in a landfill. This method is also more cost-effective because we don't have to hire a contractor to replace broadloom. Replacing tiles can be done by our own staff."

The Center's new Heritage Manor East Nursing Home Great Room is an inspiring example of the facility's commitment to environmental stewardship. The addition is composed of about 90-percent environmentally responsible materials. All fabrics are "green" fabrics that were either made from recycled content or by a process that doesn't produce any emissions. All wood is genuine wood, not fiber board or particle board, and finishes have minimal



impact on the environment. Equipment is Energy Star-rated. Lighting is compact fluorescent. Carpeting is 100-percent recycled. Wall coverings have lead-free ink.

"The Great Room doesn't have any off-gassing. The carpet glue is free of volatile organic compounds and paints are low-emission," Mrs. DeFazio says. "The space does not impact our residents' health. I know that they are in a safe and lovely environment free of toxins."

Spreading environmental consciousness to other areas and practices at the Center is the task of the Green Team. To date, the team has conducted a cell-phone recycling program, spearheaded the distribu-

tion of environmentally friendly gifts at Employee Appreciation Day, and suggested that employees add a sentence at the bottom of e-mails encouraging the reader to evaluate the need to print it.

"We're asking the entire CHCC community to think about what it means to be green," Mrs. DeFazio says. "Going green doesn't happen overnight. If we can get everyone on board, it will make a big impact on our campus, in our community, and even globally."

HARNESSING Energy



When Christian Health Care Center (CHCC) admitted its first patients in a renovated farmhouse in 1917, an open window constituted air conditioning, while a roaring fire in the fireplace was considered heating. Nearly one century, 14 buildings, and 78 acres later, heating, ventilation, and air conditioning (HVAC) at the Center involves cutting-edge technology which, in some areas, also involves producing electricity.

"Throughout the facility HVAC is managed by one of two methods controlled via computers," says Hank Schuurman, Vice President of Facilities Development. "Both use room or duct sensors to monitor temperature. The difference is mainly in the duct work."

Newer duct work includes variable air volume (VAV) boxes at the vents. These boxes regulate the amount of cooling/heating for a particular room or area. VAV boxes help ensure that energy is used efficiently by being responsive to external environmental factors. For example, VAV boxes disperse higher cooling loads to rooms bathed in direct sunlight for a majority of the day. VAV boxes can also cater to personal preferences by increasing or decreasing the temperature in individual rooms and offices.

In older duct work without VAV boxes, room sensors monitor temperature and create a balance in the zoned area. If one duct carries air conditioning to five offices in a zone set for 73 degrees, the sensors will constantly

monitor the temperature so these areas remain balanced.

The core of heating and cooling for some areas on CHCC's upper campus is a microturbine absorption chiller. This impressive equipment has an added feature; it can produce electricity using natural gas.

"The concept is to make electricity and use the byproducts more efficiently. The idea is to use as many of the calories contained in natural gas to our benefit," Mr. Schuurman says. "By creating three forms of energy – electricity, heating, and cooling – we're using 80 to 90 percent of the energy in natural gas. In the long run, our capital improvement will result in lower energy costs while at the same time being environmentally conscious."

BRIGHT IDEAS



Innovation at Christian Health Care Center begins with Bright Ideas. This service-excellence program encourages and motivates each of the Center's nearly 850 employees to submit ideas to improve care and services as they relate to the five service-excellence pillars: patient/resident satisfaction, quality, employer of choice, community awareness, and financial viability. Ideas submitted are reviewed by the Bright Ideas Team and, if appropriate, disseminated to the suitable department director for feasibility. All employees submitting ideas receive feedback even if their ideas are not viable.

HERE ARE JUST A FEW OF BRIGHT IDEAS THAT HAVE BEEN IMPLEMENTED:



MIKE BARTELL
Materials Management

Provide hands-free cell phone headsets to Christian Health Care Center drivers.

Alison Argott, Heritage Manor Nursing Home: (1) Add a hamper in the Heritage Manor East Dining Room for dirty table linens. This would reduce the spread of infection and germs. (2) Place a "Worship in Progress" sign outside the Auditorium in an effort to decrease the noise level in the hallway during religious services.

Eva Artopee, Heritage Manor: Install signs directing potential and current employees to Employee Health.

