

FALL 2019 ISSUE

# LIVING WELL



**CARSINS RUN**

AT EVA MAR

A CONTINUING CARE RETIREMENT COMMUNITY

## FROM THE PRESIDENT



### OUR MISSION

*Providing Christian-based retirement living and future health care through the continuum of life in a warm and caring environment, dedicated to superb service and the values of dignity, trust and independence.*

Fall is upon us, and we have lots of exciting events and news to share. For a limited time only, we are offering special discounts on our Bynum and Darlington floor plans to a select number of people who reserve their spot early. Check out the floorplans at [carsinsrun.org/bynum](https://carsinsrun.org/bynum) and [carsinsrun.org/darlington](https://carsinsrun.org/darlington).

Meet Jim Harkins, Carsins Run Board of Directors Member and retired Harford County Executive. Jim has been involved with the Carsins Run project for 13 years and frequently speaks on the importance and need for a full-service continuing care community like Carsins Run in Harford County. Jim believes Carsins Run at Eva Mar is the perfect addition to the Bel Air community.

We are excited to give everyone a special chance to read what our Sales Counselors are hearing from people interested in moving to our community! These vignettes provide “food for thought” for anyone who might be considering a move to a retirement community in the next few years. Check out page 6 of this newsletter or chat with one of our Sales Counselors to know more about what folks are saying.

Our vibrant group of Charter Members continues to enjoy getting to know each other and creating a sense of community through shared activities and events. In September, everyone enjoyed an outing to Jarrettsville Creamery filled with laughs, friendships and delicious, locally-made ice cream. Many Charter Members, along with the general public, also attended our fall educational sessions at Harford Community College where they learned more on the topics of financial planning for retirees, travel opportunities with Road Scholar and tips for downsizing from a home of many years.

### Susan F. Shea

President & CEO  
Carsins Run at Eva Mar



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# Carsins Run in the Community



## Ice Cream Social

The Charter Members and their friends gathered at Jarrettsville Creamery in September on a beautiful, humid-free day that reminded us that fall was just around the corner. They enjoyed meeting and getting to know their future neighbors. It was a great turnout!

## Charter Member Book Club

The ladies book club is in full swing with their most recent meeting in early October. It is resident-driven with suggestions being made, and selections decided upon, by the group as a whole. Facilitated by our Charter Member liaison, a few delicious snacks, a meeting place and book selection start the ladies on their literary journey.



## FREE Educational Sessions for Retirement-Aged Seniors



Carsins Run is pleased to offer a series of educational sessions to the community.

The first of three sessions began in September when industry experts

shared a comprehensive overview of financial and estate planning, with a focus on managing finances in later years. October featured discussion on experiential learning opportunities and the 5,500 adventures available through Road Scholar, a non-profit organization offering travel tours for older adults. The final session to be held in November will focus on various aspects of downsizing and decreasing the stress of moving.

Carsins Run will be offering additional sessions in the future focusing on topics related to seniors. If you didn't have the chance to attend, we hope you can join us next time.

# Welcome Home

TO CARSINS RUN AT EVA MAR

Welcome to the private sanctuary you call home. Your bright and spacious floor plan sets the stage for a beautiful lifestyle.



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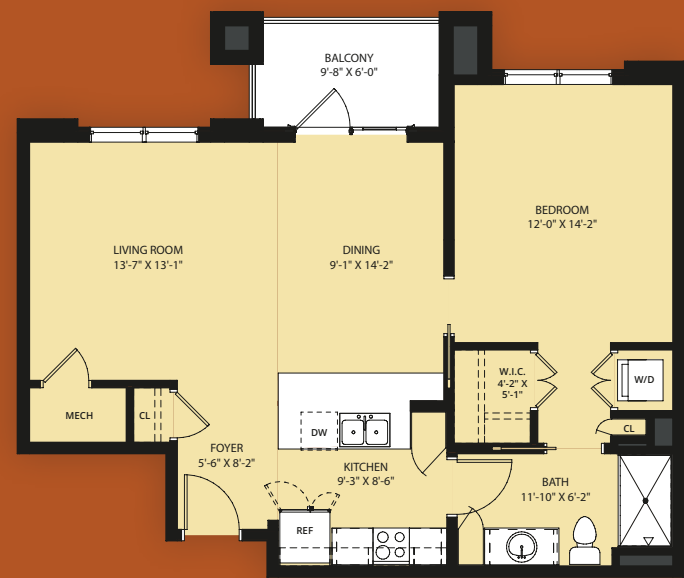
Cook, bake, wine and dine in a well-appointed kitchen, equipped with stainless-steel appliances and your choice of customized finishes.



Artist Rendering



Artist Rendering



Reserve a one-bedroom Darlington or Bynum apartment model and choose one of the following:\*

- \$50,000 off the 90% Entrance Fee Plan
- \$25,000 off the Standard Entrance Fee Plan
- \$1,000/month off the Monthly Fee for two years from your move-in date

\*Limited quantities available.



Artist Rendering

Relax, unwind and enjoy quiet time in your tranquil bedroom with a large walk-in closet and a spacious bathroom just steps away.



