



Short Term Rehab • Assisted Living
Skilled Nursing Care

*We are a faith-based, charitable nonprofit
serving Sheboygan area seniors since 1962.*

2018



3505 County Rd Y | Sheboygan, WI 53083

(920) 458-2137

sheboyganseniorcommunity.com



Resident Birthdays

04/05	Shirley Kaboord
04/05	Mae Harder
04/05	Joyce Oleson
04/10	Edna Spannagle
04/10	Burnell Kautzer
04/15	Gordon Schauer
04/18	Ken Lubbers
04/19	Judith Rahn



Staff Birthdays

04/03	Berta Hidri
04/04	Renee Schmitz
04/08	April Hermann
04/10	Gary Myers
04/11	Devin Weber
04/11	Debra Yurk
04/13	Virginia Aguirre

YOU'RE INVITED TO OUR

Gallery Open House

Thursday, April 19, 2018 from 6:30-8pm.
Featuring new resident artwork
installations, including the pottery creations
of resident, Wolfgang Geisler! Hors
d'oeuvres provided by SSC Catering.

2018 Summer Dinner Series with Aegis

Tuesdays: May 15, June 19, and July 17
5:30pm – 7:00pm in the Gallery

Mark your calendars!

Special Upcoming Events

- April 5 – 2:00pm* – Happy Hour – Willow DR & TOL/ Café
- April 6 – 2:00pm* – Bill Bernico Music Program – TOL
- April 7 – Afternoon* – Scavenger Hunt – See Melissa to play
- April 9 – 10:30am* – Resident Council & Coffee Hour – Willow DR
- April 13 – 2:00pm* – Happy Hour – Willow & Maple DR
- April 15 – Afternoon* – Milly & Marley Visits
- April 16 – 10:30am* – Resident and Family Council Meeting – TOL
- April 17 – 2:00pm* – A Sharp and A Flat music program – TOL
- April 19 – 6:30-8:00pm* – Gallery Open House
- April 20 – 2:30pm* – Meet Me in the Kitchen – Maple Dining Room
- April 23 – 2:00pm* – Make Your Own Lemonade – TOL
- April 24 – 10:00am* – Lakeshore Clarinet Ensemble – TOL
- April 28 – 10:45am* – Richards School of Dance Recital – Gallery
- April 30 – 2:00pm* – Puzzle Palooza – Maple Dining Room



Staff Anniversaries



Debra Yurk	Dining Services	19 years
Kia Chang	LPN	3 years
Tammy Ross	CNA	1 year
Andrea McAtee	RN	1 year
Heather Sunagel	Social Services Director	9 years
Panhia Yang	RN	2 years
Judy Kurer	Dining Services Director	33 years
Tom Lawry	CNA	2 years
Donna Hoffmann	Receptionist	7 years
Ashley Schukow	CNA	1 year
Maryann Yekenewicz	CNA	6 years
Bonita Zais	Environmental	2 years
Jeanette Grunewald	LPN	2 years
Gary Myers	Maintenance	1 year

2018 Celebration of Life

In March we said our final goodbyes to these friends and long-term residents, as God called them home to their final resting place.



Viola Zajkowski
4/26/1914 – 3/08/2018
Oak

Margaret Schweikert
6/26/1922 – 3/09/2018
Hickory

Elaine Buss
6/17/1926 – 3/21/2018
Oak

*“Although it’s difficult today to see beyond the sorrow, may looking back in memory help comfort you tomorrow.” –
Author Unknown*

Putting the FUN in Fundraising

STAFF APPRECIATION

Our staff work tirelessly to provide loving care for our community's seniors. Gifts toward staff appreciation will be applied for purchasing incentives, gifts, parties, lunches, and more. Know that your gift to the staff appreciation fund will directly impact our caregivers. If you have other ideas on how to show love to the SSC team, please let us know. We are always looking for more ways to show our staff how much we admire and respect all they do for our residents.

TUITION REIMBURSEMENT & SCHOLARSHIPS

There's no denying we are experiencing a national shortage of skilled nursing workers. We want to remain the employer of choice in Sheboygan county, while also tackling the staffing issues at hand. A donation to the tuition reimbursement and scholarship fund will allow us to provide financial assistance for staff who may not otherwise have the opportunity to further their education. This will also cover costs for our in-house, paid CNA class.

LIFE ENRICHMENT

Donations designated toward the Life Enrichment fund will provide residents with more activities, more materials and more opportunities to get involved. Recent donations have allowed us to schedule additional music entertainment, purchase binoculars for each household and acquire art supplies for our resident art gallery. A donation to the life enrichment fund is one that will immediately benefit our residents now and in the future.