Maryanne Burdi, RN, Heritage Manor: Post the monthly inservice calendar on the Intranet to make it easier for nurses to review. Attendance at programs may increase and the quality of care may be enhanced.

Leonard Capabianca, RN, Ramapo Ridge Psychiatric Hospital: Create an on-hold audio program so that callers awaiting assistance will listen to music, information about Christian Health Care Center (CHCC), or words of encouragement.

Lynn Clark, Ramapo Ridge: Have copies ready of vital chart data in case a patient is taken to the emergency room at an acute-care hospital.



SOFIA MAGNIFICO, RN
Ramapo Ridge Psychiatric Hospital

Create visitor passes so staff can more closely monitor the number of visitors that a patient has at one time.

Ann De Boer, Heritage Manor: (1) For resident and employee safety, install concave diffusers on ceiling lights on Wings 3 and 4. (2) Create generic business cards for distribution to family members on which nursing staff can write his/her name and Nurses' Station telephone number.



JIM MAGARELLI
Quality/Risk/Safety

Include numbers for the Center's red emergency phones in the inhouse telephone directory.

Howard Gilman, MD, Medical Executive: When a patient/resident is referred from one CHCC service to another, automatically send the clinical discharge summary to the receiving service.

Sharon Gordon, Commons Reception Desk: (1) Place a mat by the sink in the Employee Dining Room locker area to prevent falls. (2) Post printable driving directions to the Center on the Intranet so they are easily accessible to all staff for distribution to visitors. (3) Since only the Center's main number is displayed on external caller ID, staff should be sure to leave his/her name, department/program, and telephone number when leaving voicemail.

Dawn Heflin, CSW, Long-term Care Admissions: To be more cost-efficient, order a balloon bouquet from de Snoep Winkel Gift Shop and Tea Room at CHCC for newly admitted residents instead of a floral arrangement.

Carol Hertenstein, RN, Ramapo Ridge: Apply uniquely identifiable flags to forms that require a patient's signature so staff is reminded to get the signature when the patient is able to do so.

Michelle Hitchner and Jennifer Puskas, LCSW, Pathways: Paint crosswalks in areas of high traffic to designate places to cross and enhance safety.



CYNTHIA LARDIERE
Finance

Business cards for billing representatives should include their billing areas so sponsors will know their respective representative.

Joan Katz, RD, Nutrition Services: To save paper, add a sentence at the bottom of e-mails encouraging the reader to evaluate the need to print it.

Pamela Rooney, CTRS, ADC, The Longview Assisted Living Residence: Include senior-management photos with the organizational chart on the Intranet to help familiarize staff with the administrative team and make them feel more comfortable when approaching a team member.

Charlene Klingen, Administration: As an alternative to lanyards, supply magnets for employee identification badges.

Marion Klingen, Finance: Create imprinted CHCC memo pads for instances when a quick note is more practical and appropriate than a formal letter.

Adrianna Leguizamo, Materials Management: For client safety, install a handrail by the side entrance of Christian Health Care Adult Day Services of Wayne.



JENNIFER PUSKAS, LCSW
Pathways

Dedicate specific parking spots outside of the Child Day Care Center for drop off/pick up only. Paint a curb to indicate a no-parking zone.

Nancy Maphis, Long-term Care Admissions: Include maps of Bergen and Passaic counties in glove compartments of CHCC fleet vehicles.

Earl Sherman, Food Services: When planning menus for special events like Employee Appreciation Day and the Employee Christmas Party, seek input from all employees to ensure that all ethnic groups are represented.

Barbara Suskin, LSW, Christian Health Care Adult Day Services of Wyckoff: Develop a Center-wide sympathy card to use for co-workers and families.

Kathy Urban, LPN, Heritage Manor: Senior management, nursing management, and department directors should carry their cell phones during state surveys. Create a list of cell phone numbers for the management team to ensure that all necessary staff is accessible and can be easily contacted when state personnel have questions or need information.



BETTY GRIEVE, RN
Southgate

Include a roll of duct tape in each Hospital Incident Command System bag to be used to secure extension cords to the rug/floor to prevent tripping.

Spreading Happiness COMES NATURALLY

Ed Johanson's philosophy about volunteering is simple.

