

August Special Events



Sweet Corn Social Wednesday, August 7 2:30 PM



Wine & Canvas
Tuesday, August 13
2:30 PM



Travelogue: Route 66 Wednesday, August 14 3:30 PM

## Northcrest Community

Health Center &

### Heartwood House News



A U G U S T 2 0 1 9



Ames Walk To End Alzheimer's Saturday, October 12 Ames Middle School



Northcrest is a major sponsor of the Ames Walk to End Alzheimer's, a fundraising event to help end Alzheimer's Disease. Each year staff members, residents and family members make up Team Heartwood to show our support for our Heartwood House residents and their families. It's also an opportunity to honor our own family members who have been affected by the disease.

The Northcrest Family has a tradition of turning out for this meaningful event.

Please talk to Jessica for more information.



# NORTHCREST STATE FAIR

Team Member Festivities Friday through Wednesday will be in the Health Center atrium from 2:00-3:00pm.



#### Thursday, August 1:

- Taste of the Fair MDR at noon make sure to sign-up!
- Pet Photo Contest Begins: Vote Cutest, Most Unusual, Best of Show (Submit printed photos to the Front Desk by Wed, July 31, 5:00 pm)

#### Friday, August 2:

- Get your Pickle on a Stick! Wear your favorite funny glasses
- Treasure Hunt begins
- 10:00 am: Petting Zoo outside Front Entry
- 4:30 pm: Social Hour with Country Singer Neil Hewitt in Founders' Room Garden

#### Saturday/Sunday, August 3 & 4:

- Self-Serve Kettle Corn
- Tattoos, & Photo Booth Selfies



#### Monday, August 5:

- Water Balloon Toss, Redbud Court (outside Mulberry Place)
- Tattoos & Kettle Corn
- Bring your produce and craft displays to Atrium E (by the library)
- Bring your butter sculptures to the Founders' Room

#### Tuesday, August 6:

- Western Day wear your favorite western clothes
- Pony Races & Cotton Candy
- Treasure Hunt concludes 5pm

#### Wednesday, August 7:

- Wear your Great Place To Work socks
- Frozen Treats
- 10:00 am: Pie-Throwing outside Front Entrance
- 11:00 am: All Contest Awards

#### **AUGUST BIRTHDAY PARTY**

Wednesday, August 21 2:30 PM, Mulberry Place



August Honorees: Jack Ringgenberg Lotus Miller Sharon Smedal Corinne Wolins



Everyone is invited to attend our monthly birthday party.

We'll serve birthday cake and ice cream,

present carnations from Mary Kay's Flowers,

and enjoy a sing-a-long. Special thanks to Stevens

Memorial Chapel for helping us host the party.

Thank you to all who help us make this special event a success!!!

### Spiritual Opportunities

#### **Vespers Services**

Thursdays at 3:45 PM, Mulberry Place

August I First United Methodist Church

August 8 Rev. Farr (Methodist)

August 15 Rev. Farr (Methodist)

August 22 Rev. James DuBois

August 29 First Christian Church



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Tuesday, August 6 2:30 PM Neil Hewitt

Tuesday, August 20 2:30 PM David Swenson

Wednesday, August 21 2:30 PM Birthday Party Sing-A-Long

Sunday, August 24 3:30 PM Your Hit Parade

Thursday, August 29 6:00 PM Miles Morgan

Northcrest Community
"Uniquely Yours, Uniquely Home"
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Northcrest Health Center News Jessica Kvach, Activity Director Cassy Foss, Activity Assistant Isabel Derdzinski, Activity Assistant (515) 232-6760

The Northcrest Health Center News is created by the Health Center Activity Department for the residents and their families. Its purpose is to highlight events and activities important in the lives of Northcrest residents.

#### **Help Northcrest Go Green!**

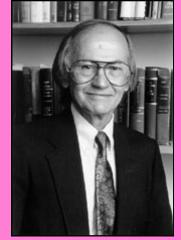
If you would like to receive this newsletter via email, please contact Jessica at jkvach@northcrestcommunity.org



## Who might our August Northcrester be? Can you guess?

# **Mystery Photo**





Our July Northcrester . . . Ken Jolls