GROUNDS ENHANCEMENT

Our campus is located on 40 acres of land. Given that amount of space, we are constantly looking into different measures of beautification. Gifts designated to the grounds enhancement fund will go toward a wheelchair accessible pier for fishing in our pond, courtyard upkeep, flowers throughout the property, various trees, and more. These donations will be appreciated by our residents, their families and staff alike.

CONSIDER MAKING A GIFT TODAY!

A GIFT TO SSC MEANS SECURING OUR LEGACY OF CARING FOR SHEBOYGAN'S SENIORS FOR YEARS TO COME. SINCE 1962, WE HAVE BEEN A FAITH-BASED CHARITABLE NONPROFIT THAT RELIES ON GENEROUS DONORS FROM THE COMMUNITY. ALL DONATIONS ARE TAX DEDUCTIBLE.

Sheboygan
Senior
Community

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Skilled Nursing Care

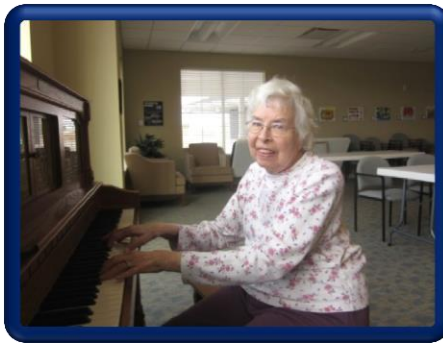
Contact Dana for more information:
delmzen@retiresheboygan.com or
(920) 458-2137 ext: 710

Dandelion Daze by Justine, Sarah, Laverne H., Joan S. & Gladys
A dandelion; considered a weed, but it's a cute little flower
Rub it under your chin to see if you like butter, is that true?
When it's all done, make a wish and blow the seeds
Dandelion soup, dandelion wine, making a salad,
a bracelet, a coronet for your hair...
So many uses for them
Sticky fingers after playing and picking them –
give a bouquet to mom

Crazy Descriptive Flowers by Justine, Sarah, Laverne H., Joan S. & Gladys
Beautiful, bonny, budding, bountiful bluebells
Creepy, colorful, crazy, coronation, caring,
cold curious carnations.
Dainty, dancing, dumb, dangerous, delightful,
dazzling daffodils in bright yellow, gold, and
yellow and white with orange centers.
Daring daffodils poking out through the snow

Joyce Dekker

Resident Spotlight



Joyce Dekker was born and raised in the Brat Capital of the world as the oldest of three daughters. Her father worked for the Kohler Company as a mail clerk manager until he retired. Even several years after his passing, he was remembered for the positive and everlasting mark made on the lives of those that worked under his leadership. Joyce and her sisters would help their mom with gardening, sewing dresses, and playing the piano. Her mother was the inspiration for the strong passion for music that Joyce has carried through life.

Music was the common cord that has played throughout her entire academic life. Joyce attended Franklin Elementary School, South Side Junior High, and Central High School. She played violin in the orchestra, and also used her piano talents to accompany student vocalists. A talented woman from Hope Reformed Church took Joyce under her wing and taught her to play the organ. It was during the Sunday School Hour at church that Joyce met a young man, (5 years her senior), Jacob, who also played the violin. Jacob was in fact, and still is, the youngest member ever to join the Sheboygan Symphony at age 15. The day of her high school graduation, Jacob asked Joyce to dinner.

After graduation, Joyce enrolled at the Milwaukee County General Hospital School of Nursing. Three years later, she earned the title of Registered Nurse. Meanwhile, Jacob was attending the Reformed Church College in Iowa. While visiting her soon to be husband on weekends, Joyce had made a connection with the Director of Nursing at Mahaska County Hospital. Right after graduation from Nursing School, Joyce and Jacob were married, and went on a one week honeymoon. With wedding gifts still packed in the trunk, Jacob headed back to Iowa to finish his teaching degree and find them a new home. Joyce was hired almost immediately at Mahaska County Hospital, and filled the position of floor nurse because the current head nurse was anxious to leave on a long awaited vacation. Talk about being thrown into the fire!

The hills were alive with the Sound of Music for the Dekker's. For the next several years, Jacob's music career took them from Oskaloosa, IA., to Montfort, WI., Manitowoc, Appleton, Grand Rapids, MI, and eventually to Sheboygan, WI. Joyce and Jacob were blessed with three sons and one daughter, all of whom grew up with their passion for music. Let's just refer to them as the von Trapp family of Sheboygan County! For over 25 years, Joyce played organ for Bethany Reformed Church. Their son, Tim, is currently a member of the group *Big Cedar*, which plays mostly Blue Grass music – and you'll even see him here in the Tree of Life entertaining our residents.