"If I can make seniors happy for an hour or two every week, that's a good thing," says the Oakland resident who volunteers at the Courtyard, a home at The Longview Assisted Living Residence for 34 individuals in the middle stages of memory-impairment diseases. The Longview and the Courtyard are two elder-care programs at Christian Health Care Center (CHCC).

Mr. Johanson started his volunteer career in 2003. While he's the "official" CHCC volunteer in the family, his wife, Pat, accompanies him on every visit.

"We started volunteering when my mother moved to the Longview. She lived there for 10 months before she moved to the Courtyard for about a year before she passed away," he says. "My first volunteer task was leading a men's discussion group at Longview. Eventually I started showing nature films and travel documentaries that would entertain and provide a topic of discussion."

Mr. Johanson's volunteer focus gradually shifted to the Courtyard.

"I really wanted to volunteer at the Courtyard because Pat and I noticed that the residents would come to life when we talked to them," he says.



Pat and Ed Johanson

Eventually, Mr. and Mrs. Johanson became Courtyard-only volunteers, assisting every week during the bowling activity.

"We always come 30 to 45 minutes early so we can talk to the residents. We notice that if we start to tell a story to one resident, all the other residents in the area will listen and want to join in." Mr. Johanson says. "We also realized that the residents liked music very much. Now after bowling we'll sing about 10 songs."

The Johansons' commitment to Courtyard residents extends beyond the residence's walls. If a senior moves to another CHCC elder-care residence, the couple will visit the individual in his/her new home.

"We miss them when they leave the Courtyard. We enjoy seeing them again, and they appreciate the visit," Mr. Johanson says.

Important e-mail Information for Sponsors

Communication is an important component of the delivery of care at Christian Health Care Center (CHCC). In an effort to enhance communication efforts, we would like to request the e-mail address of sponsors so information can be disseminated electronically. Your e-mail address will not be shared with any other companies.

While certain information, such as billing statements, are best sent via the U.S. Postal Service, e-mail will be used, where available, to relay important announcements and other information. Sponsors wishing to take advantage of this opportunity should send an e-mail to contact-sponsors@chccnj.org as follows:

Subject line: Sponsor e-mail contact information

Text of e-mail: Your name, applicable CHCC resident name, and CHCC location (i.e. John Smith, sponsor for my mother Mary Smith in Heritage Manor)

BETWEEN SUNDAYS: PASTORAL REFLECTIONS

Innovative Faith

By Rev. James Knol, LCSW, MDiv, Pastoral Care Director, Ramapo Ridge Psychiatric Hospital Chaplain

Innovation is seldom met with unrestrained acceptance. Most of us – even if we are energized by change – greet it with some hesitation. Newton's law of momentum, which states that things at rest tend to stay that way unless some force is exerted upon them, applies to our human condition as well. Innovation, change, and improvements are, by nature, stress producers.

There is no surprise, then, that Jesus was met with a fair amount of resistance when he presented a new and innovative way to relate to God. Rather than trying to fulfill a set of rules or expectations in order to please God, Jesus offered a radically different way

to connect with the sacred. One gets in touch with God not simply when one's actions change, but when one identifies with a change of heart. What was completely innovative (and therefore hard to accept) was that living in faith means living in relationships that have unconditional love at the core – loving God and loving others, being loved by God and experiencing love from others. In the same way that God extends unconditional love to us, we are called to expand our love by sharing it with others irrespective of color, language, ethnicity, gender, or religion. Rather than "doing good" in order to achieve a positive end, Jesus portrayed goodness as being the result of a positive

beginning, that is, God's initiating, persistent, faithful, sacrificial love of His creation. The blessings of everyday life, whether we experience them directly or through others, have their root in God's desire to rescue and heal a broken world.

In this holy season, we tend to be more aware of the extent of God's caring, innovative love. The celebration of Christmas is all about innovation – a new experience of God, a change in the world order, a fresh way to understand the divine and human relationship, and above all, a radical way to live an innovative faith: unrestrained, inspired, experienced, and challenged by love.