# Ask the Counselors



**Dave Higgins**  
Sales Counselor



## **Does a maintenance-free lifestyle top the list of preferences for seniors?**

Absolutely! Many seniors who are considering moving to Carsins Run are looking forward to leaving the burdens of home ownership behind. Although many of our Charter Members have enjoyed landscaping and other aspects of home maintenance, as they have aged, it has become more of a chore than a pleasure. One couple put it beautifully, “The house is taking away from us more than it is giving back.”

Residents at Carsins Run will also be able to travel and not worry about their home while they are away. Will the pipes freeze? Who will take care of the lawn? Is our home secure? At Carsins Run, you will not have to worry about security or maintenance—not even changing a light bulb. Housekeeping will be available at least twice a month. One couple had been travelling on vacation and came home to a broken hot water heater. That was the catalyst that helped them make a decision. Shortly after they came home, they made a deposit at Carsins Run and became Charter Members!



**Michelle Dowgin**  
Sales Counselor



## **How does Carsins Run differ from a stand-alone Assisted Living facility?**

There are significant differences! First and foremost, people move to Carsins Run for the lifestyle. They want to enjoy all the amenities and services an Independent Living Community has to offer. Between the social interaction and the wellness programs, their hope is to live independently for as long as possible. And when you need to make the transition to more advanced care, living at Carsins Run offers a huge benefit. Our Assisted Living and Comprehensive Nursing are on the same campus and provide all the supportive services you would expect, but in a much larger suite—with a private bedroom and bath. Equally important, our Assisted Living will have a warm and expansive atmosphere with shared common spaces, including multiple dining venues and activity areas.

In my 12 years of experience in the industry, I have had the privilege of meeting many wonderful residents and have witnessed their successful transitions through the levels of care in a community. After living in one community in Independent Living, one of our residents encountered health issues. As this gentleman's issues progressed, he readily moved to our Assisted Living where we provided all the extra daily support he needed. Because he was still on the same campus, he could easily access all amenities. He would often grab a cup of coffee in the Assisted Living common space, work out in the community fitness center and then complete his day by meeting his friends for dinner in the clubhouse. He had the best of both worlds!



## MEET BOARD MEMBER

# Jim Harkins

As County Executive of Harford County from 2000-2007, Jim saw the need for more senior retirement options firsthand. “Many have lived in the area all of their lives. And, in later years, we don’t want them to feel like they have to move out of Harford County or Maryland to be able to live the lifestyle they desire.”

In 2007, Jim met with Carsins Run’s sponsor, The Presbyterian Home of Maryland, to start the process of bringing a new retirement option to Harford County. Jim was excited about bringing their 125-year legacy of high standards in quality care to his constituency in Harford County.

Jim moved on to become the head of the State Environmental Service. And after retiring, he was approached by Carsins Run in April 2016 to join their board. Jim was elated at the opportunity to continue working toward the realization of this unique community. As a Continuing Care Retirement Community, sometimes referred to as a Life Plan Community, Carsins Run will be a place where a continuum of care will be provided that includes Independent Living, Assisted Living, Memory Care and Comprehensive Nursing Care.

“I’m pleased to be part of this group and help put an exceptional retirement community in our own backyard.”

“Also, what makes Carsins Run unique is our location. We’ll be in the center of everything: shopping, libraries, churches, restaurants, state-of-the-art medical care and more—all easily accessible by the Carsins Run transportation system. Residents’ families will enjoy having their loved ones close by.” Jim adds, “It’s going to be a big plus for businesses as the residents will continue to spend money in the local community. We’ll also be providing more jobs in the area.”

Carsins Run will be a win-win for residents, families and the greater community. “Harford County residents are such a vibrant part of our community and thanks to Carsins Run, they won’t have to move away in their senior years.” Jim looks forward to welcoming them to Carsins Run!

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*“I’m pleased to be part of this group and help put an exceptional retirement community in our own backyard.”*

JIM HARKINS



*Mailing Address*  
1200-C Agora Drive, #314  
Bel Air, MD 21014-6865

*Welcome Center*  
301 North Fountain Green Road  
Bel Air, MD 21015

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Sponsored by The Presbyterian Home of Maryland. The development of Carsins Run at Eva Mar as a CCRC is subject to the approval of the Maryland Department of Aging.



Enjoy worry-free living, first-class amenities and a host of exciting activities at **Harford County's first and only Continuing Care Retirement Community.**

For more information, visit [carsinsrun.org](http://carsinsrun.org) or call 443.903.2385.

## Join Us for One of Our Upcoming Informational Luncheons

**Limited spots available. RSVPs are required.  
Lunches start at 11:00 AM.**

### **Tuesday, November 5**

Maryland Golf & Country Clubs  
1335 E. Macphail Rd., Bel Air

### **Wednesday, November 13**

Carsins Run Welcome Center  
301 N. Fountain Green Rd., Bel Air

### **Tuesday, December 3**

Maryland Golf & Country Clubs  
1335 E. Macphail Rd., Bel Air

### **Thursday, December 12**

Carsins Run Welcome Center  
301 N. Fountain Green Rd., Bel Air

### **Tuesday, January 7**

Maryland Golf & Country Clubs  
1335 E. Macphail Rd., Bel Air

### **Thursday, January 16**

Pairings Bistro  
2105 Laurel Bush Rd., Bel Air



**Call 443-903-2385 or visit [carsinsrun.org/luncheons](http://carsinsrun.org/luncheons)**

*If Harford County Public Schools are delayed or closed, our event will be cancelled.*