One favorite memory for Joyce was the time the whole family packed their bags and headed for Colorado, where Jacob was attending a music conference. It was truly magical! The kids ranged in ages from 4-14 at the time, and the family had reserved accommodations at a mountain-side cabin. There were towering trees for the boys to climb and swing from, horses and ponies to ride, fishing, and even a snowball fight at the top of Pike's Peak. These memories are forever imprinted on Joyce's heart. When asked what might still be on Joyce's "Bucket List," she said her life was full of everything good and lovely. She only hopes her relationship with her children and grand-children remains strong and active.

Joyce feels safe and secure here at Sheboygan Senior Community, and loves the fact she does not need to worry about certain daily tasks anymore; the shopping, cooking, cleaning, and laundry. "I just sit back and listen to the MUSIC that is heard all around me. Life is GOOD!"

Staff Spotlight: Cassie Grande

Ladies and gentlemen, boys and girls, Cassie Grande has the stage! Cassie is one of our incredible dietary aides who is moving and shaking her way to new heights. She has lived in Sheboygan all her life and went to Washington Elementary, Mosaic (middle school) and Étude High School (formerly Ideas Academy). When asked what she loves most about Sheboygan, she immediately responded with, “the lake!!”

Cassie is the youngest of four siblings – she has three older brothers!! She speaks highly of her family and describes themselves as a tight-knit group. “Every month we do something together as a family. We will do something over food, or something as simple as sitting together in the living room chitchatting.” When she’s not at work, she’s usually spending time, hanging out with her mom. She says they get mistaken for sisters quite often! She also enjoys winding down by binge watching TV. She just finished *Criminal Minds* and she loves *Law & Order: SVU*.

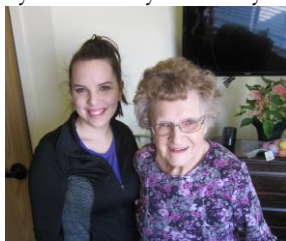
In the fall, Cassie will head to UW-Milwaukee to pursue a double major in Childhood Education and Dance. She is looking forward to living on campus and exploring her new city. “I’ve always been in Sheboygan, so I’m excited to immerse myself in a new environment.”

What some might not realize about Cassie is she’s quite the talented dancer. She has been perfecting her art since 6th grade! “In middle school, I was in a shy phase and I didn’t know where I fit in, so I tried a bunch of new things and dance was something that stuck! I didn’t have to use my voice and I could use my body to explain feelings and emotions.” Her favorite style is contemporary dance, which is a combination of modern dance and ballet. She states that years and years ago, dancers did not want to stick to the proper technique of ballet, so modern dance was a result of different takes on the classic styles.

This year, Cassie became a Teacher’s Assistant in dance. She now helps teach middle and high school dance classes. She was attracted to the dance program at UWM after she was able to participate in their Dance Day – where high school students sit through collegiate dance classes and could partake in the lessons of the day. Cassie’s favorite choreographer is Kyle Hanagami. She said, “he puts a lot of himself into his choreography, so when you see a dance, you see his style in the dancer’s movements.”

On Cassie’s bucket list is a pretty hefty travel list. She would love to visit every state in the US – “I’ve always been interested to see the difference between the people and the environments.” She also has some international travel in mind, “I’d love to go to France. As a kid, I always loved their fashion. I thought I wanted to become a fashion designer and I always got inspiration from France.” When asked who (dead or alive) she would want to have dinner with, she said Jennifer Love Hewitt because when the actress played on *Ghost Whisperer*, Cassie thought she was her second mom.

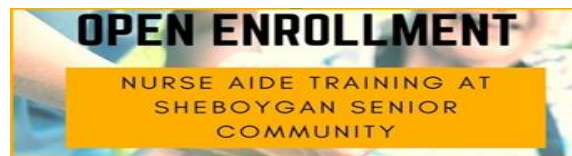
Cassie loves her job at SSC. She loves how open her coworkers are; from fellow dietary staff, to nursing, to administrative staff. “I can say good afternoon to anyone in the building and I love the connection I have with the people here.” Her favorite aspect of work is being a part of another group of families – both coworkers’ and residents’ families. Cassie, we love having you a part of our SSC family and cheer you on in your future endeavors.