Great Room Dedicated AT HERITAGE MANOR NURSING HOME

More than 200 donors, family members, and local and state officials gathered at a dedication and open house to celebrate the completion of the Heritage Manor East Nursing Home Great Room. The addition features areas for resident activities and dining; an auxiliary kitchen; offices; a porch with scenic views; a memorial garden for the late Edward Kohere, who served on the Christian Health Care Center Board of Trustees; and a commemorative-paver patio and sitting area.

“This stunningly beautiful addition further enhances our ability to be the hands of Christ in the lives of those we serve,” said Douglas A. Struyk, CPA, LNHA, President and CEO.

Lead donors for the Great Room include The Bolger Foundation, The Boye Foundation, Alfiero and Lucia Palestroni Foundation, The John and Margaret Post Foundation, and The Edward W. and Stella C. Van Houten Memorial Fund.



Pictured, from left, are Raymond G. Hallock, Columbia Bank President and CEO; J.T. Bolger and David F. Bolger of The Bolger Foundation; Joan McNamara and former Sen. Henry P. McNamara; Douglas A. Struyk, CPA, LNHA, Christian Health Care Center (CHCC) President and CEO; Lucia Palestroni and Kristine Sayrafe of the Alfiero and Lucia Palestroni Foundation; John Golden, CHCC trustee; Garret J. Dykhouse, CHCC Foundation Board of Trustees Chair; and David N. Connolly, 2008 Wyckoff Township Committee member.



Columbia Bank representatives marked the dedication of the Edward Kohere Memorial Garden located adjacent to the new Great Room at Heritage Manor East Nursing Home. The late Mr. Kohere was a Christian Health Care Center (CHCC) trustee and President and CEO of Columbia Bank, later serving as Chairman of the bank's board. Seated, from left, are Florence Marren, a former Columbia Bank employee; Wilma Kohere, wife of the late Mr. Kohere; and Diane Weiss, Senior Vice President and Corporate Secretary. Standing, from left, are Garrett J. Vermaas, Columbia Bank Board of Directors member; Carolyn Vermaas; Noel R. Holland, Columbia Bank Board of Directors Chairman; Austin Fischer, Columbia Bank Regional Vice President; Alex N. Grinewicz, Columbia Bank Executive Vice President of Lending; Raymond G. Hallock, Columbia Bank President and CEO; Dot Woods, Columbia Bank Senior Vice President of Marketing; and Douglas A. Struyk, CPA, LNHA, CHCC President and CEO.

Honors, Memorials, and Church Gifts

The Christian Health Care Center Foundation acknowledges those who share in the ministry of the Center by making contributions in honor or memory of individuals or occasions. The Center also deeply appreciates the ongoing financial support of various churches.

The following contributions were received between July 1 and September 30, 2008.

Key

^	Adult Day Services	++	De Roo House
^^	Adult Day Services of Wayne	#	Employee Fund
^^^	Adult Day Services of Wyckoff	~	Membership

In honor of

CHCC Nutrition Services Employees

Meals on Wheels of Wyckoff #

Evelyn and George L. Blake

Barbara and Henry Gooss

Dot Faasse

in honor of her birthday

Tom and Melanie Anthony

Alice C. Fredericks

In honor of her birthday

Shirley E. Croucher

Edward Nieuwenhuis, DPM

In honor of his retirement

Garr and Florence Nieuwenhuis

Neal and Jan Nieuwenhuis

Bill and Dien O'Connor

Rich and Trudy Nieuwenhuis

Donald and Rosemary Struyk

In honor of their 50th

wedding anniversary

Glen, Sheryl, Derek and

Bradley Ritschel

Mary Stuber

Ernest and Barbara Stuber

Florence Matchett Venturo

David Venturo

Dorothy Wynbeek

Bruce K. and Dorothea Beltman ++

In memory of

Henry J. Beekman

Claire A. Baten

Anna P. Cornett

Kerry Crane

Danielle M. Davis

Anne and Fred Folco

Mark Kassop

Doris Pruiksma

Dave and Grace Zeldenrust

Theresa V. Campbell

Al and Chris Barbieri

David and Mary Connolly

Ani and Mark Gabrellian

Joan and Walter Maier

Ralph, Barbara, Ali, and Kat Marchione

Sen. and Mrs. Henry P. McNamara

Frank and Robin Palmeri

Marilyn and Leon Sokol

Irene V. Casey

James C. Dallas ^^^

Elizabeth DeGraw

George and Irene Kavros

Rosemary P. Erdmann

Jane and Hank Johnson ^^

Marjorie Foley

Rachele A. Burchell

Dorothy DeLuca

Veronica and Frank Evans

Joan Jordan

Mr. and Mrs. Dennis Murphy

Peg O'Neil

James and Linda Pollock

Bertha R. Fortuin

Florence Van Harken-Clow

Michele Gilabert

Lenox School faculty and staff

Alan and Laurie Fu

Gail and Lawrence Lobosco

Joseph Gratzel

Joseph and Sara Sherbotie

Diane W. Greenfield

Rev. and Mrs. Don Wisse ~

Norman Haboob

Gladys Haboob ^

Nellie Hartog

Dick and Helen Van Hassel

Gertrude Irwin

George Irwin ~

Ralph J. Jeltjes

George and Clara Hoogenhuis

Martha M. Johnson

Mr. and Mrs. David Becker #

Bob and Wanda Caggiano #

Nick and Lois Ciampo #

Elsie Hommes #

Jim and Carol Quigley #

William H. Kelley, DPM

Edward R. Nieuwenhuis, DPM

Ingrid Kmack

Margit L. Goocey

Edward J. Kohere

Donna C. Barker ~

ALL-NEW HARVESTFEST CELEBRATES DONORS

Christian Health Care Center celebrated its supporters during an all-new Harvestfest. The event featured a bountiful feast donated by Market Basket of Franklin Lakes and a special performance by Christian recording artists 33Miles. Lead supporters were Herman and Marjorie Jeffer. Paul Ruitenberg III and Janet Braen served as Co-chairs, and Market Basket owners Anthony and Phyllis Chernalis were Honorary Co-chairs.

Monies raised from Harvestfest will enable the Center to renovate a wing in Heritage Manor West Nursing Home to accommodate an expanded Post-acute Care Unit (PACU).

A multidisciplinary PACU team utilizes an outcome-focused approach to deliver complex clinical and therapeutic interventions. A professional rehabilitation staff works with individuals requiring concentrated physical, occupational, and speech therapy following surgery or as the result of an acute or other serious medical condition. The goal is to improve function so that individuals can return home. Great emphasis is also placed on patient and family education and, as is the standard with all Center programs, the mind and spirit of PACU patients are nurtured, as well.



From left, Tony and Phyllis Chernalis, owners of Market Basket, enjoy the festivities with Douglas Dittrick, Christian Health Care Center Foundation trustee.



From left, William H. Soodsma, former Christian Health Care Center (CHCC) trustee; Roger Steinginga, CHCC trustee; Douglas A. Struyk, President and CEO; David Steinginga; and Ken Lagerveld



Douglas A. Struyk, Christian Health Care Center President and CEO, second from left, and his wife Vicky with 33Miles members Jason Barton, left, Chris Lockwood, second from right, and Collin Stoddard, right



From left, Peter Southway; Lena Southway; Gerrie Verblaauw; Rodney T. Verblaauw, Christian Health Care Center Foundation trustee; and Rick De Bel, Christian Health Care Center Assistant Treasurer

What Can a Charitable Gift Annuity Do for You?

Did you know that a charitable gift annuity can supplement your retirement income while making a generous charitable gift to Christian Health Care Center (CHCC)? Additional benefits include significant tax savings, higher payment rates available at older ages, and payments made to you and/or someone else you designate. In the midst of stock-market instability, a charitable gift annuity can offer a lifelong, stable, and attractive rate of return.

CHCC has partnered with the Barnabas Foundation to issue charitable gift annuities for the support of the Center. All assets of the Barnabas Foundation stand behind the contract; the entire amount you contribute is held in its gift-annuity reserve fund in order to make your annuity payments.

To learn how a charitable gift annuity can benefit you, call the Christian Health Care Center Foundation at (201) 848-5799 or the Barnabas Foundation at (888) 448-3040.