Welcome to the SSC TEAM

02/02/18	Caressa Scott	LPN
03/05/18	Keith Lohse - Off site Environmental Services	
03/06/18	Cynthia Wenzel	LPN
03/19/18	Kaitlyn Teunissen	Unit Assistant

Growing Our Crop with Jill Hand



SSC’s first in-house Nurse Aide Training starts May 7th. Less than 6 weeks of classroom and clinicals, with guaranteed employment after completion and State Certification. Students will be paid hourly, and cost of class, materials, and initial State test will be covered by Sheboygan Senior Community! We are still accepting candidates until Friday, April 6. Contact Jill for more information; ext: 411 or jhand@retiresheboygan.com.

Nurses’ Meeting – the SECOND Tuesday of EACH month:
Tuesday, April 10, May 8, June 12

CNA Meeting – the THIRD Tuesday of EACH month:
Tuesday, April 17, May 15, June 19

RA Meeting – the FOURTH Tuesday of EACH month:
Tuesday, April 24, May 22, June 26

Welcome to the Rehab Corner!!

Welcome spring and Happy OT month to our staff members enriching the lives of our residents: Michelle Olsen, William Zuengler, Amy Summers, Lindsey Richison, Meagan Derksen, Lauren Gillett, Joanne Sorenson, and a special welcome to Mary Dettman, OTR!

Mary joined our therapy team mid-March! Mary recently moved from the Marinette, WI area to join Aegis Therapies to serve the Sheboygan area population. She completed her undergraduate studies at UW-La Crosse with a degree in Psychology, and pursued her passion in Occupational Therapy at Mount Mary University in Milwaukee. Mary received her Master’s Degree in December 2017.

In her free time she enjoys spending time with family and friends, playing sports, being outdoors, exercising, and going to her family’s cabin in Crivitz. Mary enjoys her role as an OTR, and finds great pride in helping patients gain functional independence to further promote engagement in their most desired activities. She continues her education regularly with a special focus on orthopedics and amputee rehabilitation.

Stop by the Rehab Department and introduce yourself to receive a spring treat in April!

- Bridget Boy, Director of Rehab, PTA

From the desk of Paul Treffert –

As part of our license as a Skilled Nursing Facility, which allows us to participate in the Medicare and Medicaid programs where the vast majority of our funding comes from, senior care providers agree to be regulated by a comprehensive set of highly detailed guidelines related to every aspect of our operations. To substantiate that we are in compliance of these requirements, each state is required to send in a team of surveyors for the annual survey. When I finally sit down to write about the adventures in long term care that have been accumulating in my head for well over half my life, the name of the book will be, “Oh my God, the State is here.”

Even though the process is highly subjective and uneven, as an advocate for seniors, I am generally in favor of having rigorous standards of care for providers. And while we all have plenty of survey horror stories, it is what we all agreed to when we took the job. It is the standard by which all nursing homes are all measured, and a poor survey can have severe and long lasting consequences. *(There is no corresponding set of federal requirements for assisted living. Each state sets its own rules. Think what you will about government’s role in our lives, but having a uniform set of regulations that elder care providers must abide by ensures better care overall).* So the annual survey is something we speak of with growing dread as the unavoidable draws closer. Some compare it to a trip to the dentist, or a colonoscopy. I like to describe it as having 4-5 people you have never met living in your underwear drawer for a week; nothing to hide really, but awkward and uncomfortable just the same.

When folks with the matching black rolling workbags finally do arrive- some new to us, some not; it is a stressful process no matter how prepared and confident you are. It seems like surveyors are everywhere for those few days and somehow something unheard of inevitably happens. Even the best employees make mistakes they would never make, or an event that seemed insignificant months ago is suddenly a focus of potential concern. Adding to the fun this year was the Mega Rule, which was the largest overhaul of Medicare requirements since 1991. This included 109 pages of additions and revisions, and over 600 pages of commentary from regulators, with emphasis in nursing, social services, and emergency preparedness.

Survey visits are by statute ‘unannounced’, meaning it is against the law for us to be notified in advance of when they will be here, but you can usually predict it within a few weeks based on past history. However, the survey teams are also learning the new rules, which just went into effect in November, so they were several weeks behind when we thought that we would be here, meaning were standing at the ready that much longer. Not to mention, our beds were full when they arrived, so everyone was as busy as could be when they finally walked in.

So, for all these reasons, I am especially proud to announce that we had the **best** survey we have had in many years, with just 6 low level citations, well below state and federal averages. I could not be more proud of our team. One positive byproduct of the new survey processes is that they are now relying more on resident interviews and observing interactions with staff, so we feel even better about their findings. A huge congratulations goes out to our entire care team, and a special thank you to: Lisa Hill, Heather Sunagel, Judy Kurer, Debi Taylor, Joan Harder, Randy Lawrence, and Jill Hand for their outstanding work in getting all the new pieces in place. Great job, everyone.

Of course, even with the changes, medical records and documentation are a major part of the review process, so having effective, organized recordkeeping is an essential part of having our entire house in order; which, thankfully, our Health Information Manager, Brenda Kiefer, had meticulously taken care of. I have been personally indebted to Brenda since my first few weeks at SSC. Prior to me starting, my predecessor had been scheduling the van transportation, and I knew that with my legendary attention to detail, that was never going to work. I asked Brenda to take it over, and she has done a great job with that, and the myriad other duties that fall onto the HIM plate. Brenda recently told me that she has a new opportunity that she wants to explore for her and her family. Please join me in wishing Brenda the very best in her future and thank you for your service to our residents and coworkers. Good luck to you.

I will close by circling back on our Passover weekend, which I mentioned last month as something I really look forward to spending each year with Rachel’s family. While it was certainly a lovely time, it was not otherwise memorable until we got to the Park and Ride in Rockford, IL, where we had left my car before we drove to St. Louis. (Rachel and her kids live in Madison.) Rachel parked outside the lot, so I walked to the car while they got our bags out and said their goodbyes from a great weekend. I pulled the car out and drive down what I thought was the right direction, but somehow missed the exit. I drove around again, but by the third time I am far less than amused because for the life of me I could not find the exit. By round number five (or was it six?) it had occurred to your fearless leader that other people have probably successfully exited the parking lot in the past, so this was clearly my problem, and that the four people who are supposed to love me and support me are wetting themselves with laughter watching me drive around the parking lot, talking to myself using language clearly not intended for a family publication. (The laughter part was confirmed by the tears running down everyone’s faces when we finally made it out.) I think the ‘Paul and the Van Galder Parking Lot’ story is one I can look forward to hearing over and over for years to come.

But it also seemed like a story too good not to share. Happy spring!

-Paul

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New **Sheboygan Senior Community** videos coming soon!

Life Enrichment Associate

Sheboygan Senior Community is seeking individuals interested in the position of Life Enrichment Associate. This LE position will coordinate, implement, and execute daily activities and programs. They will assist in transporting residents to/from activity and social programs, while creating an enjoyable and satisfying experience. The LE Associate will assist with the coordination of themed events and entertainment, and volunteers, and ensure all planned activities and events are well communicated and promoted to the residents, families, and other department staff. They will get to know each resident and their family members through assessments and interviews. The LE Associate will also motivate, support, monitor and show appreciation to volunteers for the works they have accomplished.

The Life Enrichment Associate position is full-time, 35 hours per week with benefits, and duties will involve personal contact with varying resident population and a varied work schedule that will include every other weekend, 1 -2 evenings a week, and some holidays.

Thank you, Janet Crawford, for going above and beyond what is expected of you by attending the ADRC Fall Prevention Seminar this month. Your dedication to providing the best care for our residents is commendable.

Happy Retirement Debbie Yurk!

After nearly 20 years working at Sheboygan Senior Community Debbie Yurk will be retiring. As one of the cooks at SSC, Debbie has contributed to countless culinary experiences for our residents, relatives, employees, and others. Debbie's immediate plan for retirement is to take her granddaughter to Disney World. Congratulations Debbie! Your contributions to Sheboygan Senior Community are greatly appreciated!

Please respect our residents with severe allergies by refraining from sending or bringing in any kind of lily to Oak Drive or common areas in the facility. Thank you for your consideration.



SSC Backyard Pond



This winter Nick has been busy creating habitats to attract various species of birds to our property. We are excited at the prospect of welcoming Mallards and Wood Ducks as new residents this year!



This Mallard Hen House is already showing signs of activity: possibly early morning coffee clutches or early evening Happy Hours!

Located on the east side of our pond is a Wood Duck nesting box. These boxes attract a variety of birds including Bluebirds and owls. We are anticipating a waitlist for these accommodations in the future!



Our population of Minnows flourished over the last year to an estimated 24,000, and joining them is an unknown number of Bluegills. We look forward to introducing the current residents to a new admission of Largemouth Bass this year, and possibly Yellow Perch in the future.



We are happy to announce after 2 ½ years our pond is thriving! These improvements and others are made possible by generous donations. Future plans are being considered for the pond and surrounding area, including a wheelchair-accessible dock, more benches, and more bird housing including an eagle's nest!