GIFT ANNUITY RATES *

Age	Single	Couple**
60	5.5%	5.2%
65	5.7%	5.5%
70	6.1%	5.6%
75	6.7%	6.0%
80	7.6%	6.6%
85	8.9%	7.4%
90	10.5%	8.7%

* Rates effective July 1, 2008, to June 30, 2009
 ** Same age

Nellie Kunis

Betty Gower

Bessie and Adrian Lokker

Edward and Betty Slump

Stephen Maik

Gary Maik

Christine McMahon

Pete McMahon

Walter F. McMahon

Jack and Shirley Faber
 Joanne and Anthony Losardo
 Mr. and Mrs. Henry Meyers
 A. Raymond and Coleen Novick
 The Siracuse family

Maria Minutillo

Mr. and Mrs. Antonio Mavridis

William A. Monetti

Robert and Madeline Greene

Ida Newby

Corinne Verduin

Horst-Dieter Nowak

Dianne Nowak

Elizabeth Rohrs

Ida L. Rohrs

Elsie W. Rohrs

Ida L. Rohrs

Natalina Scialla

Ann and Mary Christie #
 Mr. and Mrs. Michael Conti #
 James and Laura Hoogstrate #
 Robert and Lucille Leskanic #
 Joanne Parish #
 Mr. and Mrs. Robert Samra #
 Beverlee and Joe Schweighardt #
 Claire and Allen Simpson #
 Paul and Mary Werner #
 Mr. and Mrs. Larry Wharton #
 Anton and Marlene Widmer #

Jake and Agnes Soodsma

Thomas N. Soodsma ~

Leonard P. Van Eck

Joyce Van Eck

Helen Van Grouw

Dr. and Mrs. Anthony Van Grouw Jr.

Marie Vander Have

Dr. and Mrs. Anthony Van Grouw Jr.

Gladys Veitengruber

George E. Veitengruber

Frank Venturo

David Venturo

Anthony Woudenberg

Abbey Hart Brick Co. Inc.
 Donna and Jim Birch
 Anna P. Cornett
 Neil and Rigoula DeHaan
 Mr. and Mrs. John Drukker
 Mr. and Mrs. William English Jr.
 Jack and Shirley Faber
 George and Fran Kroeze
 Richard and Joan Kuiken
 Garret and Mildred Link
 Betty Tolsma
 Richard and Wilma Tuit

CHURCH GIFTS

Christian Reformed Church of Midland Park
 Faith Community Christian Reformed Church
 First Reformed Church of Pompton Plains
 Grace Church of Ridgewood
 Grace United Methodist Church
 Heritage Reformed Congregation of New Jersey
 Pompton Reformed Church
 Women's Green Pond Chapel



Marion Miller, CNA

Lead CNA, Heritage Manor Nursing Home

My hometown: Born and raised in Passaic. Now I live in Montclair.

My certification: After high school I enrolled in a home-health aide training program. Later, I completed the certified nursing assistant program at Christian Health Care Center (CHCC) and was certified in 2001.

How I got interested in health care: I volunteered as a candy striper for four years at what was then The General Hospital Center at Passaic. I've been interested in health care ever since. I enjoy helping others.

My work experience prior to CHCC: I was a home-health aide. I worked in many homes in many towns.

Why I work at CHCC: Christian Health Care Center came by a prayer! When I was a home-health aide, I was traveling from home to home and I wanted something more stable. And, so I prayed. The next thing you know, here comes a card from the Center inviting me to a job fair. I was on a nursing list. That's why I got the card.

My inspirations: I'm inspired by the gratitude that I receive. Just knowing that people are grateful inspires me to do more and do it better. Knowing what my residents need before they ask also makes me feel good.

My proudest achievement: Raising my daughter – 16 years old and an honor-roll student. I'm very proud of her.

Most memorable experience: Receiving the Staff Person of the Year Award from the New Jersey Association of Homes and Services for the Aging. I didn't even know that I was nominated. Everyone here kept it a secret.



Christian Health Care Center

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www.chccnj.org

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Christian Health Care Center (CHCC) purchases mailing lists in an effort to communicate with community members who may benefit from receiving our publications. We recognize the fact that some residents prefer not to receive our materials. However, CHCC does not control the deletion of names from a purchased list. To reduce unsolicited third-class mail, go to the Direct Marketing Association website at www.dmchoice.org.

*Christian Health Care Center
gives thanks to God for His many
blessings during this
Christmas season!*

